# **Minnesota Department Of Education**

#### **Child Nutrition Programs**

#### **State Review Summary Report**

Lake of the Woods ISD #390 (1000003913)

SNP - Review ID: 6438

Program Year:

2019

Month of Review:

Lead Reviewer:

Tracie Wilcox

SFA Representative(s):

**SFA - Level Findings** 

| Area                                      | Findings ID | Finding Description  | Required Corrective Action | <b>Corrective Action Response</b> |
|---|-------------|--|----------------------------|-----------------------------------|
| 1000 - Local<br>School Wellness<br>Policy | V-1000      | There were some required elements missing from the Local School Wellness Policy. The written policy did not address the following, as required by July 1, 2017:  • Standards for all foods sold in schools (must meet Smart Snacks in School nutrition standards)  • Policies for foods and beverage marketing that states only marketing of foods/beverages that meet Smart Snacks in School nutrition standards  Technical Assistance: Beginning in 2017, school districts must conduct an assessment of the wellness policy every 3 years, at a minimum, with the first due in 2020. This assessment will determine:  • Compliance with the wellness policy  • How the wellness policy compares to model wellness policies  • Progress made in attaining the goals of the wellness policy.  Template for the Triennial Assessment:http://education.state.mn.us/mdeprod/idcplg?  IdcService=GET_FILE&dDocName=MDE058904  &RevisionSelectionMethod=latestReleased&Rendition=primary | Extension granfeel to Jun  |                                   |

# Site - Level Findings: Lake of the Woods Secondary (1000005693)

| Area  | Findings ID | Finding Description | Required Corrective Action   | Corrective Action Response |
|---|-------------|---------------------|--|----------------------------|
| 400 Meal<br>Components and<br>Quantities -<br>Breakfast |             |                     | Signage was provided during the on-site review; no further action is required. |                            |

# **Local Wellness Policy Extension Waiver**

# Complete the information below.

#### **Sponsor Name**

Lake of the Woods School #390

#### Sponsor ID

1000003913

#### Check the following box if you agree:

Our Local Education Agency (LEA) will utilize the extension offered by USDA for the first local wellness policy triennial assessment, extending the deadline to June 30, 2021.

### Email address (where confirmation email will be sent)

brent\_c@lakeofthewoodsschool.org



# **Local Wellness Policy: Triennial Assessment**

January 14, 2020 Webinar Worksheet

| January 14, 2020 Washington  |
|--|
| Background   |
| 1. The first triennial assessment must be completed by Que 30 2020.  |
| 2. An assessment of your school wellness policy must be conducted a minimum of once every 3 years.                             |
| 3. The Minnesota Department of Education will assess compliance with the wellness policy requirements as part of the Admishahr |
| 4. LEAs must also make the results of the triennial assessment available to the fublic.  |
| Required Components  |
| 5. Describe how your school is in Gordon with the wellness policy regulations.   |
| 6. Describe how your wellness policy compares to wellness policies.  |
| 7. Explain the progress made in attaining the goals of the wellness policy.  |
| 8. Attach copies or reports of any assessments that have been conducted. For example, the Shall Hally Inlex or the WISD+ 3.0.  |
| Resources  |

List 2 resources that you plan to review related to local wellness policies:

#### SNP Reviews Findings Details

1000003913 Status: Active **Lake of the Woods ISD #390** 236 15th Ave SW

PO Box 310 Baudette, MN 56623-0310 Lake of the Woods

#### **Review Findings and Corrective Action Documents**

Review ID: 6438

Form:

1000 - Local School Wellness Policy

Question:

1007

For each Off-Site Assessment Tool question (Questions 1000-1006), do the

responses provided demonstrate compliance with FNS requirements?

Finding ID:

V-1000

Local School Wellness Policy requirements are not met.

#### **Finding Description**

Add Standard Comment:

There were some required elements missing from the Local School Wellness Policy. The written policy did not address the following, as required by July 1, 2017:

Standards for all foods sold in schools (must meet Smart Snacks in School nutrition standards)

• Policies for foods and beverage marketing that states only marketing of foods/beverages that meet Smart Snacks in School nutrition standards

Technical Assistance: Beginning in 2017, school districts must conduct an assessment of the wellness policy every 3 years, at a minimum, with the first due in 2020. This assessment will determine:

- Compliance with the wellness policy
- How the wellness policy compares to model wellness policies
- Progress made in attaining the goals of the wellness policy.

Template for the Triennial Assessment: http://education.state.mn.us/mdeprod/idcplg?

IdcService=GET\_FILE&dDocName=MDE058904&RevisionSelectionMethod=latestReleased&Rendition=prima

#### **Required Corrective Action:**

Add Standard Comment:

Submit an action plan that indicates when the policy will be updated, who will be involved, and the date by which it is expected to be approved.

#### Special Instructions:

e is the Corrective Action Response write-up regarding our Wellness Policy and Triennial ⊴sessment.

Administration is recommending that the District adopt the model policy from the Alliance for a Healthier Generation. The District's Policy Committee, consisting of school administration, teachers, school board members and parents, will meet on December 13th, 2018 to review the model policy and make recommendations for changes. The policy will then go before the School Board for the first

#### **Document Attachments**

A SFA may submit supplemental information related to their Corrective Action by selecting the 'Add an attachment' link.

| Action                 | Comments | Uploaded By      |
|------------------------|----------|------------------|
| View   Modify   Delete |          | Cecelia Charlton |
| View   Modify   Delete |          | Cecelia Charlton |
| View   Modify   Delete |          | Cecelia Charlton |
| View   Modify   Delete |          | Cecelia Charlton |
| Add an attachment      |          |                  |

**Current Status:** 

Pending Submission ▼

Corrective Action Required: Action Required ▼

Due Date:

12/17/2018

Reviewer Response to CAD:

| Dates                     |  |  |  |  |
|---------------------------|--|--|--|--|
| Submitted for Acceptance: |  |  |  |  |
| Accepted by Reviewer:     |  |  |  |  |
|                           |  |  |  |  |

Modified By: CCharlton on: 12/12/2018 1:29:24 PM Created By: TWilcox1 on: 11/15/2018 12:13:14 PM

Save

Submit For Acceptance | Cancel

يز ال

# Local School Wellness Policy Implementation Under the Healthy, Hunger-Free Kids Act of 2010: Summary of the Final Rule

#### What is a local school wellness policy?

A local school wellness policy ("wellness policy") is a written document that guides a local educational agency's (LEA) or school district's efforts to establish a school environment that promotes students' health, well-being, and ability to learn.

The wellness policy requirement was established by the Child Nutrition and Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) Reauthorization Act of 2004 and further strengthened by the Healthy, Hunger-Free Kids Act of 2010 (HHFKA). It requires each LEA participating in the National School Lunch Program and/or School Breakfast Program to develop a wellness policy. The final rule expands the requirements to strengthen policies and increase transparency. The responsibility for developing, implementing, and evaluating a wellness policy is placed at the local level, so the unique needs of each school under the LEA's jurisdiction can be addressed.

#### **Provisions of the Final Rule**

On July 29, 2016, the USDA Food and Nutrition Service (FNS) finalized regulations to create a framework and guidelines for written wellness policies established by LEAs. The final rule requires LEAs to begin developing a revised local school wellness policy during School Year 2016-2017. LEAs must fully comply with the requirements of the final rule by June 30, 2017.

#### Content of the Weliness Policy

- \*\* a minimum, policies are required to include:
  - Specific goals for nutrition promotion and education, physical activity, and other schoolbased activities that promote student wellness. LEAs are required to review and consider evidence-based strategies in determining these goals.
  - Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for:
    - · School meal nutrition standards, and the
    - · Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

#### Wellness Leadership

LEAs must establish **wellness policy leadership** of one or more LEA and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.

#### **Public Involvement**

At a minimum, LEAs must:

 Permit participation by the general public and the school community (including parents, students, and representatives of the school food authority, teachers of physical education, school health professionals, the school board, and school administrators) in the wellness policy process.



#### **Inial Assessments**

a final rule requires State agencies to assess compliance with the wellness policy requirements is a part of the general areas of the administrative review every 3 years.

LEAs must conduct an assessment of the wellness policy every 3 years, at a minimum. This assessment will determine:

- · Compliance with the wellness policy,
- How the wellness policy compares to model wellness policies, and
- Progress made in attaining the goals of the wellness policy.



#### **Documentation**

The State agency will examine records during the Administrative Review, including:

- · Copy of the current wellness policy,
- Documentation on how the policy and assessments are made available to the public,
- The most recent assessment of implementation of the policy, and
- Documentation of efforts to review and update the policy, including who was involved in the process and how stakeholders were made aware of their ability to participate.

# **Updates to the Wellness Policy**

The final rule requires that LEAs update or modify the wellness policy as appropriate.

# **Public Updates**

The rule requires that LEAs must make available to the public:

- The wellness policy, including any updates to and about the wellness policy, on an annual basis, at a minimum, and
- The Triennial Assessment, including progress toward meeting the goals of the policy.

## Regulation

The proposed rule was published in the Federal Register, and the 60-day public comment period closed on April 28, 2014. FNS received 57,838 public comments that were considered in developing the final rule.

The final rule was published on July 29, 2016 and can be found online at: http://www.fns.usda.gov/tn/local-school-wellness-policy.

#### Resources

USDA Food and Nutrition Service's "School Nutrition Environment and Wellness Resources" Web site has information and resources on:

- · Local school wellness policy process,
- · Wellness policy elements,
- · Success stories,
- Grants/funding opportunities, and
- Trainings.

Check it out! https://theicn.org/cnss/ background-information/ **Model Wellness Policy** – Thoroughly reviewed by USDA FNS, the Alliance for a Healthier Generation's model policy template is in compliance with the requirements set forth in the proposed rule and will be updated per the final rule.

# Putting Local School Wellness Policies Into Action: Stories From School Districts and

**Schools** - The Centers for Disease Control and Prevention and USDA developed a compilation of 11 stories to help LEAs and schools implement wellness policies.

National Wellness Study Briefs – Bridging the Gap's research briefs highlight areas of opportunity for State agencies, LEAs, and schools to strengthen wellness policy components.



# Local School Wellness Policy Implementation Under the Healthy, Hunger-Free Kids Act of 2010: Summary of the Final Rule

## What is a local school wellness policy?

A local school wellness policy ("wellness policy") is a written document that guides a local educational agency's (LEA) or school district's efforts to establish a school environment that promotes students' health, well-being, and ability to learn.

The wellness policy requirement was established by the Child Nutrition and Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) Reauthorization Act of 2004 and further strengthened by the Healthy, Hunger-Free Kids Act of 2010 (HHFKA). It requires each LEA participating in the National School Lunch Program and/or School Breakfast Program to develop a wellness policy. The final rule expands the requirements to strengthen policies and increase transparency. The responsibility for developing, implementing, and evaluating a wellness policy is placed at the local level, so the unique needs of each school under the LEA's jurisdiction can be addressed.

#### **Provisions of the Final Rule**

On July 29, 2016, the USDA Food and Nutrition Service (FNS) finalized regulations to create a framework and guidelines for written wellness policies established by LEAs. The final rule requires LEAs to begin developing a revised local school wellness policy during School Year 2016-2017. LEAs must fully comply with the requirements of the final rule by June 30, 2017.

### **Content of the Wellness Policy**

At a minimum, policies are required to include:

- Specific goals for nutrition promotion and education, physical activity, and other schoolbased activities that promote student wellness. LEAs are required to review and consider evidence-based strategies in determining these goals.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for:
  - · School meal nutrition standards, and the
  - Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

## **Wellness Leadership**

LEAs must establish **wellness policy leadership** of one or more LEA and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.

#### **Public Involvement**

At a minimum, LEAs must:

 Permit participation by the general public and the school community (including parents, students, and representatives of the school food authority, teachers of physical education, school health professionals, the school board, and school administrators) in the wellness policy process.

