

# NOVEMBER 2023

## LAKE OF THE WOODS

Monday

Tuesday

Wednesday

Thursday

Friday



NO SCHOOL  
DEER DAY

6

CHICKEN PATTY  
SWEET POTATO FRIES  
GREEN PEAS  
CHOICE OF FRUIT  
MILK

7

TACOS  
TORTILLAS  
LETTUCE, TOMATO, CHEESE  
REFRIED BEANS  
CHOICE OF FRUIT  
MILK

8

STUFFED CRUST PIZZA  
VEGGIE PASTA SALAD  
CHOICE OF FRUIT  
MILK

9

CHICKEN STRIPS  
BAKED POTATO  
MIXED GREEN SALAD  
DINNER ROLL  
CHOICE OF FRUIT  
MILK

10

HOT DOG  
BAKED BEANS  
TRI TATER  
CHOICE OF FRUIT  
MILK

13

HAMBURGER GRAVY  
MASHED POTATOES  
MIXED VEGETABLE  
BREAD  
CHOICE OF FRUIT  
MILK

14

POPCORN CHICKEN  
MAC & CHEESE  
BROCCOLI & CAULIFLOWER  
DINNER ROLL  
CHOICE OF FRUIT  
MILK

15

CHEESE FILLED BREAD STICKS  
SPAGHETTI SAUCE  
PEAS & CARROTS  
CHOICE OF FRUIT  
MILK

16

SUBS & MINI SUBS  
LETTUCE & TOMATO  
CUCUMBERS  
SUN CHIPS  
CHOICE OF FRUIT  
MILK

17

PULLED PORK SANDWICH  
COLESLAW  
TRI TATER  
CHOICE OF FRUIT  
MILK

20

CHICKEN GRAVY  
MASHED POTATOES  
SWEET POTATOES  
DINNER ROLL  
CHOICE OF FRUIT  
MILK

21

HAMBURGER / CHEESEBURGER  
BAKED BEANS  
TATER TOTS  
CHOICE OF FRUIT  
MILK

22

NO SCHOOL  
THANKSGIVING BREAK

23

NO SCHOOL  
THANKSGIVING BREAK

24

QUESADILLA  
MEXICAN RICE  
CARROTS  
CHOICE OF FRUIT  
MILK

27

ITALIAN DUNKERS  
MEAT SAUCE  
GREEN PEAS  
CHOICE OF FRUIT  
MILK

28

PIZZA  
MIXED GREEN SALAD  
CARROTS  
CHOICE OF FRUIT  
COOKIE  
MILK

29

HOT HAM & CHEESE  
TRI TATER  
BROCCOLI APPLE SALAD  
CHOICE OF FRUIT  
MILK

30



ENTRÉE OPTION K-5 PB & J OR CHEESE SANDWICH  
MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY  
LAKE OF THE WOODS SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER