



MEET THE BEARS

NORTHERN FREEZE



BOYS VARSITY

1	John Forrest	FR
3	Ashton Peterson	SR
5	Kodiak Dorow	SO
10	Rylee Strand	SO
11	Samuel Mart	SO
13	William Castle	JR
14	Oscar Maki	FR
20	Lucas Holen	SO
23	Nolan Martinson	FR
30	Mason Mollberg	FR
34	Preston Thompson	FR
41	Carter Husbands	FR
45	William Tange	JR
50	Caleb Heinz	SO

GIRLS VARSITY

1	Lexi Brune	SO
2	Ali Plourde	FR
3	Brooklyn Berggren	SO
4	Sophie Block	SO
5	Kaylee Pieper	SO
10	Caytlin Scharfenkamp	JR
11	Kendal Bowman	JR
14	Halle Holen	JR
20	Greta Block	SR
22	Ava Haack	FR

GIRLS VARSITY

0	Jerilyn Pietruszewski	JR
1	Jessica Larson	SR
2	Brooke Bjorgaard	SO
3	Emma Nelson	SR
4	Amira Alcozer	SO
5	Ada Pearson	SR
10	Kylie Gustafson	SO
11	Emma Blazejewski	SR
12	Taylor Knutsen	JR
14	Shylo Edin	JR
20	Eve Nelson	SO
21	Maddie Waterworth	SO
23	Faith Efta	FR
34	Tarina Rux	SR

BOYS VARSITY

1	Sawyer Torgerson	JR
2	Nick Lund	SR
3	Straet Spilde	SR
4	Brandon Schenkey	JR
5	Blair Moen	SO
10	Isaak Anderson	SR
11	Alex Bray	SO
20	McCash Brandon	JR
21	Trig Anderson	10
23	Charlie Martin	SR
30	Avynn Ryba	SO
33	Wyatt Klopp	JR

GIRLS STAFF

Coaches: Jason Skadsem
 Asst Coaches: Kelly Dahl, Jon Donarski, Trista Lund, Brooke Glad
 Managers: Jorja Love & Brynlee Reese

BOYS STAFF

Head Coach: Sean Apilde
 Asst Coaches: Chad Spilde, Anthony Skjerven, Ethan O'Hara
 Manager: Zoe Werb

BEARS BOYS STAFF

Coaches: Rylan Henrickson & Monte Gubbels

BEARS GIRLS STAFF

Coaches: Dale Brune & Katie Pieper

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LAKE OF THE WOODS BEARS BASKETBALL

vs. Northern Freeze
January 17, 2025