

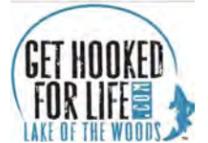
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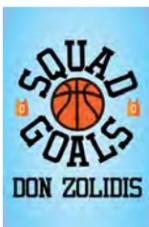


Education Plus



"In pursuit of excellence and opportunities"

Winter 2017-2018



The Lake of the Woods Drama Team will be presenting the comedy/farce, *Squad Goals* on Saturday, January 27th, at the Sub-Section One Act Play Competition at Lake of the Woods School! The competition will be held from 10AM until all the plays (usually about 6 or 7) have been performed and judged. Each play has a maximum time limit of 35 minutes to perform. The top two plays will go on to Section level competition the following weekend. Concessions will be available in the commons between plays and at lunchtime.

Our team is a really fun group this year. They are eager to really have a blast and create some great entertainment and FUN!

The following is a summary of the one act play, by Don Zolidis, that our team will be presenting.

"The crackpot coaches of a ragtag basketball team are looking for one more basketball player, but if inspirational sports movies have taught us anything, it's that winners don't need to have superior talent--just the most *heart*. So these tryouts will test the hopefuls on the really "important things": playing through an injury, giving a thrilling halftime speech, and, of course, moving exceptionally well in slow-motion to dramatic music. *Squad Goals* is a hilarious slam-dunk."

Cast and crew members of the Lake of the Woods one act play are:

Coaches- J'Karay Matthias & Gabriella Storkson
Players - Katlyn Nordine, Lisa Langrehr, Angelica Million, Destiny Storbeck, Rebekah Fraser, Talia Frahm, Abigail LaFromboise, and on technical crew & lights-Addison Severs. The show is directed by Joyce Washburn.



UGLY SWEATER CONTESTANTS WIN MCDONALD'S VALUE MEAL



Andy Higgins



Kodiak Dorow



Ali Plourde



Lola, Sarah and Emma practicing for their elementary concert.

Visit the school's website www.lakeofthewoodsschool.org

Hasbargen wins L/W Teacher of the Year

By Rian Jonassen



The 2017 Lake of the Woods Teacher of the year is Katie Hasbargen. Hasbargen has been teaching for 12 years, first starting out at Lake of the Woods in the fall of 2006 as a substitute teacher for Industrial Technology department, then quickly became a full time teacher at Lake of the Woods where she happily teaches carpentry, woodworking, automation & robotics, design, computer aided drafting.

One of her goals as a teacher was to display “the same work ethic and commitment” her “parents demonstrated in their professions.” Hasbargen had also always enjoyed working with children through different hockey camps and clinics. She said, “I had many excellent teacher and coach role models through elementary, high school, and college.

She is the co-adviser for National Honor Society (NHS), and an active member with the Dollars for Scholars Committee, and has been since 2010. At the beginning of her teacher career she was involved in the girls’ hockey and junior high softball. She coached hockey for 5 years and softball for 6 years.

Snowshoe, Shuffle & Stomp!

Lake of the Woods Community Education is offering a snowshoeing class for students in grades 3-6. Students are invited to join our snowshoeing adventure on Tuesdays and Thursdays after school as we buckle, clip, and stomp thru the snow-filled trails behind the school for our snowshoe sports adventure. Students must wear a jacket, snow pants, boots, hat and mittens. Please bring a water bottle. The instructor is Andy Pierson. The fee is \$25.00 resident; \$30.00 non-resident payable to Lake of the Woods School. Registration forms will be sent home with students.

The dates will be Tuesday's & Thursday's February 6, 8, 13, 15, 20, 22, 27, 2018. Students must pre-pay and pre-register.

For more information, contact Cece in the Community Education office at 634-2735 ext. 1501 or cece_c@lakeofthewoodsschool.org



The Grand Theater...

Movie Hotline

634-1376



Gift Certificates Available



Healthy Schools

New Baby? New to the Area?

It is important for our future planning to have all children in our census files. Census numbers help determine the amount of levy funding that our Early Childhood Program receives from the State of Minnesota. When you are listed on our census, you will receive updates from our Early Childhood program and pre-school information for kindergarten. Please call Deb at 634-2056 ext. 1518.

The **Education Plus** publication is a production of Lake of the Woods School and Lake of the Woods Community Education. The **Education Plus** newspaper will be printed 3 times during the 2017-2018 school year and distributed to area postal patrons. It is also available on our school's website www.lakeofthewoodsschool.org

Lake of the Woods School Board Members:

Lynette Ellis, (District #1)
Tim Lyon, (District #5)
Jeff Birchem, (District #6)
Sharon Feldman, (District 4)
Boyd Johnson, (District 2)
Corryn Trask (District 3)

School board meetings are held the fourth Monday of each month.

L/W School Administration:

Jeff Nelson - Superintendent and Elementary School Principal
Brian Novak - Asst. Admin./Elem. Principal
Chad Hazelton - Dean of Students/Athletic Director

Community Education Advisory Council: Jeff Nelson, Ken Moorman, Sharon Feldman, Nicole Gate, Lisa Beckstrand, Jeff Birchem, Kristi Bowman, Amber Zemke, Darlene Stay, Tammie Doebler, Sunny Dorow, Emily Durkin, Steve Johnson, Nancy Jewell, Brent Cole, Cece Charlton and Brian Novak

Community Education Meeting Dates:
November 7, 2017 ITV Room 4:30 p.m.
January 23, 2018 ITV Room 4:30 p.m.
March 13, 2018 ITV Room 4:30 p.m.
June 5, 2018 ITV Room 4:30 p.m.

Community Education:

Cece Charlton - Coordinator
Brent Cole - Assistant Coordinator
Lisa Beckstrand - Pool Coordinator
Nicole Gate - ECFE Coordinator/Instructor
Muriel Crandall - Paraprofessional
Sandy Wiczek - Paraprofessional

Census Information

Lake of the Woods School is updating school census information. Census numbers help determine the amount of levy funding that our Early Childhood Program receives from the State of Minnesota. When you are listed on our census, you will be notified of Early Childhood Screening dates and will receive important Early Childhood and Kindergarten information. If you have a child born on or after August 31, 2014 (children 0-4 years old), please call Deb Anderson at 634-2056 ext. 1518.

School Reach

Whenever you change phone numbers at home, work, cell phone or email address, remember to update these changes with Diane in the high school office or Deb in the elementary office.



LAKE OF THE WOODS
School

Lake of the Woods School ISD #390
P.O. Box 310
Baudette, MN 56623
(218) 634-2735 (phone)
(218) 634-2467 (fax)

Winter School hours:

Mon/Wed/Fri: 5:00 a.m. - 10:00 p.m.
Tues/Thurs: 7:00 a.m. - 10:00 p.m.
Weekend hours: Sat -1:00 - 4:00 p.m. &
Sun - 1:00 - 4:00 p.m. and for scheduled events.

Hours are subject to change.

THE SCHOOL FACILITY WILL BE CLOSED AND LOCKED ON HOLIDAYS AND WHEN SCHOOL IS CANCELLED.

For school announcements, visit www.lakeofthewoodsschool.org

Students Enjoy WE Day at Xcel Energy Center

By Eric Hanson

Around twelve-thirty on November seventh, a bus full of Lake of the Woods students, with a few chaperones, started on an overnight trip to St. Paul for WE Day. Before the event, the students visited the Mall of America for roughly an hour then left for an American where they spent the night. When they arrived around ten in the morning at the Xcel Energy Center where they were greeted by many influential speakers and musical artists.

The speakers they heard from include Margaret Trudeau who spoke about mental health and Lizzie Velasquez who talked about bullying. Greta Moeller said, "Listening to Mari Copeny talk about the Flint, Michigan poisoned water was amazing because she is only ten years old."

Some of the artists they got to listen to were Jessie Reyez who performed "Great One" and Grace Vanderwaal who sang "Moonlight."

Annie Schiro attended WE Day, and her reflection of the day was "WE Day was an exciting and influential experience and I recommend all students getting a chance to attend it." The events ended around two-thirty in the afternoon. They headed through a storm stopping many times, including Pizza Ranch, along the way to Baudette arriving at about eleven at night.



Me & My Guy Dance

Sunday, February 25, 2018

1:00pm to 3:00pm

Lake of the Woods School

Multi-Purpose Gym

\$5.00 per person

tickets sold at the door

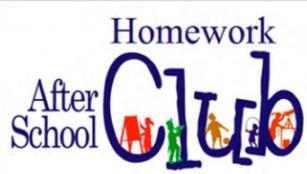


Guys, get your little lady (ladies) all dolled up for a fun afternoon of music, dancing, and snacks!

Please contact:

Liz at lakeofthewoodswt@mnwt.org - 815-276-6145 or Brandie at brandiejstrohl@gmail.com - 218-556-3833 with any inquiries.

Event sponsored by
Lake of the Woods Women of Today



WHEN: Tuesdays and Thursdays from 3:15 pm to 4:30 pm

WHERE: Media Center

WHY: To work on homework or other class assignments

After school Homework Club will be for students in grades **6th through 12th grade**. **Students must sign up by 12:30 pm in the high school office if they are planning on attending Homework Club on that Tuesday or Thursday.**

1. Students are required to attend the full session (3:15 TO 4:30)...Classroom door will be locked at 3:15.
2. Parents will be called if student leaves early or does not show up.
2. Homework first and then work on other class projects or read a book.
3. Use the computers in a responsible manner. Computers are a privilege and students must have permission to use. Computer games are not to be played.
4. Behavior issues will result in the removal of the student, a phone call to the student's guardian and an automatic after-school detention. A second offense will be the removal of that student permanently from homework club.



March 17, 2018
Lake of the Woods School
Gym
9 am-1:00 pm
Open to
All students
grades K-8



Thank you

To all of the area
businesses that support the
Lake of the Woods School and the Education Plus.



Adult Basic Education

For more information on ABE (Adult Basic Education) Classes, please contact:

Kirsten Fuglseth, Adult Basic Education Coordinator

114 West First Street

Thief River Falls, MN 56701-1911

Phone: 218-681-0886

Email: kfugleseth@nw-service.k12.mn.us

Must be 16 years old or older and not enrolled in secondary school.

Lake of the Woods School has nine Automatic External Defibrillators (AED). The AED's are located in the cafeteria/commons area, by the multi-purpose gym/pool area, in front of the elementary office and in the east hall by the elementary playground entrance and in east end of high school area. One is also stationed in the nurses office and 3 travel with our sports teams.

To download the 2017/2018 District Calendar, visit www.lakeofthewoodsschool.org

Elementary and High School Concerts



2018 Lake of the Woods K-12 Music Events Schedule

January 13 or 20 - MBDA Honor Band at Fergus Falls
January 19-21 - UND Honor Band & Choir
Band and Choir Talent Showcase/Fundraiser, TBD
February 8 (Thurs) – Elem. Music Program, grades 4-6, 9:30 a.m.
February 26 (Mon) - Large Group Choir Contest, at Badger (gr 9-12)
March 6 (Tues) - 7-12 Choir Concert, 7:00 p.m.
March 13 (Tues) - 5-12 Band Concert, 7:00 p.m.
March 14 (Wed) - Large Group Band Contest, at Tri-County (gr 9-12)
March - Junior High Band Festival at Roseau, TBA
March 27 (Tues) – Vocal Ensemble Contest at SAC (gr 9-12)
April 5 (Thurs) - Instr. Ensemble Contest at L/W (gr 9-12)
April 10 (Tues) - Kindergarten Program 9:30 am
May 2 (Wed) - 5-12 Band Concert and Awards, 7:00 p.m.
May 9 (Wed) - 7-12 Choir Concert and Awards, 7:00 p.m.

For school announcements, visit www.lakeofthewoodsschool.org

Triple A Booster Club Has Spirit!

Over the years Triple A Booster Club has shown its school spirit by supporting the education and development of students in grades 7 through 12, in the areas of Academics, Arts, and Athletics.

Established as a 501© (3) non-profit organization, Triple A Booster Club serves as the financial manager for the funds raised by each of its Group Accounts and also conducts its own fundraising to help support those groups and to sponsor other events and activities. Currently, the organization manages funds for and helps supplement the funding needs of over thirty Group Account holders, such as Choir, Hockey, Knowledge Bowl, and Special Olympics. Requests by individuals or other organizations for contributions to support Academics, Arts, or Athletics are considered.

Triple A Boosters also sponsor events and activities that benefit Lake of the Woods School and the communities it serves.

Triple A Booster Club provided the sign

on Highway 11 and the banner in the gym celebrating the success of our State Volleyball championship team. Working with Dollars for Scholars, the Boosters have been able to provide scholarships to graduating seniors. They have also worked with National Honor Society students to create a school calendar of events, including the dates of sporting events, choir and band concerts, dates of parent/teacher conferences, and school testing dates. Although a large portion of the Club's general fund comes from the sale of advertising space in the events program used at athletic and other school-related events, sales of the calendars serve as another source of revenue.

Being active with the Triple A Booster Club is a great way for parents and community members to become involved in more aspects of student activities. New ideas are always welcome! Meetings are held the third Wednesday of each month throughout the year.

Baudette Public Library & Media Center

110 1st Avenue SW
P.O. Box 739
Baudette, MN 56623
218-634-2329



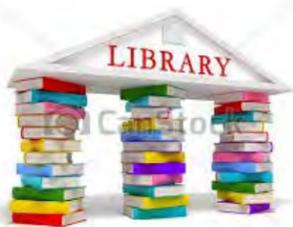
Hours will be Mon.-Fri. 10:00-5:30 & Saturday 10 a.m.-2 p.m.
Watch for date in January! "New Year Open House"
Saturday, Feb. 17 at 3 p.m. "Vintage Aprons"
Watch for date in March! "Dr. Seuss Birthday Event"
Saturday, April 14 at 1 p.m. "Robin Anders-Percussion"
Saturday, June 16 at 1 p.m. "Brodini Comedy Magic Show"
Saturday, July 7 at 10 a.m. "Sean Emery Juggling Show"

"Like" us on Facebook

Computers/24 hour access to WI-FI

Wireless printer (print from smart phone), color copier

Watch for more programs at your local library!



**Williams
Public Library**
350 Main Street
Williams, MN 56686
218-783-7211

Monday through Thursday,
1:00-4:30 p.m.

School Reach Instant Alert/Storm

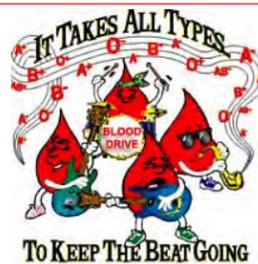
Whenever you change phone numbers at home, work, cell phone or email address, remember to update these changes at 634-2735, with Diane in the high school office, ext. 1421 or Deb in the elementary office, ext. 1518.

As the name implies, SchoolReach is a parent notification system. SchoolReach has a process called EX Data Synch that allows us to build the automated transfer of parent contact information from Synergy, our student information system, to the SchoolReach hosted location. It simply saves time and provides more up to date, accurate parent contact information.

Once we make a parent contact change in Synergy, it will update in SchoolReach every day. The most current parent contact information in Synergy will now be in our parent notification system. Our staff should no longer have to change parent contact information in multiple systems.



Robotic's members, Sierra Castle and Julie Quo, demonstrating their robots during the Holiday Extravaganza on November 18, 2018.



SAVE THE DATE
NHS Blood Drive
Wednesday, March 14, 2018
Multi-purpose gym



Take A Kid Fishing
June 20, 2018

To view the Education Plus, visit www.lakeofthewoodsschool.org



Volleyball Team takes 2nd in Section 8A

By Angelica Million

The Bear's volleyball team made it one game away from the state tournament. The team peaked during playoffs, making it farther than many expected. Returning coach, Jill Olson, led them in a winning season and finished with a total of 15 wins and 12 losses.

The team consisted of three seniors, four juniors, one sophomore, four freshmen, and one eighth grader.

Coach Olson said, "This season the girls were fighters; it was phenomenal to have a group of players that never gave up, no matter what the circumstances."

In playoffs the team beat Waubun 3-1, then played a tough Win-e-Mac team at BSU on a stormy night. The Patriots were tough, but the Bears won 3-2.

Next the Bears faced BGMR at Bagley. After losing the first 2, the Bears surprised everyone and won the next 3 for the win, advancing them to the Section finals at BSU for the first time since 2012.

Defeated in three matches, they fought their hardest in the final match ending with a score of 25-22. Ada-Borup had a very strong block and smart hitters; the Bears just could not pull off the win.

Senior Makenzie Hancharyk said, "It was a really good opportunity to get as far as we did and prove to everyone how far we have come. It was amazing seeing everyone come cheer us on."

Football Season Concludes with No Wins

By McKena Wilmer

A season with nine losses led to change for the football team. Going from a passing team to a rushing team this year took quite the transition, but improvements were made with learning a new offense. The Bears had little over 100 rushing yards, which is a lot compared to previous years. Coach Laine predicts roughly 2000 rushing yards next year with all of the experience the team now has under their belt.

"As long as we hit the weight room in the offseason and can bench press 80% more than we have, I believe we will have a strong year next fall," Coach Laine explained.

Kade Chapman joined the team midseason after several players went out from injuries. Chapman had never played football before, so he was very new to the turf, but that was not a limitation. Only playing 4 games, he averaged 100 yards a game and also scored 2 touchdowns for the team. Reflecting on the season, Kade said, "I wish I would've joined sooner. I think I could've helped change a few games."

After ending the regular season without a win, the Bears had to play a tough competitor. Stephen Argyle was the first game of the playoffs, perhaps the best team the Bears faced all season. The team proved they could move the ball, as junior Tanner Nielson ran 156 yards alone. Stephen Argyle, a tough team, has won the section championship multiple times. As Coach Laine would state, "they know how to play 9-man, and they excel," but that did not stop the Bears. Holding the opponent with the defense that finally worked out correctly, the Bears proved they could compete.



Cross Country wraps up season

By Cassidy Lucek

The Cross Country season started with many new members joining and ended with each runner achieving a personal best. The team was again coached by Dyana Fish with the help of senior captain, Gabe Johnson.

Coach Fish said, "At each meet the runners had their mind set on an "ideal" time they wanted to finish their race in, and as a coach it was rewarding to see their pride in their accomplishments." With each race about 3.1 miles, the team excelled.

Fish said, "The bus rides, "family" bonding, and encouragement that the team shared this season made this individual sport feel like a team sport this year."

This season eighth grader Anson Haack was the only medal recipient, earning a medal at the Roseau Meet for 15th place. "The best meet that we attended this year was Milaca, there were over 5,000 runners!" Stated Haack.

Along with L/W and Indus students, runners from Emo and Rainy River also joined the team this year. Coach Fish looks forward to next year, and said her ultimate goal is to see runners go to the state competition.

For the full L/W sports schedule, visit www.lakeofthewoodsschool.org

Girls Basketball Team Gets Excited for Game 1

By Rose Thomas

The girls' varsity basketball team is off to a fresh start with new head coach, Katie Pieper; Amber Stavig volunteers to help out, and Jasmine Draper has the JV. This young team has just 2 seniors, 5 juniors, and 3 freshmen. The junior varsity team, coached by Jasmine Draper, has 1 junior, 2 sophomores, and 5 freshmen.

To prepare for the new season, Coach Pieper encouraged girls to shoot 10,000 shots over the summer, which a few attempted and completed.

The first home game, scheduled for December 4, was postponed due to bad weather. Their first game, will now be Friday, December 8, against Pine River-Backus.

The team is very excited for the season this year as stated by senior Camryn Strohl, "I have very high hopes for the team this year. It'll be great working with everyone, and I hope we can go farther than we expect."

The junior high is coached by Gary Moeller, who moved up from elementary BB. Their first tournament will be held in Roseau this Saturday. Eighth grader Rayna Martin said, "I feel good about this season. We have a good chance of winning most of our games, because we have been practicing really hard."



A Close Shave; Crave the Shave Results are in

By Shawn Nicholson



Over the last month, razors were down and beards were grown, as several students and staff of Lake of the Woods High School participated in "No shave November." While many put shaving beneath them, only a few actually signed up for the school sponsored No Shave November competition.

Donation jars were set up in the office for students and staff to donate, placing money in the jar of the person they want to win the competition. After 30 days, the winner was announced as Mr. Hazelton! Mr. Nelson came in second, and finally Mr. Novak finished in third place. All the money earned from No Shave November will be donated to the Lake of the Woods Humane Society to help find new homes for our furry friends.

"It was a very hairy experience," said Mr. Novak when asked his opinion on the fundraiser. This year's No Shave November has earned a total of \$36.77 which was donated to the Humane Society a few short days after the competition.

Access your child's attendance, grades, lunch account & more www.lakeofthewoodsschool.org

Boys BB prepares for the new season with new coach

By Ryan Johnson

This 2017-2018 basketball team has a combination of 2 seniors, 2 juniors, 4 sophomores and 5 freshman. The team also has a new coach, Mr. Chad Hazelton, who has experience playing high school and college basketball, as well as 15 years of coaching experience.

The team has some strong new players coming up. They are excited to add the new, young, young, hardworking kids to the team, as well as a coach that runs a tight schedule. Senior captain Daniel Novak said, "We have a very young team, and we are just trying to improve by the time playoffs arrive in March." Junior captain Jaylin Raschke said, "Just

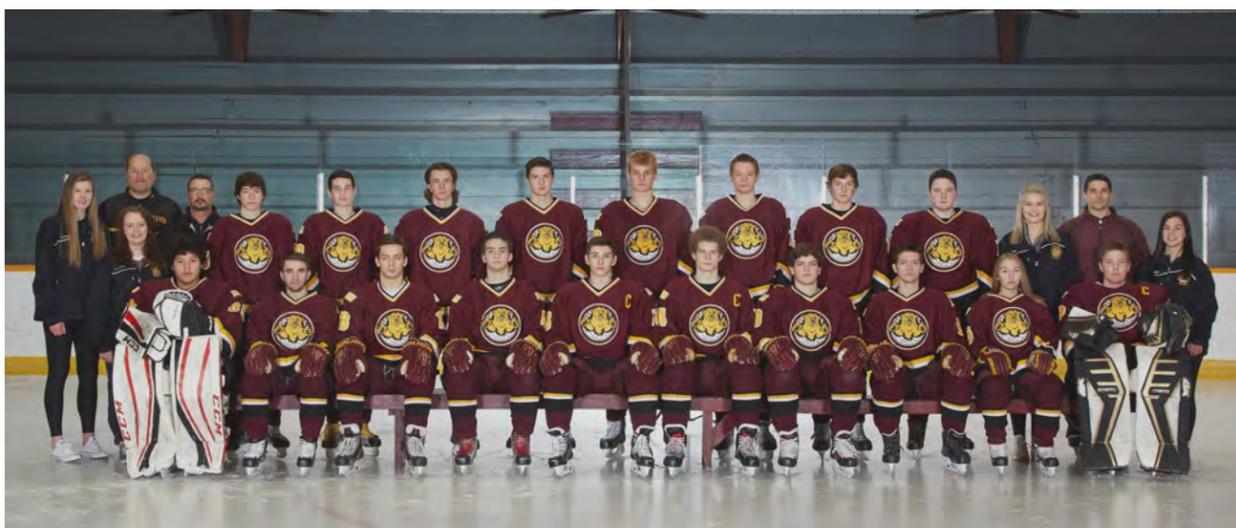
keep working hard and learning new things. As far as preparation for the season goes."

The team had their first game of the season against Warroad on November 30th. The first half was rough for the team, defense had a hard time stopping the ball. The second half was different as they were able to score more. Also, the Bears defense was able to stop them a little better. Even though the first game was rough, the team is hopeful for the rest of the season.



Hockey season starts off strong with a win

By Dakota Strohl



The 2017-18' hockey season is here! This year's team is made up of 9 seniors, 3 juniors, and 6 sophomores. This year's captains are Nathan Poolman, Luke Krause, and Lemuel Carradice of Rainy River, Head Coach this year is Don Krause, who has coached various levels in Baudette for many years, including varsity. He takes over for Brett Johnson who left Baudette for Thief River. Krause's assistant coaches include Bruce Sindelir and his brother Dean Krause.

The team didn't kick back too much over the summer wanting to prepare for this winter. According to Senior captain Nathan Poolman, "Over the summer we worked hard in the weight room, working out and building up." Poolman also attended several hockey camps this summer including the elite league and 5 junior tryouts.

The Bears started the season last week by beating International Falls on the road 2-0. Both goals were scored by senior Luke Krause.

The team is looking forward to a few important games coming up. "Our first home game will be very important as an indicator of our competition level. It is against Kittson Central at 7:00 PM on Tuesday, December 19," stated Coach Krause. They also have 2 away games: one in Bagley on December 12 and in Park Rapids on the 16th. Then they'll attend the annual holiday tournament in Roseau, which always brings tough competition.

For the full L/W sports schedule, visit www.lakeofthewoodsschool.org

Headstart Cookie Baking



Cookie Day

Mrs. Jerde's students invited the staff to join them on Tuesday, December 21st for their 6th annual Cookie Day Celebration. Cookies, hot chocolate, coffee, and hot apple cider were served by the students. Great conversation and delicious treats (all made by the students from Mrs. Jerde's room.) were enjoyed by everyone.



Free & reduced meal applications are available in the district office



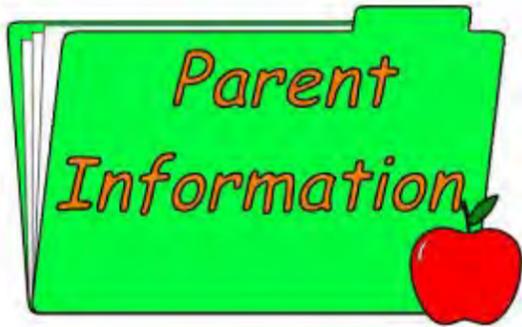
Lake of the Woods Elementary is getting into the Christmas spirit with their annual ugly sweater contest! Teachers and students alike dove deep into their closets looking for that sweater that would get them the prize!



To view the breakfast and lunch menus, visit www.lakeofthewoodsschool.org



To view your student's lunch account balance, visit www.lakeofthewoodsschool



PARENT VIEW ON SYNERGY

www.lakeofthewoodsschool.org
 click on *parent view*
 click on *lunch activity*
 click on *lunch activity again (fork & spoon)*

IT'S NEVER TOO LATE TO APPLY FOR FREE AND REDUCED MEALS FOR YOUR CHILDREN

You may apply at any time during the school year, for example, if you become unemployed or otherwise have a decrease in household income or have an increase in the size of your household. Fill out the free and reduced application and return it to Cece in the District Office. The information is confidential, and students who receive the benefit are not identified in any way. A copy may be picked up in the District Office, High School Office, Elementary Office, or online at www.lakeofthewoodsschool.org. Funding for several educational programs is based on the number of students who qualify for Free and reduced meals. Information regarding who is enrolled in the free and reduced meal program is kept confidential. If you have any questions about free and reduced applications or would like additional information on our food service program, call Cece at 634-2735 ext. 1501 or email cece_c@lakeofthewoodsschool.org

ALL MEALS ARE TO BE PREPAID

Parents are responsible for checking their child's meal balances. Students receiving free/reduced meals must have money in their account for a milk if they bring a lunch from home. Milk is not free.

An automated calling system for all negative meal accounts is now be utilized by the Lake of the Woods School. Invoices are mailed monthly.

Online Payment Website Allows Parents to Monitor Child Nutrition

A new technology available to Lake of the Woods School allows parents to easily balance school meal payments while tracking what their children are purchasing in the school cafeteria.

K12PaymentCenter.com offers parents many new and helpful features. These resources include enhanced monitoring options for managing low account balances. The technology gives parents the ability to set low balance notifications for any desired amount. Another prominent feature is lunchprepay.com's secure access available 24/7 for parents to see their child's entire purchasing history. This allows parents to gain some insight on the kind of food choices their child is making in the cafeteria.

"The childhood obesity epidemic has made school nutrition a front page issue. It makes sense for parents to monitor what their kids are eating," says Jeff Flynn Meals Plus

Vice President. "Anything that makes it easier for them to do that is a step in the right direction."

We operate the National School Lunch Program and the National School Breakfast Program in our schools. In conjunction with providing healthy, nutritious meals at a reasonable cost, we provide nutrition education for students as we seek to introduce our students to healthier meal time choices for a better way of life.

The k12paymentcenter.com website was developed by Education Management Systems, Inc. (EMS), a K-12 administrative software company headquartered in Wilmington, North Carolina. EMS develops, distributes, and supports school accounting and food service management software in schools throughout the United States. For more information, parents can visit lunchprepay.com online for facts on the program, tutorials, and more.

Howards
 Open 7 Days a Week
 5:30 a.m. - 10 p.m.

CENEX

Gas - Diesel - Propane - Car Wash - ATM
 Convenience Store - f'real milkshake

218-634-2550
 509 W. Main, Baudette, MN

Godfather's PIZZA
 SUBWAY
 Teco's Taco's
 6 a.m.-9 p.m.

Inside Howards on Hwy. 11
 Will Cater - call
 218 - 634 - 3317

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 Int'l Falls, Minnesota
 218-283-3221

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LAKE OF THE WOODS SCHOOL COMMUNITY EDUCATION

Save the date!

Holiday Craft & Vendor Extravaganza

November 17, 2018
 From 9:00 a.m. - 3:00 p.m.

In the Commons/Big Gym
 Vendor & Crafter booths, Bingo, kids activities, entertainment Just For Kix Performance and Santa Visit.

Lady Laker's JO Volleyball Teams will provide the food



To view your student's lunch account balance, visit www.lakeofthewoodsschool.org

Lake of the Woods School Food Program Policy

Updated July 21, 2016

Lake of the Woods Schools serves breakfast and lunch each school day. **All breakfasts and lunches are to be "pre-paid"**. Money for breakfast and/or lunch purchases may be sent with your child/children to school or mailed to the school. Your child/children may pay each day, weekly or monthly, whichever works out best for you. A computerized system is used for keeping track of each student's meal account (**our food account program handles individual accounts not family accounts**).

Lake of the Woods School has the capability for parents/guardians/students to look up their meal account balances on our school website www.lakeofthewoodsschool.org. Click on Homework, "account lookup" enter pin number, your account information is now available. Parents/guardians should regularly check their student's meal account. Please call me if you need your student's pin number. You can view all activity including payments. Payment may be made in the form of a check or cash or "**K-12Payment. Checks are to be made payable to Lake of the Woods School.**" Students account balance at the end of each school year will follow them into the next school year. When the student graduates the balance is refunded to the parent/guardian.

Lake of the Woods School has a policy for free and reduced price meals for families that are eligible. K-12 students that qualify for reduced meals are served breakfast and lunch at "no charge". ALL kindergarten students will receive free breakfasts. A free and reduced application is sent to every family that has a child at the Lake of the Woods school in August. Applications may also be picked up in the District Office, High School Office and Elementary Office and are available on our schools website.

Delinquent School Lunch Accounts

The District is moving forward with specific collection actions when school lunch accounts go delinquent.

Step 1: A letter is provided to the parents/guardians of the student whose account is in arrears. The letter provides information regarding the delinquent amount; where deposits can be made (on-line at PaySchool or in person); an application form for the Free or Reduced Lunch Program; and other information regarding accessing the student's lunch account. The letter encourages parents/guardians to bring the account current in the next 15-20 days or make arrangements to do so within the 15-20 day window.

These initial letters will be provided monthly for delinquent account holders.

Step 2: If there is no response to the initial letter regarding the delinquent account as noted above, a second letter is provided to parents/guardians of the student whose account continues to be in arrears. This letter provides the same information regarding the account as the initial letter. However, it also includes specific language regarding specific collection action that may be taken should they fail to respond by bringing the account current. The action proposed may include filing of a claim in Conciliation Court. Parents/guardians will be informed that any costs incurred for the collection through the Conciliation Court process will be added to the account balance that is forwarded for collection.

The parents/guardians will be advised that they have 30 days from the date of the letter to bring the account current or additional collection action will be taken.

Step 3: If there is no response to the second letter regarding the delinquent account as noted above in Step 2, a third letter will be provided to the parents/guardians of the student whose account continues to be in arrears. This letter will be sent registered, return receipt required. The letter will clearly identify the delinquent account balance and the collection costs to be added to the account balance. It will clearly state that unless the account balance is brought current within 10 days of the date of the letter, the matter will be referred to Conciliation Court for action. It will include the advice that once filed with the Court, the District cannot accept payment that does not include all costs including the delinquent account balance and all court related costs.

If your child has any food allergies, please contact, Brenda Wahl in Food Service or our school nurse. Upon written request from a parent, Lake of the Woods School must provide lactose reduced milk or milk fortified with lactase or milk with lactobacillus acidophilus. In keeping with the intent of Lake of the Woods School Wellness Policy, elementary students will not be able to purchase items from the Bear's Den. The Lake of the Woods School's lunch program must offer 5 components to students in order to receive reimbursements from the state and federal government. Students can choose to take 3, 4, or 5 of the components that are offered.

Menus will be sent home with your elementary child each month and, are available in the District Office, Elementary Office, High School Office and on our website, www.lakeofthewoodsschool.org. Menus are sent to the Northern Light Region and to the local radio stations, KQ92 and KJ102.

Nondiscrimination statement: In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large, print This institution is an equal opportunity provider, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service

at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the **USDA Program Discrimination Complaint Form**, (AD-3027) **found online** at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) Fax: (202) 690-7442; or (3) Email: program.intake@usda.gov.

Breakfast at School

Mornings can be really crazy! The alarm doesn't go off, the kids don't want to get up, there's no time to eat breakfast before the bus comes or they're just not ready to eat. Or maybe your teenager grabs a can of soda and a candy bar on the way to school. If this sounds like your house, we have good news for you.

Breakfast is available at school! Take advantage of this option to ensure your child eats a nutritious breakfast. Recent studies show a link between nutrition and learning. A nutritious breakfast helps students be more alert so they can actively participate in class. Breakfast has vitamins and nutrients for a strong and healthy body.

Breakfast at school is affordable, too. A full breakfast costs less than convenience store items. **All Kindergarten students will receive free breakfast again this year. Families that qualify for reduced meals will receive breakfast and lunch free.** Breakfast at Lake of the Woods School cost \$1.00 for both elementary and high school students. If you qualify for free and reduced price meals, you also qualify for the breakfast program, with no additional paperwork. If you qualify for reduced meals, breakfast is free. Nowhere else will you find a balanced breakfast at such a low cost.

So take advantage of this opportunity to start the day on the right foot. Your child will find breakfast at school provides not only a nutritious meal but also a relaxed atmosphere for socializing with friends and siblings.

2017-2018 Meal Prices

Lunch cost for an elementary student is \$2.10 and the lunch cost for a high school student is \$2.50.

Breakfast cost for both elementary and high school students is \$1.00. Students approved for reduced meals receive free breakfasts.

Adult breakfast is \$1.80 and lunch is \$3.65.

ALL MEALS ARE TO BE PREPAID.

To download the 2017-2018 District Calendar, visit www.lakeofthewoodsschool.org

White Elephant shopping...



...and wrapping!



For school announcements, visit www.lakeofthewoodsschool.org

From The School Nurse...



Tiarra Shaw, L.P.N., School Nurse
School Nursing Office: 218-634-2510 ext.1522
LakeWood Public Health Office: 218-634-1795

Flu symptom screening tool for parents and caregivers

Use this questionnaire, from the Minnesota Department of Health, each day your child is sick with Influenza-like symptoms and follow the instructions for when to keep the child home and what to tell the child's school.

Does your child have:

1. Fever of 100° F or higher? Yes or No
(Take the child's temperature before giving him/her fever-reducing medicine, like Tylenol.)
2. Sore throat? Yes or No
3. Cough? Yes or No

Should I keep my child home?

If you checked "yes" for fever AND one of the other symptoms, keep your child home for at least 24 hours after his or her fever is gone without fever-reducing medicine. For many children this will be 5 to 7 days. Your child should feel well enough to participate in school before returning. If you have questions about your child's health or symptoms, call your child's medical provider or clinic.

If your child has been diagnosed by their medical provider with a different disease, such as strep, follow your medical provider's recommendation for when to return to school and call the school nurse to check on the school policy.

What should I tell my child's school?

If you checked "yes" for fever AND one of the other symptoms, tell the school that your child is home with influenza-like illness.

If your child has been diagnosed by their medical provider with a different disease, such as strep, tell your child's school.

Protect yourself and help stop the spread of germs

Good health habits like covering your cough and washing your hands often can help stop the spread of germs and prevent respiratory illnesses like influenza.

CHI LakeWood Health Clinic - Rural Home Visiting Program

There is no place like home – especially when it comes to getting well.

The rural home visiting program offered through the CHI LakeWood Health Clinic is available to patients with Medicare coverage. These patients may qualify if they need skilled nursing care because they've had a change in health status or have been discharged from the hospital and are homebound.

During home visits, nurses help patients in a number of ways. They can change dressings on a wound or incision or help patients manage an uncontrolled chronic disease like high blood pressure or diabetes. In addition to skilled nursing care, teaching is a big part of what the rural home visiting program is all about. Nurses educate patients on how to better take care of themselves and help patients stay safe in their homes and find resources to do that.

Caring for patients in their homes provides a clear view of their unique challenges. This helps nurses find tailored solutions that will bring patients back to good health. For more information on the qualifications for the rural home visiting program, please contact CHI LakeWood Health at 218-634-1795.

chilakewoodhealth.com

Women, Infants, and Children (WIC) Program

The WIC program is a nutrition and breastfeeding program. The program helps eligible pregnant women, new mothers, babies and young children eat well, learn about nutrition, and stay healthy. It also provides nutrition education and counseling, nutritious foods, and referrals to health and other social services.

Lake of the Woods County WIC participants meet at CHI LakeWood Health each month by appointment. For more information or to see if you are eligible for WIC, please call 218-634-1795.

APPLY FOR WIC IN 3 EASY STEPS

Step 1: Find a WIC Clinic
In Lake of the Woods County, WIC Clinics are held at CHI LakeWood Health or call the WIC Hotline at 1-800-942-4030 for the program nearest you.

Step 2: Call to make an appointment for your family
Friendly WIC staff will help you schedule an appointment and will answer your questions. In Lake of the Woods County, contact 218-634-1795.

Step 3: Go to the WIC appointment in your area
Your first appointment will take about 30-45 minutes and if eligible, you will get your food vouchers that day.

Services available at CHI LakeWood Health

- Ambulance Service
- Behavioral Health
- Cardiac Rehab
- Clinic
- Diabetes Resource Center
- Emergency Room
- Fitness Center
- Foundation
- Hospital
- Laboratory
- Long-Term Care
- Public Health
- Radiology and Imaging
- Tele-Medicine
- Therapy Services
- Respite Care
- Rural Home Visiting
- Same Day Surgery
- Senior Living Apartments
- Sleep Studies
- Swing Bed
- Visiting Specialists
- Wellness Education



218-634-2120
chilakewoodhealth.com
600 Main Avenue South
Baudette, MN 56623

Winter Pool Schedule
Schedule subject to change

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5-8 a.m.		5-8 a.m.		5-8 a.m.		
Adult Swim		Adult Swim		Adult Swim		
	3:30 - 8 p.m.			3:30- 8 p.m.	1-4 p.m.	1-4 p.m.
	Open Swim			Open Swim	Open Swim	Open Swim

Costs for Open Swim

.75 - Preschool, \$1.50 - Student, \$2.50 - Adult, \$10.00 - Family Max
Punch Card prices - \$5.00 - Pre-school, \$10.00 - Student, \$22.50 - Adult

AMERICAN FUNDS ONLY

Family Fridays -

Every Friday from 3:30-8:00 –Cost \$5.00 per family (maximum 2 adults/4 children) A great time to enjoy family time at the pool at a great price!!!

Birthday Parties at the Pool

The pool is a wonderful place to hold birthday parties! Parties can be held during open swim hours and the observation area overlooking the pool is a great place to have games and lunch as part of your celebration. If you have any questions or would like to book the pool and observation area for your next party, call the Pool Office at 634-2735 ext. 1101.



For information about exercise classes, swimming lessons, (private & group), open swim or adult swim times call Lisa at Pool Office - 218-634-2735 ext. 1101 or email lisa_b@lakeofthewoodsschool.org

WSI and Lifeguard Training

WSI classes have been tentatively scheduled for February 10 & 11, 2018 and February 24 & 25, 2018. WSI classes are open to individuals at least 16 years of age. With this certification you will be qualified to teach Red Cross swimming lessons.

Lifeguard classes will take place in April (dates to be announced). With this certification you will be certified in lifeguarding, CPR/AED and 1st Aid. You must be at least 15 years of age to take this course.

Both WSI and Lifeguard training is a 2 weekend course (you must attend both weekends). We plan on holding classes 1 weekend in Roseau and 1 weekend in Baudette.

Please contact Lisa at the Lake of the Woods School Pool at lisa_b@lakeofthewoodsschool.org or call the pool office at 634-2735 ext. 1101. The price of each course is \$150.00.

Tri-Star Basketball Challenge

Open to all students kindergarten through 8th grade. Registration forms will be sent home with students.

Saturday, March 17, 201

Location: Big and Small Gyms

Time: 9:00 a.m.

New Year Specials

...during the months of January and February get
20% off on yearly passes and punch cards.

Passes/Punch Cards	Regular Price	20% Discount
Yearly Family Pass	\$300.00	\$240.00
Yearly Senior Pass	\$175.00	\$140.00
Yearly Adult Pass	\$200.00	\$160.00
Adult 10-Punch Card	\$22.50	\$18.00
Student Yearly Pass	\$100.00	\$80.00
Student 10-Punch Card	\$10.00	\$8.00
Preschool 10-Punch Card	\$5.00	\$4.00

Water Exercise Class

Mondays/Wednesdays/Thursdays - 4:15-5:15 p.m. There are many benefits of water exercise, here are just a few:

- Water exercise decreases stress, blood pressure, tension, weight, pain, body fat, impact on joints, risk of injury and prescription drug requirements. It increases strength, flexibility, energy, range of motion, muscle tone, oxygen/circulation, endurance, balance, coordination, fun, self esteem, safety and enjoyment of life.
- It enhances feelings of well-being; sleep patterns, recovery from injuries, social pleasures and reversing or slowing of ageing, both mentally and physically.

Remember you don't have to be a swimmer to do water exercise and if you are uncomfortable wearing a swim suit...you can wear a t-shirt and shorts. Pre-registration is not required. You can start classes at any time...and the first time is **FREE**. For more information call the pool office 634-2735 ext. 1101.

Bear Cub Swim Club

The Bear Cub Swim Club is open to all students in grades K-6.

Grades 3-6 will practice on Wednesdays, starting right after school until 3:45 pm beginning on Wednesday, February 7th and will run each Wednesday until Wednesday, March 21st. Grades K-2 will practice on Thursdays, right after school until 3:45 pm beginning on Thursday, February 8th and will run each until Thursday March 15th (we will have a combined practice for all swimmers on Wednesday, March 21st). On **Thursday, March 22nd there will be a swim meet for all swimmers.**

The cost of the Swim Club is \$30.00. With this fee swimmers will receive their own swim cap, goggles and admission to the pool during open swim hours for extra practice at no charge (free pool admission only during the duration of the swim club.)

The goal of the swim club is to learn how a swim team practice is run, good sportsmanship and stroke development. (swim strokes we will be working on are: Free, Back, Breast and Butterfly) and to enjoy the lifelong benefits on swimming.

Coaches are Chelsea Anderson and Lisa Beckstrand. If you have any questions, please contact Chelsea at chelsea_a@lakeofthewoodsschool.org or Lisa at lisa_b@lakeofthewoodsschool.org or the pool office at 218-634-2735, ext. 1101.

Walking Track - The Lake of the Woods School is locked during the school day and on Holidays.

Walkers must sign in in the elementary office, or the high school office or the District Office and receive a visitor's pass. The walking track is open Mon/Wed/Fri 5:00 a.m.-9:00 p.m., Tues/Thurs 7:00 a.m. - 9:00 p.m.

Saturday 8:00 a.m. - 4:00 p.m. and

Sunday 1:00 p.m. - 4:00 p.m. (during pool hours).



For the pool schedule visit www.lakeofthewoodsschool.org

2017 Holiday Craft & Vendor Extravaganza



NHS members, Bailey Kristjanson, Dan Novak and Nathan Poolman greet the guests.



Relay for Life Booth



Shopping



Shopping



Baudette Chamber of Commerce Booth

FREE FAMILY POOL PASS!!!

Bring this coupon in to the
Lake of the Woods School Pool for a one
time
admittance
for a day of free swimming
for the family!

**Offer Expires
February 28, 2018**

Lake of the Woods Community Education Registration
P.O. Box 310
Baudette, MN 56623
634-2735 ext. 1504



Name (adult): _____
Name (student): _____ Class/Activity _____ Fee \$ _____
Age: ____ Grade: ____ Teacher: _____ **T-Shirt Size: (If applicable):** _____
Parent/Guardian Name _____ (Parent/Guardian must sign if under 18)
Address _____
City/State/Zip _____
Phone (Day) _____ Phone (Eve) _____ Cell _____
Email: _____

I certify that myself/dependent is adequately covered by insurance. _____
Signature

I certify that we do not have insurance, but will assume all legal responsibility for accidents or injuries arising there from. _____
Signature

To view your student's lunch account balance, visit www.lakeofthewoodsschool.org

Community Education/Pool Classes/Activities

Piano Lessons Just For Me!

This course is geared toward students who would like to learn how to play piano. Instructed by Heidi Olson, these piano lessons will instruct the beginning student in basic piano knowledge, note reading, technique, and music theory. As the student progresses, the course will become more specialized to meet individual needs. Come learn to play the piano, sharpen musical skills, and have a great time in the process! Individual sessions of 1/2 hour each. Session length varies. Students will need to have a piano or keyboard available to practice on a regular basis. Students will need to purchase piano instruction books from the instructor. For information please email Cece at cece_c@lakeofthewoodsschool.org or call 634-2735 ext. 1501

Cost: \$16.00 per lesson payable in advance. Sorry, no refunds for missed lessons.

Teacher: Heidi Olson

Location: Elementary music room or choir room

Snowshoe, Shuffle & Stomp!

Students in grades 3-6 are invited to join our snowshoeing adventure after school as we buckle, clip, and stomp thru the snow-filled trails behind the school for our snowshoe sports adventure. You must wear a jacket, snow pants, boots, hat and mittens. Please bring a water bottle.

Instructor: Andy Pierson

Fee: \$25.00 resident; \$30.00 non-resident

Dates: Tuesdays & Thursdays, February 6, 8, 13, 15, 20, 22, & 27, 2018.

Time: after school until 4:30 p.m. (Please pick up your child at the main entrance).

Location: Students will meet at the pool entrance.

Interlocking Squares Quilt Class

This is an Illusion Quilt. Audrey will be teaching how to over lap 2 box sets on point. There are 6 blocks with 2 borders (size 39 x 56). It can be adapted for a table runner. Pattern will be furnished. You will need to bring, fabric, matt, ruler, rotary cutter, sewing machine, pins, iron, and anything else you like to use. You must pre-register/pre-pay and the pattern and fabric requirements will be given to you.

Dates: Tuesdays, March 6, 13, 20 & 27, 2018.

Time: 4:00-8:00 p.m.

Cost: \$15.00

Location: Lifeskills Room

Instructor: Audrey Olson

Tri-Star Basketball Challenge - March 17, 2018

Open to all students kindergarten through 8th grade. Registration forms will be sent home with students.

Saturday, March 17, 2018

Location: Big and Small Gyms

Time: 9:00 a.m.

Heart of your MN Home Wool Applique Class

Bonnie has a new wool applique pattern called Heart of your MN Home that she will be teaching. It can be a pillow or wall hanging. Both options are wool applique on cotton and measure 14"x14". You will need to pre-register and pre-pay and choose which option you would like as she will need to make up the kits. There are a few applique options, canoe and trees, bear and trees, a barn, the alphabet, you would applique your own town name on it... It's pretty cute!

Kit cost: \$25.00 payable to the instructor the day of the class (Kits include: pattern packet, foundation, wool for piecing.)

Date: Saturday, January 20, 2018

Time: 10:00 a.m. - 2:00 p.m.

Class Fee: \$10/resident; payable to L/W School

Location: High School Life Skills Room

Instructor: Bonnie Lundorf, Willow Wood Market, Bemidji

www.willowwoodmarketdesigns.com

Beginner Rug Hooking

Make a sweet little project with the look of traditional rug hooking. The technique has never been so simple by using the Oxford Rug Punch Needle. The hook is designed for comfort and speed. There is one hole to thread. The hook has a wooden handle with electropolished stainless steel needle. Punch needle rug hooking is easy to learn, allows limitless creativity and works up quickly. No sewing skills are needed. The kit and all supplies needed are provided for use in the class (the rug punch needle will be provided to use but is not part of the kit.)

Kit—\$25.00 payable to the instructor. All you need to do is show up!

YOU MUST PRE-REGISTER AND PRE-PAY Class size is limited!

Maximum of 10 students.

Date: Friday, January 19, 2018

Time: 4:30-8:00 p.m.

Class Fee: \$10.00; payable to L/W School

Location: High School Life Skills Room

Instructor: Bonnie Lundorf, Willow Wood Market, Bemidji

www.willowwoodmarketdesigns.com

Youth Snowmobile Training Course

For students interested in Snowmobile Safety Certification (Ages 11-15.) Students must be 12 years of age prior to March 1, 2018. Students 16 and older can take the Adult Certification on-line and do not need to take this class. Enrollment started on January 11, 2018. You will need to register in the Community Education Office with \$ 5.00 fee payable to the Lake of the Woods School. Go the Minnesota DNR Website and complete an Online Course. Complete one of the online courses: snowmobile-course.com (fee for the course is \$ 29.95) OR snowmobile-ed.com (fee for the course is \$ 29.50). Print off the certification of completion and turn it in to Cece in the Community Ed Office at the Lake of the Woods School: Attn. Joyce Beckel. If you are having a hard time passing the on-line course and need help, please contact Joyce Beckel. Then attend THE CLASSROOM REVIEW AND RIDING PERFORMANCE COURSE on January 30, 2018 from 3:15 to 5:00 pm in the ITV Room at the Lake of the Woods School. You must have a certification of completion with an online course, Completed Student Registration-Parental Release and Self Certification Form, and you must have your Community Education registration and \$ 5.00 payment payable to Lake of the Woods School in order to participate in the riding performance course. You need to have appropriate clothing for the performance course. Snowmobiles will be provided. (Do not bring your own snowmobile.) There will be some extra helmets for anyone that does not have a helmet. After you pass both courses, you will be given information on how to process your certificate. There is an additional fee that you will pay directly to the state in order for them to process your certification. Certificates become valid at age 12. (Certification is required by law for residents born after December 31, 1976. For Questions please contact: Joyce Beckel, Instructor at 218-634-2056 ext. # 1554 or 218-766-3270

Rod Building Class 2018

Dates: Tuesdays, March 6, 13, 20, & 27, 2018

Time: 7:00-9:00 p.m.

Location: High School Art Room

Instructor: Ralph Christofferson

Class fee: \$5.00

Rod building supplies – order for their own materials will be placed on the first day of class. Supply fee will vary according to the choice of their project.

Adult Basic Education

For more information on ABE (Adult Basic Education) Classes, please contact:

Kirsten Fuglseth, Adult Basic Education Coordinator

114 West First Street

Thief River Falls, MN 56701-1911

Phone: 218-681-0886

Email: kfuglseth@nw-service.k12.mn.us

Must be 16 years old or older and not enrolled in secondary school.

For Community Ed activities visit www.lakeofthewoodsschool.org

Community Education Classes

Community Ed Class Registration

Class payment and registration are required and must be mailed or dropped off in the Community Education Office. No phone registrations will be accepted. Your class fee must accompany your registration. A registration form is in this flyer. All checks are to be made payable to Lake of the Woods School (American Funds). Class fees are non-refundable unless cancelled by Community Ed.

Adult Volleyball League

Dates: Wednesday nights

Time: 7:00 p.m.

Location: Small gym

Supervisor: John Batko

If you have questions, please Cece at 634+2735 ext. 1501.

Adult Basketball League

Dates: Wednesday night and Sunday afternoons

Time: Wednesdays -7:00–9:00 p.m.

Sundays - 1:00 - 4:00 p.m.

Location: Big Gym

Supervisor: Tyler Ketchum

If you have questions, please call Cece at 634-2735 ext. 1501

MORNING FITNESS WITH EMILY!

Did you know exercise actually gives you energy??? So let's get some energy at 6 a.m.! What a perfect way to start our day! This class will incorporate both strength and cardio training. Every exercise can be modified to fit your fitness needs, which means...all fitness levels welcome! Please bring an exercise (yoga mat) if you have one. The showers for the pool are open to people who attend this class.

Location: Multi-purpose gym

Dates: Friday mornings starting January 19, 2018 for 6 weeks

Time: 6:00 - 6:55 a.m.

Fee: \$30.00/resident; \$35.00/non-resident

Instructor: Emily Durkin

A Smash HIIT!

High-intensity interval training (HIIT)! HIIT is a training technique in which you give maximum effort for short bursts of time, followed by an even shorter resting period. HIIT is one of the most effective ways to burn calories and build muscle! So be ready to sweat! All fitness levels welcome!

Location: Multi-purpose gym

Dates: Wednesdays, starting January 17, 2018 for 6 weeks

Time: 6:00 p.m. - 7:00 p.m.

Fee: \$30.00/resident; \$35.00/non-resident

Instructor: Emily Durkin

Intro to Yoga

Poses, breath, flexibility, and balance are taught at this class. Bring your own yoga mat. All ability levels welcome.

Dates: Tuesdays, starting January 30, 2018

Time: 6:00-7:00 p.m. for 6 weeks

Location: Multi-purpose gym

Cost: \$30 per session

Minimum: 5 people to hold the class

Maximum: None

MUST PRE-REGISTER/PRE-PAY

Instructor: Cassie Langrehr

Intro to Yoga

Poses, breath, flexibility, and balance are taught at this class. Bring your own yoga mat. All ability levels welcome.

Dates: Friday mornings, starting February 2, 2018

Time: 6:00-7:00 a.m. for 6 weeks

Location: Small gym

Cost: \$30 per session

Minimum: 5 people to hold the class

Maximum: None

MUST PRE-REGISTER/PRE-PAY

Instructor: Cassie Langrehr

Adult Weight Room Membership

For information on how to join the Lake of the Woods School weight room, call 634-2735 ext. 1501.

Lake of the Woods School Facility Use, Policies, and Procedures

The Community Education Department coordinates use of all school facilities and equipment beyond the regular school day. School functions take priority. School activities may be scheduled subsequent to approval and the affected party will be notified if that situation occurs. The use of facilities is governed by policies and regulations approved by the Board of Education. **No activities will be scheduled on legal holidays.** For more information contact the Community Education Office.

Lake of the Woods Community Education is always looking for qualified and interested community members to teach a class or activity in their field of expertise. If you have a suggestion for additional programs that would enhance the current offerings or are interested in teaching a class, please call:

Cece Charlton, Community Ed Coordinator at 634-2735 ext. 1501
cece_c@lakeofthewoodsschool.org

For Sale Old Elementary Yearbooks

Some \$1.00

Some \$5.00

Some \$10.00

2017-18 \$12.95

Now with 4 more pages!

Contact Mrs. Cynthia Hanson
634-2735 ext. 1727

Join a Community Education Class or Activity!

Contact Lisa at the pool
634-2735 ext. 1101

or

Cece for Community Ed
classes/activities
634-2735 ext. 1501



Save the Date

August 19-25, 2018

Cinderella

Look for more
information in the Spring/Summer
Education Plus

This activity is made possible in
part by a grant from the Region 2
Arts Council through funding from
the Minnesota Stage Legislature.

sponsored by Pequana Playhouse

For the full L/W sports schedule, visit www.lakeofthewoodsschool.org

Lake of the Woods School “Student of the Month”

September 2017

October 2017

Valentina Brosdahl



Valentina has been chosen to be the Lake of the Woods Junior High “Student of the Month” for September 2017 because of her academic excellence. Valentina is the daughter of Jen Tyler and David Palm

Hannah Paulson



Hannah has been chosen to be the Lake of the Woods Senior High “Student of the Month” for September 2017 because of her academic excellence and participation in the extracurricular programs at LHS. Hannah’s Extracurricular activities include: Debate, Hockey Manager, Just for Kix dance teacher, STUDs, National Honor Society and is a CNA in Warroad. Hannah attends Woodland Bible Church. Hannah is the daughter of Josh and Susan Paulson

Bailey Kristjanson



Bailey has been chosen to be the Lake of the Woods Senior High “Student of the Month” for October 2017 because of her academic excellence and participation in the extracurricular programs at LHS. Bailey’s Extracurricular activities include: Student Council (6 yrs.), S.T.U.D.s (6 yrs. – Vice President 1 yr., President 1 yr.), National Honor Society (2 yrs. – Reporter 1 yr.), Yearbook (2 yrs. Editor 1 yr.), Interact (2 yrs.), Knowledge Bowl (1 yr.), Basketball (4 yrs), Band (8 yrs.) Bailey attends Wabanica Lutheran Church. Bailey is the daughter of Dean and Tara Johnson.

Sophia Walton



Sophia has been chosen to be the Lake of the Woods Junior High “Student of the Month” for October 2017 because of her academic excellence. Sophia’s Extracurricular Activities include: Basketball (3 yrs), Sea Son Volleyball (3 yrs), JO Volleyball (4 yrs), JH Debate Club and has medaled 9 times in Volleyball. Sophia is the daughter of Jenna Walton



NO HUNTING

“Under M.S. 609.66 Subd. 1d., it is a felony to hunt on school owned land when students are present for school related activities.”



LAKE OF THE WOODS SCHOOL COMMUNITY EDUCATION

Save the date!

Holiday Craft & Vendor Extravaganza

November 17, 2018

From 9:00 a.m. - 3:00 p.m.

In the Commons/Big Gym
Vendor and crafters booths, Bingo, kids activities, entertainment, Just For Kix Performance and Santa Visit.

Lady Laker’s JO Volleyball Teams provide the food



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1-888-668-8243

Access your child’s attendance, grades, lunch account and more www.lakeofthewoodsschool.org

November 2017

Jaylin Raschke



Jaylin has been chosen to be the Lake of the Woods Senior High "Student of the Month" for November 2017 because of his academic excellence and his participation in the extracurricular programs at LHS. Jaylin's Extracurricular Activities include: Football (6 yrs.), Basketball (5 yrs.), Golf (6 yrs.), Band (7 yrs.), Counselor at SBL
Jaylin attends First Lutheran Church
Jaylin is the son of Carl and Rachael Raschke

Sierra Castle



Sierra has been chosen to be the Lake of the Woods Junior High "Student of the Month" for November 2017 because of her academic excellence and her participation in the extracurricular activities at LHS. Sierra's Extracurricular activities include: Robotics, Track, Track Captain (2 yrs.), Cross Country Manager, Band, Choir, Plays Cello, Percussion, Piano and Guitar, 4-H President of the Williams Lucky Clovers, STUDs, is in the Adult Choir at church. Sierra attends Bethany Lutheran Church in Williams
Sierra is the daughter of Donald and Bobby Jo Castle

December 2017

Jade Estling



Jade has been chosen to be the Lake of the Woods Junior High "Student of the Month" for December 2017 because of her academic excellence and her participation in the extracurricular activities at LHS. Jade's Extracurricular Activities include: Volleyball, Choir, JO Volleyball (4 yrs)
Jade is the daughter of Shannon Bower and Ben Davidson

Lauryn Nordine



Lauryn has been chosen to be the Lake of the Woods Senior High "Student of the Month" for December 2017 because of her academic excellence and her participation in the extracurricular programs at LHS. Lauryn's Extracurricular Activities include: Trap Team, National Honor Society, Student Council, STUDs, Choir, Band, UND Honor Band (2 yrs.), Works at the Care Center in Baudette
Lauryn attends Mt. Carmel Church in Williams
Lauryn is the daughter of Mike and Kathy Nordine

Come see what makes
Lake of the Woods School

A GREAT CHOICE!

- Nurturing & Caring Environment
- Elementary & High School
Computer labs
- Library, art, computer,
music, & gym classes
- Math & Reading Programs
- Quality Education
- College Prep Courses

For more information call:

(218) 634-2735 ext. 1501

Or visit us on the web at:

www.lakeofthewoodsschool.org



2018 Annual VFW Contests



Patriotic Art Explorers

Middle School Art Contest
Minnesota Students Grades 6-8
2-Dimensional, Original Patriotic Art Contest

This is a Minnesota only contest and will follow the same basic guidelines as the National Scholarship's Young American Creative Patriotic Art. Contest.

Entries must be submitted to Linda Burke of VFW Auxiliary of Post 723 or Wendy Storbeck, Art Teacher at Lake of the Woods School by March 31, 2018.

For more information contact Linda Burke at 218-634-2325 or Wendi Storbeck at 218-634-2735 ext. 1130.

2017-2018 THEME: "The Bald Eagle"

Minnesota students in grades 6-8 are to create a piece of art depicting the Bald Eagle. Art pieces should be 2-dimensional and no larger than 11"x17" (portrait or landscape) and no thicker than 1/4 of an inch. All work should be completed in pencil, crayon, paint, charcoal, marker and the like. A short description of the artwork is to be included. No digital artwork will be accepted.

Entries will be judged on theme and technique. Entries must be submitted to Linda Burke of VFW Auxiliary of Post 723 or Wendy Storbeck, Art Teacher at Lake of the Woods School by March 31, 2018.

For more information contact Linda Burke at 218-634-2325 or Wendi Storbeck at 218-634-2735 ext. 1130.

For Early Childhood information visit www.lakeofthewoodsschool.org

Lake of the Woods Activity Fees

Lake of the Woods Bears 2017 – 2018 School Year Athletic / Activity Gate Fees and Game Passes

Gate Fees:

Elementary students when accompanied with an adult	Free
High School students	Free
Adult:	\$ 5.00
College Student (w/ college ID)	\$ 3.00
Senior Citizen (65+)	\$ 1.00

*Consists of individual passes
***Passes will be honored at all home games except Minnesota High School League tournaments...**

*Game Passes will be sold at regular season games and through the District Office...

*College students must have a current college/university identification to purchase "student game passes"...

*Individual "game passes" must be presented to ticket taker(s) for entry into games...

For more information please call
 Chad Hazelton, Activities Director at
 634 - 2735 ext. 1417

Lake of the Woods School 2017 - 2018 School Year Student Athletic and Activity Fees

Activity	Grade	
High School Football	9-12	\$150.00
Junior High Football	7-8	\$ 75.00
High School Volleyball	9-12	\$150.00
Junior High Volleyball	7-8	\$ 75.00
HS Cross Country	9-12	\$125.00
Jr. High Cross Country	7-8	\$ 75.00
High School Basketball	9-12	\$150.00
Junior High Basketball	7-8	\$ 75.00
High School Hockey	9-12	\$150.00
High School Track	9-12	\$125.00
Junior High Track	7-8	\$ 75.00
High School Baseball	9-12	\$125.00
Junior High Baseball	7-8	\$ 75.00
High School Softball	9-12	\$125.00
Junior High Softball	7-8	\$ 75.00
High School Golf	9-12	\$125.00
Junior High Golf	7-8	\$ 75.00
Sr. High Knowledge Bowl	9-12	\$ 75.00
Jr. High Knowledge Bowl	7-8	\$ 37.50
One Act Play	9-12	\$ 37.50
One Act Play	7-8	\$ 25.00

Maximum Per Family Per Season - \$250.00
 Family Maximum Paid Per Year - \$500.00

GO BEARS!

Checks or Money Orders may be mailed to:
 Lake of the Woods School
 P.O. Box 310
 Baudette, MN 56623
 Cash, Checks, or Money Orders may also be dropped off in the High School Office.

Box Tops News

In an effort to raise additional funds for the school, Lake of the Woods School participates in the General Mills Box Tops for Education program. The program has been an easy way for parents and students to earn cash that goes directly to the school.

How the Program Works

- There are more than 250 participating products in 42 food and non-food categories that carry Box Tops on their packages
- Each Box Tops clip is worth 10 cents
- It's simple. Buy the products; clip the Box Tops; send the Box Tops to school.
- Each enrolled school has a Box Tops Coordinator that counts and submits all of their Box Tops to General Mills
- Enrolled schools receive two checks a year from General Mills to purchase the things they need like: books, school supplies, playground equipment, teacher training, computers, etc.
- Enrolled schools can earn up to \$20,000 every school year by clipping Box Tops from participating products
- Schools can also earn through Bonus Box Tops offers, sweepstakes, and contests
- There are not any restrictions on how each school spends their check. Schools can spend their cash to buy what they need most

If community members are interested in contributing to the Lake of the Woods School efforts by donating Box Tops, contact Patty Jerde at patty_j@lakeofthewoodsschool.org or by phone at 218-634-2735 ext. 1623. Box Tops may be sent to the school in care of Patty Jerde at PO Box 310, Baudette, MN 56623. Visit www.btf.com to find ideas and resources and more information about the Box Tops program.

High School Yearbooks

Contact yearbook staff
to order

634-2510 ext. 1404

Triple A Booster Club

meets the
3rd Wednesday of each month
in the
L/W School Commons
at 5:30 p.m.

Everyone is welcome to attend.

STUDs Group Makes a Difference

By Bailey Kristjanson

The Students Teaching Uninformed Decisions group, with 112 students, has been busy working on a variety of volunteer projects. The junior high and senior high divisions are again advised by Tammie Doebler and Sue Paulson who work with the Lake of the Woods Prevention Coalition.

The junior high STUDs group is currently making Christmas toy boxes for children in need. The boxes consist of everyday necessities, hygiene products and assorted toys. The group just finished collecting items at the school, so now they will be working on assembly, and gifting them to children in need.

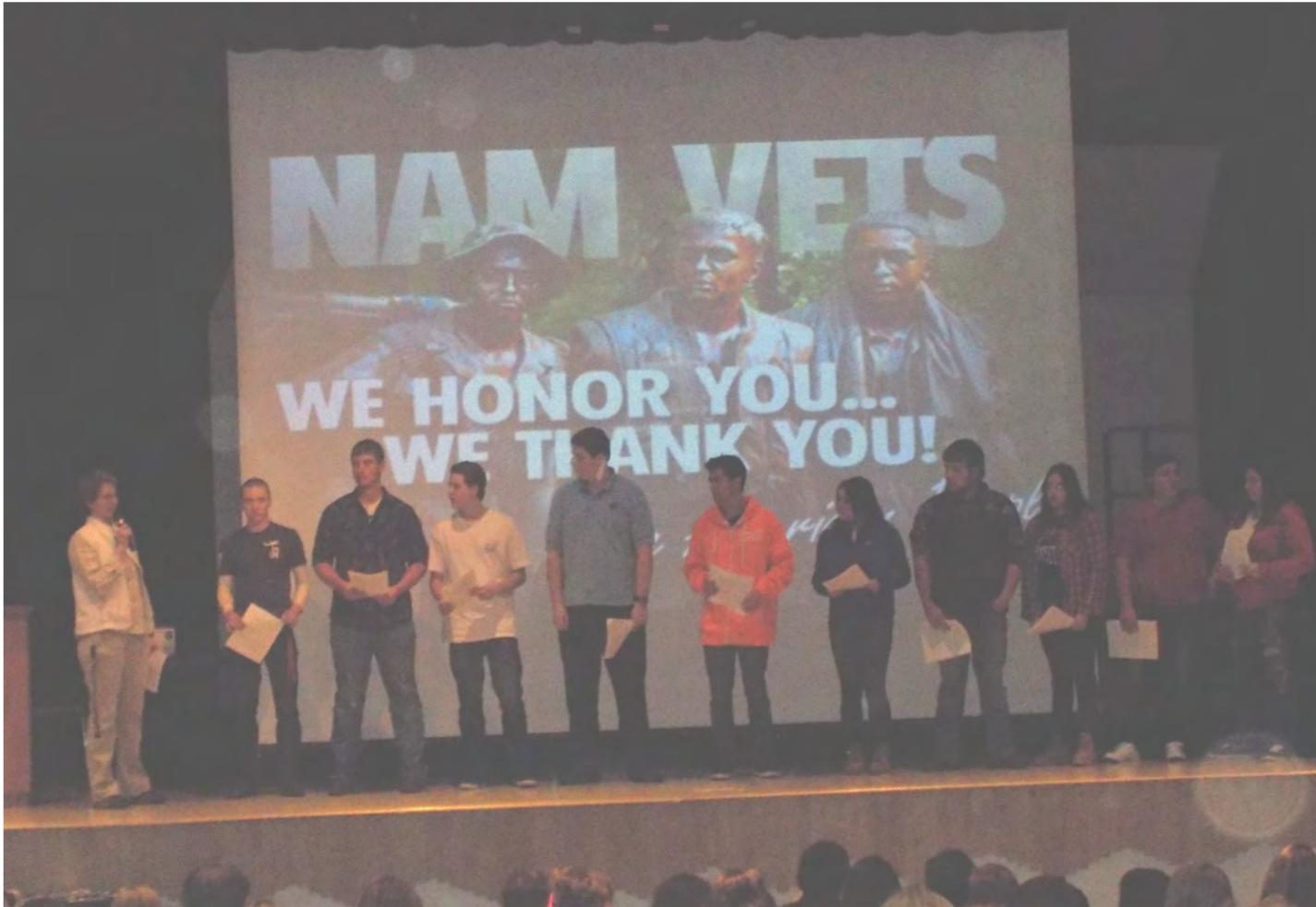
The Senior High STUDs group is now collecting items from local businesses for a "treats for troops" project. These boxes will be sent to Monte Gubbels' troop, which consists of 30 soldiers. The group would like to say a special thank you to all of the generous businesses for making the project possible. Tavi Peterson, STUDs social media president, said, "I am proud to be a part of a group that is helping not just our community, but also people outside our area."

Upcoming events that the STUDs group are excited to plan or partake in are the annual White Elephant Sale, activity nights, the annual lock-in, and many more events in which they can make a positive impact on the community's youth and raise awareness about underage drug use.



Youth Engagement Conference in Grand Rapids. STUDs was invited to come and speak at it. They shared what they have been doing in Lake of the Woods.

For the full L/W sports schedule, visit the North Border Conference website



Lake of the woods School was again the site for our community's Veterans Day Program. Veterans, community members and students grades 3 through 12 all enjoyed a memorable program honoring our Veterans. After the program all Veterans were invited by our local VFW Club to stay and have lunch with the students.



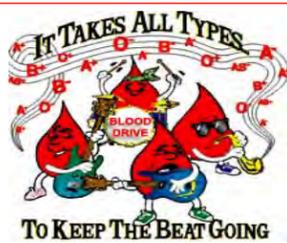
Lake of the Woods School
Bears Den

“Best Concession in Northern Minnesota”

Open Game Nights

Menu Items Include

- Hamburger*
- Cheeseburger*
- Chicken Burger*
- Taco in a Bag*
- French Fries*
- Shakes*
- & Much More...*



SAVE THE DATE
NHS Blood Drive
Wednesday, March 14, 2018
Multi-purpose gym



- 24 Hour Pay at the Pump - Gas & Diesel, Premium Available
- ATM
- LP Gas Bottle Fill
- Feed • Full Service Shop
- C-Store
- Electronic Licensing
- Country Store
- Bulk Fuel
- LP Delivery



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218-634-3366

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- Hunting/Fishing Licenses – Pipe Threading
- Bike Repair - Cut Keys
- Carpet Cleaner Rental -
- Custom Color Mixed Paint
- Chainsaw & Skate Sharpening

Access your child's attendance, grades, lunch account and more www.lakeofthewoodsschool.org

Ski Trails at Lake of the Woods School

The Lake of the Woods School is excited to offer Cross Country Ski and Snowshoe Trails for all residents and visitors to our area. The trails are located in Agassiz Lowlands Environmental Learning Area (ALELA), just west of the school building on the 120 acre School Forest site. The gently contoured ski trails are groomed for both skiing and snowshoeing. The mild terrain makes these trails perfect for beginners, yet the length of the trail system allows experienced skiers the chance for a vigorous workout.

The trail head begins at the trail kiosk located west of school parking lot. The groomed trails will allow guests to enjoy the beautiful winter scenery of our northland.

Ski and Snowshoe Trail maps are available on our school's website, in the District Office, and at the Lake of the Woods Tourism Office.

When using the Ski/Snowshoe Trails it is important to follow these rules:

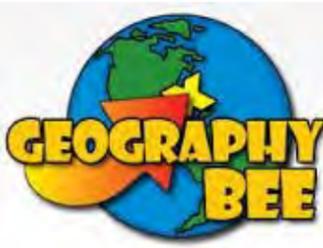
- Remove all garbage with you when leaving the trail area.
- Do not build or maintain a fire
- No overnight camping is allowed
- Vandalism of the school property is unlawful
- Motorized vehicles and snowmobiles are not allowed on the trail
- Snowshoeing is allowed on the trail, but please stay to the side of the trail
- Dogs are not allowed on the trails

Parking is available in the school's designated parking lot, and skiers are welcome to use the restrooms located inside the school. A courtesy phone is available outside the High School Office for emergency use.

For more information about the ski trails contact the Community Ed Office at 634-2735 extension 1501.



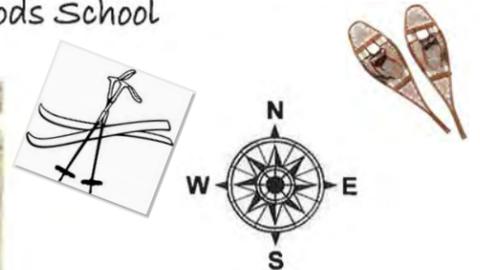
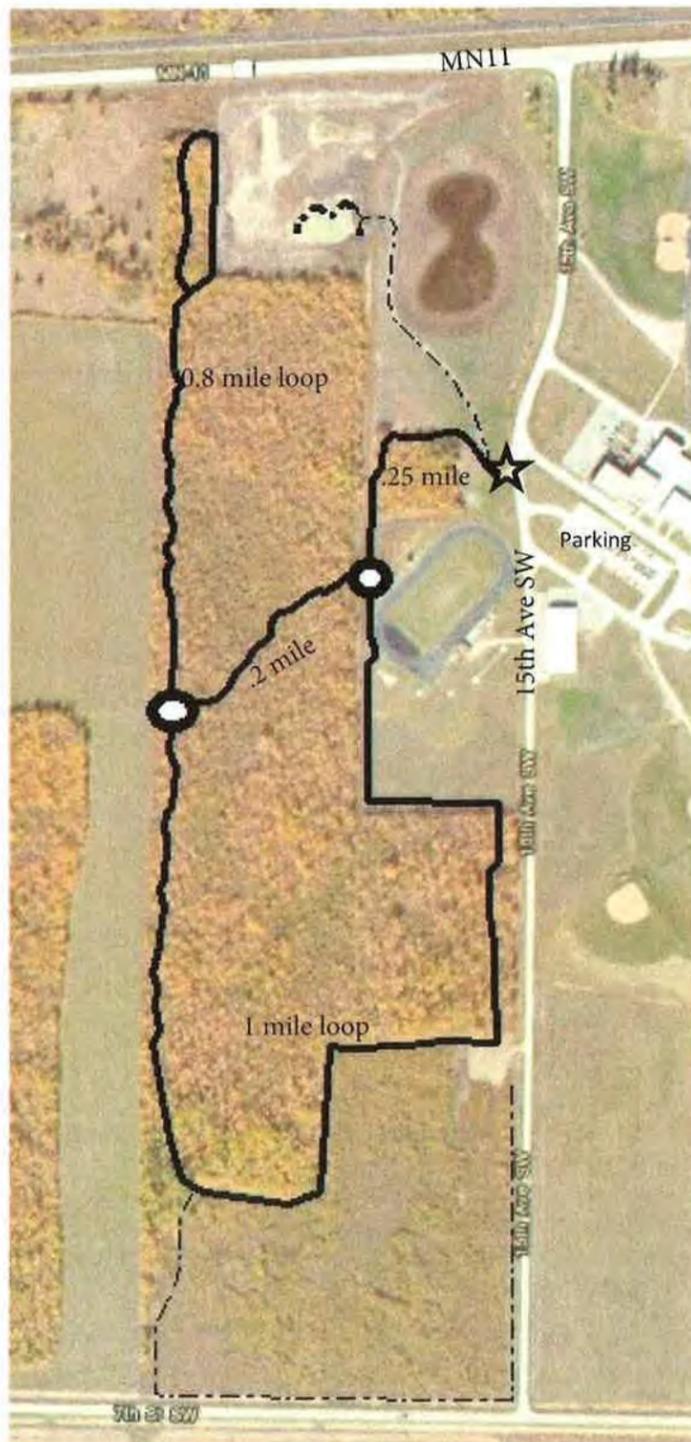
The Spelling Bee will be held on
January 18, 2018
at the L/W School Auditorium
at 1:00 p.m.



The Geography Bee will be held on
January 25, 2018
at 1:00 p.m. in the
L/W School Auditorium.

Ski Trails 2017-2018

Agassiz Lowlands Environmental Learning Area located at Lake of the Woods School



Parking

Parking is available in the main school parking lot.

Trailhead

☆ The trailhead is located at the trail kiosk, west of the main parking lot.

Trails

— Trails designated with a solid black line are currently groomed. Snowshoers, please stay off to the sides of the trail.

- - - Trails designated with a dashed line are not groomed

Trail grooming is done by volunteers. A trail pass is not required.

We welcome your feedback as we continue to improve the trails at the school forest.

Your Ad Here
for more information contact
Cece Charlton
218/634-2735 ext. 1501
or email
cece_c@lakeofthewoodsschool.org

**To order your
Elementary Yearbooks
Contact Cynthia Hanson
634-2735 ext. 1727**



To view the Education Plus, visit www.lakeofthewoodsschool.org