



# SEPTEMBER 2024

## LAKE OF THE WOODS

Monday Tuesday Wednesday Thursday Friday

2  
LABOR DAY

3  
BREAKFAST ROUND  
FRUIT / JUICE / MILK

4  
CEREAL  
GOGURT  
FRUIT / JUICE / MILK

5  
BREAKFAST BITES  
FRUIT / JUICE / MILK

6  
UNCRUSTABLE  
FRUIT / JUICE / MILK

9  
CEREAL  
CHEESE STICK  
FRUIT / JUICE / ILK

10  
SCRAMBLED EGGS  
TOAST  
FRUIT / JUICE / MILK

11  
CEREAL  
MINI MUFFIN  
FRUIT / JUICE / MILK

12  
BISCUIT & SAUSAGE PATTY  
FRUIT / JUICE / MILK

13  
PEACHES N CREAM WAFFLE  
DUNKERS  
FRUIT / JUICE / MILK

16  
CEREAL  
BUG BITES  
FRUIT / JUICE / MILK

17  
BREAKFAST ON A STICK  
FRUIT / JUICE / MILK

18  
GRANOLA BAR  
FRUIT / JUICE / MILK

19  
CHEESE OMELET  
BLUEBERRY MUFFIN  
FRUIT / JUICE / MILK

20  
INSTANT OATMEAL  
CINNAMON GOLDFISH  
FRUIT / JUICE / MILK

23  
FRENCH TOAST STICKS  
FRUIT / JUICE / MILK

24  
CEREAL  
CHEESE STICK  
FRUIT / JUICE / MILK

25  
STRAWBERRY YOGURT & OAT  
PARFAIT  
FRUIT / JUICE / MILK

26  
HARD BOILED EGG  
TOAST  
FRUIT / JUICE / MILK

27  
MINI CREAM CHEESE BAGEL  
FRUIT / JUICE / MILK

30  
BREAKFAST ROUND  
FRUIT / JUICE / MILK

