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Education Plus

To ensure that all learners achieve their highest potential and become contributing citizens in a rapidly chang-

Winter 2022



Mary Merchant



Happy New Year!

The high school is enjoying a school year with every day in person learning. The music department and athletic department have also been able to return to in person full capacity attendance for performances.

Two outstanding speakers visited Lake of the Woods School this fall. First, **Reggie Dabbs** who spoke to four groups of students, grades K-3, 4-6, 7-8, and 9-12. He shared a message of never giving up despite the struggles you may have in life. Learn more at <http://reggiedabbsonline.com>. The second speaker was **Michael DeLeon** who addressed grades 7-12 with a message of choices and facts with vaping, nicotine and marijuana. Learn more at www.steeredstraight.org.

Congratulations to our Students of the Month for November. Sophia Block is the Jr. High Student of the Month. Sophia is the daughter of Keith and Sarah Block and her extracurricular activities include volleyball, basketball and softball. The Sr. High Student of the Month is Julisa Matthias, daughter of Rydell and Christina Matthias. Julisa's activities include volleyball, basketball softball, STUDS, One Act Play, A and B Honor Roll and attending the Church of the Living Water.

Welding students, in addition to working on welding projects are making winter fishing rods which will be for purchase when completed. Mr.

Seth Putz is overseeing the project with students who are learning the skill of rod building as well as entrepreneurship. Rods will sell for \$65.00. Contact myself if you are interested in purchasing one.

Kudos to Mrs. Nordine, choir director and Mrs. Tange, band director and students for wonderful concert performances this fall. The choir performed on November 23rd in the auditorium with individual performances by students who competed in Solo Contest earlier in the month. LOW band concert took place on December 14th at 7 p.m. also in the auditorium.

We invite and encourage everyone to come out, despite the winter temperatures and take in a basketball game, hockey game, or concert. Lake of the Woods School may be small but we are mighty when it comes to performing on the stage, ice and court. Check the activities and athletic calendar on the district website for dates and times of events.

Mary Merchant
High School Principal

Go Bears!

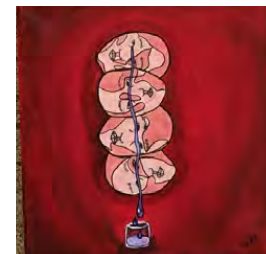
October Artist of the Month - Tucker Beito



Art can be a form of one's expression. When I make art or spin pottery I don't really have an exact goal in mind because mistakes happen and some really good art comes from knowing what mistakes to keep.

-Tucker Beito

November Artist of the Month - Ella Paschke



Art to me has been a way to escape my mind. It allows me to get my feelings out in a creative way. It helps me think and see life in a different way, it helps me stay grounded and relaxed. The majority of my pieces consist of real human emotions and imagination. It shows mental health in a way that almost seems beautiful. It helps explain what's going on. Art to me is a part of life, it's everywhere. After high school I would like to pursue a career in art as a tattoo artist so if you're ever in Fargo hit me up. - Ella Paschke

December Artist of the Month - Samantha Kalk



Inside this Issue

- Free & Reduced Meal Information
- 2021- 2022 District Calendar
- Community Ed Activities
- Pool Schedule
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- Sports Fees
- School meal information

CITIZENS' FORUM

The School Board has adopted a policy (Lake of the Woods ISD 390 Policy 206) and procedures allowing citizens to address the Board on issues pertaining to district business that are not otherwise on the agenda for a particular meeting. The Citizens' Forum will be an agenda item during the Board's working session that is scheduled from 6:00 - 7:00 PM prior to the Board's regular monthly meeting.

PROCEDURE FOR CITIZENS' FORUM:

To speak during the Citizens' Forum, the citizen must sign up 15 minutes prior to the start of the meeting by completing a Citizens' Forum Request Form. These forms will be found at a table near the entrance inside the boardroom. Each citizen has five (5) minute to speak to the Board. If there are multiple requests on the same topic the Board Chair may request one spokesperson to speak on the topic. The Board Chair will review all request forms prior to the meeting, and if approved, will invite citizens to come forward and speak at the prescribed time. The School Board will listen to the citizen and will not be obligated to respond in any way.

RULES FOR CITIZENS' FORUM:

The citizen understands that the following, but not limited to, are the rules for the Citizens' Forum:

1. Obscene and profane language or materials are not allowed.
2. Libelous or slanderous statements or materials are not allowed.
3. Legal issues or lawsuits past or present, along with any associated person's name or other information is not allowed.
4. Advertising statements or materials are not allowed.

5. Human rights, data privacy, and confidentiality laws at the district, state, and federal levels prohibit a citizen from speaking publicly about any person without their permission.

6. Individuals addressing the Board during the Citizens' Forum must complete the Request Form and sign the Hold Harmless and Indemnity Agreement.

The Citizens' Forum Request Form and Policy 206 will be displayed and available to the public on a table as you enter the ITV room. The policy and form will also be available on the School's website.

The public is reminded that all School Board Working Sessions and Regular Board Meetings are recorded. You can access recordings at the district's school YouTube channel: <https://www.youtube.com/channel/UCiVVYxMKwuH0G40T6L4cLnw> The YouTube link is also available on the school board site: <https://lakeofthewoodsschool.org/school-board/>

Please contact Superintendent, Jeff Nelson if you have any questions regarding the Citizens' Forum or addressing the School Board during the regular monthly board meetings.



SchoolMessenger is a parent notification system that allows the school to build the automated transfer of parent contact information from Synergy, our student information system, to the SchoolMessenger hosted location. It simply saves time and provides more up to date parent contact information. Once we make a parent contact change in Synergy, it will update in SchoolMessenger every day.

The most current parent contact information in Synergy will now be in our parent notification system. Our staff should no longer have to change parent contact information in multiple systems. It allows school staff to deliver a single, clear message to students, parents or guardians by telephone, cell phone, e-mail, pager or PDA in any combination. SchoolMessenger will also be used to notify you of a school closing due to inclement weather. For more information contact:

NO HUNTING

"Under M.S. 609.66 Subd. 1d., it is a felony to hunt on school owned land when students are present for school related activities."



The **Education Plus** publication is a production of Lake of the Woods School and Lake of the Woods Community Education. The **Education Plus** newspaper will be printed 3 times during the 2021-2022 school year and distributed to postal patrons in Lake of the Woods County. It is also available on our school's website www.lakeofthewoodsschool.org

L/W School Administration:

Jeff Nelson, Superintendent/Elem. Principal
Mary Merchant, High School Principal

Kirby Borgen - Dean of Students
Brad Abby - Transportation Supervisor
Seth Putz - Maintenance Supervisor
Samantha Lyons - Activities Director/
Community Education Director

Lake of the Woods School Board Members:

Tim Lyon, (District #5)
Lynette Ellis (District #1)
Karla Robida, (District #6)
Robyn Sonstegard, (District #4)
Boyd Johnson, (District #2)
Corryn Trask, (District #3)
School board meetings are held the fourth Monday of each month.

Community Education Staff:

Samantha Lyons - Director
Lisa Beckstrand - Pool Coordinator
Nicole Gate - ECFE Coordinator
Jeni Krause - Parent Educator

Community Education Meeting

Dates: TBA

Community Education Advisory

Council: Jeff Birchem, Jeff Nelson, Lisa Beckstrand, Nicole Gate, Jill Olson, Curt Storbeck, Brenda Nelson, Amber Zemke, Karla Robida, Ducky Gens, Crystal Olson, Carrie Davidson, Tammie Doebler, Buck Nordlof, Cody Hasbargen, and Steve Johnson.

Winter School hours:

Mon/Wed/Fri: 5:00 a.m. - 10:00 p.m.
Tues/Thurs: 7:00 a.m. - 10:00 p.m.
Sat -8:00 - 4:30 p.m. &
Sun - 12:00 - 4:30 p.m. or for scheduled events.
Hours are subject to change.



LAKE OF THE WOODS
School

Lake of the Woods School ISD #390
P.O. Box 310

Baudette, MN 56623

218.634.2735 (phone)

218.634.2467 (fax)

www.lakeofthewoodsschool.org

**THE SCHOOL FACILITY WILL BE CLOSED AND LOCKED ON HOLIDAYS AND WHEN SCHOOL IS CANCELLED.
THE SCHOOL FACILITY WILL BE LOCKED WHEN SCHOOL IS IN SESSION.**

Lake of the Woods School has nine Automatic External Defibrillators (AED). The AED's are located in the cafeteria/commons area, by the multi-purpose gym/pool area, in front of the elementary office and in the east hall by the elementary playground entrance and in east end of high school area. One is also stationed in the nurses office and 3 travel with our sports teams.



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Member FDIC

Smart Snacks

School celebrations are fun and provide a chance to reinforce the message that nutritious food choices lead to healthier bodies and sharper minds. Individual schools and local education agencies should decide if and how often food will be part of group celebrations, and should encourage celebrations featuring activities other than eating. If school celebrations do involve food, work with the Child Nutrition Program to provide healthy options, support school meals, and ensure that food will be safe, wholesome and served in appropriate portion sizes.

Healthy Classroom Celebration Food

Put the focus of the party on the games and exciting activities, rather than on food. If food is offered at a party, be sure that it's not the main focus. For healthy celebrations, ensure that all foods provided meet the Wellness Policy's specific nutrition standards. These healthy foods can be fun, too! Provided here are some ideas for great party foods.

When foods are offered at classroom parties, be sure that they meet the Wellness Policy's nutrition standards. The standards are:

- Not more than 30% of the total calories of the food item, excluding nuts or seeds, is from fat. Make sure there is not a nut allergy in your child's classroom.
- Not more than 10% of the total calories of the food item, excluding reduced fat cheeses, eggs and nut butters, is from saturated fat.
- Not more than 35% of the total weight of the food item, excluding fruits or vegetables, is composed of sugar.

In addition, "healthy" foods should come from the following categories:

- Milk and dairy products, including cheese, yogurt, and frozen yogurt
- Full-strength fruit and vegetable juices and fruit juice containing 100% full strength fruit juice
- Fresh, frozen, canned, and dried fruits and vegetables
- Nuts, seeds, and nut butters
- Eggs
- Non-confection grain products including crackers, bread items, tortillas, pretzels, bagels, muffins, granola bars, trail-mix bars, cereal, and popcorn

Here are some cool and enjoyable foods that kids will love!

- Fruit kabobs with low-fat yogurt
- Veggie trays with low-fat dip
- Frozen 100% juice bars
- Whole wheat bagels with low-fat topping
- Quesadillas made with whole wheat tortillas and reduced-fat cheese
- Frozen bananas with toppings like peanut butter and low-fat granola
- Have students make their own trail mix! Bring in items like whole grain cereals, nuts, and dried fruit.

Remember to keep goodies healthy, too. If parents put together grab bags, be sure to fill them with fun things like pencils, small toys, key chains, and craft items instead of candy.

National Honor Society

National Honor Society membership is based on a candidate's outstanding performance in the areas of scholarship, service, leadership, and character. These students are high academic achievers, developing their leadership skills, and providing service to the community. It is through this culture of service that these relationships between the high school students and care center residents have developed.

National Honor Society students volunteer their time and talent to the Care Center. They have hosted fun events such as Casino Nights, Luaus, Spring Flings, and gone on outings to the County Fair with the residents. National Honor Society does not fundraise for its own benefit.

There are expenses that come up during the year for National Honor Society, and since the group focuses on volunteerism, they do not devote time to fundraising. If any local individuals or organization is interested in donating to the National Honor Society, they are encouraged to contact Advisor Katie Hasbargen, or mail donations to Lake of the Woods School, Attn: National Honor Society, PO Box 310, Baudette, MN 56623.

ANNUAL SERVICE PROJECTS

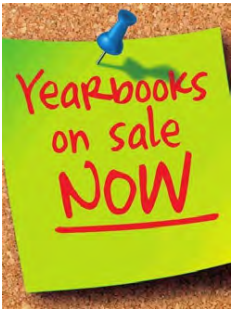
- Lake of the Woods School Calendar
- Dollars-for-Scholars Phone-a-Thon
- Trick/Treating for UNICEF
- Children's Halloween Party at the Moose
- Salvation Army Bell Ringing
- Kids Night Out with ECFE
- Lake of the Woods School Blood Drive
- Pancakes at the Brink Center
- Senior Citizen Prom at the Brink Center
- American Cancer Society Survivors Dinner
- Take-A-Kid Fishing
- Care Center Residents at the Fair
- Judging and assisting at the County Fair
- American Cancer Society Relay for Life Cleanup



3314 Bur Oak Rd NW
Baudette, MN 56623
218-634-1849

Email: info@ballardsresort.com

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Pfizer vaccine has been authorized to vaccinate youth ages 12 and up!

LakeWood Health and LakeWood Public Health can obtain Pfizer vaccine to vaccinate our younger population. Minnesota is seeing a significant increase in COVID-19 cases, especially among younger Minnesotans. Part of the solution to lowering community spread is ensuring that our teens who can get vaccinated DO GET VACCINATED! And those who can't, GET TESTED!

The Pfizer vaccine now has full FDA approval. Getting vaccinated will help give the best chance to learn in-person, participate in sports and activities, attend graduation and go to prom. By getting vaccinated these students are also doing their part to protect those who are not able to be vaccinated at this time. Of course, we all still need to remain vigilant about masking, hand washing and social distancing. For those Minnesotans too young to be vaccinated, testing remains critical.

FUN FACT: If someone is fully vaccinated and is exposed, they do not need to quarantine if **ALL** of the following are true:

The COVID-19 exposure was at least 14 days after their vaccination series was fully completed.

They do not currently have any symptoms of COVID-19.

Have you signed up for a vaccine? If not, call **LakeWood Health at 634-3457** and leave your name and contact information. Students under age 18 will need parent or guardian consent for vaccination.





P.O. Box 659
Baudette, MN 56623
(218)634-1351

Chamber President: Erica Anderson
Vice President: Julie Mollberg
Treasurer: Christi Pierce
Secretary: Rachel Krohn

Email:
info@baudettelakeofthewoodschamber.com



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Mon-Fri 7:00 am-6 pm Sat 7:00 am-2 pm Sun Closed

School census records (ages 0-5)

What is it? We keep a record of children ages 0-5 to use for ECFE mailings, preschool screening/ registration and kindergarten registration information.

Where does it come from? Each fall we get a list of children born in our county from birth records filed with Lake of the Woods county.

Why is it important? This provides us with your information; without it you won't receive important mailings about registering for preschool/ kindergarten, screenings, etc.

What do you need to do? If you currently live at the address you did at the time of your child's birth and don't have a separate mailing address. Nothing more is needed from you.

Contact Diane email: diane_l@lakeofthewoodsschool.org or call: 218-634-2510 Ext. 1422 if any of the following apply to you:

- Moved to the area after your child's birth
- Have a new mailing address since their birth
- Have a separate mailing address. The report we get has physical addresses
- If you live in one of our surrounding counties but plan to send your child to our school you'll need to report your information to us yourself.

What information do you need to provide?

- Child's full name
- Date of birth
- Child's sex
- Mother's name
- Father's name
- Mailing address



EARLY CHILDHOOD SCREENING

REMINDER to PARENTS of 3-5-year-olds: Early Childhood Screening will be held in the Spring of 2022. If you have not received information on screening by the end of March 2022, your child may not be registered on the census so please call the school.

Minnesota Law requires documentation of Early Childhood Screening prior to enrollment in kindergarten. Screening is an early look at a child's development and is conducted by qualified professionals to help identify specific needs a child may have in these areas: Fine and Gross Motor Skills; Speech and Language Development; Cognitive and Social Development; Vision and Hearing; Height and Weight; and Immunizations. This screening should be completed at least one year before the child enters kindergarten. This service is provided at no cost to the family for all children who reside within Lake of the Woods School District #390 boundaries.

Please call Jeni Krause at 218-634-2510 ext. 1639 if you have any questions or concerns about screening for your child.

Williams
Public Library
350 Main Street
Williams, MN 56686
218-783-7211

Lake of the Woods
MARINE

New Boats
Used Boats
New Motors
Used Motors
Misc. Parts
Service Center

Sales & Service
(218) 634-2289
3208 Bur Oak Road NW
Baudette, MN 56623



Baudette Public Library & Media Center
110 1st Avenue SW
P.O. Box 739
Baudette, MN 56623

Thanks to Legacy programming the following 2022 Take & Makes will be available:

- January 14-31: Create a Comic Kit with Minnesota Author Chris Monroe
- February 14-28: Paper Design Collage Take & Create Art Kit with COMPAS Teaching Artist Teresa Cox
- March 1-31: Acrylic Painting Take & Create with 321 Art Studio

Hours Mon-Fri 10-5:30 & Saturday 10-2.

Wifi is available.

**ALL MEALS ARE
FREE FOR THE
2021-2022 SCHOOL YEAR**

Walleye Capital Sanitation
P.O. Box 1177
Baudette, MN 56623

218-230-3617

Auto Parts of Baudette

905 Main St. W
Baudette, MN 56623
218/634-3205

4

Ski Trails at Lake of the Woods School

The Lake of the Woods School is excited to offer Cross Country Ski and Snowshoe Trails for all residents and visitors to our area. The trails are located in Agassiz Lowlands Environmental Learning Area (ALELA), just west of the school building on the 120 acre School Forest site. The gently contoured ski trails are groomed for both skiing and snowshoeing. The mild terrain makes these trails perfect for beginners, yet the length of the trail system allows experienced skiers the chance for a vigorous workout.

The trail head begins at the trail kiosk located west of school parking lot. The groomed trails will allow guests to enjoy the beautiful winter scenery of our northland.

Ski and Snowshoe Trail maps are available on our school's website and in the District Office.

When using the Ski/Snowshoe Trails it is important to follow these rules:

- Remove all garbage with you when leaving the trail area.
- Do not build or maintain a fire
- No overnight camping is allowed
- Vandalism of the school property is unlawful
- Motorized vehicles and snowmobiles are not allowed on the trail
- Snowshoeing is allowed on the trail, but please stay to the side of the trail
- Dogs are not allowed on the trails

Parking is available in the school's designated parking lot, and skiers are welcome to use the restrooms located inside the school. A courtesy phone is available outside the Main Office for emergency use.

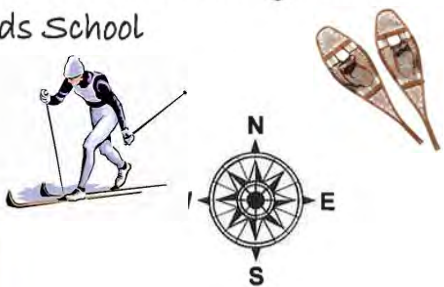
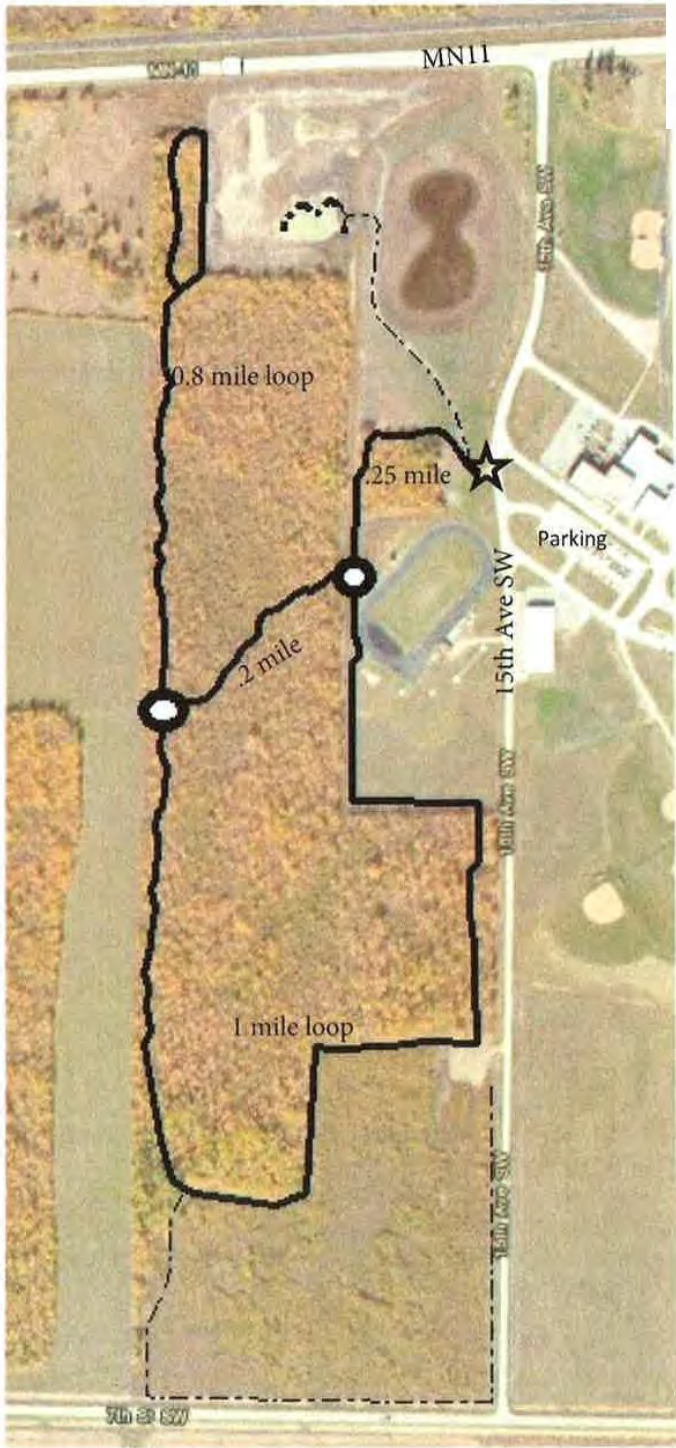
For more information about the ski trails contact the Community Ed Office at 218/634-2735 ext. 1445.



Mrs. Krause’s Fifth graders made a 24 foot long ice cream sundae as part of their Christmas party activities. Students brought in all the fixings for the long silver trough. It was so long they had to create it out in the school hallway!

Ski Trails 2022

Agassiz Lowlands Environmental Learning Area located at Lake of the Woods School



Parking
Parking is available in the main school parking lot.

Trailhead
★ The trailhead is located at the trail kiosk, west of the main parking lot.

Trails
Trails designated with a solid black line are currently groomed. Snowshoers, please stay off to the sides of the trail.

Trails designated with a dashed line are not groomed

Trail grooming is done by volunteers. A trail pass is not required.

We welcome your feedback as we continue to improve the trails at the school forest.

NO HUNTING

“Under M.S. 609.66 Subd. 1d., it is a felony to hunt on school owned land when students are present for school related activities.”

INFORMATION FOR PARENTS



IF YOUR FAMILY LIVES IN ANY OF THE FOLLOWING SITUATIONS:

In a shelter

In a motel or campground due to the lack of an alternative adequate accommodation

In a car, park, abandoned building, or bus or train station

Doubled up with other people due to loss of housing or economic hardship

Your school-age children may qualify for certain rights and protections under the federal McKinney-Vento Act.

Your eligible children have the right to:

- Receive a free, appropriate public education.
- Enroll in school immediately, even if lacking documents normally required for enrollment.
- Enroll in school and attend classes while the school gathers needed documents.
- Enroll in the local school; or continue attending their school of origin (the school they attended when permanently housed or the school in which they were last enrolled), if that is your preference and is feasible.

* If the school district believes that the school you select is not in the best interest of your children, then the district must provide you with a written explanation of its position and inform you of your right to appeal its decision.

- Receive transportation to and from the school of origin, if you request this.
- Receive educational services comparable to those provided to other students, according to your children's needs.

If you believe your children may be eligible, contact the local liaison to find out what services and supports may be available. There also may be supports available for your preschool-age children.



Local Liaison
Joyce Beckel, LSSW
218-634-2510 ext. 1554

State Coordinator
Roberto Reyes
651-582-8302

If you need further assistance with your children's educational needs,
contact the National Center for Homeless Education:
1-800-308-2145 * homeless@serve.org * www.serve.org/nche

NO HUNTING

Under M.S. 609.66 Subd. 1d., it is a felony to hunt on school owned land when students are present for school related activities."



SAVE THE DATE
NHS sponsored Vitalant
Blood Drive

Wed., March 9, 2022
Multi-purpose gym
10:00 a.m. - 1:45 p.m.

Adult Basic Education

For more information on ABE (Adult Basic Education) Classes, please contact:

Kirsten Fuglseth, Adult Basic Education Coordinator

114 West First Street

Thief River Falls, MN 56701-1911

Phone: 218-681-0886

Email: kfuglseth@nw-service.k12.mn.us

Must be 16 years old or older and not enrolled in secondary school.

Northwest Community Action
**Little Brother
Little Sister**

Contact Info: mwaage@nwcaa.org
Madeline Waage 218-528-3258

Triple A Booster Club

meets the
3rd Wednesday of each
month in the
L/W School Commons
at 5:00 p.m.

Everyone is welcome
to attend.



Howards

Open 7 Days a Week
5:30 a.m. - 10 p.m.



Gas - Diesel - Propane - Car Wash - ATM
Convenience Store - f'real milkshake

218-634-2550

509 W. Main, Baudette, MN



Teco's Taco's
6 a.m.-9 p.m.

Inside Howards on Hwy.

11

Will Cater - call

218-634-3317

2022 Yearbooks

\$45 Winter Super Sale
Jan. 9-Feb. 25, 2022

1 CENT NAME
STAMP
ON COVER
JANUARY 9-14

Order online
jostensyearbook.com

VACANCIES:

Lake of the Woods School has openings for:

Substitute bus drivers

Must be able to obtain a Class B license with school bus, passenger and air break endorsement. Sub pay is \$40.00 per route. Applications may be picked up in the District Office or at the school website, www.lakeofthewoodsschool.org, you can also apply online. Please mail applications to Lake of the Woods School, Crystal Landin, Business Manager, P.O. Box 310, Baudette, MN 56623

If you have any questions, call Brad Abby, Transportation Supervisor, 218-634-2735 ext. 1504.

Lake of the Woods School has opening for Lifeguard positions:

Lifeguards needed at the Lake of the Woods School Pool. You must have a current lifeguard certification/1st aid/CPR/AED. Applications may be picked up in the District Office or you can also apply on line at the school website, www.lakeofthewoodsschool.org Please mail your application to Lake of the Woods School, Crystal Landin, P.O. Box 310, Baudette, MN 56623.

If you have any questions, call Lisa Beckstrand, Pool Coordinator, 218-634-2735, ext. 1101 or email lisa_b@lakeofthewoodsschool.org

Substitute Paraprofessionals Needed

Lake of the Woods School is seeking energetic, patient individuals who would enjoy working with our students. Must be flexible, open minded and willing to work positively with students of varying abilities and behaviors.

Qualifications:

Candidates must meet "highly qualified" standards set by Minnesota Department of Education. "Highly qualified" status can be met in one of the following ways: a) two years of study at an institute of higher education; b) Associate's degree (or higher); or c) successful completion of Highly Qualified certification program provided by the district.

Assistant Full-Time Cook and Part-time Cook

The Lake of the Woods School District is seeking applicants for a full-time cook and an assistant part-time cook. Job responsibilities include assisting in preparing, cooking, serving and cleanup for school nutrition programs. Candidates must have the ability to obtain and maintain Food Manager certification. Full job description available upon request. Applications may be picked up in the District Office or at the school website, www.lakeofthewoodsschool.org, you may also complete the application online.

If interested in any of these positions, please submit:

- Cover letter
- Resume
- 3 current Letters of Reference

Visit the district website at: <http://lakeofthewoodsschool.org> Click on Job Opportunities to download and complete an Employment Application.

You may contact Crystal Landin @ 218-634-2735 ext. 1505 or email at crystal_la@lakeofthewoodsschool.org with any questions.

Send the above information to:

Crystal Landin, Human Resources
Lake of the Woods ISD #390
PO Box 310
Baudette, MN 56623.

Application Deadline: Open until filled

Lake of the Woods ISD #390 is an Equal Opportunity Employer.

Math Teacher, Lake of the Woods High School

Lake of the Woods high school has an opening for a 1.0 FTE 7-12 Math Teacher effective immediately. Interested applicants send cover letter, resume, 3 letters of recommendation, transcripts and licensure to:

Mary Merchant, High School Principal
Lake of the Woods High School
236 15th Ave SW
PO Box 310
Baudette, MN 56623
mary_m@lakeofthewoodsschool.org

Position open until filled. Lake of the Woods School District is an Equal Opportunity Employer.

Box Tops News



During the ups and downs of the past couple of school years, one thing is certain: teachers and students need more help than ever before. Box Tops for Education is a fast and easy way for you to support our school. The Box Tops program has been around for over 25 years, and it really can make a difference. In fact, Box Tops for Education has helped give almost one billion dollars to schools since 1996.

In 2019, the program evolved to become digital, giving participants the ability to earn for any school across the country with just the touch of a button. And now, Box Tops is building on its longstanding commitment to education by giving participants an easy way to help schools in need. The Box Tops app recently added functionality that allows you to search for schools that could use a little extra help, so you can help give students in low-income schools the opportunity to succeed. Eventually the Box Tops program will become digital-only. Participating brands are starting to change their packaging from a traditional Box Tops clip to the new Box Tops label. If you see this label, use the new Box Tops app to scan your receipt. **Box Tops are still worth 10¢ for your school.** The app will find participating products purchased at any store and instantly add cash to your school's earnings online.

HERE'S HOW IT WORKS: Buy participating products and use the Box Tops mobile app to scan your store receipt. The app identifies eligible products and automatically adds Box Tops to your designated school's earnings online. Even if you're shopping online or doing grocery pickup, you can still submit your digital or email receipt and earn Box Tops. Twice a year, our school gets a check! Learn more about how to submit digital receipts at BTFE.COM/ [EMAILGROCERYRECEIPTS](http://BTFE.COM/EMAILGROCERYRECEIPTS) See a list of participating products at BTFE.COM/PRODUCTS Your earnings may seem small, but they really do add up.

The more people that participate, the bigger the impact we can make. So let's give our teachers the support they need and give more kids the opportunity to dream. Little by little, we can help make a big difference.

Follow these 4 easy steps!

1. Download the app (search for Lake of the Woods School)
2. Buy
3. Scan
4. Earn

If community members are interested in contributing to the Lake of the Woods School efforts by donating Box Tops, contact Shannon Hayes at shannon_h@lakeofthewoodsschool.org or by phone at 218-634-2510 ext. 1738. Box Tops may be sent to the school in care of Shannon Hayes at PO Box 310, Baudette, MN 56623. Visit www.btfe.com to find ideas and resources and more information about the Box Tops program

Lake of the Woods School Continues to Provide Backpack Program

Jeff Nelson

Lake of the Woods Superintendent

Lake of the Woods School is excited to offer the Backpack Program for the 2021-2022 School Year. Thanks to the continuing financial support from local organizations and individual donors, this will be our eighth year of providing nutritious meals and snacks to children in need.

The mission of the Backpack program is to help alleviate child hunger by providing hungry children with nutritious and easy-to-prepare food items. Food is provided at those times when other resources are scarce or unavailable, such as weekends and school vacations. The program provides bags filled with food that are child-friendly, nonperishable, and easily consumed. The bags are discreetly distributed to children on the last school day before a weekend or holiday vacation.

The Backpack program is rooted, not just in a mission to provide food to hungry children, but to preserve the dignity of the children and their families. There are numerous conditions that would qualify a child for this program. These conditions may include, but are not limited to; a family crisis, loss of household income (reduction in work hours/seasonal work), or qualifying for Free/Reduced Lunch. We do ask parents and/or guardians to sign a permission form allowing their child or children to participate in the program.

If you feel that your child would benefit by participating in this program, I encourage you to contact the District office at 218-634-2510, extension 1501 or the superintendent's office at extension 1506 to request that your child participate in the program.

Shopping Lines Were Long at the White Elephant Sale

Lake of the Woods School had crowds of elementary students completing their in-house shopping on Friday, December 11th. Their holiday shopping lists were checked off not once, but twice during the White Elephant Sale.

After a long week of unboxing all of the wonderfully donated household items; the long awaited elementary shopping day had arrived. Just before the doors officially opened for the sale, you could hear the excited comments from the students waiting to go in. “hey, did you see that big, giant teddy bear?” said a girl. “Wow, this is crazy...there is way more stuff than last year!” said another.

The sale began at 8:30 a.m. with each grade level and teacher shopping by the hour. After completing their purchases, each student went up to the wrapping tables where our S.T.U.D.S and N.H.S. groups dedicated their time to wrap all of their gifts for them. One wrapping station even had to wrap a very interesting gift. Just remember; that any item BIG or SMALL only cost one dollar. So, 2nd grader Kinsley Slick picked the biggest

item she could find and brought that enormously long present to the wrapping station. This gift was much taller than her.

Other community volunteers at the sale graciously donated their services for the day to help collect money, wrap gifts, restock tables, or assist the young shoppers. Thank you to those especially.

Lucy Solar and myself-Jeni Krause, want to extend a huge thank you to our entire community for taking the time to donate their knick-knacks from home and offering them to LOW School. These funds are used for our Early Childhood Center Programs. Also, another thank you to the Baudette Lutheran parish for their monetary donation and to Log Cabin Bait for supplying the shopping baskets for the students to use.

The most heartfelt comment came from an elementary student; Makayla Bossoletti who said, “You guys have done a very nice job!” The White Elephant Event will return in 2022. Please be saving up your slightly used items for another successful event. Have a very Merry Christmas!





In Crisis?
Text MN to 741741
and speak
anonymously with a
Crisis Counselor.

CRISIS TEXT LINE |
Free, 24/7 support for people in Crisis

2022 Yearbook Sales

\$45 Winter Super Sale
January 14-February 25,
2022

1 Cent Name Stamp
on Cover
January 14-21, 2022

Order online:
jostensyearbook.com

Lake of the Woods School Bears Den

“Best Concession in Northern Minnesota”

Open Game Nights

Menu Items Include
Hamburger
Cheeseburger
Chicken Burger
Taco in a Bag
French Fries
Shakes
& Much More...



Lake of the Woods School has nine Automatic External Defibrillators (AED). The AED’s are located in the cafeteria/commons area, by the multi-purpose gym/pool area, in front of the elementary office and in the east hall by the elementary playground entrance and in east end of high school area. One is also stationed in the nurses office and 3 travel with our sports teams.

ParentVUE

Lake of the Woods School has the capability of offering parents online access to your child's academic information through Synergy Parent Experience (ParentVUE). Once your account is set up, you will be able to view who your child's teacher(s) are, current grades, assignments, attendance, course history, immunizations, lunch accounts and other information pertaining to your child. Teachers will update their gradebooks based on the type of assignments and the length of time needed to accurately review and grade such assignments.

If you have not accessed ParentVUE in the past, please contact the school's main office (218-634-2510 ext. 1421 or 1422) to receive your Activation Key for the Parent Experience Portal. Log on to www.lakeofthewoodsschool.org. Under the Parent link, select Synergy then Parent Experience to set up your password and User Name. You will need to activate your account the first time you log in. After activating you will log in with the User Name and Password that you set up. Once you have logged in, make sure to enter your email address on the "My Account" tab so you may retrieve your password and User Name if forgotten.

Make sure to use your Google browser when using ParentVUE or you may lose some functionality. ParentVUE is also available as an app for your phone or device.

Holiday Extravaganza is a huge success?

L/W Community Education Holiday Extravaganza was held on November 20, 2021. There were 55 crafters, vendors and community groups. NHS students greeted everyone at the registration table

Coffee and apple cider was provided free by Community Education to all guests while concessions were provided by the Lady Laker JO Volleyball team.

The Scholastic Book fair was held again this year in the Media Center. Turkey Bingo was provided by the Women of Today in the ITV Room and Kids Crafts with the Girl Scouts was another returning event.

There was a Just for Kix dance performance at 1:30 p.m. and Woody Fiala and Bonita Baron provided music throughout the day. CHI Lakewood donated shopping bags for the event. Mrs. Storbeck's high school art students: Annie Beyer and Julisa Matthias

STUDs Celebrates Red Ribbon Week

Lake of the Woods School's S.T.U.D.s (Students Teaching Uniform Decisions) group joined students across the country in observing National Red Ribbon Week. S.T.U.D.s members hosted hot chocolate events for students and staff at the school on Tuesday and Wednesday mornings, October 26 and 27, serving up hot chocolate and toppings, coffee and juice in the commons before the start of the school day. About a dozen students helped with the event, which included giving all high school students the opportunity to fill out posters documenting ways they could help each other **Be Safe** from the harms of alcohol and other drugs, **Be Respectful** to themselves and others, and encourage each other to **Be Responsible** and make good choices. The posters will be displayed at the school.

Red Ribbon Week is an alcohol, tobacco, drug and violence prevention awareness campaign celebrated each year in October. The event began as a tribute to DEA Special Agent Enrique "Kiki" Camarena, who was tortured and murdered in 1985 by drug traffickers whom he was investigating. "Camarena Clubs" were formed in schools and members wore red ribbons to show their opposition to drugs. The clubs evolved into a nationwide drug prevention movement and the first Red Ribbon Week was observed in 1988.

The theme of this year's Red Ribbon Week was "Drug Free Looks Like Me".

Painted the beautiful sign for the registration table.

Of course, a visit with Santa! He said that his visit was wonderful and that our children in this community are very well behaved. He is planning on coming back next year!

Thank you to all businesses and individuals who made our 2021 Holiday Extravaganza a huge success!

Thank you to our volunteers who helped with the set up and take down: Lisa Beckstrand, Sam Lyons, Seth Putz, Kathleen Charlton and a very special thank you to Bertel Anundson and Kyle Abendroth who did an awesome job setting up and helping with this event.



NHS students: Brinna Fish, Emily Tange, Emily Tange, Johanna Birchem, Cadence Davidson, Rainy Frahm, Jade Estling, and Jessica Acevedo. registered our guests for the door prizes.



The Book Fair was an absolute hit this year. After 2 years of not being able to have a book fair because of Covid, we finally pulled it off. Kids and families alike enjoyed being able to browse and visit with others. The library staff enjoyed seeing the many smiles on the kids. Also had a minute to have some fun as well. Hopefully we will have another book fair in March. So stay tuned.



HOMETOWN HARDWARE
804 Main Street West
BAUDETTE, MN 56623
218-634-3366

Appliances
Window & Screen Repair – Cut Glass
Hunting/Fishing Licenses – Pipe Threading
Bike Repair - Cut Keys
Carpet Cleaner Rental -
Custom Color Mixed Paint
Chainsaw & Skate Sharpening

9

Community Education/Classes/Activities

Community Ed Class Registration

Class payment and pre-registration are required. No phone registrations will be accepted. Your class fee must accompany your registration. Class fees are non-refundable unless cancelled by Community Ed.

Lake of the Woods School Facility Use, Policies, and Procedures

The Community Education Department coordinates use of all school facilities and equipment beyond the regular school day. School functions take priority. School activities may be scheduled subsequent to approval and the affected party will be notified if that situation occurs. The use of facilities is governed by policies and regulations approved by the Board of Education. No activities will be scheduled on legal holidays. For more information contact the Community Education Office.

Samantha Lyon, Community Education Director at 634-2735 ext. 1445 or samantha_l@lakeofthewoodsschool.org

Elementary Basketball

The season has begun! Contact Sam to register a student for the remainder of the season.

Samantha Lyon, Community Education Director at 634-2735 ext. 1445 or samantha_l@lakeofthewoodsschool.org

NASP Archery 2022

The National Archery in the Schools Program is a program aimed at improving educational performance among students in grades 6-12. Students will have the option to compete with other schools in archery shoots across the state. Students are learning focus, self-control, discipline, patience, and the life lessons required to be successful in the classroom and in life.

Coach: Buck Nordlof

Location: Small Gym

Dates: Monday's

Time: 7:30pm

Fee: \$50



Rod Building Class 2022

Dates: Thursdays - March 3, 10, 17, 24, & 31

Time: 7:00-9:00 p.m.

Location: High School Art Room

Instructor: Ralph Christofferson

Class fee: \$5.00 + Materials (~\$60)

Rod building supplies – order your own materials through the instructors. The order will be placed on the first day of class. Supply fee will vary according to the choice of their project. Open to anyone age 12 and up.

Weight Room Membership

Contact: Samantha Lyon, Community Education Director

Community Education Office

Lake of the Woods School

218-634-2735 ext. 1445

Payment

• Weight room membership fees are due at the beginning of each month

• Weight room membership fees are not prorated

• Weight room fees may be paid multiple months in advance

Weight room fees may be paid at the Community Education Office or mailed to:

Community Education Office

Lake of the Woods School

Attention: Samantha Lyon

PO Box 310

Baudette, MN 56623

Fee Schedule

Fees are non-refundable

Month 3-Mon. 6-Mon. Year

Resident	\$30	\$80	\$145	\$250
Non-Resident	\$40	\$110	\$190	\$335
L/W Grad w/College ID	\$20	\$55	\$95	\$170
Senior Resident (65+)	\$10	\$25	\$45	\$85
Senior Non-Resident (65+)	\$20	\$55	\$95	\$170

The weight room will be closed when school is in session, during school lifting times, holidays, and when school is cancelled



Thank you
To the area businesses that
support the
Lake of the Woods School
and the Education Plus.

Illustrating America

An art contest for students in grades K-8.

CONTEST ELIGIBILITY

- Open to students in grades K-8 who are enrolled in a public, private, parochial or home study program in the United States, its territories and possessions; or dependents of U.S. military or civilian personnel in overseas schools.
- Student must be a U.S. citizen or U.S. national.
- Student does not have to be related to a VFW or VFW Auxiliary member to participate.
- Foreign exchange students and students age 15 or older are ineligible.
- National grade division winners of previous Illustrating America contests may enter the subsequent grade division but are ineligible for the same grade division of which they are a previous national winner.

CONTEST RULES

- Art must be two-dimensional.
- Art must be on canvas or paper.
- Watercolor, pencil, pastel, charcoal, tempera, crayon, acrylic, pen, ink, oil, marker, glitter or other media may be used.
- Submit canvas entries on a stretcher frame or canvas board. Other entries must be matted in white or reinforced with heavy paper.
- The art should be no smaller than 8" x 10" but no larger than 18" x 24", not including mat.

Grades K-2	Grades 3-5	Grades 6-8
First place: \$100 gift card	First place: \$100 gift card	First place: \$100 gift card
Second place: \$50 gift card	Second place: \$50 gift card	Second place: \$50 gift card
Third place: \$25 gift card	Third place: \$25 gift card	Third place: \$25 gift card

STUDENT DEADLINE
March 31: Student entries must be submitted to a local VFW Auxiliary.*
Entries not sponsored by a local VFW Auxiliary will be returned without being judged.

JUDGING AND AUXILIARY DEADLINES
Entry will be judged on patriotic theme and technique. If the American Flag is used, it DOES NOT need to conform to the Federal Flag Code in relation to colors or number of stars and stripes.

Onewinner from each VFW Auxiliary advances to District judging (optional).
April 10: Local VFW Auxiliary and District judging complete.

Onewinner from each District (optional) advances to Department judging.
April 15: Local VFW Auxiliary and District (optional) winners to Department (state) Youth Activities Chairman for judging.*

Onewinner from each Department advances to National judging.
May 5: VFW Auxiliary Department (state) winners due to VFW Auxiliary National Headquarters.*
July: First through third place winners named in each of the three grade divisions and displayed at National Convention. Winners will be notified by August 1 via the email address provided on the winners' entry form.
*required deadlines

Get Excited for the Red, White and Blue!

A national anthem singing contest for youth in grades K-12.

CONTEST ELIGIBILITY

- Open to youth in grades K-12 who are enrolled in a public, private, parochial or home study program in the United States, its territories and possessions; or dependents of U.S. military or civilian personnel in overseas schools.
- Contestant must be a U.S. citizen or U.S. national.
- Contestant does not have to be related to a VFW or VFW Auxiliary member to participate.
- Foreign exchange students and students age 20 or older are ineligible. National grade division winners of previous Get Excited for the Red, White and Blue contests may enter the subsequent grade division but are ineligible for the same grade division of which they are a previous national winner.

CONTEST RULES

- Video of contestant's solo vocal performance of "The Star-Spangled Banner" must be recorded between July 1, 2021 and March 31, 2022.
- Contestant shall state name and age prior to vocal performance.
- Contestant may sing a cappella, with backing tracks or instruments.
- Contestant may sing in the arrangement and genre of their choice.
- Contestant may NOT change the words.
- Complete and sign contest entry form.
- Parent/Guardian signature required on entry form.

NATIONAL AWARDS

Grades K-8	Grades 9-12
First place: \$500 gift card	First place: \$500 gift card
Second place: \$300 gift card	Second place: \$300 gift card
Third place: \$200 gift card	Third place: \$200 gift card

CONTESTANT ENTRY DEADLINE
March 31: Contestant entries must be submitted to a local VFW Auxiliary.*
Video must be saved to a flash drive or uploaded to an online video platform (e.g. YouTube or Vimeo) and submitted with completed entry form to a local VFW Auxiliary for judging. Entries not sponsored by a local VFW Auxiliary will be returned without being judged.

Maximum one entry per contestant. VFW Auxiliary is not responsible for incomplete, lost, late, misdirected or poor quality video entries. All scores are final as received from the judges. Falsifying information on the entry form is reason for immediate disqualification. All contestants agree to abide by the contest rules. Any violation of these rules shall be cause for immediate disqualification and forfeiture of award.

JUDGING AND AUXILIARY DEADLINES
Entry will be judged on vocal ability, mastery of lyrics, originality or interpretation and entertainment value.

Onewinner from each VFW Auxiliary advances to the District competition (optional).
April 10: Local VFW Auxiliary and District judging complete.

Onewinner from each District (optional) advances to the Department competition.
April 15: Local VFW Auxiliary and District (optional) winners to Department (state) Youth Activities Chairman for judging.*

Onewinner from each Department advances to the National Auxiliary Program Division competition.
May 5: VFW Auxiliary Department (state) winners due to VFW Auxiliary National Headquarters.*
July: First through third place winners named in each of the two grade divisions. Winners will be notified by August 1 via the email address provided on the winners' entry form.
*required deadlines

Pool

Schedule subject to change

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5-8 a.m.		5-8 a.m.		5-8 a.m.		
Adult Swim		Adult Swim		Adult Swim		
	3:30-8:00 p.m.			3:30-8:00 p.m.	1-4 p.m.	1-4 p.m.
	Open Swim			Open Swim	Open Swim	Open Swim

For information about exercise classes, open swim/adult swim times call Lisa at Pool Office, 218-634-2735 ext. 1101 or email Lisa at lisa_b@lakeofthewoodsschool.org

Check out the pool schedule on the lake of the Woods School website: www.lakeofthewoodsschool.org

Help Wanted: Lifeguard needed at the Lake of the Woods School Pool. You must have lifeguard certification/1st aid/CPR/AED. Applications may be picked up in the District Office or at the school website, www.lakeofthewoodsschool.org, you can also apply online. Please mail applications to Lake of the Woods School, Crystal Olson, Business Manager, P.O. Box 310, Baudette, MN 56623 L/W is an E.O.E. If you have any questions, call Lisa Beckstrand, Pool Coordinator, 218-634-2735 ext.1101

Lake of the Woods School Elementary Bear Cub Swim Club

The Lake of the Woods School Community Ed will be offering an elementary swim club for students in grades K-6. Swimmers will be introduced to how a swim practice is run, stroke development of competitive strokes and good sportsmanship. We will end our swim club with a swim meet where parents, grandparents and friends can come and watch their swimmer complete.

We will send home information with all K-6 grade students with days and times of practice. We will also post this information on the Lake of the Woods School Facebook page. If you have any questions or concerns, please contact Lisa at the pool office—218-634-2735, ext. 1101 or email—lisa_b@lakeofthewoodsschool.org.



Pool Prices

Adult-\$3.00
Student-\$2.00
Preschool-\$1.00
Family Max-\$12.00



New Year Specials

...during the months of January and February get 20% off on yearly passes and punch cards.

Membership Prices	Regular Price	20% Discount
		(available Jan & Feb)
Yearly Family Membership	\$360.00	\$288.00
Yearly Senior Membership +62	\$210.00	\$168.00
Yearly Adult Membership	\$240.00	\$192.00
Yearly Student Membership	\$120.00	\$96.00
Yearly Preschool Membership	\$60.00	\$48.00
Punch Passes		
Adult Punch Pass	\$25.00	\$20.00
Student Punch Pass	\$12.00	\$9.60
Preschool Punch Pass	\$7.00	\$5.60

Water Exercise Class

Mondays, Wednesdays and Thursdays - 4:15-5:15 p.m. There are many benefits of water exercise, here are just a few:

- Water exercise decreases stress, blood pressure, tension, weight, pain, body fat, impact on joints, risk of injury and prescription drug requirements. It increases strength, flexibility, energy, range of motion, muscle tone, oxygen/circulation, endurance, balance, coordination, fun, self esteem, safety and enjoyment of life.
- It enhances feelings of well-being; sleep patterns, recovery from injuries, social pleasures and reversing or slowing of ageing, both mentally and physically.

Remember you don't have to be a swimmer to do water exercise and if you are uncomfortable wearing a swim suit...you can wear a t-shirt and shorts. Pre-registration is not required. You can start classes at any time...and the first time is **FREE**. For more information call the pool office 634-2735 ext. 1101.

All of our elementary students have swimming throughout the school year as part of their physical education class.

Walking Track

During the school day, walkers must sign in at the main office and receive a visitor's pass. The walking track is open Mon/Wed/Fri 5:00 a.m.-10:00 p.m., Tues/Thurs 7:00 a.m. - 10:00 p.m.

Saturday 8:00 a.m. - 4:30 p.m. and
 Sunday 12:00 p.m. - 4:30 p.m. (during pool hours).

The Lake of the Woods School is locked during the school day and on Holidays.
Hours are subject to change.



Thank you to Mrs. Moeller and her Journalism Class for their help with the 2022 Winter Education Plus.

Lake of the Woods Activity Fees

Lake of the Woods Bears
2021– 2022 School Year
Athletic / Activity Gate Fees
and Game Passes

Lake of the Woods School
2021 - 2022 School Year
Student Athletic and Activity Fees

Gate Fees:

Elementary students when accompanied with an adult Free
High School students Free
Adult: \$ 5.00
College Student (w/ college ID) \$ 3.00
Senior Citizen (65+) \$ 1.00

*Consists of individual passes

***Passes will be honored at all home games except Minnesota High School League tournaments...**

*Game Passes will be sold at regular season games and through the District Office...

*College students must have a current college/university identification to purchase “student game passes”...

*Individual “game passes” must be presented to ticket taker(s) for entry into games...

For more information please call
Samantha Lyon, Activities Director at
634 - 2735 ext. 1445

Checks or Money Orders may be mailed to:
Lake of the Woods School
P.O. Box 310
Baudette, MN 56623

Cash, Checks, or Money Orders may also be dropped off in the Main Office.

Huge ECFE Family Fun Night, 'Get Misti-fied Concert!'

Approximately over 150 parents and children came to L/W school for a free dinner provided by Lakewood, and Grand Forks native, Misti Koop wow'ed the crowd with her singing and magical show.

The preschoolers thru 3rd grade came dressed in their Halloween Costumes and enjoyed this pre-Halloween event with their families sponsored by the Early Childhood and Family Program Center.



SchoolPay

The Easiest and Safest Way to Pay
for School-Related Fees

Registration

**...IS FREE
AND EASY!**

- 1 Go to schoolpay.com
- 2 Find or Create your account
- 3 Pay with your credit/debit card or electronic check

- See every payment from relevant to all children
- View meal purchases and replenish account balances
- Make payments anytime anywhere web or mobile
- View every payment from detailed reports

support@schoolpay.com 888.38.MYPAY (888-886-9729)



‘Snack-tivities’ Class Pictures



Food Service Announcement

Included in the impacts of the COVID-19 pandemic are nationwide supply chain and product availability shortages. Disruptions are due to a lack of availability of raw ingredients and labor to produce, unload, and transfer food products. Some food and/or beverage products normally provided to students may not be available or arrive as scheduled. Due to unforeseen circumstances, last-minute menu changes and product substitutions may occur. Be assured meals will remain balanced, healthy, and plentiful. We ask for patience and understanding as we do our best to meet the needs of your children.

Breakfast at School

Breakfast is available at school! Take advantage of this option to ensure your child eats a nutritious breakfast. Recent studies show a link between nutrition and learning. A nutritious breakfast helps students be more alert so they can actively participate in class. Breakfast has vitamins and nutrients for a strong and healthy body.

Breakfast is served Monday-Friday, from 7:45am-8:10 am.

Breakfast is free to all children! Nowhere else will you find a balanced breakfast at such a low cost!



Hello healthy community.

At CHI LakeWood Health, we believe humankindness is at the root of all healing - providing care on a human level, courage when it’s needed the most, and a connection that is ever present among us all.

Clinic | Hospital | Senior Living

CHI LakeWood Health
600 Main Avenue S
Baudette, MN 56623
218.634.2120 | CHILakeWoodHealth.com

Hello humankindness®

USDA EXTENDS FREE MEALS FOR KIDS FOR ENTIRE SCHOOL YEAR - 2021-22

USDA EXTENDS FREE MEALS FOR KIDS FOR ENTIRE SCHOOL YEAR - 2021-22

"USDA is extending flexibilities to allow free meals to continue to be available to all children throughout the entire 2021-22 school year. This unprecedented move is part of USDA's unwavering commitment to ensuring all children across America have access to nutritious food as the nation recovers from the COVID-19 pandemic."

Lake of the Woods School receives education funding based on Applications for Educational Benefits.

We strongly encourage everyone to fill out the application for educational benefits if you have not already done so. The higher the number of qualified recipients of free and/or reduced meals a school district has, the more federal and state monies become available to our district in other areas as well as in our food service department. (The 2021-22 approval of the Education Benefits extends 30 school days into the 2022-23 school year.)

Please take this opportunity to pay your children's past due meal account. Many families owe from previous years. Payment can be made on SchoolPay or by check payable to Lake of the Woods School, P.O. Box 310, Baudette, MN 56623.

Thank you for patience with this process. Providing high quality meals to your students, so they are ready to learn and grow, is a top priority for us.



ONLINE FREE AND REDUCED APPLICATIONS

There are 2 options available for filling out a 2021 -2022 Free and Reduced-Priced Meal Application.

Option 1:

Applications can be filled out online.

The user instructions are very easy. The person looking to apply will just need to follow these steps:

1. Go to LunchApplication.com
2. Hit Apply Now
3. Select Minnesota and Lake of the Woods from the drop downs
4. Hit Continue
5. Follow the steps within the application
6. When done it will give you an option to just submit or to setup/resister and account with LunchApplication.com
7. If you hit submit it will allow you to print your application, if you register it will remember your information and allow you to go back and review your application later or save your information for when you apply the following year..

OR

Option 2:

Fill out a paper application. The completed form must be returned to the district office or mailed to: Lake of the Woods School, Attention: Cece, P.O. Box 310, Baudette, MN 56623

Only one application per family is required but all students and household members should be listed on the application.

A new application must be completed each year, and families may complete an application at any time during the school year. Students who were approved for benefits last year must complete a new application at the beginning of the new school year. Students may eat on last year's status for either thirty (30) days or until a new application is processed whichever occurs first. Those students who do not have an approved meal application on file will need to pay for meals at the end of the grace period.

If you received a letter that your child is directly certified to receive meals, you do not need to complete an application for meal benefits.

An application can be completed anytime during the school year if you feel that your family may qualify. If there is any change in income, job loss, additional household members added, etc., please check to see if your family qualifies for benefits. Parents are responsible for payment for any meal until the application is approved.

Nondiscrimination statement: In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large, print This institution is an equal opportunity provider, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact

USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) Fax: (202) 690-7442; or (3) Email: program.intake@usda.gov.



New Moon Coffeehouse & Eatery
211 Main Street West
Baudette, MN 56623
(218) 395-2130
Hours: 7:00AM - 4:00PM - M-F
9:00AM - 2:00PM - Saturday



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BAUDETT, MN

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- Parts Store
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- Tire Shop
- Diesel Shop
- ATM
- Propane bottle fill
- Super, Premium & Diesel Fuels
- Electronic licensing
- Tourist apparel
- Bulk Fuel & Propane delivery
- Fuel & Propane transport service
- Bulk Oil Delivery

(218) 634-1313 903 Main St. W



Lake of the Woods School Food Program Policy

Lake of the Woods Schools serves breakfast and lunch each school day. **All breakfasts and lunches are to be “pre-paid”.** Money for breakfast and/or lunch purchases may be sent with your child/children to school or mailed to the school. Your child/children may pay each day, weekly or monthly, whichever works out best for you. A computerized system is used for keeping track of each student’s meal account (**our food account program handles individual accounts not family accounts**).

Lake of the Woods School has the capability for parents/guardians/students to look up their meal account balances on our school website www.lakeofthewoodsschool.org. Click on Homework, “account lookup” enter pin number, your account information is now available. Parents/guardians should regularly check their student’s meal account. Please call 218/634-2735 Ext. 1503 if you need your student’s pin number. You can view all activity including payments. Payment may be made in the form of a check or cash or “SchoolPay”. **Checks are to be made payable to Lake of the Woods School.** Students account balance at the end of each school year will follow them into the next school year. When the student graduates the positive balance is refunded to the parent/guardian.

Lake of the Woods School has a policy for free and reduced price meals for families that are eligible. K-12 students that qualify for reduced meals are served breakfast and lunch at “no charge”. ALL kindergarten students will receive free breakfasts. A free and reduced application is sent in August to every family that has a child at the Lake of the Woods school. Applications may also be picked up throughout the school year in the District Office or the Main Office and are available on our schools website.

Delinquent School Lunch Accounts

The District is moving forward with specific collection actions when school lunch accounts go delinquent.

Step 1: A letter is provided to the parents/guardians of the student whose account is in arrears. The letter provides information regarding the delinquent amount; where deposits can be made (on-line at SchoolPay payment or in person); an application form for the Free or Reduced Lunch Program; and other information regarding accessing the student’s lunch account. The letter encourages parents/guardians to bring the account current in the next 15-20 days or make arrangements to do so within the 15 -20 day window.

Food Program

If your child has any food allergies, please contact, Jackie Pearson in Food Service, ext. 1263 or our school nurse, Tiarra Shaw ext. 1522. Upon written request from a parent, Lake of the Woods School must provide lactose reduced milk or milk fortified with lactase or milk with lactobacillus acidophilus. In keeping with the intent of Lake of the Woods School Wellness Policy, elementary students will not be able to purchase items from the Bear’s Den. Menus will be sent home with your elementary child each month and, are available in the District Office, Elementary Office, High School Office and on our website, www.lakeofthewoodsschool.org. Menus are sent to both the Baudette Region and Northern Light and to the local radio stations, KQ92 and KJ102.

If you have any questions or concerns, please call Cece in the District Office at 634-2735 ext. 1504 or cece_c@lakeofthewoodsschool.org

These initial letters will be provided monthly for delinquent account holders.

Step 2: If there is no response to the initial letter regarding the delinquent account as noted above, a second letter is provided to parents/guardians of the student whose account continues to be in arrears. This letter provides the same information regarding the account as the initial letter. However, it also includes specific language regarding specific collection action that me be taken should they fail to respond by bringing the account current. The action proposed may include filing of a claim in Conciliation Court. Parents/guardians will be informed that any costs incurred for the collection through the Conciliation Court process will be added to the account balance that is forwarded for collection.

The parents/guardians will be advised that they have 30 days from the date of the letter to bring the account current or additional collection action will be taken.

Step 3: If there is no response to the second letter regarding the delinquent account as noted above in Step 2, a third letter will be provided to the parents/guardians of the student whose account continues to be in arrears. This letter will be sent registered, return receipt required. The letter will clearly identify the delinquent account balance and the collection costs to be added to the account balance. It will clearly state that unless the account balance is brought current within 10 days of the date of the letter, the matter will be referred to Conciliation Court for action. It will include the advice that once filed with the Court, the District cannot accept payment that does not include all costs including the delinquent account balance and all court related costs.

If your child has any food allergies, please contact, Jackie Pearson in Food Service or our school nurse. Upon written request from a parent, Lake of the Woods School must provide lactose reduced milk or milk fortified with lactase or milk with lactobacillus acidophilus. In keeping with the intent of Lake of the Woods School Wellness Policy, elementary students will not be able to purchase items from the Bear’s Den. The Lake of the Woods School’s lunch program must offer 5 components to students in order to receive reimbursements from the state and federal government. Students can choose to take 3, 4, or 5 of the components that are offered.

Menus will be sent home with your elementary child each month and, are available in the District Office or the Main Office and on our website, www.lakeofthewoodsschool.org. Menus are sent to the Northern Light Region and to the local radio stations, KQ92 and KJ102.

Meals will be offered free of charge again this year!

Lake of the Woods School provides healthy meals each day. The United States Department of Agriculture is allowing schools to provide meals **for the 2021-22 school year** through a provision of the National School Lunch Program called the Seamless Summer Option (SSO). A waiver has been issued in order to support access to nutritious meals while minimizing potential exposure to COVID-19.

Our school has chosen to use this waiver and operate the SSO which enables us to provide **meals free of charge for all students**. No application is required to receive this free meal benefit.

However, your child(ren) may qualify additional benefits such as reduced fees or the Pandemic Electronic Benefit Transfer (P-EBT) which is a federal temporary emergency nutrition benefit that is loaded onto electronic cards for families to purchase food. At public schools, your application also helps the school qualify for education funds and discounts.

To apply, complete the Application for Educational Benefits following the instructions, which was mailed to each family in July. Or an application can be picked up in the District office or an application can be found on our website. Return your completed Application for Educational Benefits to:

Lake of the Woods School, Attn: Cece Charlton, P.O. Box 310, Baudette, MN 56623

If you have any questions, please contact Cece at 634-2735 ext. 1503 or email cece_c@lakeofthewoodsschool.org



Lake of the Woods
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Or visit us on the web at:
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BEARS UNLEASHED

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L/W Yearbook
Journalism class

DECEMBER 2021

Lake of the Woods High School

FEATURING...



Also Inside

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Boys BB Team Prepares for Season with New Coach

by Bailey Husbands

The boys basketball team looks promising this year with a few new kids, enough for a JV and varsity, and 2 new coaches. Head coach Rylan Hendrickson assisted by Monte Gubbels are very excited to start their new journey as Bears basketball coaches.

Hendrickson said, "Practice started last week before Thanksgiving break. We had three days of solid practice, and then we had a four day break. We are getting back in shape this week after a long weekend. We have 14 players from grades 9-12 this year and 12 players in grades 6-8. It helps that we

have a large group of juniors and seniors. We will be playing fast and aggressive this year both offensively and defensively. Our first game is home on Tuesday, December 7th vs. Littlefork-Big Falls. There is a lot to get done with only a few practices left before our first game, but the boys are willing to put in the work. I'm excited to see how we grow as a team throughout the season."

The boys said they are excited to play this year with more kids than they have had in awhile, returning senior Chad Bruyere said his favorite memory during a game when Josh

Dorow (10) said, "Oh, that's our net?" Bruyere is excited for the season and his last first game with the boys.



▲ Varsity basketball boys pose at practice.

Students Enjoy Successful Homecoming Week

by Hannah Fish

Lake of the Woods School held another great Homecoming week and Battle Royale this fall starting off with the dance on Friday night before the week began. The dance was held in the multi purpose gym and was filled instantly with students dressed up and ready to hit the dance floor. Next was the dodgeball tournament held on Sunday, October 3. Many students participated in the tournament, but only two teams prevailed, "Balls to the walls" and "Ridiculous six."

On Monday, October 4, the halls were transformed with different themes. Students walked into school with pajamas on ready for Chicken Cowboy Conquer, Arm Wrestling, and meeting our senior homecoming candidates: Gabe Krause, Kajan Krause, Anson Haack, Riley Stromlund, Madie Draper, Brinna Fish, Katelyn Bendickson and Hailey Stephenson. Seniors Anson Haack and Gabe Krause won Chicken Cowboy Conquer.

Tuesday was Class Color Day. We had a big send off for the cross country team heading to sub sections. During lunch there was a volleyball vs. football match. During 6th hour, Air band and Face off entertained the student body. 1st place was secured by the sophomores. "I was happy, but



▲ Sophomore girls show their school spirit by dressing up in maroon and gold.

not surprised we won because our group was clearly the best," said Devin Friemoth. Winning 1st place for face off were the Juniors Garret Jensen and Jasmine Acevedo.

Wednesday was Tourist Day. Tug of war competition was held plus the dodgeball championship, which the seniors won. A best friend game show entertained kids at lunch. Sophomores won 1st place for game show. Later in the day was coronation of the King and Queen: Riley Stromlund and Madie Draper. "I felt very honored and grateful to be crowned homecoming queen, I try my best to be a role model to others and spread positivity," said Draper.

On Thursday, everyone was decked out in maroon and gold. Circle the wagon, year cheers, coaches speeches



◀ The Seniors fight hard to beat the Sophomores and Freshmen in Tug o war.

and shoe relay all took place as well as the homecoming football game that started at 1:30 allowing all students to get dismissed early. The Bears lost, but it was a great day and fans were abundant.

Friday was the last day of homecoming week. Crab soccer and revealing the winner were the only things on the agenda for the Student Council. The Seniors won the Battle Royale.

It was a busy, but exciting week, a fun break from the typical school day. "I would say Homecoming week was definitely a success," said Johanna Bircham, Vice President of Student council. Thank you to advisors Mrs. Moeller and Miss Courtney as well as the entire Student Council for running the event.



▲ Abby Olson (9) and Greta Block (9) take a quick drink break during the dance.



▲ Halle Holen (8) gives Rylan Anderson (8) a makeover blindfolded.



▲ Juniors pose for a picture in their tourist outfits.

Volleyball Season Ends with Awards *By Paige Haack*

Head coach Jill Olson, assisted by JV coach Karlene Stay returned to the volleyball helm and worked to give the girls a more normal, but awesome season, after limited games and fans last year. This year brought amped fans and competitive games. The atmosphere at the home games brought the team up, with only one home loss all season. Coach Olson said, "This season I had high expectations knowing that a good majority of the players were returning veterans. That, with a combination of the rookies, did not disappoint and far exceeded the level of play I thought we could accomplish! Not only is this a very skilled team, but a group of young ladies with great chemistry."

Aside from all the fun at home games, the girls traveled to tough tournaments playing against AA and AAA teams in Hawley and Burnsville. They played hard all season winning all but one match against BGMR (aside from tournaments). Some season highlights included winning the Battle for the Paddle match for the 5th year in a row, and beating KCC at home in 4 games, the first time volleyball has beat KCC since Olson has coached.

The Bears first game in playoffs was against Grygla. Winning that match, the next day they traveled to KCC for the second round of playoffs. Going into 5 sets, the girls had a very close game, but unfortunately they lost, ending their season.

Senior Captain Madie Draper said, "We put in a lot of effort to put our best forward. I'll definitely miss being close with the girls and the friendships that were made through it all."

Another season highlight was Madie Draper earning her 1,000th varsity dig. Draper led the team with 373 digs for the season. Junior Mackenzie Pieper led the team in kills with 228. Senior Sophia Walton led the team in aces with 50 and also led the team in assists with 385.

Season awards for the team include: All-Conference: Chloe Olson, Mackenzie Pieper, Paige Haack, Madie Draper and Sophia Walton; Academic All-State: Brinna Fish; Rookie of the Year: Kayman Sonstegard; Most Improved: Brinna Fish; Coaches Award: Madie Draper; MVP: Paige Haack. The team was also first in their conference.



▲ Varsity girls celebrate!



▲ Senior varsity volleyball players "cheese" for the camera.

Football Finishes a Fun Fall Season *By Seth Meikle*

Don't decrease the goal, increase the effort. That was the motto of the 2021 football season. While they didn't win a game, the Bears showed they never reduced their goal, fighting until the very last game. The team, coached by Bryan Sathre, consisted of 8 seniors, 8 juniors, 12 sophomores and 6 freshmen. Seniors and juniors made up most of the starting lineup but there were valuable underclassmen, such as sophomore Evan Paschke who became starting quarterback after week two. Paschke said, "Even though we didn't win a game, we still became better as a team and can use that next year."

The closest game was against Stephen-Argyle, a game that was back and forth the whole afternoon. Unfortunately it ended with a close loss for the Bears 30-34. At the end of year the team played their hardest fought game against #1 seeded BGMR in the playoffs. The seniors and the rest of the team gave it their all, but lost with a final score of 22-44.

Coach Sathre said, "We said goodbye to 7 seniors who helped continue building the new foundation of Bears football. From game 1 to game 9 we saw growth in all three areas of the game. With football athletes working harder in the weight room, playing sports this winter and the

▼ The Football boys use the fire hose for strength training and fun.



group of next year's seniors leading the way, there is a lot of excitement surrounding the future of Bears football."

Riley Stromlund was awarded as Best Defensive player and All-District. He led the team defensively with 61 tackles and 10 sacks.

Seth Meikle led the team in touchdowns (7) and points scored, in addition he was awarded as "Game Changer" and All-District Honorable Mention.

Anson Haack finished the year with 453 rushing yards, he was awarded Best Offensive player and All-District Honorable Mention.

Cole Cook played well on both offense and defense and was awarded "Best Two Way Player."

Waylon Johnson finished the season leading the team in tackles for loss (10)

and was awarded as the best lineman. The Bears finished the season with a total of 1754 offensive yards, 406 tackles, 138 points scored, and a new found family.



▲ Senior football boys pose for the group picture.

Knowledge Bowl starting strong *by Awnley Jacobsen*

This year at the L/W school the students and advisor have had a great

start to their knowledge bowl season with the teams being led by Mrs. Tange.



▲ Knowledge Bowl kids practice for their upcoming meet.

Knowledge Bowl is a competition to test your knowledge on complex questions. The goal is to buzz in the fastest with the right answer. The teams practice twice a week in the Home Ec room after school. Knowledge Bowl has a total of 8 meets this year.

This is Mrs. Tange's first year coaching. When asked how the teams will do she said, "I feel like all schools have a clean slate, since last

year was virtual and some schools did not participate. Following a year off and being a new coach, I do not know what to expect. I do know we have a well-balanced group of seniors, juniors, and sophomores, and I feel we will be 'in the hunt' for some top scores."

With the addition of 6 new kids signing up, they are planning on having 3 teams. This is Mac Imes' first year in knowledge bowl. He said, "The thing I am looking forward to the most this year is winning the meets." Their first meet is January 6th in Bemidji, many other schools will also be there competing with them, so competition will be fierce.

L/W Actors prepare for two One-Act plays *by Kayman Sonstegard*

After a healthy turnout at try-outs, director Joyce Washburn decided to put on two one-act plays, just like two years ago. November 1st marked the first day of rehearsal for all of the one-act play actors. The plays include *Game of Tiaras*, which is a comedy, and *Overtures*, a drama. The total number of students involved this year is roughly twenty.

Many of the actors practice after school in the auditorium, while some have double the load of rehearsing, because they are in both plays. Though both plays are rehearsing, only one play can go to the competition. They tentatively plan on performing at our school the last week of January.

Washburn stated, "I love theater and I want everyone else to love it too! I love teaching theater because there are

so many useful skills and qualities for students to develop from theater opportunities, whether it's public speaking, memorizing techniques, self-esteem, teamwork, empathy, learning about history, crafts like set painting, or costume construction, to lighting and sound design and much more."

Ashleigh Brown, one of the leads stated, "One-act is important to the people who are involved because it allows creativity to students who don't get involved with other activities."

All in all, it looks like a strong year for these actors, so don't hesitate to come out and support them in their dramatic efforts at the sub-section competition that's held at our school on Saturday, January 29, 2022. Several local schools will be here to compete and advance to

Section Finals and eventually to the State Competition.



▲ Emily Tange (11), Rachel (12) & Leah Johnson rehearse scenes for one of the one-act plays.

Student Council plans Holiday Week *by Ella Nordlof*

The Student Council has planned a fun, three day holiday week at Lake of the Woods so everyone can celebrate together before Christmas break. They have planned dress up days like the Grinch day (everyone wear green), silent night day (wear your pajamas), and lastly ugly Christmas sweater day. A Secret Santa event will have giant



◀ The senior student council officers planned this event.

candy canes delivered with a note to your special someone.

Senior Student Council Vice President, Johanna Birchem said, "I am most excited for the Grinch/green day because it will be like homecom-

ing color day but even better."

They are also planning some fun events. A pep fest is planned with our winter sports coaches who will talk about how the seasons have been going so far. They are also planning to have one activity for an hour each of the three days, including bingo and board games.

Senior Student Council President, Brinna Fish, said, "I am most excited to see everyone participating throughout the whole week."

Bowling Team Leads Conference Again

By Sam Kalk

On October 9, 2021 the bowling season for this year kicked off. All together, the International Falls Broncos have nine members and one coach. Nicholas "Minty" Solar, a senior at Lake of the Woods school, travels all the way over to International Falls multiple times a week for practice.

They have worked hard all season, however it is not ending just yet. "It's been a fun season," Ralph Ruelle, the coach, said. "Especially being able to make it to every postseason tournament and leading the conference once again." Over Thanksgiving break, the team went down to Duluth to an All-Conference Tournament, placing 6th out of 40 teams.

Minty will continue to pursue a bowling career after high school. He said, "I personally am excited for the future after state, when I move onto the Minnesota High School Boys Singles Tournament." There he will have to rely on himself instead of his team. The day after that, he will be heading to a Collegiate Tournament where coaches can scout him for a college team. From there, he will hopefully have practices with his potential college coach.



Nicholas Solar (12) poses with his I'Falls Bowling Team. ▲



▲ The 2021 band and choir soloists proudly pose for a group picture after a stressful but successful



▲ Eva Fladebo (9) plays her saxophone solo.

Students Compete in Solo Contest After a COVID Year Off

By Lily Bossoletti

Band and Choir solo Contests were held on Tuesday, November 16 at Lake of the Woods School who hosted area schools: Warroad, Roseau, Badger, and Grygla.

Ten musicians from Lake of the Woods competed with songs they had practiced diligently. Band had four performers and choir six. A total of 3 *Superiors* were earned in band and 1 in choir. Participants for band were senior Johanna Birchem, *Superior*; junior Lilly Smith, *Excellent*; junior Emily Tange, *Superior*; freshman Eva Fladebo, *Superior*.

Participants for choir were senior Tucker Beito, *Excellent*; senior Christopher Sharfenkamp, *Superior*; junior Garrett Jenson, *Excellent*; sophomore Rebecca Castle, *Excellent*; sophomore Julisa Matthias, *Excellent*; freshman Shea Lein, *Excellent*.

Due to the Pandemic, the 2020 solo contests were not held in person, but were recorded for judges instead. This year, solos were back to being performed in person. Although there was only a one year gap with online performances, performing in person took some getting used to. Chris Sharfenkamp stated, "It was very weird to see all the performers from different schools in one place again."

Some students experienced performing solos for judges for the first time. Freshman Eva Fladebo said, "The solos went well and were very fun!" She also said, "The judge was intimidating and I was shaking like a leaf! I think that in the future, being judged will be easier because of the experience."

A choir concert was held on



◀ Emily Tange (11), who earned a Superior, performs her Oboe solo at contest.

Tuesday, November 23, in the auditorium for a live audience. Grades 7-12 performed, along with the award winning soloists.

The Lake of the Woods band concert will be held in the auditorium on Tuesday, December 14. The concert will start at 7:00 pm, the band students should be at the school at 6:30 pm to prepare. All are invited.

The band and choir is also planning a trip to New Orleans. The set date is June 6 through June 11, 2022. Band and choir students are still selling chocolate as a fundraiser.



◀ Julisa Matthias (10), performs her Superior earning solo for the choir concert.

Chris Scharfenkamp (12), sings his Superior solo for the crowd. ▶



New Electives Spark Student Interest in Film *By Brooklyn Hasbargen*

Two new electives were added at the start of this school year for upperclassmen at L/W. Phy ed. teacher Mr. Sathre started a new video production class, and long time social studies teacher Mr. Krause is teaching Real to Reel History.

In Real to Reel History 4th hour, Mr. Krause teaches juniors and seniors, and a few sophomores. They have covered slavery, immigration, the Civil War, Native

Americans, World War I, and are currently researching women's suffrage, all while exploring how the topics are depicted on film. Mr. Krause said, "I had always thought it would be interesting to teach history through the use of movies." Other topics coming up in the class are prohibition, the Great Depression, World War II, Vietnam War, the race to the moon, Iran hostage crisis, and the 9/11 terrorist attacks.

Mr. Sathre teaches his new class, which is 7th hour, in the old Spanish classroom, that had to be transformed with lots of wiring and expensive equipment paid for by a grant.

Sathre's students learn to shoot, write,

edit, and produce videos. Sathre "wanted to teach this class because of all the social media outlets and demands in college for better technological strong students." He taught a similar class at Cass Lake-Bena for three years, so he had the knowledge, but just needed the equipment.

Junior Mackenzie Peiper, who takes Video Production stated, "I get to learn new things and make videos 10x cool-

er than they used to. It's fun to see it work at the end and how amazing it looks." Both classes have been a great addition to the school.



▲ Students sit and listen intently to Mr. Krause explains the movie.



▲ Lexi Hancock helps Rayna Martin edit her video.



▲ Sophia Walton interviews Zaki Dahl for her class.

L/W Announces S.O.M for Sept. and Oct. *By Ella Paschke*



Johanna Birchem was chosen as September Senior High Student of the Month. Johanna's activities include golf for 3 years, basketball 3 years, figure skating 13 years, trap shooting team 4 years, knowledge bowl 7 years, STUDS president 2 years, NHS officer 2 years, Student Council vice president & treasurer, and band ensembles.

Johanna has volunteered as a outdoor club teacher, giving tours at Noris camp, and math tutoring. In her free time she likes to hunt, fish, canoe, hang out with friends and family, and plays guitar.



Kendal Bowman was chosen L/W junior high Student of the Month for September. Kendal's activities include basketball, volleyball, softball, band, "A" honor roll, 7th grade grade vice president, & 8th grade homecoming princess.

Kendal has volunteered at CHI Lakewood Health, ECFE, and First Lutheran Church and the depot. In her free time Kendal likes to hunt, fish, play basketball, volleyball, and softball. She also likes four wheeling, snowmobiling, snowboarding, tubing, and walking her dog.



Senior Jade Estling was chosen senior high Student of the Month for October. Jade's activities include NHS 3 years, NHS co-president 1 year, knowledge bowl 2 years, volleyball 3 years, volleyball manager 1 year, and STUDS Vice President 3 years.

After graduation, Jade plans on going to college and majoring in political science. Her favorite class is AP Government because "Mr. Krause is my favorite person ever," stated Jade.



Andrew Higgins was chosen junior high Student of the Month for October. Andrew's activities include football, trap team, and student council.

Andrew is involved in religious education and the Carp Community Club. Outside of school, Andrew likes to fish, hunt, shoot trap, snowmobile, and ride his dirt bike. His favorite class is Health because he likes to learn about nutrition.



Julisa Matthias has been chosen to be the Lake of the Woods Senior High "Student of the Month" for November 2021. Julisa's extracurricular activities and groups include: volleyball, basketball, softball, STUDS, One Act Plays, "A" Honor Roll, and "B" Honor Roll. Julisa attends the Church of the Living Water. Julisa is the daughter of Christina and Rydell Matthias.



S.O.M. for November

Sophia Block has been chosen to be the Lake of the Woods Junior High "Student of the Month" for November 2021. Sophia's extracurricular activities include: volleyball, basketball, and softball. Sophia is the daughter of Keith and Sarah Block.

Hockey Wins First Border Battle in l'Falls *By Jaynie Ferrier*

The Bears first game was Friday, December 3 in International Falls, the third border battle match. The boys came out victorious with an exciting 4-3 win. They were down by 3-1 in the third period, but came back with three amazing shots in the net by Jordan Kvern, Charlie Eck, and Jack Wood. What a way to start off the season right!



▲ The Hockey team poses proudly with the Border Battle trophy.

Returning Head Coach Don Krause said, "I am really pleased with the energy and enthusiasm during practice. We have ten experienced seniors. Their leadership and role modeling will help tremendously as we face the challenges of being the smallest community in the state to field a hockey team. We are excited for the return of three of our players from Canada too. All in all, I look for us to compete every game and to have a positive, memorable year!"

This season looks promising as 3 Canadians came back after last year's COVID border restrictions. The boys have several more players (19 total). They are excited to get back on the ice and have good chemistry due to years of playing together.

Senior Anson Haack loves playing hockey. Once the season is over, he

explained that he will miss "how bonded as a group we are on the ice and how close we've been since we were young."

Sophomore rookie Jordan Kvern commented, "I am definitely excited to have the fans back in the arena with a full house to support our team, and hopefully, that can turn into a lot of wins for this season."

There are no regulations for spectators at the games this year but masks are recommended. The team and the arena are ready for lots of fans and full stands.



▲ Riley Stromlund (12) saves the puck vs l'Falls.

Girls Basketball Starts Season *By Bailey Husbands*

The girls basketball team travelled to Roseau for their first game, losing by a wide margin 23 to 78. Their second match was at home Thursday night vs. Warroad. They lost by 19.



▲ Kenzie Pieper (11) shoots for a Warroad Technical.

The girls only had enough for a varsity this year--no JV. Despite having a young team with no seniors, the girls played in scrimmages together during the summer and are excit-

ed to play again this year. The returning varsity players Paige Haack, Mackenzie Pieper, Rian Aery, and Bailey Husbands. Coach Katie Pieper has returned, assisted by Dale Brune, who both do their best to boost and guide the young team. Coach Pieper said, "We are young and going to have an uphill battle, but the team we have this year is resilient and extremely hard working and talented. They will surprise themselves on how far they will come and their successes will far out way the failures. I'm looking forward to a great season."

Junior captain Paige Haack said, "I think this is going to be a year of

growth. I'm excited to see what we will be able to do. I love the chemistry we have from playing together over the summer, I think this year will be pretty fun."



▲ Varsity girls snap a picture before their first home game against Warroad.

Cross Country Ends Season With Records *By Ashleigh Brown*

Welcoming the new coach Jenny Skoog for the Lake of the Woods 2021 cross country season, the team had a successful year. This year there were nine 7-12 grade students participating. Throughout their season, the boys varsity top 5k runners included junior Seth Meikle earning 3rd place in Roseau, 8th Place in Warroad, and earning a season best of 18:56.



▲ Josh Dorow (10) runs to the finish.

"Being the oldest and top player on the team, it's

nice to see underclassmen grow throughout the season, and watch them become better athletes and keep up with me," Seth explained.

Other top runners this season were Dawson Meikle earning 8th place in Roseau, and having a season best of 20:22. Breaking their personal records this year, Yili Schiro earned a best of 19:29, and Daniel Sopkowiack ran a best of 20:48.

Alyce Lebrasseur was the only one running for Varsity girls. "Being the only girl this season was challenging, but I pushed myself to become better with every practice. I'm really proud of the Bagley meet," she said. In Bagley, she earned a season best of 24:00. Coach Skoog

stated, "As a coach, the most important thing to me is that the runners have fun throughout the season, and I think we've achieved that this year." Next year Jenny plans to coach these athletes again.



▲ Varsity top runners smile for their last meet.

Beckel Awarded 2021 Lake of the Woods Teacher of the Year

Last Thursday, December 2, a party was held in honor of school social worker Joyce Beckel to celebrate her recent award of Lake of the Woods Teacher of the Year. The party was well attended by family, friends, and co-workers of Beckel. Many spoke of her dedication to both students and staff, helping them through some of our most difficult moments speakers included coworker and

friend Nyla O’Coonnell, her neice and mentee, Jenny Cole, and Kathy Magnussen, who works with Beckel on Social Emotional Learning with our students and staff. Tears were shed before a standing ovation in her honor. After the speeches and plaques being awarded, cake and punch was enjoyed by the party-goers as they socialized and shared memories and laughs.

While Beckel does not have her own classroom, she teaches students how to share their struggles, how to cope, and how to be resilient. She has provided a safe place for kids to go when needed. The MTSS system to support those in need is one of her priorities, as well as working on 504 plans so that students can find success in the classroom.

She has also worked for years with the STAR and Re-

School Social Worker Joyce Beckel poses with last year’s teacher of the Year, Kellie Nordlof.



Mrs. Merchant hugs Mrs. Beckel after awarding her a plaque.

spect Teams, turning students into stronger leaders. Her work with this group out of Bemidji is profound, as was shown by their attendance at the party, and their kind words about Joyce’s dedication and work with the students.

Beckel is from Roseau, but has worked Lake of the Woods School for 24 years. She is married to Tom Beckel.



Sophomore Hannah Fish hugs a puppy that was brought in for the Career Simulation Day event in the multi-purpose gym, put on by the Women of Today Club.



Bradley Wills, Jackson Shelrud, Ian Anderson, Rylan Anderson, and the rest of the Junior High Choir prepare for their fall concert on the 23rd of November.



Mrs. Tange directs the band for Veterans’ Day.



Chris S. and Emily T. sing solos.



Local veterans demonstrate flag folding for the audience.

Student Profiles: Meet some of our new students!

By Hailey Stephenson

Name: Shannyn Noelle McLoughlin

Birthday: 12/24/2005

Grade: 10

Do you have any pets? Yes, three gerbils: Indica, Sativa, & Hybrid

Favorite TV show or movie: "YOU"

Dream Job: Cosmetologist

Favorite sport: Soccer

Where are you from: Bemidji, Minnesota

Favorite Class: Biology

Favorite thing about LHS: It has a very calm environment

What are your plans after high school? Cosmetology School

If you could travel anywhere, where would it go? Galapagos Islands

Favorite Song: "Grandson for president" by King Von

Random fun fact about yourself? I have 11 pets.

If you could have lunch with any person, dead or alive, who would it be? Lil Peep



Name: Vincent Demming

Birthday: 01/23/2008

Siblings? Yes, a younger sister, younger brother, and older brother

Grade: 8

BFF: Mitch, from my old school

Do you have any pets? Yes, one cat, her name is Lucy.

Dream Date? Wilbur Soot

Hobbies? I like to draw, listen to music, and sleep.

Where are you from? Lincoln, California

Favorite Class: Earth science, with Mr. Grover

Favorite thing about LHS? There is a psychology class that I can take when I'm older.

What are your plans after high school? Move back to California

If you could travel anywhere, where would it be? Japan, I think it is so pretty there.

Best genre of music? Electronic

Random fun fact about yourself? My hair used to be purple



Name: Natasha Rain McGuire

Birthday: 06/22/2005

Siblings? Yes, older brother & sister and then three younger brothers and one younger sister.

Grade: 11

BFF: Ashleigh Brown

Dream Date? Drew Starkley

Favorite TV show or movie? "One Tree Hill"

Dream Job? Diagnostic Medical Sonographer

Favorite sport? Football

Where are you from? International Falls

Favorite thing about LHS? The staff members are all super nice.

What are your plans after high school? Take a gap year and then attend college.

Best genre of music? Country, for sure

If you could have lunch with any person, dead or alive, who would it be? My grandma



L/W welcomes New Teachers by Katelyn Bendickson

Last fall and this fall Lake of the Woods High school welcomed three new teachers. Mr. Jeremy Weiland was the new Social Studies teacher.

He started teaching in 2016 previously working as a Geography and government teacher at Pierz near St. Cloud, MN. Before teaching at L/W Weiland studied at St. Cloud State University. He then worked as Front End Manager at Coborns before coming to work as a teacher here. While Studying at St. Cloud, he was originally going to school to be a police officer. Weiland said "Mr. Cloutier, my social studies teacher inspired me to become a teacher."



Mr. Chris Flores was our newest math teacher this fall. He started his career going to MSUM, and in 2016 he began working as a teacher in a town in Minnesota called Osseo at Prairie Seeds Academy, a charter school. He also taught at Osseo High School before moving back to Baudette. Flores attended L/W High School, a part of the graduating class of 2010. He even holds two track records for discuss and shot put. Flores says "His essential snack/drink is a bubbly sparkling drink." His favorite thing about Lake of the Woods



is the fishing. A person who inspired him to be a teacher was his professor, Dr. Wallace, because through her skilled teaching, "she inspired me to educate others."



Mrs. Nashya Weiland was the new High School Special Education teacher who started last fall. She started

her official teaching career, in December of 2019.

Mrs. Weiland Studied at St. Cloud State University. Before working at L/W she worked at Talahi St. Cloud School as a Special Education teacher. She also used to work at Joann's Fabrics. Mrs. Weiland shared that she was adopted from Russia. She said, "The hardest part about teaching is giving attention to all my students." She is inspired by all of her previous teachers. Her favorite thing about Lake of the Woods is the seclusion we enjoy being so far north.

STUDs Heading to Washington DC *By Rainy Frahm*

The Lake of the Woods STUDs group and prevention coalition has many plans for our students and community. Student President Jessica Acevado, "As president of STUDs, I strive to help educate young individuals on what they can do to steer clear from drug and alcohol use. I want to teach them that substance abuse is never the answer to life's road block."

STUDs is excited to announce they are partnering with the video production class instructed by Bryan Sathre. The students will be creating underage alcohol and drug prevention videos. They will also be organizing a Tik Tok channel to help spread their message and start launching videos by February 2022. The STUDs group and the coalition hope to not only reach our community but reach communities nationwide.

The local members of the STUDs Student Group will be attending the CADCA National Leadership Forum in Washington DC from January 30 to February 4th. Members wish-

ing to attend submitted an essay telling STUDs why they want to participate, in what ways they have been a positive role model to their peers, what they hope to learn at the forum, and how they will give back to their peers when they return.

According to leader Doris Knutson, "I'm excited to have the opportunity to attend CADCA's 32nd Annual Leadership Forum in Washington, DC at the end of January. I'm also looking forward to traveling there with a select number of students, who

will hone their leadership skills there as well. It will be a great opportunity for all of us." They will be returning equipped and inspired to address substance misuse in our community.

STUDs is a group and coalition founded in 2011 at Lake of the Woods High School. The group advisers for STUDs are Tammie Doeblor, Sandy Peterson, and Doris Knutson. The STUDs group mission is, "As Students Teaching Uniform Decisions, we will strive towards influencing our peers to make healthy and safe decisions in regards to not using alcohol, tobacco, and other drugs."



◀ **Jessica Acevado and Jade Estling** (12) sit at the STUDs booth at the recent Holiday Extravaganza at L/W School, spreading their message.

National Honors Society Helps Out in the Community

By Emily Tange

Last year the NHS group inducted six new students into the program. The new inductees were Mackinley Imes, Cadence Davidson, Rainy Frahm, Emily Tange, Lillian Smith, and Chloe Olson. The newly elected officers include Jade Estling and Johanna Birchem as Co-Presidents, Jessica Acevedo as Vice President, Brinna Fish as Secretary, and Emily Tange and Lillian Smith as Co-Reporters.



▲ **Rachel Johnson** (12) speaks to a local resident about giving to students for college.

The NHS group has been very active in the community this year, considering Covid limited many opportunities for community

service last year. The members have helped out by serving at the Legion Membership dinner, bell ringing for the Salvation Army, and helping out at the Holiday Extravaganza. They also hosted the Dollars for Scholars Phone-a-thon at the high school. "I like making an impact and helping the community," says co-president Johanna Birchem. "My favorite community service is bell ringing with Brinna."

The Phone-a-Thon is a fundraiser for graduating seniors and current college students. This fundraiser has been providing scholarships for Lake of the Woods seniors for many years and will continue to help graduates in the future. There are

many donors to Dollars for Scholars but the phone-a-thon raised at least 5,000 dollars in pledges.

The NHS advisors are Mr. Krause and Mrs. Hasbargen. They schedule the monthly meetings and organize community service events. "We have a large senior class represented in NHS," shares Mrs. Hasbargen. "I'm excited to see how each individual steps up to make the community and school a better place." Upcoming events for the NHS group will be unloading food for the food pantry and bell ringing for the Salvation Army.

Emily Tange, Lilly Smith, (11) Johanna Birchem, and Cadence Davidson (12) greet the hundreds and hundreds of people who attended the Holiday Extravaganza for NHS.



Lake of the Woods School Calendar

2021-2022

August				
M	T	W	Th	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

September				
M	T	W	Th	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

October				
M	T	W	Th	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

November				
M	T	W	Th	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

Sept	18
Oct	19
Nov	20
Dec	16
Jan	20
Feb	19
Mar	21
Apr	19
May	20
Jun	0
Student Days	172

December				
M	T	W	Th	F
		1	2	3
4	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

January				
M	T	W	Th	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

February				
M	T	W	Th	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28				

March				
M	T	W	Th	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

Inservice Days	8
P/T Conferences	2
Teacher Days	180

April				
M	T	W	Th	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

May				
M	T	W	Th	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

June				
M	T	W	Th	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

KEY				
	No School for Students or Staff			
	Inservice for staff, No School for Students			
	Noon Dismissal for Students			
	Parent/ Teacher Conferences			
	Early out WednesdaysDismiss at 2:35 p.m.			
	Special Event			

August 31- September 3 Teacher Inservice
 September 1 Meet the teacher night
 September 8 Labor day
 September 7 First day of school
 October 21-22 MEA Break
 November 11 Parent/ Teacher Conferences
 November 16 Parent/ Teacher Conferences
 November 25-28 Thanksgiving Break
 December 23- January 2 Christmas Break
 January 24 Teacher Inservice Day
 February 21 Presidents' Day

March 3 High School Parent/ Teacher Conferences
 March 11 Spring break
 March 14 Spring Break, Teacher Inservice
 March 31 Elementary Family night
 April 15 Good Friday
 April 18 Easter Monday
 April 28 Kindergarten round up
 May 27 Last Day for Students/ Dismiss at Noon
 May 27 Graduation 6:00PM
 May 30 Memorial Day
 May 31 Teacher Inservice Day

Quarter 1 ends (November 5) 42
 Quarter 2/Sem 1 ends (January 21) 46
 Quarter 3 ends (March 25) 41
 Quarter 4/ Sem. 2 ends (May 27) 43
 172
Emergency Cancellation/Snow Make Up Days
 February 21, March 11, March 14

Mid Quarter dates
 Oct. 5
 Dec. 10
 Feb. 18
 Apr. 27

2022 Music Events

January 15 (Sat) - MBDA Honor Band in Fergus Falls
 January 21-23 - UND Honor Band & Choir, Grand Forks
 January ? (Sat) - Bemidji State University Honor Band
 February 8 (Tues) – Elem. Music Program, grades 4-6, 9:30 a.m.
 February 24 (Thurs) - Large Group Choir Contest, at Badger (gr 9-12)
 March 1 (Tues) - Large Group Band Contest, at Kittson Central (gr 9-12)
 March 8 (Tues) - 7-12 Choir Concert, 7:00 p.m.
 March 15 (Tues) - 5-12 Band Concert, 7:00 p.m.
 March 29 (Tues) - Inst. Ensemble Contest at Tri-County (gr 9-12)
 March 31 (Thurs) - Band and Choir Talent Show/Fundraiser
 April 5 (Tues) - Vocal Ensemble Contest at Tri-County (gr 9-12)
 May 4 (Wed) - 5-12 Band Concert and Awards, 7:00 p.m.
 May 11 (Wed) - 7-12 Choir Concert and Awards, 7:00 p.m.
 May 27 (Friday) – Graduation, 6:00 p.m. (Band and choir grades 7-12)

June 2022 - Music trip to Memphis and New Orleans!

Lake of the Woods School does not discriminate on the basis of race, color, creed, religion, national origin, sex, age, marital status, status with regard to public assistance, sexual orientation, or disability in its programs and activities. The following person(s) has been designated to handle inquiries regarding the non-discrimination policies:

Jeff Nelson, Superintendent, 504 Coordinator,
 Mary Merchant, HS Principal, Alternate 504 Coordinator.

Lake of the Woods School District Coordinators for Title IX and Section 504/ADA

Section 504 Coordinator:

Name: Jeff Nelson (Superintendent)
 Office Address: District Office
 Office Phone Number: 218-634-2510 ext. 1506
 Email Address: jeff_n@lakeofthewoodsschool.org

Alternate Section 504 Coordinator:

Name: Mary Merchant (High School Principal)
 Office Address: High School Office
 Office Phone Number: 218-634-2510 ext. 1420
 Email Address: mary_m@lakeofthewoodsschool.org

Title IX Coordinator:

Name: Mary Merchant (High School Principal)
 Office Address: High School Office
 Office Phone Number: 218-634-2510 ext. 1420
 Email Address: mary_m@lakeofthewoodsschool.org

Triple A Booster Club Has Spirit!

Over the years Triple A Booster Club has shown its school spirit by supporting the education and development of students in grades 7 through 12, in the areas of Academics, Arts, and Athletics.

Established as a 501© (3) non-profit organization, Triple A Booster Club serves as the financial manager for the funds raised by each of its Group Accounts and also conducts its own fundraising to help support those groups and to sponsor other events and activities. Currently, the organization manages funds for and helps supplement the funding needs of over thirty Group Account holders, such as Choir, Hockey, Knowledge Bowl, and Special Olympics. Requests by individuals or other organizations for contributions to support

Academics, Arts, or Athletics are considered.

Triple A Boosters also sponsor events and activities that benefit Lake of the Woods School and the communities it serves.

Working with Dollars for Scholars, the Boosters have been able to provide scholarships to graduating seniors. A large portion of the Club's general fund comes from the sale of advertising space in the events program used at athletic and other school-related events. Being active with the Triple A Booster Club is a great way for parents and community members to become involved in more aspects of student activities. New ideas are always welcome! Meetings are held throughout the year on the third Wednesday of each month at 5:00 p.m. in the Commons .

IMPORTANT TRANSPORTATION INFORMATION

Any transportation related questions or concerns should be directed to Transportation Supervisor, Brad Abbey at 218-634-2510, extension 1504 or 218-434-1075.

If you have elected to transport your child to and from school, here are a few important points:

- Please use the north service road (behind the arena) and follow all parking and traffic signs when dropping off your student from **7:30 to 8:15 a.m. or picking up from 2:45 to 3:15 p.m. when the bus lane will be off limits.**
- Students in grades 1 -12 should be dropped off/ picked up at entrances #9 and #10 on the north side of the commons.
- Early Learners (3 & 4 year olds and Kindergarten students) may be dropped off at the south elementary entrance #4. Please make sure that you exit using the service road running north of the parking lot.

DO NOT use the bus lane from 7:30 – 8:15 a.m. or 2:45-3:15 p.m.

Activity Bus

- Starting Monday, December 6th
- Available for students in grades 6-12
- Parents must complete waiver before student can ride.
- Students must be picked up at drop-off locations by designated adult or they will be brought back to the school

– Parents must sign up students by 8am on Mondays for that week's rides

Routes:

Bus runs twice on Mondays, Tuesdays, & Thursdays

Leaves the front doors of the school at 5:45p & 7:45p

Stops are:

Lake Road Lodge, Wheelers Point (6:00p)

Corner of Co Rd 2 & Co Rd 8, Williams (6:20p)

Andy's Garage, Williams (6:30p)

Clementson Church, Clementson (TBD)

Drop Off Schedule may change depending on which stops are needed

Questions? Please contact Sam at samanthal@lakeofthewoodsschool.org

Sign up at <https://forms.gle/gxDaxQPemBj54gZEA>

Lake of the Woods School has nine Automatic External Defibrillators (AED). The AED's are located in the cafeteria/commons area, by the multi-purpose gym/pool area, in front of the elementary office and in the east hall by the elementary playground entrance and in east end of high school area. One is also stationed in the nurses office and 3 travel with our sports teams.

THE GRAND THEATER

www.baudettemovies.com

MOVIE HOTLINE
218-634-1376

facebook

YEARBOOK UPDATE

This year will be like no other year in history! Our yearbook crew has some creative ideas to make this the best yearbook yet! Including giving the students a chance to vote on the cover we use!!

Follow the three options below to order yours today.
Prices will increase so don't wait!

WAYS TO ORDER FROM HOME:

WEB



JoelensYearbooks.com

SCAN



CALL



1.877.767.5217
8AM - 5PM CST
MONDAY - FRIDAY

STAYROOTED IN HOPE. OPTIMISM. LOVE.

Watch this moving video with your student and have a discussion about staying rooted in hope and love during these uncertain times. This inspiring message reminds us that we will get through this. Together.



Scan & watch with family

DANCE!

Join the Fun!

Offering classes for dancers age 3 years old - 11th grade.

Registrations taken year round, come see what Just For Kix is all about! Try your first class with NO obligation!

Lucy Solar - Program Director
218-230-5116
baudette_mn@justforkix.com
www.justforkix.com/danceclasses/baudette-mn

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Our E.C.F.E. Family ‘Snack-tivities’ Class will keep Cooking into the 2022 New Year!

Calling all toddlers, preschoolers, and families who want to cook and create while making a baking mess in someone else’s kitchen. Next class will be on January 13th, and then every other Thursday, starting at 5:30 p.m. in the Lake of the Woods School Home-ec kitchen; we meet with other families to mix, bake and create quick and easy recipes. We supply the baking goods, the cook-books, arts-n-crafts, music, and more! You supply your mixing skills, smiles, and the understanding that the cooking process is more important than the final baking result. Patience does take practice.

The Early Childhood Family Education program includes parenting classes that bring families together in an environment that encourages play and learning. We foster the development of early learning skills and that the parents are the first and most important teachers for their children.

It’s not too late to join our young family classes. Please call or text Jeni Krause at #218-395-0328 to sign-up or email her at jeni_k@lakeofthewoodsschool.org for more info.

We meet in the Home-ec room, enter doors 9 or 10 at LOW School. Next classes are... January 13th, and 27th and Feb. 10th & 24th. Please Join us for one, two or all of our classes.





January 18, 2022
12:30 p.m.
L/W School Auditorium