

To ensure that all learners achieve their highest potential and become contributing citizens in a rapidly changing world.

SUMMER 2020

# **Congratulations, Class of 2020!**

### Valedictorian: Annie Schiro Photo unavailable

#### **Co-Salutatorians**



Talia Frahm



Destiny Storbeck

Honor Students Nicolas Hanson Kodi Jonassen Tanner Nordlof Kaylene Olson Evan Smith Griffen Sonstegard Denton Thompson Ella Warnke

Grant Bloom Drake Brosdahl Tiana Carlin Derick Hansen Eric Hanson Emma Hasbargen Kodi Jonassen Malik Klaustermeier Kolby Krause Lisa Langrehr Amy Lein Carter Lowes Nicholas Martin Alyssa Martinson Bethany Mason Angelica Million Shawn Nicholson Christian Noble Carter Olson Gabriel Olson Logan Russell Mason Russell





Abigail Derouard Alexander Ebnet Colton Erickson Gunner Ferrier Hailey Hancock Taylor Schnellman Aspen Thompson Danielle Thompson Zachary Viskoe

2020-2021 District Calendar

- School summer hours
- Community Ed Activities
- Pool Schedule

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- Early Learning Information
- P-EBT Card Information
- Perfect Attandance



**Other Candidates for Graduation** 

### LAKE OF THE WOODS SCHOOL SUMMER BUILDING HOURS

During these unprecedented times of the covid-19 pandemic, we have had to make some changes to our procedures for public access to the school. The school building hours will be from 9:00am to 3:00pm. The doors to the school will remain locked at all times. If you need to enter the school, there are procedures to follow. Entrance to the school will only be through the main commons doors. You will have to be buzzed in and will need to complete a quick health screening that includes a temperature check and answering a short questionnaire regarding Covid-19 symptoms. Masks are required upon entry into the building and while completing the health screening with staff. Masks are highly recommended at all times, especially when social distancing is not possible. You will need to supply your own mask. If you need to meet with a school staff member, an appointment should be scheduled ahead of time. If you need to schedule an appointment or need assistance, please call 218-634-2510 ext.1421. These procedures are subject to change, based on updated guidelines from the Center for Disease Control and/or Minnesota Department of Health.

Thank you for your understanding and cooperation.



Lake of the Woods School Board

Lynette Ellis, (District #1)

Boyd Johnson, (District 2)

Robyn Sonstegard, (District 4)

School board meetings are held the

fourth Monday of each month.

Corryn Trask (District 3)

Tim Lyon, (District #5)

Jeff Birchem, (District #6)

Members:

The Education Plus publication is a production of Lake of the Woods School and Lake of the Woods Community Education. The Education Plus newspaper will be printed 3 times during the 2019-2020 school year and distributed to postal patrons in Lake of the Woods County. It is also available on our school's website www.lakeofthewoodsschool.org

#### L/W School Administration:

Jeff Nelson, Superintendent/Elem. Principal Brian Novak - Asst. Admin./Elem. Principal Chad Hazelton - Dean of Students/Athletic Director

### **NO HUNTING**

"Under M.S. 609.66 Subd. 1d., it is a felony to hunt on school owned

### \*LOW SUMMER SCHOOL ANNOUNCEMENT

#### Parents & Elementary Students:

Our Lake of the Woods Summer School planned for June & July 2020 has been cancelled due to the recent Coved-19 pandemic and social distancing rules. Please know that the teachers and students look forward to this program every summer with excitement. We are hopeful that more can be offered in a different way during the school year with more after-school enrichment & educational opportunities. These pictures are from last summer's fun!

Enjoy...Mrs. Jeni Krause



#### May Artist of the Month - Emma Hasbargen

I have always been interested in art, even though before this year, I hadn't taken an art class since 8th grade. One of my favorite things to do is scratch art. You have to be super careful about what you're doing, because you can't erase anything. I tried my first oil painting this year and even though it was tough at the start, I am really happy with how it turned out. Art has become sort of an outlet for me. It's always good to sit down and draw something fun!



**Community Education:** Brent Cole– Director Lisa Beckstrand - Pool Coordinator Nicole Gate-School Readiness Instructor Jeni Krause - Parent Educator

**Community Education Advisory Council/Wellness Committee:** Jeff Birchem, Brent Cole, Brian Novak, Jeff Nelson, Cece Charlton, Lisa Beckstrand, Nicole Gate, Chad Hazelton, Jill Olson, Curt Storbeck, Brenda Nelson, Amber Zemke, Karla Robida, Ducky Gens, Crystal Olson, Carrie Davidson, Tammie Doebler, Buck Nordlof, Cody Hasbargen, and Steve Johnson.



Lake of the Woods School ISD #390 P.O. Box 310 Baudette, MN 56623 218.634.2735 (phone) 218.634.2467(fax) www.lakeofthewoodsschool.org

#### Thank you to

land when students are present for school related activities."

Mrs. Moeller's Journalism class for the articles and help with the Education Plus.

Lake of the Woods School has nine Automatic External Defibrillators (AED). The AED's are located in the cafeteria/commons area, by the multi-purpose gym/pool area, in front of the elementary office and in the east hall by the elementary playground entrance and in east end of high school area. One is also stationed in the nurses office and 3 travel with our sports teams.

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### **Statistics in Lake of the Woods**

#### By Dianna Hazelton

Each year, the students in statistics work alongside the Lake of the Woods Prevention Coalition to conduct a survey regarding students' mental health, safety and feelings towards tobacco drugs and alcohol. This year Addison and I were interested in investigating able to use our findings to continue improving the health and safety of our community. whether or not students with self-reported mental issues are more likely to use illegal substances to cope with life's problems.

Using what we learned throughout the school year (and with some help from stats Our statistics class partnered with the Lake of the Woods Prevention Coalition this winmom) we were able to conduct the proper test to aid in our investigation. After performing the test, we found that within the population of our school there is an association between students with self-reported mental issues and students who report using illegal substances to cope. We hope the prevention coalition is able to use our findings to continue improving the health and safety of our community.

This year marks the third year that College Statistics students have partnered with LWPC in their data collection. Statistics students wrote and distributed surveys to the students and the staff this year. Although the end of the year came with challenges for collaboration and communication between classmates, these hard-working students came through with some statistically significant evidence for their hypotheses. Some students have shared their perspective on their research and reports below.

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### What has STUDs been up to this year?

Each year the STUDs (Students Teaching Uniform Decisions) works to make a positive impact in the Lake of the Woods School and in the community. This year we fo- to show youth you care and building positive relationships cused on building positive relationships between high school students and elementary students and adults in our community and all students. Research has shown that the most effective protective factors for students is related to a child's relationships and experiences with their parents and their communities. And, these relationships are than strongly associated with building resilience in children. Activities the STUDs group has conducted this year to help build these relationships and help to educate on building positive relationships include: holding Activity Times after school for the Elementary stu- the Lake of the Woods Humane Society) dents. The elementary students were divided into groups. Kindergarten through 3rd grade and 4<sup>th</sup> through 6<sup>th</sup> grade. STUDs members played Parachute, dodgeball, and jump the donut with the elementary students. Face painting and snacks were also available. Other activities include:

- Halloween bags with positive messages and a snack
- Ordered new giveaways with our "We Care" message on them to pass out in the community
- Met with and presented to the 6<sup>th</sup> grade and answered their questions about drugs

### Accepts position at Brandan-Evansville School District



After 29 years at Lake of the Woods school, Brian Novak resigned as high school principal and has accepted a position at Brandon-Evansville School District. During his 29 years with Lake of the Woods School, he has been a Media Specialist, Activities Director, Social Studies teacher, and High School Principal. He was the musical director for several plays, coached varsity girls' basketball, varsity track, junior high football and community education basketball and baseball. As high school principal he was instrumental in setting up the 2019-2020 school's welding program.

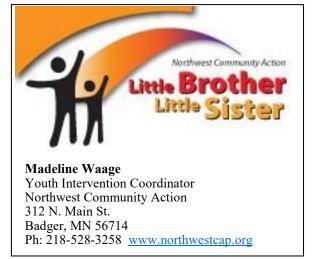
We will miss you. Good luck in your new position.

substances to cope with life's problems. Using what we learned throughout the school year (and with some help from stats mom) we were able to conduct the proper test to aid in our investigation. After performing the test, we found that within the population of our school there is an association between students with self-reported mental issues and students who report using illegal substances to cope. We hope the prevention coalition is - Ella Warnke

ter, creating a survey for 7-12th grade students to take. After looking at last year's Minnesota Student Survey, we decided that the purpose of our study was to collect data from Lake of the Woods High School students in order to see if students' home life is associated with self-reported mental health issues. We then put together a few questions regarding this topic. The questions include the following: How much do you feel your parents care about you? Do you sometimes feel sad without knowing why? Would you consider yourself to have some type of mental health issue? We hypothesized that there would be a strong association between students' home life and students' self-reported mental health issues. After running a two proportion z-test, which we learned in statistics class this year, we found that there is a statistically significant association between at-home life and self-reported mental health issues. Mental health has a great effect on students' success, which influences our generation's, and future generations' impact on our country. Since at-home life has such a strong effect on students' mental health, this is a very important issue to explore even more. -Greta Moeller

- Held our annual Lock-in on March 6<sup>th</sup>
- Labeled popcorn bags from the Bears Den Concession stand with messages on how
- Partnered with the National Honor Society and several members attended a Towards Zero Death (TZD) conference in Their River Falls
- Placed posters and banners around town with the messages on to show youth you care and building positive relationships
- Helped at the White Elephant Sale and the Pet Photo's with Santa (a fundraiser for
- Members attended the monthly Lake of the Woods Coalition meetings

When asked 'What is your favorite part about being in STUDs?' STUDs members stated "STUDs is like a big family and you get to teach younger kids not to do bad things", "I like that we all work together to make a change and help spread messages", and "figuring out ways to help people". When asked 'Why should others in your school join STUDs?' other students stated "To make a difference and feel impactful", "because it helps show what other things there are", "It's really good to be involved and it's really fun", and "it shows that drugs are temporary and bad. Friends are long lasting and good".



### **Baudette Public Library & Media Center**

110 1st Avenue SW P.O. Box 739 Baudette, MN 56623 218-634-2329



### **Williams Public Library** 350 Main Street Williams, MN 56686

218-783-7211

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Saturday 10-2.

Wifi is available.

Hours Mon-Fri 10-5:30 &

### Cynthia Hanson Retires After 24 years at Lake of the Woods School

#### By Mrs. Hanson or Ms. Cindy

August 1996, I drove 100 miles one way to interview for a teaching position at Lake of the Woods School. I was enjoyed. Challenges are constant in our lives and I hope Hanson, fishing on Lake of the Woods and traveling to presently teaching Head Start in Karlstad and wanted to that I challenged you to go beyond your dreams. Each of many new locations. Our daughter Afton is married to extend my experience of teaching in a school. I knew that you helped me make my dream of teaching at a school Chas Farasyn and they live in Loveland, CO. A bonus of it would be a great opportunity to also practice my interview skills. I walked into the school and I thought I would love to work here. The school was so new and very invit- forth daily to Karlstad during the week as my daughter, months. Of course as soon as we can travel, I will be visiting. My initiation to the building was when I used the re- Afton, had sporting activities that I wanted to attend. After ing them and enjoying their hugs, kisses, and giving them stroom next to the library and realized as I sat down that I was definitely in the "Elementary Wing" of the school.

with Colleen Stanton who had been the Title I teacher year in Kindergarten, I had the opportunity to teach 7th Cenex house on Highway 172 NW. and 8th Geography and American History. From there I went into Special Education in the High School, then Eleand students' needs that I used in the next position. I give lished in 1889. We are finding many fun treasures as we that you will make in the years to come. a shout out to my students, thanks for making my 24 years remodel the house. I'm doing a complete circle and will be interesting, challenging, and very rewarding. I hope you back farming my family's land.

know that I always had your interests in mind even when giving you assignments that you may not have always busy. Most of all I hope to spend time with our son, Brent happen.

two years, my husband was hired at the Cenex station as right back. Colorado will be one state that we hope to visit the manager and we then drove together to Afton's games. My interview went well, as I now retire with 24 years We did house sit for a couple from October to May and at Lake of the Woods School. My first position was Title I became apartment managers as well. Eventually, our son, students in my classroom and enjoying their progress towhich I taught for 4 years and then taught in Kindergarten Brent, wanted to invest in real estate in Baudette so we gether. COVID-19 kept me learning how to engage over were able to move into his house while he was in Alaska the Internet, FaceTime, Zoom, and materials sent through before me. I have several endorsements so after only 1 working. Our son now lives in his house and we are at the bus delivery. Thank you to my students' parents who are

working in the community and getting to know many peo-

In retirement I have many hobbies that will keep me this marriage was we became grandparents to a grand-My first 2 years here, I would often drive back and daughter, Elle, 6 years old, and a grandson, Graham, 20 often to keep in touch with our family there.

Retirement sounds good but I had hoped to end with following through with their child's learning and working During the 24 years here in Baudette, we have enjoyed to keep their child's skills building. I will always remember my end days of teaching as a very unique, interesting mentary Special Education and the Read 180 program. I ple. I will miss my peers, students and friends but it is only adventure when schools and families came together with now end my career teaching Birth to 7 year olds in Special 110 miles for me to visit from my family farm in Halma, the students in mind. Stay Safe, my Lake of the Woods Education. In each position, I learned more about teaching MN. We are going to live on my Century plus farm estab- family, I'll be watching to see all the accomplishments

### Marilyn Sugden Retires after 25 years at L/W School

I have been teaching for 36 years with 25 of them children--Aimee, Ian and Cole--are doing things being at Lake of the Woods. I started out as a speech with me. When I retire, I look forward to doing -language pathologist in Bloomington, MN and was some substitute teaching--and stopping in at the there for nearly 10 years. I then moved back Up school to visit students and teachers--to do some North and went on to teach in other areas of special traveling, and to enjoying extended winter time in education here at Lake of the Woods. I've taught Florida. I might even take up a new hobby or two! special education at all grade levels in both the high school and elementary, and I have had some stu- learning experience for me (my recent experience dents for more than 10 years. For the past two years with distance learning is a testament), and I will I have returned to working as a speech-language always look back with fondness upon my years pathologist for the younger elementary students, so spent here. I must say, though, it's time to bow out I've pretty much completed a professional circle.

and take walks with my dog, and to do a bit of gar- best wishes to all the staff and students at Lake of dening. I enjoy spending time with my husband, the Woods. Bob, and I'm happiest when all three of my grown

Being a teacher has been a wonderful, continuous and pass the education torch into the hands of our When I'm not teaching, I like to read, to snuggle other very capable staff members. Goodbye and



### Colleen Stanton Retires after 31 years at L/W School

come to the end of my teaching career. I truly have mixed teen hundred students. I was rerouted before I started and our school. feelings as I reflect on retirement.

in 1983. I had a double major in Art and Elementary Edu- had a great experience in the Los Fresnos school district, think. Who would think that the whole would be cation with a Kindergarten endorsement. There were a but was wooed back to the northern border by my husnumber of us that graduated with teaching and the jobs in band, John in 1989. I got married and then hired in the fall some students since the end of February. Minnesota were hard to get. I started mid-year at Clear- and have spent the last thirty-one years teaching at Lake of learned how to "zoom", we have made websites and we brook school in Kindergarten as a team teacher. I worked the Woods school. under the lead kindergarten teacher. The position was for

As we come to the end of our 2019-2020 school year, I school was a preschool to second grade school with thir- students have been truly amazing that have gone through ended up in a first grade class of students who could un-

I have taught on both borders of the United States, that school year only. The next fall I moved home to my many different grades, and a diversity of subjects and stu- end my career with,- I don't feel a closure for my students, parents and substituted for Lake of the Woods, Warroad dents. I think that one thousand students would be a but it is what it is. and Indus Schools. I did a long term position for Mrs. good estimation of the number of students that I have I have had so many good memories of the students this Pirkle. Then was hired by Head Start for the Lake of the worked with in my thirty-seven years. Border- to- border, year. We have had many fun times and I am positive that Woods program. Miss Pam (Horntvedt) was already a preschool to ninth grade. I am often asked which do I like this will build character and a closeness that no other class Head Start teacher, but the number of students was great- teaching best? That has never been an easy question for could have. My one regret is that I can't give each of you er than she could manage. We-Miss Pam, myself and me to answer. I love to teach. I enjoy learning. So, to pick a hug as you leave our room and head to first grade! Miss Sue Nohner had "center" one day per week and what I enjoy best, is usually what I am teaching at that Now for my Golden Years. I plan on enjoying my grandhome visits the other days. The next year, the numbers of time. There is excitement in the early years as they start children, family and doing all those things that I have put students fell and if I wanted to stay with Head Start, I to read and write and can do their math facts. The on the back burner. I want to travel, enjoy the outdoorswould have to move to Greenbush. I decided to try full "Lightbulb" that suddenly turns on and they are doing hunting, fishing, gardening, snowmobiling and cross countime teaching in Texas instead. I moved to Brownsville, it! The high energy that it takes, though, can wear you try skiing. I hope to spend time reading and having time Texas in 1986 with my three-year-old son, Garrett. I didn't out! When I was in the upper grades, and the fun discus- to visit friends. Thanks for the many memories, friendships, and opporsota and this was my first full time teaching position. I them to discover new knowledge. The role models they set tunities. This has been home and family. I will miss you was hired to teach in a bilingual kindergarten class. The for the younger learners, the projects they can do - the all.

Each year has brought changes and new ways to I graduated from teaching at Bemidji State University derstand English, but spoke more Spanish than English. I teach. This year has been the most challenging for all, I brought to a standstill with a pandemic? I haven't seen We have have tried to keep the learning going in the "distance learning" packets sent home. It's not what I would like to

know anyone. I had never lived out of the state of Minne- sions you could have with the students as you challenged 4

# **Community Education/Pool Classes/Activities**

## Lake of the Woods School Facility Use, Hours, Policies, and Procedures

Contact Brent Cole, Community Ed Director at 634-2735 ext. Participants in all summer programs will be required to 1503 or 218-434-0030 or brent c@lakeofthewoodsschool.org sign a waiver and voluntary assumption of risk and will be for information on summer baseball, softball and other summer kept on file. This form MUST BE signed by a parent/guardian programs.

for participants under the age of 18 (these forms are available at the district office or on the school website.)

### Lake of the Woods School Pool

Lisa Beckstrand **Pool Coordinator** Pool Office 634-2735 ext. 1101 Email: lisa b@lakeofthewoodsschool.org

### **Summer 2020 Pool Schedule Open Swim**

Monday/Wednesday/Friday-1:00-3:00 pm Tuesday/Thursday-5:00-8:00 pm Saturday/Sunday-1:00-4:00 pm **Adult Swim** 

Monday/Wednesday/Friday-5:00-8:00 a.m.

Schedule subject to change.

### Summer 2020 Pool Policies/Procedures

The pool will be open to 50% capacity-80 people will be allowed in the pool/deck area.

A waiver and voluntary assumption of risk must be signed and will be kept on file. This form MUST BE signed by a parent/guardian for swimmers under the age of 18 (these forms were mailed to all families and forms are available at the pool office or on the school website.)

There will be no swimming lessons, as it's difficult to social distance in this environment.

No face masks/gloves, as they are a potential hazard to swimmers. They will only be used by lifeguards/safety personal in case of emergency. Also by staff for cleaning purposes.

Please practice social distancing

**New Price List** Effective July 6, 2020 Adult-\$3.00 Student-\$2.00 Preschool-\$1.00 Family Max-\$12.00

**Punch Card Prices:** Adult: \$25.00 Student: \$12.00 Preschool: \$7.00

Water Exercise starting July 6, 2020 Mondays/ Wednesdays 4:15-5:15 p.m.

There will be no swimming lessons this summer.

### **Bear Cub Swim Club**

The Lake of the Woods School Community Ed sponsored an elementary swim club for students in grades K-6. There was an awesome turnout of enthusiastic swimmers with 61 students taking part. During the swim club, swimmers were introduced to how a swim practice is run, stroke development of competitive strokes and good sportsmanship. Due to the COVID-19 situation, the swim club was unable to complete their schedule and did not get to hold their much anticipated swim meet. It was amazing to see how the swimmers improved each week. The Bear Cub swim club was coached by Penny Mio and Lisa Beckstrand, with additional help from Jennelle Lowes, Jeni Krause and Sierra Castle.

### 2020 Take a Kid Fishing Event

Due to the current COVID-19 situation, the 2020 Take a Kid Fishing Event is tentatively scheduled for Wednesday, August 5<sup>th</sup>. We will follow any and all guidelines set by the STATE. We will keep you updated by our Take a Kid Fishing Website, Facebook, Cable TV and the Northern Light Region newspaper.

If you have any questions, please contact Lisa Beckstrand at 634-2735 ext. 1101 or lisa b@lakeofthewoodsschool.org.

#### Wash hands frequently

If you have symptoms/test positive/or been exposed to Covid-19 within the last 14 days, please self-quarantine for 14 days

Please self-report if you have symptoms/test positive/been exposed to Covid-19 to Pool Coordinator Lisa Beckstrand or Superintendent Jeff Nelson. This information will have to be reported to the Health Authorities. Also staff/patrons/swimmers will be notified. All information will be kept confidential.

No toys or goggles will be borrowed out.

Kick boards/Noodles/Flippers will be disinfected

after each use.

All non-family patrons should self-distance while on deck and in the locker rooms. **Exceptions for social distancing** will be: rescuing a distressed swimmer, providing 1st aid or performing CPR. Also in the case of an emergency evacuation of the pool/ pool area/locker room.

Cleaning: The pool deck/pool locker rooms will be cleaned at the end of the day. Frequently used/touched items will be cleaned throughout the day. Hand sanitizing stations will be available around the pool area.

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DO YOU HAVE ACTIVITIES PLANNED FOR THE SUMMER AND NEED A RIDE TO GET TO THEM?

Call 218-463-3238 or 844-452-0407 Ext. 1 then 1 to see if you are in our service area and book your ride!

L/W Community Education

Presents

Prairie Fire Children's Theatre

"Alladín" CANCELLED



Save the Date

**Community Education** Holiday Extravaganza

November 21, 2020

### School Nurse Update

by Kay M. Schell, RN, PHN CHI LakeWood Public Health

There is no question that the 2019-2020 school year has been different! Our daily routine and way of life has changed significantly, and these have been challenging times affecting our entire community, our country and our world. We continue to work on slowing the spread of COVID-19 however there are still so many unknowns. We do not know how long it will take to get back to work and school and it is difficult when we don't have a good timeline. Our frustrations may be rising, our patience wearing thin and some folks are simply exhausted. We all respond to stressful situations differently. Take care of yourself, your friends and your family. Helping others cope with their stress makes our community stronger. Ask for help when you need it and offer aid to others when you can.

#### A few tips:

- Routines are comforting so develop a new family schedule, but keep it flexible
- Take breaks from watching, reading or listening to news stories;
- hearing about the pandemic repeatedly can be upsetting and lead to anxiety Make time to do an activity you enjoy
- Keep your expectations in check; remember we all have different learning styles and coping skills
- Connect with others you trust about your concerns and how you are feeling; check in with loved ones by telephone, email, mail letters or cards, text, social
- media
- Exercise regularly and get plenty of sleep
- Eat healthy, well-balanced meals
- Avoid drugs and alcohol

#### Keeping Children Healthy While School's out:

- Clean hands often using soap and water or alcohol- based hand sanitizer; this is especially important if you have been in public place
- Avoid people who are sick
- Clean and disinfect high-touch surfaces daily (tables, hard-backed chairs, doorknobs, light switches, remotes, handles, desks, toilets, sinks; and don't forget the iPads, cell phones, computers)
- Children should not have in-person playdates with children from other households. When children are playing outside their own homes, it is essential that they remain 6 feet from anyone who is not in their own household.

### MDH offers P-EBT Card to families

The Minnesota Department of Human Services is now offering additional funds for the families of children ages 5 to 18 who qualify for free and reduced-price meals. This new fits. These families need to fill out a short application for a P-EBT card. Families can program, called Pandemic EBT (P-EBT), will provide \$325 per child that families can use to purchase nutritious food for their household. Families with children who received free or reduced-price meals at school, and who were between the ages of 5 and 18 on September 1, 2019, may qualify. Benefits are available to two groups:

Families receiving Minnesota Family Investment Program (MFIP) or Supplemental Nutrition Assistance Program (SNAP) benefits on March 18, 2020. Benefits for these healthy foods, please contact your local tribal or county human services office, visit Apfamilies were issued automatically and appeared on their EBT balance on May 30, 2020. These families do not need to take any further action.

### Additional Resources for Families

Lake of the Woods School is committed to helping our families and community during these difficult times. If you are in need of additional help throughout the summer, listed below are resources in our community that can help.

Lake of the Woods Food Shelf 106 Second Street NE Baudette, MN 56623 Susan Jochim

- Playgrounds and water parks are not recommended because the virus can spread when young children touch contaminated equipment and then touch their hands to their eyes, nose or mouth
- Children 2 years and older should wear a cloth face covering their nose and mouth when in the community setting but evaluate if the child can handle the mask appropriately

#### **Running Essential Errands and Other Needs**

We are facing new challenges and questions about how to meet basic household need, such as buying groceries and household items, picking up our medicine, completing our banking or obtaining basic medical care.

- Utilize home delivery and curbside pickup when this is possible
- Visit the stores for essentials in person only when necessary; write a list, shop quickly, go early morning or in the evening and if possible do not bring the children along
- Stay 6 feet away from others
- Cover your mouth and nose with a cloth face covering she you are out in public
- Disinfect the shopping cart, use disinfecting wipes
- Do not touch your eyes, nose or mouth
- Use touchless payment (pay without touching money, keypad) and use hand sanitizer right after paying
- Use hand sanitizer when you leave the store and wash with soap and water for 20 seconds when you get home
- When getting gasoline, use gloves or disinfecting wipes on handles or buttons before you touch them; after fueling use hand sanitizer with at least 60% alcohol
- Call in your prescriptions ahead of time; use curb side or mail order for delivery; some prescriptions can be provided in a larger supply - check with your doctor and pharmacist
- Talk to your doctor online by phone or email; use telemedicine or virtual visits when available.
- Reschedule procedures and visits that are not urgently needed

Use sources like the Minnesota Department of Health and Center for Disease Control to provide the best guides for helping to stop the spread of COVID-19. These sites are informative and updated with current resources.

When school resumes, I am sure there will be many changes and we will have some catching up to do with immunizations and health screenings. We will receive guidelines from the Minnesota Department of Health and Minnesota Department of Education, and we will keep you informed as we move ahead toward the 2020-2021 school year.

Families receiving free or reduced-price school meals, but not SNAP or MFIP beneapply between June 8, 2020, and June 30, 2020. If approved, families will receive a P-EBT card in the mail, which will arrive with the funds preloaded.

Families in need of assistance accessing or using their P-EBT benefits are urged to contact the P-EBT Hotline at 651-431-4050 or 800-657-3698.

If your family or someone you know needs additional ongoing assistance accessing plyMN, or call the Minnesota Food HelpLine at 888-711-1151.

Lake of the Woods School does not discriminate on the basis of race, color, creed, religion, national origin, sex, age, marital status, status with regard to public assistance, sexual orientation, or disability in its programs and activities. The following person(s) has been designated to handle inquiries regarding the non-discrimination nolicies

Jeff Nelson, Superintendent, 504 Coordinator, Brian Novak, HS Principal, Alternate 504 Coordinator.

Lake of the Woods School District Coordinators for Title IX and Section 504/ADA

218-634-3275

https://www.facebook.com/LOWFoodShelf Lake of the Woods food shelf is able to offer additional food support for our families and has modified its hours to ensure food can be provided safely. Please call Sue to make an appointment to pick up food items. Check their FaceBook page for updated information. Lake of the Woods County Social Services 206 8th Avenue SE (Suite 200) Baudette, MN 56623 218-634-2642 For more information or help applying for food assistance in Lake of the Woods County,

please call 218-634-2642.

Section 504 Coordinator: Name: Jeff Nelson (Superintendent) Office Address: District Office Office Phone Number: 218-634-2510 ext. 1508 Email Address: jeff n@lakeofthewoodsschool.org

<u>Title IX Coordinator</u>: Name: Chad Hazelton (Dean of Students) Office Address: High School Office Office Phone Number: 218-634-2510 ext. 1515 Email Address: chad h@lakeofthewoodsschool.org



### LOW EARLY LEARNERS CENTER

 A Partnership between the L/W District #390, School Readiness and NW Head Start Program

**WHEN**: Fall of 2020 - children who will be 3-5 years old by September 1, 2020 and not going to Kindergarten

WHAT: Preschool classes offered daily M-Th during the school year

**WHO**: All students learning together collaboratively taught by certified Early Childhood and Preschool teachers.

HOW TO REGISTER: Call the L/W School at 218-634-2510 ext. 1501

- Information needed for pre-registration for the Early Learners Center:
- Child's name and birth date
- Parent's names/phone numbers
- Mailing address/P.O. Box #
- Other contact information

A registration packet will be mailed for you to complete and return. Class information and final paperwork can be completed by mail or phone.

**LOW Collaboration Committee:** Meetings were held during the Spring-Covid-19 distance learning months to plan how the individual programs will merge together to deliver unified education goals.

The past Preschool programs that have been at Lake of the Woods School namely Head Start and School Readiness will still provide the same quality programming and services for children and families. The new structured program will not be jointly served under the name of:

#### LOW Early Learners Center

# CENSUS REPORTING OF NEW BABIES IF YOU LIVE IN LAKE OF THE WOODS COUNTY.

Please mail in the attached information form if you and your children are new to the area, or have just had a baby. There are programs that every single parent and child depend on to get the services and funding that's available. These may include infrastructure like roads, fire department funds, local hospitals & schools. Also, programs like Medicare, Medicaid, and local school district funding. Even if your child was born in a different county, we need your information. Thank you...

Please mail this form back to...

Lake of the Woods School Attention: Dani Koschak P.O. Box 310 Baudette, MN 56623

Parent name
Child's full name
Age of child or newborn
Sibling's names and birthdates
-

Phone to reach you ...\_ Physical mailing address



### EARLY CHILDHOOD SCREENING

By: Screening Coordinator Jeni Krause

**REMINDER TO PARENTS:** Our scheduled early April date for the Early Childhood Screening was cancelled due to the L/W School being closed for Covid-19.

**PLEASE NOTE:** The new screening materials will be mailed to you at the start of the school year, with our screening day set for mid-September. If you still have the old forms, or have already sent those back in, please be prepared to fill out any additional, more updated forms that we may need. Also, if you have not received any screening materials, and you are unsure if your child has been screened by us, please contact the L/W School to get additional information.

#### <u>The plan will be to hold the screening this Fall of 2020, in later August before</u> <u>the school-year begins – TBD.</u>

This early childhood screening is for all 3-5 year olds prior to entering a school setting. Minnesota Law requires these services for free for all children entering public school. This service is provided at no cost to those families residing within the Lake of the Woods School District boundaries.

Please notify the school at 218-634-2510 ext. 1421, or the District Office ext. 1501 or Jeni Krause at <u>jeni\_k@lakeofthewoodsschool.org</u> if you have any questions or concerns about early childhood screening.



# Lake of the Woods HS Trap Team

The 2020 Lake of the Woods High School Trap Team begins its 8<sup>th</sup> season at the end of March with a new look and a new team. The new look is long time co-head coach Matt Grover has taken a step back to an advisory role and Bryan Sathre and Jim Walton have stepped in to help the 47 athlete's signed up for this year's team. "We had 38 shooters on last year's team with only three shooters so we have a lot of new faces this year" commented head coach Bob Laine. "The best part of it is we lost only one shooter off our state team (McKale Risser) so we are poised to have another good season."

Lake of the Woods returns 4 of its top 5 shooters from last year at state where they set a new school record of 469/500 and finished 7<sup>th</sup> overall in our class last year. Those shooters are: senior Gunner Ferrier (who set the state record of 97/100 at last year's meet), sophomore Hadyn Rennemo (who shot our first perfect 50/50 at the state meet last year), junior Shayla Risser (the girls' conference high shooter last year and the first girl to ever be in our top 5 at state) and sophomore Alex Linearchi (who shot perfect 25/25 at the state meet).

omore Alex Umerski (who shot a perfect 25/25 at the state meet).

Season highlights for the year included having shooters shoot a perfect 25/25 on the first week of the season, 2 shooters scoring a perfect 50/50 for the first time in team history, a record 12 perfect 25/25 for the regular season, 6 perfect 25/25 at the state meet, our first conference championship in school history (where we beat eventual state champion Hibbing), our first female perfect 25/25, and our first female high gun conference champion.

"We had 18 kids averaging 20/25 or better last year and we only lost three shooters off that team. I think we will be highly competitive no matter what class or conference we will be in due to our increased numbers," commented coach Laine. "We had a number of very good young shooters in our junior high and those kids will only get better with time."

We are starting the week of April 20th and running for 6 weeks. No volunteers due to COVID.



## Coronavirus Puts Things on Hold at L/W School but Learning Continues By Jennifer Moeller shows. Still, I feel for medical work-



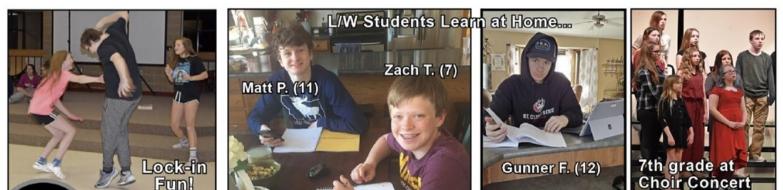
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As we prepare to publish our first newspaper "in quarantine," students and staff remaine at home, wondering what will become of the remainder of the school year. This Saturday was supposed to be prom. Will we be able to postpone this event? Sadly, we are not sure. The senior trip to the Twin Cities in May is most certainly cancelled, and though the seniors WILL graduate, will there be a ceremony? I hope so.

My heart goes out to the seniors right now, but I also feel for those who have lost loved ones to this deadly virus. Business owners and employees who are out of work are also feeling pain. Personally, my family is safe and healthy, but we did miss our Easter trip to New York City with tickets to two Broadway shows. Still, I feel for medical workers world wide, and locally, for our seniors, and I truly hope scientists find a vaccine for COVID-19 soon. To honor the class of 2020,

some people are posting their old senior pictures on Facebook, while many communities did a parade of lights at 8:20pm (2020 in military time). Seniors were honored with horn honks from the community.

My yearbook students, along with all students in Minnesota, have been distance learning, which has been a struggle for students, teachers, and parents. It is most certainly not the same as being at school. The yearbook class's first accomplishment, this newspaper, had to be compiled as a Google slideshow, a challenge indeed, but we did it!





## Coronavirus: How its affecting the country

#### **By Nicholas Solar**

I'm writing this article from my home due to what is probably the most influential and bizzare event of our lifetime. The coronavirus has reached out and halted much of our lives, perhaps the most obvious being the school shutting down and switching to online learning for quarter 4. Amongst this chaos, I would like to dispel some rumors about this virus.

The Coronavirus is spread on spit droplets when we talk, cough, or sneeze. When droplets land on surfaces, we can pick them up on hands and transfer the virus by touching our eyes or mouth. This is similar to the seasonal flu. Symptoms are somewhat similar as well. The difference is that we have a vaccine for the flu, whereas, for Covid-19, we do not.

Another difference is the death rate. Yes, many die of the flu each year, but of those who get the seasonal flu, 0.1% will die. With Covid-19, the death rate just increased from 4% to 6.9% according to the CDC. It is more contagious and deadly than the flu. The hospitalization rate is a 17% more for Covid-19 patients; however, this number has likely increased.

While rumors abound about where the virus came from, it is most likely to have come from an open air market in Wuhan, China where live animals are slaughtered and sold to people like a Unless deemed essential, many businesses have closed, hurting the economy. Locally, ANI, an essential business, is still open. The U.S. government will give stimulus checks to Americans; however, there are a few exceptions who will receive no stimulus, such as most college kids. On a lighter note, there is extra money for parents with children age 16 and under. Parents will get the regular payment based upon their tax bracket plus \$500 per child.

The United States had its first reported case on January 20; since then, cases exploded in the US just recently having killed over 1000 people in 24 hours. As of April 15, over 2 million people have been diagnosed with Covid-19 on Earth and over 128,000 have died. The U.S. has 614,246 cases recorded with 26,064 deaths.

Issues include lack of testing and PPE's in hospitals and clinics. Additionally stressful is that people can't see family in their final moments due to strict isolation. Hospital workers are overwhelmed in many parts of the country, working in dangerous conditions and many getting sick themselves. It has gotten so bad in some cities, that buildings and trucks have been converted to makeshift morgues to According to MN governor Tim Walz, the stay at home order that was set to expire March 10, was extended to May 4, Governor Walz also claimed



that was doing the best we can with the shortage of testing. When the coronavirus first got to MN, there was a doubling of cases every 2 days, but since then, we reduced the spread, to where cases were doubling every 8 days. MN has fewer than 2,000 cases, so we are flattening that curve, slowing the spread.

Authorities say the virus is spreading across the country and has not hit its worst point yet. As long we quarantine and stay away from others, we have a low chance of contracting due to our rural location. The virus is getting closer nonetheless, with people in Rainy River, Roseau county, and International Falls contracting the virus. Stay safe and be careful everyone. *Sources: CBS News, Vox, NBC News* 

## **MN Starts Distance Learning as Virus Spreads**

#### By Taylor Schnellman

Because of the Coronavirus Pandemic, students and teachers across the nation and in MN, have been forced into distance learning. Once schools closed to students on March 18, teachers had about a week and half at L/W to plan how they were going to teach kids at home starting March 30.

Some students are happy about it because they don't have to physically go to school--sleeping in puts a smile on the face of most teenagers. Others are not happy however, frustrated because they might have a hard time with learning online--missing the one-on-one with teachers they are used to or struggling to figure out how to turn things in. Slow internet and sharing devices at home can make distance learning tough. But the biggest challenge may be time discipline. Without the teachers and the bell, getting into a routine and doing work in a timely manner, is extremely hard. And some actually enjoy school, and miss the social interaction, the teachers, the learning, and even the food.

all day, and they might not have time to do their homework. Sophomore Jade Estling said, "I'm going to be sad if we don't get to finish out this school year in a classroom, but I understand that all the steps we are taking to prevent this virus from spreading are more than necessary." This new way of learning could go on until May 4 or until the Governor opens schools up again, which could be next fall.

At L/W High School everyone's



first hour teacher sends out an email each school day at 8am to have the students check into their class for attendance. Students are supposed to respond by 3:30pm. Some teachers are choosing to make videos of themselves teaching the lesson for the students, and others write out lesson plans on the chosen platform: Google Classroom, Synergy, or Schoology. Mr. Novak said, "It will be successful. At the high school level, most teachers and students are already utilizing technology to download and deliver material through the internet. We've been using email and Google applications for many years, so I feel that this will be a change that we will have to embrace until the governor allows us to open schools."

The school provided hotspots to families without internet since most high school teachers have chosen online classes over sending home packets. Chromebooks were also lent to students who needed them as they begin this journey of learning at home while their teachers work from miles away. The school building sits quiet waiting for the chaos of filled classrooms and halls yet again.

Even though many businesses are closed, some students still have to **Ella Warnke** cracks open a book and does her school work.

## Girls Basketball season ends with awards

### By Ashton Aery

The girls basketball season ended earlier than they had hoped, losing to Cass Lake-Bena with a score of 36 to 73 in the first round of play-offs. With no seniors, this year's varsity consisted of three juniors, two sophomores, and five freshmen. Junior Captain Greta Moeller said, "I was really impressed by how much our team improved this year. We maybe didn't have the greatest record, but with every girl returning, next year is looking good for us. We have a young team who is willing to put in the work to get better."

One season highlight included the game against the third ranked team in the state, Walker-Hackensack. The team didn't go into the game very confident but they were ready to give it their all. The girls worked hard and played well as a team to fight for the win. As Coach Katie Pieper said, "This was our best played game all year, the team connected on all aspects." The

girls fought through the whole game, and although they didn't pull off the win, they ended the game with a score of 57-69.

Other season highlights include crushing LaPorte 66-11 and a big 72-34 win over Warroad. The girls will also remember playing in front of the entire school against a tough Clearbrook team.

Coach Pieper wants everyone to



shoot hoops this summer and is excited to see them next season.

Season awards included: All Conference Team: Greta Moeller, Second Team All Conference: Ashton Aery, Play *Maker*: Ashton Aery; *Rookie of the Year*: Elsie Dahl; and MVP Greta Moeller who led the team with 383 points, 96 assists, and 203 rebounds. Aery had most steals with 89 and second most points with 302.

> Junior Ashton Aery goes up for a shot.



Elsie Dahl (9) looks down the court to make a pass.



## **Boys Basketball Season Ends with Awards**

### By Hailey Stephenson

Chad Hazelton returned to coach the boys varsity basketball team for the 2020 season. With not enough players for both a JV and varsity, the young team was made up of 11 players: 2 seniors, 1 junior, 4 sophomores, and 4 freshmen. The boys had a fun season, but it came to an end after a playoff loss against Grygla/ Goodridge leaving the team with a losing record of 3-23.

Coach Hazelton said, "We had a really young team this year. There were times when the oldest player on the floor was a sophomore with little varsity experience. Most games we were up against teams with senior and

Olson. When asked what he'd miss most, Nordlof said, "I'm going to miss playing the game with the boys who also loved to play basketball." Nordlof, a standout on the team, reached 1,000 points at the game against Fisher/ Climax, and also reached his personal

best of 34 points in one game. The

2020 awards were given out at the end of



Awards included: Most Valuable Player and All Conference team-Tanner Nordlof; Most Improved-Waylon Johnson; and Bears Award-Hadyn Rennemo. The Bears leading scorer was Tanner Nordlof with an average of 17.6 points per game and 458 total points this season. Sophomore Chad Bruyere, his first season at L/W, was the lead rebounder with a total of 246 for this season.



junior dominated lineups. As a team we really improved by the end of the season. The guys worked hard every day at practice, and even though we didn't win many games, this was one of the most rewarding seasons that I have ever coached."

The team said goodbye to seniors Tanner Nordlof and Gabriel

season basketball banquet held in March.

> Senior Tanner Nordlof flies up to the hoop.

powers past a Littefork defender toward the basket.

## First Hockey Awards in New Arena

### **By Matt Petrovic**

This was a historic season for all Lake of the Woods hockey teams, including the varsity Bears, because they all got to play in the newly opened arena next to the school. The Bears started a new tradition this year facing off against International Falls in "The Border Battle." The arena was packed for the first game in the arena. After a ceremony, the lights were dimmed, dry ice created a smoky atmosphere, and the players took the ice. It started off with a smooth start, our boys in the lead 2-0 after the first period. The game was very even, but the boys ended up losing against the rival 2-5 in the end.

This year's varsity team, coached by Brent Olson and Cody Hasbargen, consisted of 4 seniors, 6 juniors, and 10 sophomores. One of the season highlights was the game against St. Paul Johnson. Even though the boys didn't pull off the win, they played neck and neck with one of the best teams in the state. In the second period the boys were down 1-2 and lost in the third with an open-net shot, ending the game 1-3. In the first round of play-offs,

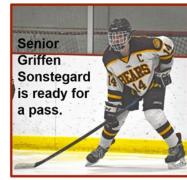
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boys played Bagley, winning 5-2. They advanced to the second round facing Warroad. The team played hard the whole game but they couldn't pull it off, losing 0-8 and ending the season. Their final record stood at 6-18. Captain Gunner Ferrier stated, "I think we played



Gunner Ferrier (12) skates down the ice looking for a shot. well as a team, and I hope the team can continue to improve for the future."

A banquet was held to end the season and awards given out: *All Conference*: Gunner Ferrier, Blake Ferris, Griffen Sonstegard, and Aidan Tom, *All Conference Honorable Mention*: Jack Wood, *Rookie of the Year*: Steven Harris, *Mr. Hustle*: Joe Tiboni, Best *Offensive player*: Blake Ferris, *Teammate of the Year*: Matt Petrovic, *Defensive Player & Hobey Baker Award*: Gunner Ferrier. After the banquet Matt Petrovic said "I enjoyed the whole season and I am so proud of what we accomplished as a





The hockey players proudly show their awards.

# **Knowledge Bowl Barely Misses Sections**

### **By Alex Umerski**

The knowledge bowl crew had a fun season of trivia battles and roadtrips. The team was led by new coach, Bryan Sathre. This was the first time Sathre has ever coached Knowledge Bowl, but he is not new to coaching. "I had no clue what to expect and the students were extremely helpful," said Coach Sathre.

This year the senior high team was very young with two out of



the three teams being only sophomores, including Johanna Birchem, Jade Estling, Brinna Fish, Jessica Acevedo, Samantha Kalk, Emma Jackson, Sierra Castle, and Lily Bossoletti. "I enjoyed going to the meets and trying to beat our scores from the last meet," said sophomore Johanna Birchem.

Another team was made up of senior guys: Carter Olson, Evan

Smith, Nick Hanson, and Shawn Nicholson. On February 21, the 2 sophomore teams headed out to Bemidji leaving the school at 6:15 p.m. They faced 24 other teams all striving to come out on top. In the end, one L/W team came in 14th and the other team came in 11th.

At the end of the season, the team came only a couple points down from going to sections. "I can say we made big gains from the beginning of the season to the end of the season," said Coach Sathre.



2020 senior high Knowledge Bowl Team.

The team grabs a selfie before taking off for Thief River Falls.

## WACKY WEDNESDAY









## **CAREER DAY**

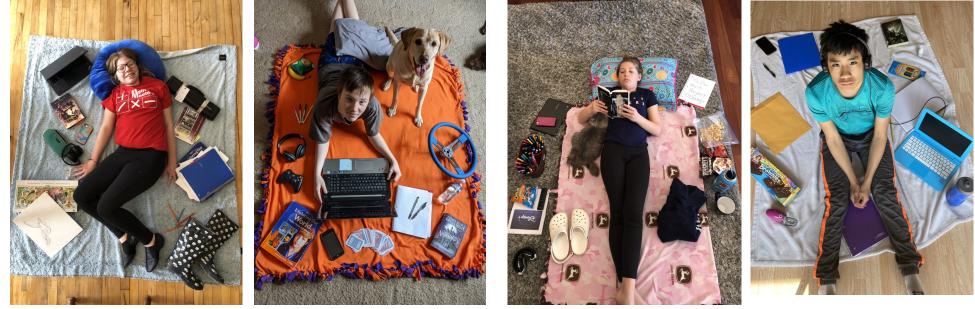


## **ARTISTS' TOOLS FOR DISTANCE LEARNING**











### **Builds Bee House**

Mrs. Krause, 5th grade teacher, asked students' during covid -19 distance learning to tackle different science questions and projects. "I am so very proud of my 5th grader Matthew Nordine, who took on this bee house project. He was very excited to show his classmates on our last google meet session on May 28th." Matthew is planning on putting it in our school forest for our elementary to learn from this fall, or during our future summer school sessions. More plans are being made to further the study of pollinators in our school forest. Matthew is also planning on entering this project in the fair as a 4-H project.

## Hiking Trails

### Agassíz Lowlands Environmental Learning Area located at Lake of the Woods School

0.8 mile loop 0.8 mile loop 1.5 mile 1.5 mi



### Parking

Parking is available in the main school parking lot.

#### Trailhead

☆ The trailhead is located at the trail kiosk, west of the main parking lot.

#### Trails

Trails designated with a solid black line are currently groomed. Snowshoers, please stay off to the sides of the trail.

Trails designated with a dashed line are not groomed

Trail grooming is done by volunteers. A trail pass is not required.

We welcome your feedback as we continue to improve the trails at the school forest.

### Family Crest

Students in Mrs. Krause's 5th grade researched and explored their own family backgrounds while learning about their heritage. During 3rd quarter; students each interviewed a grandparent, created multigeneration family trees, and more recently designed their own 'Family Crests.' This Social Studies project was successfully completed during our Covid-19 Distance learning project time.

Every symbol on their Crest is significant to their family. The motto, or family quote, the colors, the animals, and country flags all tell a story about the students' family values, beliefs, traditions, and experiences.



### Quick Draw Artist

Senior Zach Viskoe was invited to Mrs. Krause's fifth grade classroom in early February to show the students his creative, quick-draw artist talent.

The fifth graders were working on their own comic strip stories and needed an expert from the high school art class to help them with quick character sketches. Pictured here is a creative "Slinky-dog" that Zach and the class created together. We wish Zach all the success postgraduation.



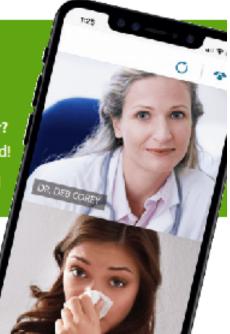
# Together We're Virtually Anywhere

### LakeWood Clinic Virtual Visits

Call us today to schedule your virtual appointment at 218.634.1655.

#### Don't have WIFI or a computer?

No worries, we have you covered!



Liz and Micah preparing meals for "distance learning" meals.

Let our receptionist know and we'll set you up with an assisted virtual visit.



600 Main Ave S - Baudette, MN - 56623

## **Choirs Perform at Contest & Concert**

### By Bethany Mason

This year's March choir concert went very well. The choirs were directed by Mrs. Nordine and accompanied by Heidi Olson. The high school choirs sang seven songs including "This Train," "Dark Brown is the River," and "Homeward Bound." Senior Angelica Million said, "My favorite song was "At Twilight" because it had a beautiful harmony and it starts in a minor chord." This concert was certainly one to remember.

This year at large group choir contest both the women's choir and the mixed choir brought their best. They proudly brought home all superiors. The women's choir received a superior on their songs "Past Three a-Clock" by Nancy Grundahl and "The Arrow and the Song`` by Mary Lynn Lightfoot. The judges had only positive comments on the two pieces.

The mixed choir received a Superior on the songs "At Twilight" by Audrey Snyder and "Gloria" by Debra The **eighth grade** snaps to the beat for their performance.



This was the first time the choir came home with Superior ratings in three years. Senior Zach Viskoe said, "I thought the song "Twilight" was really good because it was spooky and scary and it made me think of my favorite show, Over the Garden Wall."

Each event was a huge success and thankfully took place before the Covid-19 outbreak got bad in the U.S. Now all choir and small ensemble pieces will be practiced at home by the students. Junior Kendra Humeniuk said, "Online choir is not ideal, but all we can do is try our best." Mrs. Nordine, the choir teacher said, "Teaching choir over distance learning has been challenging. I have to trust that students are doing their part to be prepared and know their parts when we come back to school." Small group contest is supposed to be May 5th, the day after we are supposed to return to school from quarantine on May 4th. However if this outbreak continues the way it is going, we may not have a small ensemble contest and may not go back to school.



Mrs. Nordine directs high school choir.

## **Band Concert Cancelled Due to Coronavirus**

#### **By Madie Draper**

Over the past few months, band students have busily prepared for a band concert and contest while some dedicated band students were chosen for Honor bands. Katelynn Nordine and Abigail LaFromboise were both accepted into the UND Honor Band which is an audition group with hundreds of students from surrounding areas. The MBDA Honor Band Festival is based on director recommendations across the entire northwest region of Minnesota. Participants this year were Abby Olson, Taylor Fish, Emily Tange, Sierra Castle, Addison Severs,



and Abigail LaFromboise. The BSU Honor Band Festival is based on teacher recommendation. Three freshmen attended from L/W this year: Lilly Smith, Abby Head, and Emily Tange.

The L/W band competed in Large Group Contest on March 3 in Hallock, where they were pleased to earn a Superior Rating. Band teacher Mrs. Tange said, "The band played great, and were well prepared for this contest."

Sadly, the band concert was cancelled due to the Coronavirus. Mrs. Tange commented that "the band students were really about what they learned in the process, and the performance is the 'icing on the cake.' I am thankful we were able to record our music so people could at least hear what we had been working on." Videos can be linked to from the music department website. Addison Severs worried about the lack of energy in the recorded performance because "we didn't have a physical audience in the room." Yes, the band wants an audience, so give it a listen online.



**Sophomore girls** perform with the band at the nursing home last December.

bummed to not have a [real] concert, after working hard to have their music so well prepared, but from an education standpoint, learning objectives were met. It's

**Mrs. Tange** poses with her participants at the MBDA honor band.

## **Meet our Students of the Month**

### By Katelynn Nordine



The senior high student of the month for December was Nicholas Hanson. His activities include trap shooting for 3 years and knowledge bowl for 2 years. Nicholas is a member of the Sacred Heart Catholic Church and is the son of Lorene Hanson and Mark Hanson. After Nicolas graduates he plans on attending NDSU and is going into the Computer Science field. When asked what was his favorite part of high school is, he said, "chilling with friends during the down time."



Angelica Million was chosen as the January senior high student of the month. Her activities include Choir for 6 years, one act play for 4 years, yearbook editor for 2 years, track for 2 years, boy's basketball manager for 1 year, baseball manager for 2 years and she is a volunteer at the Humane Society. Angelica is the daughter of Steve and Shari Million. She will be attending the College of Saint Scholastica in Duluth this fall.





February's senior high student of the month was Abigail Deroard, who moved here this year from Kenora, Ontario. She is on the yearbook staff and earned Artist of the Month for advanced art. Abigail is the daughter of Todd and Jacy Lysfjord. We asked Abigail what her plans were for after high school and she said, "I plan to take a year off to travel and gain experience and work in order to get more money before going to college."



Julisa Matthias was chosen December's jr. high student of the month because of her academic excellence and participation in activities, which include basketball for 2 years, volleyball for 2 years, softball for 2 years and she is a member of STUDs. Julisa attends the Church of Living Water and is the daughter of Christina and Rydell Matthias. Julisa said her dream vacation would be, "to go to Guyana because my family originated there." Her celebrity crush is Harry Styles.



The junior high student of the month for January was Alyce LaBrassuer. Alyce does well in school and is very involved. Her activities include figure skating, Just for Kix dancing, volleyball, track, cross country, and the one act play. She is also a member of the L/W STUDs group and Emiliy's dance studio. Alyce is the daughter of Sabra LaBrasseur, Ryan LaBrasseur and Todd Canfield.



The junior high student of the month was eighth grader Molly Broberg. New to Lake of the Woods this year, Molly's activities include volleyball, band and STUDs. Molly is the daughter of Richard and Kathryn Broberg. She has two pet horses named Pete and Sugar and her dream vacation would be to go to London, England to see Buckingham Palace.

## Students, Staff Become True Givers: Blood Drive 2020

### By Aspen Thompson

The National Honor Society had a successful turn out at the 2020 Blood Drive on March 11. In total the NHS had about 42 students, staff members, and locals volunteer to donate. United Blood services finished the day with a total of 52 units of blood, exceeding the goal of 38 units that they had hoped for.

Each NHS member brought in food and drinks for the volunteers to snack on throughout the day, which became many of the students' favorite part. Senior Kodi Jonassen said, "My favorite part about donating blood is getting to help save lives."

Jade Estling genero usly smiles despite the needle.





Throughout the day NHS members were surprised by the number of people coming in to give blood, though not everyone was able to donate. NHS advisor Mr. Krause was happy to see all the students and adults who helped the NHS members meet their goal of 38 donations. He commented, "On behalf of the NHS, we were very proud to host the blood drive at the school. It is a great way for students to be "true givers" to those in need."

Blood supplies across the country are being depleted because of COVID-19. It is essential for all healthy citizens, especially young ones, to step forward to accept the challenge of helping others. Hopefully the students who donate now will continue this practice throughout their lives." The NHS members would like to thank all the volunteers for their donations. At Lake of the Woods, students who donate or attempt to donate three times, earn a red cord to wear at graduation.



Destiny Storbeck anxiously waits to donate

## L/W Elementary Recognizes Perfect Attendance

#### Jeff Nelson Lake of the Woods Superintendent

Encouraging regular school attendance is one of the most that they graduate from high school.

As a parent, you can prepare your child for a lifetime of success by making regular school attendance a priority. If at any time you have any questions or concerns about your child's attendance, please contact your child's teacher or school administration. We will work together to figure out the reasons for your child's absences, whether they're <u>physical</u> or <u>emotional</u>, and will develop a plan to provide support and services that will help set your child on Bucks. We are so proud of these students. the path to success.

Lake of the Woods Elementary recognizes students with powerful ways we can prepare our children for success, perfect attendance each quarter. For the 2019-2020 School both in school and in life. When we make school attendance Year, students will be recognized for perfect attendance for a priority, we help our children get better grades, develop the first three quarters prior to the start of distance learning. healthy life habits, avoid dangerous behaviors and ensure Students with perfect attendance were placed in a drawing for a new bike, a \$50.00 check from Mrs. Cynthia Hanson, and two \$25.00 in Chamber Bucks.

> Lake of the Woods School would like to congratulate the following students for their perfect attendance for Semester 1 and Quarter 3 of the 2019-2020 School Year: Ezra Olson won the drawing for the new bike; Lily Solar was awarded \$50.00 from Mrs. Hanson; Abigail Huerd and Abigail Sopkowiak each were drawn for \$25.00 in Chamber







## **Students Enjoy Pi Day & Coffee Delivery**

### **By Rainy Frahm**

Back in September high school teacher Mrs. Emily Pearson started a new activity for her students, to give them an experience they c anuse after high school: a coffee business. Pearson thought, "How fun for them to be baristas and get to deliver coffee to our amazing staff, who have been so supportive." So they sent out an online order form to the staff where they can choose from various flavors of coffee, green tea, or hot chocolate. Then each Tuesday and Thursday the students make and deliver the drinks to staff who pay \$1 for their customized cups of java. They are set up

--- suppling are kept and the coffee is brewed.

Coffee W W th

Pearson also wanted to keep the L/W tradition of Pi Day, celebrated on March 13 or 3.14, like the mathematical constant used in many formulas: Pi. While some may celebrate this day doing math, others do so by eating pie. With a goal of giving students a real-life, fun learning experience, Mrs. Pearson had her students make pies for staff members to enjoy with them. Students not only learn to make pie, but they serve the pie while socializing with appreciative staff.

Since we didn't have school on March 14, Pearson's class held Pi Day on Friday, March 13. First the students brainstormed types of pies they wanted to make, even surveying the staff to find their preferences. Then they spent a week picking recipes, making ingredients lists, and shopping.

After that, they made and baked their pies, filling the halls with the scent of a bakery. Finally, the staff members were invited to join the students in the Home Economics room to enjoy the tasty concoctions throughout the day. The students enjoyed conversing with the staff as they indulged in pies, cheesecake, and drinks Pearson said she most enjoyed "watching and listening to the students explain what they made. They feel so proud of themselves for doing this on their own, and that is what makes a teacher feel accomplished!" She added that her students agree this is their favorite day of the year and that eating leftover pie is a great bonus.

Overall, Mrs. Pearson said she feels "fortunate to work with such awesome students who are open to [her] crazy new ideas." She hopes to make coffee delivery a tradition just like Pi day.



Getting the ingredients ready!

## **AP Gov Students Stay Up All Night For Election**

### **By Angelica Million**

On March 3, 2020 the senior AP Government class got together for the traditional lock-in on super Tuesday, the night of the primary election in 14 states, including MN. Every year Social Studies teacher Don Krause holds a lock-in for the AP Gov. students at the school, where they stay up until 6 am watching the polls roll in and do a vast amount of fun activities throughout the night. There are lots of snacks and fun games to keep students occupied. Gunner Ferrier said, "The best part of the night was beating everyone at the game Smart [Donkey] all night long."





Mr. Krause uses the lock-in as a way for the Government students to experience an election in a fun, interactive way outside of the classroom. He also stated, "I thought it would be a good way to challenge the students to make a positive difference in the world. There is something special about being surrounded by young, idealistic, positive people.' He started this tradition in the fall of 2004 with the election race between George W. Bush and John Kerry. In the beginning Mr. Krause simply wanted the class more engaged. so they got together for an election watch, heading home tired in the early hours of the morning.

For a safer, fun, and more unique experience, Krause asked permission from the school board to keep students at the school all night. They agreed and even allow them to skip morning classes and get some sleep before returning to their afternoon classes the day after. Now this AP Gov tradition continues each year.

The Students are now able to make fun, unforgettabl e memories all night long, as they get involved in politics just in time to become voting citizens of the U.S.



Mr. Krause Gives an inspirational speech to the **Seniors**.

Senior Kodi Jonassen swings his panty hose for the win!

## **Sugden Wins Teacher of the Year**

### **By Greta Moeller**

Mrs. Marilyn Sugden, in her 36th year as a teacher, was named the 2019 Lake of the Woods Teacher of the Year. A celebratory tea was held for her on January 20, 2020, where Sugden was honored by her colleagues with speeches, shared memories, and a plaque. Sugden currently teaches Special Education in the high school. One of her students commented that he likes "Mrs. Sugden as a teacher because she is always there for us." Sugden said that looking back, she can tell she was meant to be a teacher, having loved school since she was young. She says, "I think it was my love of reading-- along with encouragement and high expectations the excellent teachers at our school--that set the groundwork for my interest in education."

After high school, Sugden found

herself at Moorhead State University, taking part in their Speech-Language Pathology program. Today she also teaches speech at the school.

Within the classroom, Sugden says, "I try to communicate to my students that mistakes do not have to be life-defining, but that they can be used as avenues for learning. I want to stress the values of perseverance and resilience and to give students the tools needed to create stones from

blunders." She believes it's very important to teach kids strong work ethics so when they move on in life, they will help make the world a better place.



**Mrs. Sugden** receives her Teacher of the Year plaque.

Sugden has a quote hanging up in her classroom that says, "If all my possessions were taken from me, with one exception, I would choose to keep the power of all communication, for by it, I would soon regain all the rest." She uses those wise words as her guide in teaching. Sugden plans to retire at the end of this school year. She will be missed greatly by her students and colleagues.



**Mrs. Sugden** enjoys the party with her husband and mom who helped her celebrate.

## **Mini-Profiles: Meet 3 Of our '20 Seniors**

By Denton Thompson



Griffen Sonstegard was born in Grand Forks, but he's lived in Baudette all his life with his mom, dad, and two sisters. Growing up Griffen liked to go hunting and fishing with friends and family. He also likes video games and hanging out with friends. Griffen has participated in many extracurricular activities including hockey, football, baseball, and track. He also participated in trap shooting and is a member of the NHS. His volunteer service includes the blood drive, Christmas bell ringing, and Dollars for Scholars. After he graduates Griffen plans on attending Lake Superior College in Duluth. When asked what class he had the most fun in during high school he said, "I liked 9th grade POE" where he said the infamous marble sorter project became his nemesis.



Talia, who was born in Roseau, has many hobbies including reading, weightlifting, sleeping a lot, and skiing. Talia also enjoys playing minecraft with her sisters. Talia has participated in many extracurricular activities in high school. She has played volleyball, basketball and track and field. She is also a member of STUDs, Robotics and National Honors Society. Talia plans to attend NDSU majoring in marketing, Entrepreneurial Management, and Engineering. When asked about what she is going to miss most about high school she said, "I will miss the cookies that are available on Friday and my friends and teachers. But mostly the cookies."



Tanner Nordlof was born in Baudette on March 5, 2002. He has lived in Baudette his whole life with his parents Buck and Kelly. Tanner enjoys going outside and doing things like hunting and fishing. Growing up, Tanner liked to ride snowmobile and dirt bike with his friends. He is a member of NHS and is also a member of the trap shooting team. His volunteer service includes bell ringing, the Blood Drive and volunteering with his father for Whitetails Unlimited events. After graduation he plans to attend Northland Technical College to train to be a Collision Technician. Tanner said that after high school he is " going to miss having a good time with friends and I will also miss playing kan at lunch."

## **Opinion: Senior Year Crossed With a Pandemic**

### By Abigail Derouard

As a pandemic strikes the world, so far no cases have been diagnosed in Lake of the Woods County. However, it is affecting many of us, especially the senior class of 2020. We have truly waited for this spring for 18 years. There is a good possibility that we might not go back to school to finish our senior year. Questions come from seniors each day about what is going to happen, and the waiting game for news from officials creates tension in families and communities. When asked about her senior year, Talia Frahm stated, "I feel like the coronavirus has taken our high school experiences away."

In my opinion, there are multiple ways we can avoid canceling events. People across the country have discussed ways to overcome canceling events by making changes to the way things are done. Many schools are using a conferencing app, "Zoom" to continue discussions. In Struthers, Ohio, students are even discussing doing prom over FaceTime. Colleges such as Harvard

and Miami University have scheduled virtual graduation ceremonies. Is this what we will do?

The 2020 seniors have big events coming up that they look forward to, including the senior class trip, senior prom, and our graduation ceremony. We have already spent money on "promposals" as well as suits, dresses, graduation caps and gowns, senior pictures, and invitations to grad parties, leaving many

disappointed while they wait to see what happens, IF they happen... Some students have AP Exams coming up in May. They earn college credit if they pass, but this year, exams will be moving online with two test dates students can choose between.

Hopefully,

sound solutions will be made regarding the events our school has planned and we won't have to miss these life milestones.

"I can't believe we might not walk in graduation. That'd be awful,' said senior Zach Viskoe. I suggest everyone keeps up with the instructions from authorities, so this passes and the 2020 seniors can have the conclusion to their high school careers that they deserve.



An excited senior class poses for a pic in September.

## **Opinion: Will We Have Spring Sports?**

### By Ella Paschke

Due to the coronavirus outbreak, the MSHSL (Minnesota State High School League) has ordered schools all over Minnesota to suspend their 2020 spring athletics until further notice. Lake of the Woods athletic director Chad Hazelton confirmed that there is no official cancellation of sports. However, they are suspended until at least May 4th. "Everything will depend on whether or not we go back to school, and even then, some activities might be cancelled," explained Hazelton.

As an athlete myself, I have looked forward to softball all year, and for all spring sports to be cancelled feels somewhat unfair to me and other athletes. I especially feel bad for seniors--not being able to participate in their sports must be super disappointing. "Ultimately I am very bummed out and feel cheated of my senior season, my last year to play the sport I love with the team I love. I'm not happy about how things ended but you have to deal the hand you're dealt," explained Destiny Storbeck (12).

of possibly going places and getting better as a team. Sure we can all work on our skills by ourselves, but it is difficult with no direction and limited equipment. "I think it is extremely disappointing; spring sports (normally) get cut short in northern Minnesota as it is due to weather. Now COVID-19 might take the whole season away. I hope we are able to get back to our sports before the year ends," stated Shayla Risser (11).

Baseball player Charlie Eck added, "I'm sad that I might not get to play baseball my freshman year. I was really looking forward to the games and

fun bus ride



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new



The pandemic has affected students athletes in all sports. We are missing opportunities to show our coaches and teammates how we are able to improve and what we can bring to the table for games and practices.

"I was honestly super upset because track is the sport in which I can succeed by myself and show improvement from meet to meet. I also love the team. Not being surrounded by them is hard," explained Paige Haack (9).

I think that when we go back to school, they should seriously consider not cancelling sports. Kids have real passions for them; for some it's their personal escape. I believe that it would hurt a lot of us if we aren't able to pursue those passions by holding us back. Although I am passionate that the MSHSL and our school continue the 2020 spring sports, I feel as though we as athletes can still continue to work hard and push ourselves on our own. There are many tools we can use such as Mr. Sathre's bear power program. So we are ready in case we start our sports back up when or if we go back to school.

COVID-19 is spoiling kids chances

## **How Social Distancing is Affecting Students**

### **By Payton Marken**

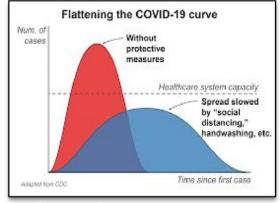
Whether you're loving the time away from people or wishing you could be out with friends, social distancing is important and necessary to flatten the curve on the coronavirus. Flattening the curve means bringing the number of COVID-19 cases down to a controllable amount under the healthcare system capacity. I included a graph from The New



York Times to help you visualize it (blue being with social distancing, red being without). Currently some states, like MN, are doing better at flattening the curve, which means less virus spread and fewer dead. When the number of cases is above the healthcare system capacity line, those who need care may not receive it because there

more sick people than there will be doctors and nurses to care for them. If we can bring the curve below the line by staying inside in order to slow the spread, the number of cases will be more manageable, and many lives will be spared.

I sent out a survey asking how students felt about social distancing, and received 35 responses. Some kids are reading



Source: nytimes.com

or baking, while others are gaming. 30 students were unhappy and miss their friends, while 5 were enjoying quarantine. Garrett Jenson (9) said, "I've been able to spend a lot of time with family."

Gracie Johnson (11) explained, "I've started walking my dogs every day." Remember to stay inside and save lives, but connect with friends and classmates through Zoom or Facetime to keep yourself mentally healthy.

Britnay **Mccoy** (11) social distances from her human friends by giving her horse some love.



### **Opinion: Participation in Sports Drops but Kids Should get Involved By Destiny Storbeck**

What if we had no school sports? Imagine ticipate, leading to how different school would be. Over the past several years, our school and others have seen a decline in sports participation. Sports and travel also have become expensive for schools to support. This makes one wonder if schools will continue to support athletics

will be

We need sports. Sports bring students together as teams and the community together as fans. Back in the day, getting students to participate was easy. So many students would come out that we would have multiple levels in the sport and even tryouts to cut people off teams. Coach Storbeck, head Track Coach, stated, "When I first started at LHS coaching football, swimming and track, we had more participation in sports and many dedicated athletes. Sports were the big thing; everyone wanted to be involved." While that was the case in the past, lately it has been a challenge to get kids to par-

the end of girls hockey, a co-op with Rainy River, and some teams unable to form a JV or C-team.

Are kids losing interest? Participation in sports seems abundant among the youth, but as they get older, numbers drop. Students may be pressured from schoolwork and clubs that can make it harder to fit sports into already busy schedules. Some kids don't respond well to strict routines often followed in sports. However, other kids just seem to have lost interest and would rather have free time to do what they want. They would rather go home after school and play games or watch their shows. Is this a problem? Would these kids benefit if they were more involved? Student athlete, Shayla Risser, said, "I

#### have to decide

between sports and technology. Today, technology has consumed our daily lives. I think that with the invention of video games, smart phones, and on-demand television, kids have a declining interest in sports.

We don't have to succumb to the draw of our devices. We all know the importance of physical activity; it not only makes you healthier physically, but mentally as well.

Students need to get out there and get involved in sports. Kids will appreciate the hard work as well as bonding with a team. Senior athlete Kodi Joanassen said that, "sports are very beneficial. Not only keeping you in shape and teaching you skills, but most importantly you make bonds with your teammates and friendships that will last a lifetime." Let's bring back the importance of sports and get involved so the Lake of the Woods Bears remain a fighting competitor in Section 8. You never know what memories or friends you will make unless you try!

think people are more obsessed with technology and aren't as physically active as they used to be." Not all that long ago, being in sports was THE cool thing to do, but things were different then. Kids didn't

## New Coffee Shop Opens as Businesses Shut Down

### By Annie Beyer

On March 16, 2020, a new coffee shop opened in town on Main Street West in the location of the former coffee shop, The Rogue Bean. Since opening, the New Moon has been a hot spot for many in the town, which Janice Nelson and Nancy Smith were hoping for when they started the business. They opened the coffee shop because they felt the community needed a place where people can come and relax with family and friends. They've been working on remodeling for the past several

months.

Freshman Kaydee Nelson hustles to get everything ready.



When running a business you have to be prepared for almost anything-snowstorms, large crowds, running out of a product, but a pandemic was probably not expected. So how is the New Moon dealing with the COVID-19 rules? Right now only take out orders are allowed; you can order by phone or on their Facebook or Instagram.

"Their first impression for me was very nice," said Tucker Betio, a tenth grader.

Hailey Stephenson explained, "My favorite drink is the tutti fruity and their paninis are good but my favorite is the Italian."

Senior Hailey Hancock said, "The New Moon is a great place to grab a coffee and a bite to eat."

An employee at the New Moon, Lillian Smith said, "My favorite part about working there is making everybody's favorite drinks and experimenting with new flavors."

The New Moon has become very popular in this small town.

They have many different food and drink options on the menu including hot paninis, which include the Italian, Cuban, veggie, etc. They have wraps, such as taco wrap, Greek wrap, and chicken spinach. They also make PB & J, the leap of faith, taco salad, and deli sandwiches. The New Moon has a soup of the day, fresh baked goods, and they, of course, serve a wide variety of drinks including, espresso, frappuccinos, latte, Americano, and many others. Check them out soon!



Freshman Lilly Smith helps clean up for the night at the new coffee shop.

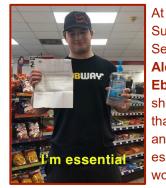
## **Trend of the Month: Social Distance**

A year ago, none of us had heard the phrase "social distancing." Now, everyone in the world knows it all too well, and for those who thrive in social settings, this has been most difficult as we stay 6 feet away, avoid crowds, eat at home, and even wear masks to the grocery store.

Governor Tim Walz says Minnesotans are doing such a good job at staying home and avoiding public settings, that we are, in fact, flattening that curve and preventing illness. Lake of the Woods has stopped spring fisherman from hitting the river while sporting events have been cancelled everywhere. ESPN plays the highlight reel and we all get to know our families a little bit better. Yes, the trend is to stay home and keep that virus at bay.



10 th grader Jacob Johnenjoys a nice day of fishing by himself on the lake.



Subway, Senior Alex Ebnet, shows off that he is an essential worker.





**Ella & Evan** keep their distance between each other.



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## **Meet our Students of the Month**



Colton Erickson is the March senior high student of the month because of his academic excellence and participation in activities. His extracurricular activities include band and class treasurer. Colton is the son of Bruce and Charlene Erickson.



Garrett was chosen junior high student of the month for March because of his academic excellence and participation in the extracurricular programs . His activities include football, basketball and track. Garrett is the son of Darlene Stay and Josh Jenson.



Kaylene has been chosen to be the Lake of the Woods Senior High "Student of the Month" for April 2020 because of her academic excellence and participation in the extracurricular programs at LHS. Kaylens's Extracurricular Activities include: Choir, National Honor Society, is a B Honor Roll Student and has lettered in Choir.Kaylene is the daughter of Kevin Olson and Jennifer Greger-



Hannah has been chosen to be the Lake of the Woods Junior High "Student of the Month" for April 2020 because of her academic excellence and participation in the extracurricular programs at LHS. Hannah's Activities include: Volleyball, Golf, Band and STUDs. Hannah is the daughter of Gary and Dyana Fish

D MORE CLIPPING



Kendra has been chosen to be the Lake of the Woods Senior High "Student of the Month" for May 2020 because of her academic excellence, and participation in the extracurricular programs at LHS. Kendra's Extracurricular Activities and Groups include: Band, Choir, STUDs, Volleyball, Softball Manager, National Honor Society, Junior Class president, and is a member of Sacred Heart Catholic Church. Kendra is the daughter of Rich and Teresa Humeniuk



Emily has been chosen to be the Lake of the Woods Junior High "Student of the Month" for May 2020 because of her academic excellence and participation in the extracurricular programs at LHS. Emily's Activities and Groups include: Volleyball, One -Act Play, Knowledge Bowl, Band, Choir, Dance, STUDs, and is a member of Sacred Heart Catholic Church. Emily is the daughter of Eric and Liz Tange.

### **Box Tops News**

In an effort to raise additional funds for the school, Lake of the Woods School participates in the General Mills Box Tops for Education program. The program has been an easy way for parents and students to earn cash that goes directly to the school. **How the Program Works** 

- There are more than 250 participating products in 42 food and non-food categories that carry Box Tops on their packages
- Each Box Tops clip is worth 10 cents
- It's simple. Buy the products; clip the Box Tops; send the Box tops to school
- Box Tops is changing to fit today's families. The new and improved Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box tops to your school's earnings online
  - Each enrolled school has a Box tops Coordinator that counts and submits all of their Box Tops to General Mills
  - Enrolled school receive two checks a year from General Mills to purchase the things they need like: books, school supplies, playground equipment, teacher training, computers, etc.
  - Enrolled schools can earn up to \$20,000 every school year by clipping Box Tops from participating products
  - Schools can also earn through Bonus Box Tops offers, sweepstakes, and contests
  - There are not any restrictions on how each school spends their check. Schools can spend their cast to buy what they need most

If community members are interested in contributing to the Lake of the Woods School efforts by donating Box Tops, contact Shannon Hayes at <u>Shan-</u>

non h@lakeofthewoodsschool.org or by phone at 218-634-2510 ext. 1738. Box Tops may be sent to the school in care of Shannon Hayes at PO Box 310, Baudette, MN 56623. Visit www.btfe.com to find ideas and resources and more information about the Box Tops program.

Adult Basic Education For more information on ABE (Adult Basic Education) Classes, please contact: Kirsten Fuglseth, Adult Basic Education Coordinator 114 West First Street Thief River Falls, MN 56701-1911 Phone: 218-681-0886 Email: kfugleseth@nw-service.k12.mn.us Must be 16 years old or older and not enrolled in secondary school.

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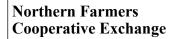
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