

NOVEMBER 2022

LAKE OF THE WOODS

Monday

Tuesday

Wednesday

Thursday

Friday

1
SLOPPY JOE
BAKED BEANS
TRI TATER
CHOICE OF FRUIT
MILK

2
GRILLED CHEESE
TOMATO SOUP
CELERY STICKS
CHOICE OF FRUIT
MILK

3
QUESADILLA
MEXICAN RICE
CARROTS
CHOICE OF FRUIT
MILK

4
HOT HAM AND CHEESE
FRENCH FRIES
BROCCOLI & CAULIFLOWER
CHOICE OF FRUIT
MILK

7
NO SCHOOL
DEER DAY

8
CHEESE FILLED BREADSTICKS
SPAGHETTI SAUCE
GREEN PEAS
CHOICE OF FRUIT
MILK

9
HAMBURGER / CHEESEBURGER
TATER TOTS
CARROTS
CHOICE OF FRUIT
MILK

10
STUFFED CRUST PIZZA
ROMAINE LETTUCE
CUCUMBERS
CHOICE OF FRUIT
MILK

11
DICED CHICKEN GRAVY
MASHED POTATOES
MIXED VEGETABLE
DINNER ROLL
CHOICE OF FRUIT
MILK

14
CHICKEN PATTY
SWEET POTATO FRIES
BROCCOLI
CHOICE OF FRUIT
MILK

15
PANCAKES
SAUSAGE PATTY
TRI TATER
CHOICE OF FRUIT
MILK

16
CHICKEN FAJITAS
BROWN RICE
PEPPERS & ONIONS
CHOICE OF FRUIT
MILK

17
TACOS
TORTILLAS
LETTUCE & TOMATO
REFRIED BEANS
CHOICE OF FRUIT
MILK

18
PULLED PORK
COLESLAW
FRENCH FRIES
CHOICE OF FRUIT
MILK

21
HOT DOG
FRENCH FRIES
THREE BEAN SALAD
CHOICE OF FRUIT
MILK

22
CHICKEN BREAST
MASHED POTATOES & GRAVY
STUFFING
SWEET POTATOES
CHOICE OF FRUIT
MILK

23
SUBS & MINI SUBS
LETTUCE & TOMATOES
CUCUMBERS
SUN CHIPS
CHOICE OF FRUIT
MILK

24
NO SCHOOL
THANKSGIVING BREAK

25
NO SCHOOL
THANKSGIVING BREAK

28
CORN DOG
BAKED BEANS
TRI TATER
CHOICE OF FRUIT
MILK

29
CHICKEN ALFREDO
W.G. PASTA
BROCCOLI & CARROTS
DINNER ROLL
CHOICE OF FRUIT
MILK

30
PIZZA
MIXED GREEN SALAD
RED PEPPERS
CHOICE OF FRUIT
COOKIE
MILK

