



MEET THE BEARS

BOYS VARSITY

1	John Forrest	FR
3	Ashton Peterson	SR
5	Kodiak Dorow	SO
10	Rylee Strand	SO
11	Samuel Mart	SO
13	William Castle	JR
14	Oscar Maki	FR
20	Lucas Holen	SO
23	Nolan Martinson	FR
30	Mason Mollberg	FR
34	Preston Thompson	FR
41	Carter Husbands	FR
45	William Tange	JR
50	Caleb Heinz	SO

GIRLS VARSITY

1	Lexi Brune	SO
2	Ali Plourde	FR
3	Brooklyn Berggren	SO
4	Sophie Block	SO
5	Kaylee Pieper	SO
10	Caytlin Scharfenkamp	JR
11	Kendal Bowman	JR
14	Halle Holen	JR
20	Greta Block	SR
22	Ava Haack	FR

NORTHERN FREEZE

BOYS VARSITY

1	Sawyer Torgerson	11
2	Nick Lund	12
3	Straet Spilde	12
4	Brandon Schenkey	11
5	Blair Moen	10
10	Isaak Anderson	12
11	Alex Bray	10
12	Kelby Augustine	10
20	McCash Brandon	11
21	Trig Anderson	10
23	Charlie Martin	12
30	Avynn Ryba	10
33	Wyatt Klopp	11
45	Asher Hughes	12

BOYS STAFF

Head Coach: Sean Spilde
 Asst Coaches: Chad Spilde,
 Anthony Skjerven, Ethan O'Hara

LITTLEFORK-BIG FALLS VIKINGS

GIRLS VARSITY

0	Shayla Blake	7
1	Jessica Holte	9
2	Harper Westerman	7
4	Kadence Schmidtbauer	12
10	KamBree Gustafson	10
12	KoDee Gustafson	10
13	Ellie Wendt	11
14	Kora Gustafson	12
20	Aspen Watson	10
21	Tenley Westerman	9
22	Mary Rosenthal	10
23	Avery Larson	10

GIRLS STAFF

Coaches: Dave Westerman
 Asst Coaches: Doug Henrickson

BEARS BOYS STAFF

Coaches: Rylan Henrickson &
 Monte Gubbels

BEARS GIRLS STAFF

Coaches: Dale Brune &
 Katie Pieper

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LAKE OF THE WOODS BEARS BASKETBALL

Boys vs. Northern Freeze
Girls vs Littlefork

February 7, 2025