



MEET THE BEARS

VARSITY

No.	Player	Pos.	Yr.
3	Zach Thompson	W	SR
4	Dawson Canfield	W	JR
5	Brant Baron (C)	W	SR
7	Thad Olson	D	FR
8	Sawyer Stromlund (C)	D	SR
9	Braden Johnson (A)	D	SR
11	Lincoln Kasprovicz	W	SO
14	Jack Cook	D	FR
16	Vincent Quo	W	FR
17	Caden Stein	W	SR
19	Mizhakwad Smith	C	SO
21	Eli Johnson	C	JR
22	Alex Beckel (A)	C	SR
25	Zack Brouse	D	JR
26	Wyatt Brown	D	SR
35	Jonah McDougall	G	SO

BEARS STAFF

Coaches: Brett Nylander, Brandon Storey

Managers: Ella Johnson, Adisyn Olson,
Kate Martin, & Jack Bessler

MUSKIES



MUSKIES STAFF

Varsity Coach: Chris Sinclair
Asst Coach: Neil Cooper,
Miles Nolan, Carter Tressor
Trainer: Paul Cousineau

No.	Player	Pos.	Yr.
4	Callum McCormick	F	SR
5	Drake Bodnar	D	FR
6	Tarran Enge	D	JR
7	Alex Kreger	D	SR
9	Quinton Lepage	F	SR
10	Jack Davis	F	SR
11	Niko Ruppenstein	F	SR
13	Duncan Hill	F	SO
14	Max Hanson	D	SO
15	Trent Friesen	F	JR
16	Griffin Webb	D	SR
18	Ozzy Hanson	F	SR
19	Dakota Cooper	F	SR
21	Jackson Tucker	F	SR
22	Austin Mosbeck	D	SR
23	Ashton Armstrong	F	SR
26	Blake Kreger	F	SR
27	Aiden Jean	F	SR
29	Jarrett Aucoin	G	SR
31	Keaton Cooper	G	SO

MSHSL EXPECTATIONS:

GOOD SPORTSMANSHIP IS EVERYONE'S RESPONSIBILITY. You keep the standards high and the game enjoyable for all by showing respect for players, coaches, and officials.

Next Home Games:

**Girls BBall vs Kelliher
2/6 7:15pm**

**BBall DH - 2/7
5:45p - Boys vs Freeze
7:15p - Girls vs LBF**

**Boys BBall vs Ely
2/8 2:00pm**

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LAKE OF THE WOODS
BEARS
HOCKEY

vs. Fort Frances
February 3, 2025