



# OCTOBER 2026

Lake of the Woods

Monday

Tuesday

Wednesday

Thursday

Friday

5  
TERIYAKI CHICKEN DRUMSTICK  
FRIED RICE  
GREEN BEANS  
CHOICE OF FRUIT  
MILK

6  
TACHOS  
CINNAMON ROLL  
LETTUCE/TOMATO/ONION  
BLACK BEAN SALSA  
CHOICE OF FRUIT  
MILK

7  
CHICKEN PATTY  
SWEET POTATO FRIES  
CARROTS/CUCUMBERS  
CHOICE OF FRUIT  
MILK

1  
HOT HAM AND CHEESE  
BROCCOLI APPLE SALAD  
TATOR TOTS  
CHOICE OF FRUIT  
MILK

2  
STUFFED CRUST PIZZA  
ROMAINE SALAD  
RED PEPPERS  
CHOICE OF FRUIT  
MILK

8  
GRILLED CHEESE  
TOMATO SOUP  
MARINATED VEGGIES  
CHOICE OF FRUIT  
MILK

9  
PIZZA HOTDISH  
CAESAR SALAD  
WG GARLIC BREADSTICK  
CHOICE OF FRUIT  
MILK

 **CARNIVAL CORN DOGS** 12  
CORN DOGS  
BAKED BEANS  
FRENCH FRIES  
CHOICE OF FRUIT  
MILK

**THREE-RING TACOS** 13  
*CHICKEN STREET TACOS*  
*GUACOMOLE/PICO DE GALLO*  
*MEXICAN STREET CORN*  
CHOICE OF FRUIT  
MILK

**MIDWAY MAC N CHEESE** 14  
*MAC N CHEESE TOPPED WITH*  
*PULLED PORK OR POPCORN*  
*CHICKEN*  
*MIXED VEGGIES-DINNER ROLL*  
CHOICE OF FRUIT -MILK

**FALL BREAK** 15

**FALL BREAK** 16

19  
CHICKEN ALFREDO  
HOUSE SALAD  
GARLIC TOAST  
CHOICE OF FRUIT  
MILK

20  
BEEF TACOS  
REFRIED BEANS  
LETTUCE/TOMATO/ONION  
WG BREADSTICK  
CHOICE OF FRUIT  
MILK

21  
MUSHROOM SWISS **OR**  
HAMBURGER/CHEESEBURGER  
FRENCH FRIES  
CHOICE OF FRUIT  
MILK

22  
CHICKEN STRIP  
BAKED POTATO  
HOMEMADE BREAD  
BAKED BEANS  
CHOICE OF FRUIT  
MILK

23  
CHEESE FILLED BREADSTICK  
CALZONE (HS ONLY)  
GREEN PEAS  
SPAGHETTI SAUCE  
CHOICE OF FRUIT

26  
HAMBURGER GRAVY  
MASHED POTATOES  
MIXED VEGGIES  
HOMEMADE BREAD  
CHOICE OF FRUIT  
MILK

27  
CHICKEN FAJITA BOWL  
MIXED PEPPERS  
SEASONED BLACK BEANS  
BROWN RICE  
CHOICE OF FRUIT  
MILK

**SANDWICH DAY** 28  
**CHOICE OF:** EGG SALAD/HAM &  
CHEESE/TUNA SALAD  
SUN CHIPS-COOKIE  
LETTUCE/TOMATO/ONION  
CHOICE OF FRUIT-MILK

29  
ITALIAN SPAGHETTI  
CAESAR SALAD  
WG GARLIC BREADSTICK  
CHOICE OF FRUIT  
MILK

30  
PIZZA  
MARINATED VEGGIES  
CHOICE OF FRUIT  
MILK

ENTRÉE OPTION K-5 PB&J OR CHEESE SANDWICH

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY

LAKE OF THE WOODS SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER