

SEPTEMBER 2022

LAKE OF THE WOODS SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

LABOR DAY

5

HAMBURGER / CHEESEBURGER
BAKED BEANS
TRI TATER
CHOICE OF FRUIT
MILK

6

CHEESE FILLED BREAD STICKS
SPAGHETTI SAUCE
BROCCOLI
CHOICE OF FRUIT
MILK

7

HOT DOG
FRENCH FRIES
CELERY & CARROTS
CHOICE OF FRUIT
MILK

8

STUFFED CRUST PIZZA
ROMAINE LETTUCE
CUCUMBERS
CHOICE OF FRUIT
MILK

9

CHICKEN PATTY
SWEET POTATO FRIES
GREEN PEAS
CHOICE OF FRUIT
MILK

12

HAMBURGER GRAVY
MASHED POTATOES
MIXED VEGETABLES
BREAD
CHOICE OF FRUIT
MILK

13

QUESADILLA
MEXICAN RICE
CARROTS
CHOICE OF FRUIT
MILK

14

SLOPPY JO
TRI TATER
THREE BEAN SALAD
CHOICE OF FRUIT
MILK

15

GRILLED CHEESE SANDWICH
TOMATO SOUP
BROCCOLI & CAULIFLOWER
CHOICE OF FRUIT
MILK

16

CORN DOG
MARINATED VEGGIES
TATER TOTS
CHOICE OF FRUIT
MILK

19

CHICKEN FAJITAS
TORTILLAS
PEPPERS & ONIONS
BROWN RICE
CHOICE OF FRUIT
MILK

20

PULLED PORK
COLESLAW
BAKED BEANS
CHOICE OF FRUIT
MILK

21

CHICKEN NUGGETS
MAC & CHEESE
CARROTS & BROCCOLI
BREAD 7-12
CHOICE OF FRUIT
MILK

22

SUBS AND MINI SUBS
LETTUCE & TOMATO
CARROTS
SUN CHIPS
CHOICE OF FRUIT
MILK

23

CHICKEN ALFREDO
W.G. PASTA
BROCCOLI & CARROTS
DINNER ROLL
CHOICE OF FRUIT
MILK

26

HOT HAM & CHEESE
FRENCH FRIES
BROCCOLI APPLE SALAD
CHOICE OF FRUIT
MILK

27

PIZZA
ROMAINE LETTUCE
CUCUMBERS
CHOICE OF FRUIT
COOKIE
MILK

28

PANCAKES
SAUSAGE PATTY
CHEESE STICK
TRI TATER
CHOICE OF FRUIT
MILK

29

TACHOS
LETTUCE & TOMATO
BLACK BEAN SALSA
BREADSTICK
CHOICE OF FRUIT
MILK

30