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"In pursuit of excellence and opportunities"

September, October, November & December 2016



Welcome to the 2016 - 2017 School Year

Welcome Back,

All of us at Lake of the Woods School District would like to welcome everyone back to the new school year. Lake of the Woods Open House/Meet Your Teacher Night on Wednesday, August 31st.

Open House/Meet Your Teacher Night

Lake of the Woods Elementary and High School will have an open house for students and parents from 4:00 to 6:00 p.m. on Wednesday, August 31st. This is a good time for students and parents to meet their teachers, find their lockers, and check out their classrooms before the first day of school.

7th Grade/New Student Orientation

There will be a special orientation meeting for all stution session will also be held on Wednesday, August 31st from 6:00-7:00 p.m. in the school auditorium. Students will become familiar with the high school layout and their Parent Experience/Student Experience schedules by completing a mock walkthrough. They will also have time to try out their new locker combination. who are not entering 7th grade but are new to the district are rolled. also encouraged to attend.

students in grades 7-12 will meet in the auditorium at 8:15 will be posted following assignment evaluation by the ina.m. where they will receive instructions for the remainder structor. Please be aware that in some courses where there of the day. This meeting will be followed by grade level are large projects or term papers assigned, grading will take meetings where students will receive their final schedules additional time. and answers to other questions they may have. We will also conduct elections for class officers and student coun- Early-out Wednesdays cil. Elementary students will report directly to their home- Every Wednesday students will be released at 2:35 p.m. room classroom

Academic Progress

weeks). The instructor will average the grades from the disruptive for students and easier for parents to plan for. first and second quarters and the resulting semester grade will be recorded on the permanent transcript. The same No Child Left Behind and Adequate Yearly Progress process will take place for 3rd and 4th "quarters" and second dents entering 7th grade or new to the district. The orienta-semester. Honor Roll status will be determined on a quarterly basis.

Parents and students will be given a password at the beginning of the year that will allow viewing of individual Cont. on page 3 Students and parents are encouraged to attend. Students student grades in each course in which a student is enschool website the www.lakeofthewoodsschool.org/ under the "Synergy" tab,

parents and students can activate their accounts in the par-School will begin on Tuesday, September 6th, 2016. All ent experience/student experience drop down menu. Grades

This is an effort to provide more effective professional development that is directly tied to the learning taking place in the classroom each week. It is also our hope that these Parents will receive report cards every "quarter" (9 shorter, regularly scheduled early dismissals will be less

Adequate Yearly Progress Results (AYP) to meet the requirements of federal No Child Left Behind (NCLB) mandates will not be released until September of this year. Please look for further information on our website and in our local papers.



Be Alert! School's Open Watch for school buses and children.

District Wide Open House K-12August 31, 2016 4:00-6:00 p.m.

7th grade orientation or students new to the district

August 31, 2016

L/W School Auditorium 6:00-7:00 p.m.

Thank you!

To all the area businesses that support the Lake of the Woods School and the Education Plus.



Inside this Issue

- Free & Reduced Meal Information
- Classroom Supplies List
- 2016- 2017 District Calendar
- Open Enrollment Information
- Community Ed Activities
- Pool Schedule
- **ECFE Information**
- **Enrichment Information**
- Sports Schedules & Fees



Lake of the Woods Secondary

236 15th Ave Sw, Baudette, Minnesota 56623 | (218) 634-2510 | Website

Lake of the Woods Secondary is ranked #1792 in the National Rankings and earned a silver medal. Schools are ranked based on their performance on state-required tests and how well they prepare students for college.

Lake of the Woods Secondary is ranked 39th within Minnesota. Students have the opportunity to take Advanced Placement® course work and exams. The AP® participation rate at Lake of the Woods Secondary is 64 percent. The student body makeup is 53 percent male and 47 percent female, and the total minority enrollment is 11 percent. Lake of the Woods Secondary is the only high school in the Lake Of The Woods School District.

Quick Stats

Grades 7-12 Total Enrollment: 192 Teacher ratio: 10-1

For more information: http://www.usnews.com/education/best-high-schools/minnesota/ districts/lake-of-the-woods-school-district/lake-of-the-woods-secondary-10866

Fifth grade students should join band Submitted by Liz Tange

If you have a fifth grade student, this fall they can have their first chance to learn how to play a band instrument. Band instruments include: flute, oboe, clarinet, saxophone, trumpet, trombone, baritone, and percussion. French horn and tuba are also possible.

Students join band because it's fun, they like playing music together, or their parents make them join. Students in band create different brain connections than those who do not play an instrument. These students have shown to score higher on standardized tests, can recall information quicker, and have an easier time thinking critically and creatively.

Mrs. Tange is hosting an instrument showcase in her elementary music room during the school open house Information and registration will be available, Wednesday, August 31, 2016 and students can "try out" some of the instruments!



LAKE OF THE WOODS SCHOOL COMMUNITY EDUCATION

Invites you to their **Holiday Craft &** Vendor Extravaganza



November 19, 2016

From 9:00 a.m. - 3:00 p.m.

In the Commons/Big Gym Bingo, kids activities, entertainment **Just For Kix Performance** and Santa Visit.

Lady Laker's JO Volleyball Teams will provide the food

duction of Lake of the Woods School and

Lake of the Woods Community Education.

The Education Plus newspaper will be

printed 3 times during the 2016-2017

school year and distributed to postal pa-

also available on our school's website

For more information on how to place an

ad Cece Charlton contact at 218/634-2735

Come see what makes Lake of the Woods School

A GREAT CHOICE!

- Nurturing & Caring Environment
- Elementary & High School Computer labs
- Library, art, computer, music, & gym classes
- Math & Reading Programs
- **Quality Education**
 - College in the Classroom

For more information call:

(218) 634-2735 ext. 1506 Or visit us on the web at: www.lakeofthewoodsschool.org

* * *

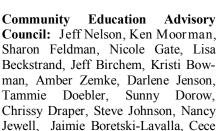
Triple A Booster Club

meets the 3rd Wednesday of each month in the

> L/W School Commons at 5:30 p.m.

Everyone is welcome to attend.







Lake of the Woods School ISD #390 P.O. Box 310 Baudette, MN 56623 218.634.2735 (phone) 218.634.2467(fax) www.lakeofthewoodsschool.org

$cece_c@lakeofthewoodsschool.org$ L/W School Administration:

1501

www.lakeofthewoodsschool.org

Jeff Nelson, Superintendent/Elem. Principal Brian Novak, High School Principal

The Education Plus publication is a pro- Lake of the Woods School Board **Members:**

Tim Lyon, (District #5) Lynette Ellis (District #1) Jeff Birchem, (District #6) Sharon Feldman, Chair (District #4) trons in Lake of the Woods County. It is Doug Nosan, (District #2) Tim Pelach, (District #3) School board meetings are held the fourth Monday of each month.

Community Education Staff:

Cece Charlton - Coordinator Lisa Beckstrand - Pool Coordinator Nicole Gate - ECFE Coordinator Muriel Crandall - ECFE Paraprofessional Rose Anderson - Adult Basic Education

Charlton and Brian Novak

School Reach Whenever you change phone numbers at home, work, cell phone or email address, Diane in the high school office or Deb in when school is in session. the elementary office.

Community Education Meeting Dates:

November 8, 2016 ITV Room 4:30 p.m.

January 10, 2017 ITV Room 4:30 p.m.

March 14, 2017 ITV Room 4:30 p.m.

June 6, 2017 ITV Room 4:30 p.m.

Fall School hours:

Monday/Wednesday/Friday: 5:00 a.m. -10:00 p.m.

Tuesday/Thursday: 7:00 a.m. – 10:00 p.m. Weekend hours: Saturday 1:00 - 4:00 p.m. & Sunday 1:00 - 4:00 p.m. and for schedremember to update these changes with uled events. The building is locked down

Hours are subject to change.

THE SCHOOL FACILITY WILL BE CLOSED AND LOCKED ON HOLIDAYS AND WHEN SCHOOL IS CANCELLED.

Census Information

Lake of the Woods School is updating school census information. Census numbers help determine the amount of levy funding that our Early Childhood Program receives from the State of Minnesota. When you are listed on our census, you will be notified of Early Childhood Screening dates and will receive important Early Childhood and Kindergarten information. If you have a child born on or after August 31, 2011 (children 0-4 year old), please call Deb Anderson at 634-2056, ext. 1518.

email

For the 2016-2017 classroom supply lists, visit www.lakeofthewoodsschool.org

Dress Code

the following when doing your school shopping for the you must submit in writing a statement to this ef-more important than it is today. Colleges, vocational

- 1. Clothing must not be hazardous to health or safety.
- 2. Clothing must be decent by reasonable standards:
- a. Straps on shoulders must be AT LEAST one inch in width. No spaghetti straps are to be worn.
- b. The inseam on shorts must be at minimum of 3 inches long and must fully cover your back side.
- c. When wearing skirts they must reach your mid-thigh. When standing with hands at your side, skirts may be no shorter than the end of pointer finger when your arms are placed at your sides.
- must be no lower than your hand width from the base of the ends. Students may not use electronic devices during aca-vacations will count against the 10 absence maximum. The neck.
- cover up over it that covers your shoulders.
- f. Whether sitting or standing no undergarments may be devices in their locker during the school day. showing.
- g. No stomachs showing.
- h. When wearing a sheer shirt you need to wear a tank top al day and detracts from the classroom learning environ- Review Team. The Team will also receive referrals of stuor some type of clothing that will cover up your undergar- ment. Therefore, unauthorized use of electronic devices is dents with habitual tardiness, excused or unexcused. Once
- tion of a classroom.
- 4. Clothing or shoes must not be such as to cause damage to **Elementary Electronic Device Policy is as follows:** school property.
- may not be worn.
- 6. Hats, caps, scarves, hoods, or "rags" are not to be worn in the school building during the school day.
- pictures or slogans is not allowed.

Internet Usage

that support the open exchange of information. The Inter- child is in direct violation of this policy. net provides immediate access to information anywhere in the world, participation in distance learning activities, child during the school day, they should contact the ele- son at extension 1518. to leave a voicemail message excusawareness of global diversity and the promotion of intellec- mentary office. Additionally, should a child need to contact ing your child's absence. We encourage you to call early in tual inquiry. High school students will have access to the his/her parent or guardian during the school day, he/she will the morning if your child is ill and will be absent from Internet through our network. The Lake of the Woods High be allowed reasonable use of a school phone. School wants to provide a stimulating educational environof material that may not be considered to be of educational or electronic devices on their person, nor should cell phones access their schedules via internet by the middle of August. terials or access on a global network and an industrious user day. may soon discover inappropriate information. Lake of the Woods School does use content filtering to censor sites school building for two reasons: deemed inappropriate to the philosophy, goals, and objec- They have been authorized by a school employee to turn tives of the school district.

use of the Internet. Each student will also sign a statement for a specific reason (crisis, critical incident, etc.). stating they agree to follow the guidelines set up by the Students who wish to use their personal laptops to connect cell phones, etc. are not allowed on the school network.

In the event you do not wish your child to have Internet Attendance The dress code will remain unchanged. Please consider privileges through the Lake of the Woods School network, fect. Please send this statement to Lake of the Woods schools, and the workplace continue to require accelerated School, P.O. Box 310, Baudette, MN 56623.

Electronic Devices

educational purposes. Their use shall be at the discretion of rigors of the workplace as well as those of post-secondary the teachers and the school administration. Laptop computeducation, but we need your help. ers may be brought to school, but permissions and passwords must be secured by the school technology coordina- of ten (10) absences in a semester, including excused and tor before student may access our school network.

on campus before school begins, in the passing between will place the student in failure status for one or more clasd. When wearing shirts like V-necks, tank tops, etc. Shirts classes, during noon lunch break, and after school ses in which the absences occur. Extended absences such as demic class periods unless the classroom teacher gives the complete absenteeism policy is included in the high school e. No strapless shirts or dresses UNLESS you are wearing a student permission to use their devices. Students are en- student handbook. couraged to turn all sounds off and leave their electronic

Unauthorized use of these devices, and or having the device your child reaches 5 days of absence in a quarter, excused noise sounding off in the classroom disrupts the instruction- or unexcused your child will be referred to the Attendance grounds for confiscation of the device by any school staff your child reaches 5 days tardy to school, a referral will be 3. Appearance must not be disruptive to the normal opera- member. Disciplinary actions are included in the high made. This Team will review your child's attendance and school student handbook.

All students' cell phones and electronic devices must be cluded in the elementary student handbook. 5. Buttons or insignia on clothing which displays obscenity, turned off and remain off once they have entered the school advertises alcohol, drugs or smoking or promotes its use, building. Phones are to be turned off between the hours of every day. Schedule appointments and trips outside the 7:45 a.m. and 3:10 p.m.

phones may be used with staff approval. Students will be school, but of being well prepared for the next stage of their 7. Any clothing with derogatory, offensive, or suggestive directed to the elementary office or a designated area to lives. By working together as parents and educators we can make their call.

If a parent or guardian receives a call or text message The Internet is a collection of many worldwide networks from his/her child's cell phone during the school day, the for any reason other than school sponsored events, parents

There are no locks on student lockers in the elemen- Schedules ment, yet protect students from information that is not ap- tary. It is highly recommended that cell phones and elecpropriate in an educational setting. With access to comput- tronic devices be turned into the elementary office each day and developed their preliminary schedules before they left ers and people all over the world also comes the availability for safe storage._Students should not have cell phones and/ school in the spring of last year. Students will be able to value in a school setting. It is impossible to control all ma- and electronic devices be visible at all during the school If there are conflicts in student's schedules, Mr. Nelson or

Students may only have their cell phones on inside the the school year begins or on the first day of school.

the cell phone on for a specific purpose, or,

Each high school student will be trained on the proper They have been directed by a school employee to turn it on Brian Sell - Junior High and High School Mathematics.

Unauthorized activation of and/or use of cell phones and High Vocal Music school district. In the event a student does not follow the other electronic devices by students will result in confisca- Bobby Jo Castle - 6th grade. guidelines, technology network privileges will be revoked. tion and may result in a search of the cell phone/electronic Nicole Gate - ECFE Teacher. device, as such action is a direct violation of Lake of the William Moeller - custodian to the school network must see Mr. Chambers to secure a Woods Elementary School procedures. Please remember Please find more information in this edition on each of our temporary password. The school has anti-virus software that cell phones and electronic devices, like all other per- new staff members. installed on our network, but assumes no liability for virus- sonal items brought into school by a student, may be subes that may contracted by student use of personal laptops. ject to search. The outcome of this search may result in (cont. p. 4) (Student must have anti-virus software installed on their school sanction and/or a criminal investigation by law enpersonal computers). Systems other than laptops or; tablets, forcement. Additional disciplinary actions are included in the elementary school student handbook.

At no time in our history has school attendance been academic skills. The number of jobs requiring specialized skills and higher degrees continue to grow at unprecedented Electronic devices brought to school are to be used for rates. Our job as educators is to prepare your child for the

In the high school each student is allowed to have a total unexcused. A lack of academic performance can result be-Students in grades 7th – 12th may use electronic devices cause of absenteeism; therefore, the eleventh (11) absence

> In the elementary school there is an Attendance Review Team to help improve the attendance of students. Once work with parents and students as needed to help improve their attendance. The complete absenteeism policy is in-

Please make every effort to have your child in school school schedule whenever possible, and remind your chil-Before 8:00 a.m. and between 3:00 and 3:10 p.m., dren of the importance not only of graduating from high assure our children of a bright and promising future.

In the event your child needs to be absent from school may call our high school secretary Diane Laine at 634-Should a parent or guardian need to speak to his/her 2510, extension 1421 or elementary secretary Deb Anderschool that day.

The vast majority of students registered via computer Mr. Novak will be in contact with the student either before

New School Staff

We are excited to welcome the following new members to our school teaching and support staff:

Kathy Nordine - Elementary Music and Junior & Senior

Website

Please check our new and improved website at http:// www.lakeofthewoodsschool.org. On the site you will find numerous items of interest including: upcoming events, testing dates and resources, school policies and rules, menus, staff directories, etc. There are two features that you may want to take advantage of: Pay School allows you to pay school fees such as lunch accounts and athletic fees online via e-check, or credit card. SchoolMessanger allows school staff to deliver a single, clear message to students, parents or guardians by telephone, cell phone, e-mail, pager or PDA in any combination. School Messanger will also be used to notify you of a school closing due to inclement weather. Both Pay School and Instant Alert can be found on the homepage of our web site. This site is currently under construction we are continuing to work to make improvements. If you have trouble finding something or have suggestions, please email web-

Parent Contact

site@lakeofthewoodsschool.org.

The Lake of the Woods High School has implemented internet-based access to student information. With the use of a computer, parents and guardians may access their child's attendance, grades, lunch account and more. This is a great opportunity for parents/guardians to stay involved in their child's education. They will be able to contact and communicate with their child's teacher through their personal email address. This effort is by no means a replacement for parent/teacher conferences or phone calls to teachers. To access your child's account simply register with an account password issued by the school. Then you may access your child's account through our website $at\underline{www.lakeofthewoodsschool.org}$

Emergency Notification

Our school district has contracted with a new provider who have been designated to monitor reports with SchoolMessanger. This company can provide us with and start a two-way chat. expanded services such as notification of student absences The Lake of the Woods Tip Line is monitored by staff on reaches a low funding point. We believe this service will can be made 24 hours, 7 days-a-week)

Lake of the Woods Tip Line

encing bullying, harassment or intimidation and are too adequate information is shared when giving a report. fearful or not quite ready to come forward face-to-face to report the matter, Lake of the Woods School is implement- coming forward, either face-to-face or anonymously. Ening Lake of the Woods Tip Line, an anonymous reporting courage your student to use all the avenues that are offered program from CyberBullyingHotline.

encouraging students to report such issues directly to a if we don't know. As a parent, you are also welcome to teacher, School Social Worker, coach, or school adminis- report issues. Anything you think we should know to entrator. However, in some cases, a student can be overcome sure the health and safety of our students should be reportwith fear and worry about who to talk to, or what to say. ed. They may also fear retaliation, or losing the respect of their peers by being labeled a "tattle" or "narc." Students with please contact: such fears need a reporting path and the Lake of the Woods Tip Line is designed to be just that.

Here are a few important details:

How it works

Lake of the Woods School has published the following High School Principal Brian Novak at extension 1420. hotline number:

218-416-1417

or call and leave a voice message

The caller ID is masked, ensuring the report is completely anonymous

The messages are forwarded to one or more school officials

for Emergency notification services. We will be working These officials have the ability to reply to text messages

during the school day and if your student's lunch account days that school is held from 8:00 AM to 3:00 PM (reports

be of greater benefit to the constituents of the school dis- The goal is to engage the student and begin a dialog towards a resolution process

Calls may be placed on land lines, but staff will be unable In an effort to encourage students that may be experi- to respond back. Therefore, it is critical that specific and

Our goal is to ensure that each student feels comfortable by Lake of the Woods School to help resolve any issues Our desire and efforts are, first and foremost, focused on that they may face. We are here to help, but we can't help

If you have any questions or require further information,

Superintendent/ Elementary Principal Jeff Nelson at 634-2510, extension 1506 or

Students or parents can send a text message to this number, You may also visit www.cyberbullyhotline.com to learn

Breakfast & Lunch Menu September 6-9, 2016

September 6 Breakfast	September 7 Breakfast	September 8 Breakfast	September 9 Breakfast
Cereal	Breakfast Bites	Cereal	French toast sticks
Yogurt	Peaches	Toast	Fruit cocktail
Apples	Fruit juice	Apples	Fruit juice
Fruit juice	Milk	Fruit juice	Milk
Milk		Milk	
Lunch	Lunch	Lunch	Lunch
Hamburger/cheeseburger	Chicken nuggets	Quesadillas	Sloppy Joes
Sweet potato fries	Mashed potatoes	Romaine lettuce	Baked Beans
Romaine Lettuce	Gravy	Broccoli	Cauliflower
Tomatoes	Carrots	Pears	Peaches
Applesauce	Dinner Roll	Bananas	Kiwi
Apples	Mixed Fruit	Milk	Milk
Milk	Oranges		
	Milk		

Free & Reduced Meals

If your financial circumstances or household size change during the school year and you find that you qualify for free/ reduced meal prices, you may submit an application to Lake of the Woods School at any time during the school year. Free & Reduced applications may be picked up in the District Office, Elementary Office or High School Office.

If you have questions regarding the free/ reduced application, please call 634-2735 1501 cece c@lakeofthewoodsschool.org student's eligibility status is confidential.

Your Ad Here

for more information contact Cece Charlton 218/634-2735 ext. 1501 or email cece c@lakeofthewoodsschool.org

SAVE THE DATE

Community Education's Holiday Craft & Vendor Extravaganza Lake of the Woods School Commons November 19, 2016 - 9:00 a.m. - 3:00 p.m.

Yearbooks Contact yearbook staff to order 634-2510 ext. 1404

High School

To view the breakfast and lunch menus, visit www.lakeofthewoodsschool.org

NEW STAFF AT LAKE OF THE WOODS SCHOOL



Hi, my name is Shannon Welin. I was born and raised in Roseau, MN. I graduated college from Bemidji State University where I attended the Elementary Education program. I student taught in 2nd grade and Headstart at Lake of the Woods Elementary School. I immediately fell in love with the area and school district. For the past year and a half, I spent my time subbing in the Elementary at Lake of the Woods. This spring, I got hired on full time as a first grade teacher.

I couldn't be more excited! I enjoy spending time with my family, especially my two nieces, being outdoors, and running. I look forward to meeting new families and working with an excellent staff at Lake of the Woods School!



Doug Sell is the new business manager at Lake of the Woods School. Doug has over 35 years in government management. Doug and his wife, Jane, have 2 sons and 2 grandsons. He enjoys fishing and spending time with his grandsons.



Amy Kemen

I grew up in Virginia, Minnesota and graduated from UW-Superior in science education in 2011. This will be my fifth year of teaching and my third year teaching 6th graders. I'm excited to rejoin the faculty at Lake of the Woods School after three years teaching out of state.

In my free time, I enjoy researching my ancestry, Nordic skiing, swimming, and reading. I'm so happy to be back in Northern Minnesota where I can also pick lots of blueberries, fish, and be closer to family and friend.



Hi, my name is Crystal Olson. I was born and raised in Baudette, MN. My husband, also born and raised in Baudette, and I just welcomed a baby girl, Harper, to our family in May. We already have two wonderful boys, Jaxen (4) and Breckon (2) so she will be well protected. We are very busy with three little ones at the house but enjoy golfing, hanging out with all our family we are lucky enough to have nearby, camping, anything outdoors.

I am very excited to begin my new career as the Finance Clerk here at the school.



Laura Ellis

I was born and raised right here in Baudette, MN! I grew up and went to Lake of the Woods school K-12. After high school I attended Bemidji State University to peruse my elementary education degree after completing my student teaching, which I did right here at Lake of the Woods! I look forward to working at Lake of the Woods with all of the students and staff!



WHEN: Tuesdays and Thursdays from 3:15 pm to 4:30 pm

WHERE: Media Center

WHY: To work on homework or other class assignments

After school Homework Club will be for students in grades 6th through 12th grade. Students must sign up by 12:30 pm in the high school office if they are planning on attending Homework Club on that Tuesday or Thursday.

- 1. Students are required to attend the full session (3:15 TO 4:30)...Classroom door will be locked at 3:15.
- 2. Parents will be called if student leaves early or does not show up.
- 2. Homework first and then work on other class projects or read a book.
- 3. <u>Use the computers in a responsible manner</u>. Computers are a privilege and students must have permission to use. Computer games are not to be played.
- 4. <u>Behavior issues</u> will result in the removal of the student, a phone call to the student's guardian and an automatic after-school detention. A second offense will be the removal of that student permanently from homework club.

Lake of the Woods School has three Automatic External Defibrillators (AED). The three AED's are located in the cafeteria/commons area, by the multipurpose gym/pool area and in the east hall of the elementary/high school area.

The Enrichment Program

The Lake of the Woods Enrichment Program will be offering fun and exciting pro- Academic Competitions grams for students of high potential again this year. The Enrichment Program (EP) offers specialized classes, academic competitions, and inclusion opportunities for all students.

Students who participate in the program receive services in many areas: pullout classes form teams coached by the EP Coordinator in creative problem solving, mathematics, and writing; individual classes in reading and independent studies; and special events and competitions such as the Spelling Bee, Na- three students are taken to the competition hosted by the Roseau Historical Society. tional Geography Bee, the MN History Contest, the Creativity Festival, and the Young Author's Conference. The program also offers coaching for special competitions, such as are invited to the district spelling bee. The winner advances to the regional bee. the Fifth and Sixth Grade Math Masters.

In addition to these services, the EP also sponsors school-wide Enrichment activities and coordinates the Bergeron Memorial visits from the Science Museum of Minnesota.

This program's current funding is secured in three ways:

- The Lake of the Woods School District allocates an annual award
- The State of Minnesota, Dept. of Education allocates a per student dollar amount
- Business sponsorships of specific classes or events

Your donations, memorials, and grant awards make up the remaining dollars

This year's target goal for the Lake of the Woods Enrichment Program is \$21,000 and we need your help to accomplish this goal! Check out the great programs you can support!

ENRICHMENT PROGRAM OFFERINGS

Pull-out classes and recess clubs

Writer's Workshop - Grades 4-6 Advanced Readers - K, 1st, and 3rd Math Club - Grade 5 Chess Club - Grades 3-6 Broadcasting Bonanza - Grades 4-6

Young Scientists - Grades 3-6 Kaleidoscope - Grades 4-6 Math Club - Grade 6 Second Grade Explorers

Math Masters Grade 5 and 6 - Classroom teachers select the top math students to

MN History Contest - Interested 6th graders are given a selection test. The top

Spelling Bee - Classroom teachers submit the top spellers from each grade who Grades 4-8

National Geography Bee - Classroom teachers submit contestants from each grade level to compete in our district Geo Bee. The winner has a chance to advance to state. Grades 4-8.

Events

Young Author's Conference - a one day trip for young writers in grades 5-8. Creativity Festival - a one day trip offering a wide range of workshops for all students in Grades 5-8

Science Museum of Minnesota - K-6 classrooms are invited to take part in a residency from the SMM in the spring of the year.

End of the Year Field Trip - This trip varies from year to year and is available to EP students in grades 3-6. Past trips have included The Big Bog and Zippel Bay.

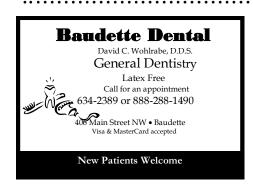
The Enrichment Program Provides the challenges and opportunities our gifted and talented students need and deserve. If you would like to make a donation to our Enrichment Program, please fill out this form, clip it and mail it in with a check to: The Enrichment Program, Lake of the Woods School, District #390, PO Box 310, Baudette, MN

	would like to make a donation to our Enrichment Program, please fill out this form, clip it and in with a check to: The Enrichment Program, Lake of the Woods School, P.O. Box 310, Baudet
MN 56	623
Name:	
Addre	SS:
	or P.O.:
City: _	
State:_	
Phone	number:
Comm	ents:

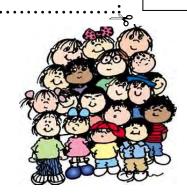


As the name implies, SchoolReach is a parent notification system. SchoolReach has a process called EX Data Synch that allows us to build the automated transfer of parent contact information from Synergy, our student information system, to the SchoolReach hosted location. It simply saves time and provides more up to date, accurate parent contact information.

Once we make a parent contact change in Synergy, it will update in SchoolReach every day. The most current parent contact information in Synergy will now be in our parent notification system. Our staff should no longer have to change parent contact information in multiple systems.







NO HUNTING

"Under M.S. 609.66 Subd. 1d., it is a felony to hunt on school owned land when students are present for school related activities."

To view your student's lunch account balance, visit www.lakeofthewoodsschool.org



From The School Nurse...

Tiarra Shaw, L.P.N., School NurseSchool Nursing Office: 218-634-2510 ext.1522
Monday through Friday 8 am to 3 pm *(during the school year)* or call CHI LakeWood Health, Public Health Office: 218-634-1795

Be ready for back to school

SPORTS PHYSICALS

Let's keep our young athletes safe to participate in sports. A sports qualifying physical exam is required at least once every three years for student athletes. Sports physicals are offered at CHI LakeWood Health Clinic by appointment, call 218-634-1655. For more information about sports physicals, visit the Minnesota State High School League website at www.mshsl.org, click on Resources at the top and then click on Medical/Physical.

IMMUNIZATIONS

As the anticipation for the first day of kindergarten, junior high or college builds for our children, parents can help to make sure they are ready. Children entering kindergarten, seventh grade, and post-secondary institutions have immunization requirements that must be met before classes start. These requirements are part of Minnesota's School Immunization Law. To get a copy of your child's immunization record or if you have questions regarding what vaccines your child needs, please call me at the school or at CHI LakeWood Health. If you have concerns regarding the cost of vaccines, please check with your healthcare provider or public health to see if your child is eligible to receive immunizations at a reduced cost through the Minnesota Vaccines for Children Program.

MEDICATION AT SCHOOL

Finally, a reminder that if your child needs to have medication administered during the school day, an authorization form needs to be signed by you and your medical provider. Medication needs to be in its original container.

CHI LakeWood Health's Annual Community Dinner

Join us in our backyard garden for a free meal - 600 Main Ave. South in Baudette

Thursday, September 8, 2016 from 5 pm to 7 pm

Roast Pork, Potato Salad, Beans and Dessert

Services available at CHI LakeWood

- Ambulance Service
- Assisted Residential Community
- Behavioral Health
- Cardiac Rehab
- Care Center Long Term Care
- Clinic
- Diabetes Resource Center
- Emergency Room
- Fitness Center
- Hospital
- Laboratory

- Public Health
- Radiology and Imaging
- Tele-Medicine
- Therapy Services
- Respite Care
- Same Day Surgery
- Sleep Studies
- Swing Bed
- Visiting Nurse
- Visiting Specialists
- Wellness Education



218.634.2120 chilakewoodhealth.com

600 Main Avenue South Baudette, MN 56623

Community Education/Activities

Community Ed Class Registration

Registration forms may be picked up in the Elementary, High School, Pool and Community Ed offices. A registration form is also included in this paper and is available to play piano. Instructed by Heidi Olson, these piano lessons will inonline on www.lakeofthewoodsschool.org Class registration is required. Many classes struct the beginning student in basic piano knowledge, note reading, have a minimum number of people needed to offer the class, and if enough people have technique, and music theory. As the student progresses, the course will not registered one week prior to a class, the class will be cancelled. All checks are to become more specialized to meet individual needs. Come learn to play be made payable to Lake of the Woods School.

Elementary Volleyball

Join the fun! First, second and third grades will work on passing, target, setting, serving (over and underhand) & footwork. Fourth, fifth and sixth grades will work on passing, setting, serving, footwork and hitting. Emphasis will be on learning proper technique. Wear t-shirt, shorts, tennis shoes and bring a water bottle.

Tuesday Oct. 4 from 3:15-4:30 p.m. Saturday Oct. 8 from 9-10 a.m. Tuesday Oct 11 from 3:15-4:30 p.m. Saturday Oct 15 from 9-10 a.m. Wed Oct 19 from 3:15-4:30 p.m. Saturday Oct 29 9:00-10:00 a.m.

Grades 4 & 5

Saturday Oct 8 from 10-11:30 a.m. Saturday Oct 15 from 10-11:30 a.m. Thursday Oct 20 from 3:15-4:30 p.m. Friday Oct 21 from 3:15-4:30 p.m.

Saturday Oct. 22 is all day scrimmage (time TBD)

Saturday Oct 29 10-11:30 a.m.

Fee: \$25.00/resident; \$30.00/non-resident

(Fee includes a t-shirt) Location: Multi-purpose gym Coach: Chrissy Draper

Elementary Cross Country-Run with the Bears!

Boys and girls in grades 3-6 are encouraged to join us for a five week introduction to cross country running. Fun runs, basic stretching and flexibility, tips for nutritious snacking, and more. Wear comfortable running clothes, tennis shoes, bring a sweatshirt and water bottle. Wednesdays right after school.

Coach: Coaches Dyana Fish and Bob Youso & the Cross County High School Runners

Location: Elementary Playground

Dates: Mondays, Sept. 19, 26 October 3, 10, 26, 2016

Time: 3:00-4:00 p.m.

Fee: \$15.00/resident; \$20.00/non-resident

(Fee includes a t-shirt)

Elementary Football

Learn football skills and drills. Wear suitable

clothing, tennis shoes and bring a water bottle. Grades 3-6.

Coach: Coach Laine, Football Coaches and Varsity Football Players

Dates: Saturdays, Sept. 10, 17, 24, Oct. 1 & 8, 2016

Time: 10:00 a.m. - 12 noon

Locations: L/W School practice football field Fee: \$15.00/resident; \$20.00/non-resident (Fee includes a T-shirt, please circle size)

Adult Basic Education

For more information on ABE (Adult Basic Education) Clas-

Kirsten Fuglseth, Adult Basic Education Coordinator

114 West First Street

Thief River Falls, MN 56701-1911

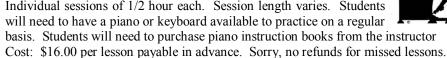
Phone: 218-681-0886

Email: kfugleseth@nw-service.k12.mn.us

Must be 16 years old or older and not enrolled in secondary school

Piano Lessons Just For Me!

This course is geared toward students who would like to learn how the piano, sharpen musical skills, and have a great time in the process! Individual sessions of 1/2 hour each. Session length varies. Students will need to have a piano or keyboard available to practice on a regular



Location: Elementary music room or choir room

Elementary Basketball

Teacher: Heidi Olson

3rd, 4th & 5th grade boy's and girl's basketball will start the end of November, 2016. Registration forms with practice dates and times will be sent home with the students. Kindergarten-2nd grade boy's and girl's basketball will start in January 2017. Registration forms with practice dates and times will be sent home with the students.



L/W Outdoor Club

The "L/W Outdoor Club" is a club dedicated to students (5th grade-12th grade) interested in careers in the natural resource field. Students will be involved in numerous outdoor activities including making maple syrup, mushroom I.D., hunting, fishing, trapping, and the science behind these activities. Students will also be assisting in fish and wildlife surveys, tagging sturgeon, and working with local DNR employees. Students will meet twice a month or as outdoor activities dictate.



Parents and guardians are encouraged to attend and participate as well if they wish. Students must register every year with Cece in the Community Education Office. For more information contact Jeff Birchem at 783-2521 or jebirchem@icloud.com.

Quilting Class 2016

Project: Bed Runner- measure your quilt so you can determine your size

The project will consist of 7 - 12" blocks that were chosen to teach you specific techniques: pin wheels, partial seams, Y seams and 8 pieces that meet at the center. There will be many pieces to this project.

First meeting will be Sept. 20, 2016 from 5:00-6:00 p.m. The first meeting will be short to discuss patterns and yardage.

Class dates: Tuesdays, Oct. 4, 11, 18 & 25, 2013

Time: 4:00 - 8:00 p.m. Maximum students: 12 Minimum students: 5 Class fee: \$10.00/resident; \$15.00/non-resident Location: Life skills Room Instructor: Audrey Olson



Holiday Craft & Vendor Extravaganza"

November 19, 2016- 9 am-3 p.m.

Lake of the Woods Community Education will be sponsoring a "Holiday Extravaganza" again this year. We had over 80 booths last year. with about 800 people registering for door prizes. Vendors or crafters who are interested a booth, please call Cece at 634-2735 ext. 1501 or Lisa at 634-2735 ext. 1101 for more information.



For Community Ed activities visit www.lakeofthewoodsschool.org

Community Education/Activities

Mommy to be fitness!

Congratulations, beautiful momma's! Prenatal exercising is one of the best things you can Dates: Wednesday night and Sunday afternoons do for yourself while creating your bundle of joy. Not to mention, it is proven to help with Time: Wednesdays -7:00-9:00 p.m. delivery! Your 40 week journey already proves you are a strong woman, but let's keep that strength and energy high with a workout designed for you and baby in mind! Please Location: Big Gym check with your physician before starting this program.

***Bring your exercise mat if you have one!

Location: Multi-purpose gym

Dates: Tuesdays, Sept. 6th, 13th, 20th, 27th, and Oct. 4th

Time: 7:00 p.m. - 7:55 p.m.

Fee: \$25.00/resident; \$30.00/non-resident

Instructor: Emily Durkin

Baby workouts!

Pre-baby weight, here we come! Dad's, I'm talking to you, too! This fitness class is designed to incorporate your baby into the exercises, so you don't have to jeopardize precious baby bonding time! Two birds, one stone! Let's get your strength and energy ready for when your little one really starts testing your endurance! Recommended baby ages: newborn-24 months

***Please bring your strollers or baby carriers and mats

Location: Multi-purpose gym

Dates: Mondays, Sept. 12th, 19th, 26th, October 3rd, 10th

Time: 7:00- 7:55 p.m.

Fee: \$25.00/for individual resident; \$30.00/for individual non-resident; \$40.00/for both parents/guardians resident; \$45.00/for both parents/guardians non-resident

Instructor: Emily Durkin

Butts and Guts!

A class dedicated to lifting your booty and toning your abs! This workout is designed to tone and tighten those hips and thighs, while chiseling your abs that may be hiding behind all that good summer eaten'! A combination of different types of squats, lunges, and ab routines will be sure to get heads turning when you are finished with these classes. All fitness levels welcome!

***Please bring your exercise mat if you have one

Location: Multi-purpose gym Dates: Tuesdays, Sept. 6th, 13th, 20th, 27th, and Oct. 4th

Time: 8:00 p.m. - 8:55 p.m.

Fee: \$30.00/resident; \$35.00/non-resident Instructor: Emily Durkin

A Smash HIIT!

High-intensity interval training (HIIT)! HIIT is a training technique in which you give maximum effort for short bursts of time, followed by an even shorter resting period. HIIT is one of the most effective ways to burn calories and build muscle! So be ready to sweat! All fitness levels welcome!

Location: Multi-purpose gym

Dates: Wednesdays, Sept. 7th, 14th, 21st, 28th, Oct. 5th

Time: 7:00 p.m.

Fee: \$30.00/resident; \$35.00/non-resident

Instructor: Emily Durkin

Adult Volleyball League

Adult volleyball will start on Wednesday, October 7, 2016 and go through April 2017.

If you have questions, please call Cece at 634-2735 ext. 1501.

Dates: Wednesday nights

Time: 7:00 p.m. in the small gym.



Adult Basketball League

Sundays - 1:00 - 4:00 p.m.

Supervisor: Tyler Ketchum

If you have questions, please call Cece at 634-2735 ext. 1501



Adult Weight Room Membership

For information on how to join the Lake of the Woods School weight room, call 634-2735

ext. 1501.

Basketball Coaching Class for parents/fans

This class will cover the fundamentals of basketball and methods for teaching those fundamentals. Techniques and drills will be presented so that parents will be able to help their child improve their basketball skill. Parents may later feel comfortable enough to help out in the elementary or junior high basketball program. No prior basketball knowledge is necessary. Instructor: Dick Merriman

Class dates: October 12, 19, 26, November 2, 9,(16 if needed)

Time: 6:30-7:45 p.m. Minimum students: 5 Class fee: \$10.00

Location: ITV Room/multi-purpose gym

Instructor: Richard Merriman



Facility Use, Policies, and Procedures

The Community Education Department coordinates use of all school facilities and equipment beyond the regular school day. School functions take priority. School activities may be scheduled subsequent to approval and the affected party will be notified if that situation occurs. The use of facilities is governed by policies and regulations approved by the Board of Education. No activities will be scheduled on legal and/or school holidays. For more information contact the Community Education Office at 634-2735 ext. 1501.



To view the Education Plus, visit www.lakeofthewoodsschool.org

Community Education/Pool Classes/Activities

Fall Pool Schedule Beginning Tuesday, September 6, 2016 Schedule subject to change

Monday	Tuesday	Wednes- day	Thursday	Friday	Saturday	Sunday
5-8 a.m.		5-8 a.m.		5-8 a.m.		
Adult Swim		Adult Swim		Adult Swim		
	3:30 - 8 p.m.			3:30– 8 p.m.	1-4 p.m.	1-4 p.m.
	Open Swim			Open Swim	Open Swim	Open Swim

For information about exercise classes, swimming lessons, (private & group), open swim/adult swim times call Lisa at Pool Office, 218-634-2735 ext. 1101 or email lisa b@lakeofthewoodsschool.org



The pool will be closed August 15-21, 2016 for maintenance and Saturday, Sept. 3rd, Sunday, Sept. 4th, Monday, Sept. 5th for **Labor Day Observance**

Costs for Open Swim

.75 - Preschool, \$1.50 - Student, \$2.50 - Adult, \$10.00 - Family Max Punch Card prices - \$5.00 - Pre-school, \$10.00 - Student, \$22.50 - Adult

Family Fridays

Every Friday from 3:30-8:00 -Cost \$5.00 per family (maximum 2 adults/4 children) A great time to enjoy family time at the pool at a great price!!!





Birthday Parties at the Pool The pool is a wonderful place to hold birthday parties! Parties can be held during open swim hours and the observation area overlooking the pool is a great place to have games and lunch as part of your celebration. If you have any questions or would like to book the pool and observation area for your next party, call the Pool Office at 634-2735 ext. 1101.

Water Exercise Class

Starting in September (dates to be determined) Mondays/Wednesdays/Thursdays - 4:15-5:15 p.m. There are many benefits of water exercise, here are just a few:

- Water exercise decreases stress, blood pressure, tension, weight, pain, body fat, impact on joints, risk of injury and prescription drug requirements. It increases strength, flexibility, energy, range of motion, muscle tone, oxygen/circulation, endurance, balance, coordination, fun, self esteem, safety and enjoyment of life.
- It enhances feelings of well-being; sleep patterns, recovery from injuries, social pleasures and reversing or slowing of ageing, both mentally and physically.

Remember you don't have to be a swimmer to do water exercise and if you are uncomfortable wearing a swim suit...you can wear a t-shirt and shorts. Pre-registration is not required. You can start classes at any time...and the first time is FREE. For more information call the pool office 634-2735 ext. 1101.

If you are interested in being a lifeguard, or WSI (Water Safety) Instructor, please contact Lisa Beckstrand at 634-2735 ext. 1101.

Walking Track

The walking track is open Mon/Wed/Fri 5:00 a.m.-9:00 p.m., Tues/Thurs 8:00 a.m.-9:00 p.m., Sat/Sun 1:00-4:00 p.m. (during pool hours). For our records, please sign in one time at either the Pool Office or the District



All of our elementary students have swimming throughout the school year as part of their physical education class.

Lake of the Woods Community Ec P.O. Box 310	ducation Registration	* "	%
Baudette, MN 56623		LAKE OF THE	
634-2735 ext. 1504		School	
Name (adult):			
Name (student):	Class/Acti	vityF6	e \$
Age: Grade: Teacher:	T-Sh	irt Size: (If applicable):	
Parent/Guardian Name	(1	Parent/Guardian must sign if	f under 18
Parent/Guardian Name	(1	Parent/Guardian must sign if	under 18
Parent/Guardian Name Address	(I	Parent/Guardian must sign if	f under 18
Parent/Guardian Name Address City/State/Zip	()	Parent/Guardian must sign if	f under 18
Parent/Guardian Name Address City/State/Zip Phone (Day)	(l	Parent/Guardian must sign if	f under 18
Parent/Guardian Name Address City/State/Zip Phone (Day)	(I Phone (Eve)	Parent/Guardian must sign if	f under 18
Parent/Guardian Name Address City/State/Zip Phone (Day) Email:	(I Phone (Eve)	Parent/Guardian must sign if	f under 18
Parent/Guardian Name Address City/State/Zip Phone (Day) Email:	Phone (Eve)adequately covered by insurance	Parent/Guardian must sign if	f under 18

FREE FAMILY **POOL PASS!!!**

Bring this coupon in to the Lake of the Woods School Pool for a one time admittance for a day of free swimming for the family!

Offer Expires September 30, 2016



For the pool schedule visit www.lakeofthewoodsschool.org

Pesticide General Notice for Parents or Guardians 2016-2017

Dear Parent or Guardian:

A Minnesota state law went into effect in year 2000 that requires schools to inform parents and guardians if they apply certain pesticides on school property.

Specifically, this law requires schools that apply these pesticides to maintain an estimated schedule of pesticide applications and to make the schedule available to parents and guardians for review or copying at each school office.

State law also requires that you be told that the long-term health effects on children from the application of such pesticides or the class of chemicals to which they belong may not be fully understood.

If you would like to be notified prior to pesticide applications made on days other than those specified in the estimated schedule (excluding emergency applications), please complete and return the form below and mail it to: Superintendent, Lake of the Woods Public School, P.O. Box 310, Baudette, MN 56623. If you have any questions regarding this notice, please contact Superintendent at 218/634-2735.

Sincerely,

Jeff Nelson, Superintendent jeff n@lakeofthewoodsschool.org 218-634-2510, extension 1506.

Request for Pesticide Notification Lake of the Woods Public School

I understand that the school will make available an estimated schedule of pesticide applications for review and copying at the school office. Should a pesticide application be scheduled on a day different from the day(s) specified in the original schedule, I would like to be notified. I understand that the school may ask me for reimbursement for the costs of notification.

I would prefer to be notified by (circle): US Mail E-mail

Please print neatly:		
Name of Parent/ Guardian:		_Date:
Address:		
Day Phone:()	Evening Phone:()	
Email:		

Return to: Jeff Nelson, Acting Superintendent Lake of the Woods Public School P.O. 310 Baudette, MN 56623

Asbestos Hazard Emergency Response Act (AHERA) Notice

This is to inform you that the Lake of the students and our employees. Woods Public School District #390 is in Asbestos Hazard Emergency Response Act 1998 and were built asbestos free. (AHERA) requiring that all schools serving asbestos and to develop a plan of manage- office. ment for all asbestos-containing building materials. As a matter of policy, the district THIS ANNUAL NOTICE IS PRESENTED IN COMshall continue to maintain a safe and healthful environment for our community, our

In keeping with this legislation, the precompliance with regulations established by sent school buildings were built in 1992 and

If you have questions, please contact the each primary and secondary school in the Office of the Superintendent. A copy of the nation to complete a stringent inspection for management plan is also located in this

> PLIANCE WITH REGULATIONS ESTABLISHED BY AHERA.

Crisis Management

The community, school board members drills were conducted last spring. and school staff worked together to develop a comprehensive crisis management plan, CRISIS which was approved on May 25, 2000.

The plan provided an egress map posted office. in each occupied room, and emergency

A copy of the "LAKE OF THE WOODS MANAGEMENT POLICY/ PLAN" is on file in the Superintendent's

Notice of Nondiscrimination

The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal and, where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http:// www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632 -9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing, or have speech disabilities and wish to file either an EEO or program complaint please contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (in Spanish). Persons with disabilities who wish to file a program complaint, please see information above on how to contact us by mail directly or by email. If you require alternative means of communication for program information (e.g., Braille, large print, audiotape, etc.) please contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). USDA is an equal opportunity provider and employer.

School Reach Instant Alert/Storm Days

Whenever you change phone numbers at home, work, cell phone or email address, remember to update these changes at 634-2735, with Diane in the high school office, ext. 1421 or Deb in the elementary office, ext. 1518.

As the name implies, SchoolReach is a parent notification system. SchoolReach has a process called EX Data Synch that allows us to build the automated transfer of parent contact information from Synergy, our student information system, to the SchoolReach hosted location. It simply saves time and provides more up to date, accurate parent contact information.

Once we make a parent contact change in Synergy, it will update in SchoolReach every day. The most current parent contact information in Synergy will now be in our parent notification system. Our staff should no longer have to change parent contact information in multiple systems.

To view the Education Plus, visit www.lakeofthewoodsschool.org

Lake of the Woods Activity Fees

Lake of the Woods Bears 2016 – 2017 School Year

Athletic / Activity Gate Fees and Game Passes

Gate Fees:	
Adult:	\$ 5.00
Student (7-12)	FREE
College Student (w/college ID)	\$ 3.00
Student (K-6)	FREE
Senior Citizen (65+)	\$ 1.00
Game Passes:	
Adult (all games 2016-17 school year)	\$ 75.00
College Student (w/college ID-all games)	\$ 45.00
Senior Citizen (65+ all games 2016-17 sch	ool year)
	\$ 30.00
*Family Maximum	\$ 200.00
*Consists of individual passes	

*Passes will be honored at all home games EXCEPT Minnesota High School League tournaments...

*Game Passes will be sold at regular season Maximum Per Family Per Season - \$250.00 games and through the District Office...

*College students must have a current college/university identification to purchase Lake of the Woods School "student game passes"...

*Individual "game passes" must be present- Lake of the Woods School ed to ticket taker's) for entry into games...



Lake of the Woods School District **Student Athletic and Activity Fees** 2016-2017 School Year

	Activity	<u>Grade</u>	
	High School Football	9-12	\$150.00
	Junior High Football	7-8	\$ 75.00
	High School Volleyball	9-12	\$150.00
	Junior High Volleyball	7-8	\$ 75.00
	HS Cross Country	9-12	\$125.00
	Jr. High Cross Country	7-8	\$ 75.00
	High School Basketball	9-12	\$150.00
	Junior High Basketball	7-8	\$ 75.00
	High School Hockey	9-12	\$150.00
	High School Track	9-12	\$125.00
	Junior High Track	7-8	\$ 75.00
	High School Baseball	9-12	\$125.00
	Junior High Baseball	7-8	\$ 75.00
	High School Softball	9-12	\$125.00
	Junior High Softball	7-8	\$ 75.00
	High School Golf	9-12	\$125.00
	Junior High Golf	7-8	\$ 75.00
L	Sr. High Knowledge Bowl	9-12	\$ 75.00
l	Jr. High Knowledge Bowl	7-8	\$ 37.50
	One Act Play	9-12	\$ 37.50
	One Act Play	7-8	\$ 25.00

Family Maximum Paid Per Year - \$500.00

Make checks payable to:

Checks or Money Orders may be mailed to: Attention: Diane Laine P.O. Box 310 Baudette, MN 56623 Cash, Checks, or Money Orders may also

be dropped off in the District Office.

Lake of the Woods Upcoming Events

August.22	School Board Meeting
Sept. 6	1st Day of School
Sept. 8	CHI Lakewood Health's Annual Community Dinner
Sept. 26	School Board Meeting
Oct. 7	North Star Annual Dinner, L/W School Commons
Oct. 20 & 21	MEA - No School
Oct. 24	School Board Meeting
Nov. 7	Deer Day No School
Nov. 8	Community Ed Advisory Council Meeting
Nov. 11	Veteran's Day
Nov. 20	Baudette Chamber Tree Lighting
Nov. 19	L/W Community Education "Holiday Extravaganza"
Nov. 19	Baudette Chamber "Frost Fest"
Nov. 28	School Board Meeting
Nov. 24 & 25	Thanksgiving - No School
Dec. 19	School Board Meeting
Dec. 23 - Jan. 2	Holiday Break







Locally owned and operated Serving you for over 80 years.



Bottling Company, Inc.

1300 Industrial Avenue Int'l Falls, Minnesota 218-283-3221







VACANCIES: Athletic/Activities Coaching 2016-2017 School Year at Lake of the Woods School. No closing date, positions open until filled.

Boy's JV Basketball Coach Girl's Varsity Basketball Coach Girl's JV Basketball Coach Boy's Basketball (JV Coach) Head Girls' Softball

Please contact Doug Sell for more information. Letter/email of application/ interest may be sent to: Doug Sell, Business Manager. doug sell@lakeofthewoodsschool.org) Lake of the Woods School, P.O. Box 310, Baudette, MN 56623,

Fax: 218-634-2750, Phone: 218-634-2735 ext. 1504

L/W Schools is an E.O.E.

VOLLEYBALL **TRYOUTS** August 15, 2016 4:00 p.m.

High School Grades 7-12 CROSS COUNTRY Starts August 15, 2016 6:00 p.m.

FOOTBALL Practice starts August 15, 2016 8:00 a.m.

> **High School Yearbooks**

Contact yearbook staff to order

634-2510 ext. 1404



"Best Concession in Northern Minnesota"

Open Game Nights Menu Items Include

Hamburger Cheeseburger Chicken Burger



Taco in a Bag French Fries Shakes & Much More...



For athletics/activities schedule visit www.lakeofthewoodsschool.org

Summer Camp 2016

Submitted by Brenda Nelson

Summer Camp session 1 is a wrap! Over a hundred students attended daily and were kept busy and occupied with a number of activities during the week. The students used their engineering skills to build a number of structures including a card tower, potato chip grease lab, balloon launchers, and fossil creations. They experienced computer coding, cooking their own snacks, and experimenting with photography. They were actively involved in a variety of positive social skill building activities including role play to improve "social smarts", learning about their own conflict style, the conflict styles of others, and how to manage self-regulation behaviors. Team building activities during the week consisted of team stacking with cups, playing hard in gym, and relaxing with yoga. Art lessons using their own fingerprints and line abstract art kept the students busy with their creative talents. Students and staff were pleased to have such a positive experience!













Fresh Flowers · Plants · Gifts 218/634-9700 9:00 a.m. - 5:30 p.m.

211 Main Street W ~ Baudette, MN

Northern Farmers Cooperative Exchange Est. 1936

- Fertilizer Sales
- Chemical Sales
- Seed Sales
- Fertilizer Application
- Grain Marketing

275 State Highway 11 East Williams, MN 56686 218/783-2215

The Grand Theater...

Movie Hotline 634-1784

Gift Certificates Available www.baudettemovies.com



For Community Ed activities visit www.lakeofthewoodsschool.org

Lake of the Woods Community Education "Koliday Craft & Vendor Extravaganza" November 19, 2016

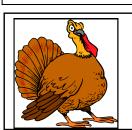
Lake of the Woods Community Education and The Baudette-Lake of the Woods Chamber of Commerce are teaming up again this year to kick off the holiday season in grand style. The Holiday Craft and Vendor Extravaganza hosted by Community Education and the Chamber, will hold its Frost Fest kick-off celebration on the same day. Both organizations are excited to be working together to bring the area a great way to kick off the holiday

The Holiday Craft and Vendor Extravaganza will be held in the Lake of the Woods School Commons and Main Gym on Sat, Nov 19, 2016 from 9am-3pm. Last year 83 vendors were on hand with about 800 people registering for door prizes. Each year, the Holiday Extravaganza has grown, so this year promises to be bigger and better than ever. In addition to craft and vendor booths, the event will feature a visit from Santa, children's activities (sponsored by 4-H), a "Just for Kix" performance, Turkey Bingo (sponsored by Lake of the Woods Women of Today), door prizes, and a food booth operated by the Lady Laker Junior Volleyball Teams.

If you are interested in a booth or for more information on this event, contact Cece Charlton at 218/634-2735, ext. 1501, 218/766-3242, cell or email her at cece c@lakeofthewoodsschool.org or Lisa Beckstrand at 218/634-2735, ext. 1101 or email her at lisa b@lakeofthewoodsschool.org.

The fun will continue on November 19th but the action will shift to downtown Baudette as the Chamber of Commerce hosts their Frost Fest 2016 kick-off. Merchants will be offering special deals all day. In addition, several activities are planned including another visit from Santa, sleigh rides, the annual Holiday Light and Fish House Parade, Community Dinner and Dance, Silent Auction, caroling, a Downtown Window Walk, the Community Tree Lighting and more.

The Northern Light Region will have more information closer to the event and check www.lakeofthewoodsmn.com for more details. Questions and inquiries can also be directed to committee chairpersons, Mike Hovde at 218-434-0273 or Karoline Ketchum at 218-929-7160.



TURKEY BINGO Sponsored by Women of Today "Holiday Craft & Vendor Extravaganza November 19, 2016 ITV Room—1:30-3:00 p.m.



Kicks off Saturday, November 19, 2016

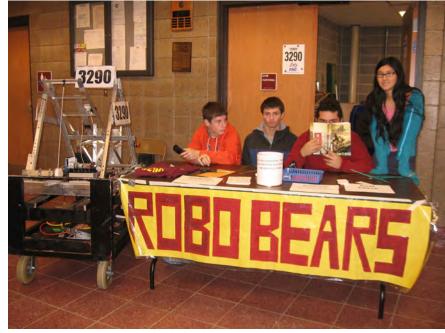
Holiday Craft & Vendor Extravaganza ~ Lake of the Woods School Commons **Downtown Window Walk!** Holiday Light & Fish House Parade! Promotions & Sales at Area Businesses! Community Dinner! Dance! Silent Auction! Caroling! Annual Tree Lighting! **VISITS WITH SANTA!**

And the fun continues through the season with FREE MOVIE SATURDAYS AT THE GRAND THEATER! CHAMBER OF COMMERCE **OPEN HOUSE! CHAMBER BUCKS GIVEAWAYS!**

Horse-Drawn Sleigh Rides! And More!

More details and information will be coming soon...watch for it in the local papers and www.lakeofthewoodsmn.com!







To view your student's lunch account balance, visit www.lakeofthewoodsschool

Triple A Booster Club Has Spirit!

and Athletics.

Established as a 501© (3) non-profit orgroups and to sponsor other events and activi-Currently, the organization manages funds for and helps supplement the funding needs of over thirty Group Account holders, Special Olympics. Requests by individuals or August. other organizations for contributions to support Academics, Arts, or Athletics are consid-

School and the communities it serves.

Triple A Booster Club provided the sign year. on Highway 11 and the banner in the gym

Over the years Triple A Booster Club has celebrating the success of our State Volleyball shown its school spirit by supporting the edu- championship team. Working with Dollars cation and development of students in grades for Scholars, the Boosters have been able to 7 through 12, in the areas of Academics, Arts, provide scholarships to graduating seniors. They have also worked with National Honor Society students to create a school calendar of ganization, Triple A Booster Club serves as events, including the dates of sporting events, the financial manager for the funds raised by choir and band concerts, dates of parent/ each of its Group Accounts and also conducts teacher conferences, and school testing dates. its own fundraising to help support those Although a large portion of the Club's general fund comes from the sale of advertising space in the events program used at athletic and other school-related events, sales of the calendars serve as another source of revenue. The such as Choir, Hockey, Knowledge Bowl, and 2016-2017 calendar will be available in late

Being active with the Triple A Booster Club is a great way for parents and community members to become involved in more as-Triple A Boosters also sponsor events and pects of student activities. New ideas are activities that benefit Lake of the Woods always welcome! Meetings are held the third Wednesday of each month throughout the

A message from Amy Potts, your Box Tops Coordinator.

Welcome back to school! My name is Amy Potts and I'm thrilled to be the Box Tops for EducationTM Coordinator for Lake of the Woods School. Clipping Box Tops is an easy way for you to help our school earn cash. Last school year, we earned \$1,200 and used the money to purchase a variety of school supplies and educational materials as well as incentives for students. This school year, our school's earnings goal is \$1,500. Are you a Box Tops member? Sign up at www.BTFE.com to stay updated on our school's earnings and find a full list of hundreds of participating products. Members also receive exclusive coupon offers and recipes and can learn about extra ways for our school to earn more

If you have any questions, please don't hesitate to contact me at amy_p@lakeofthewoodsschool.org or 218-634-2056 ext. 1553. I'm here to make our school's Box Tops for Education program a huge success this year. Thanks for your help.







Holiday Craft & Vendor Extravaganza" **Schedule of Events (Tentative)**

9 a.m.-3 p.m. **Craft & Vender Sale**

Commons & Main Gym

Concession - Commons Lady Laker JO Volleyball

"Just for Kix" 1 p.m.

Dance Performance - Gym

Turkey Bingo ITV Room 1:30-3 p.m

Story Time with Raggedy Ann

Santa Visits & Kids Crafts (4-H) 2 p.m.

Door prizes drawn throughout the day.

For Sale **Old Elementary** Yearbooks

Some \$1.00 Some \$5.00 Some \$10.00 2014-15 \$12.95

See Mrs. Cynthia Hanson at the Open House



The Labels for Education® program will be coming to an end.

In the past few years participation in Labels for Education has declined and as a result, Campbell has come to the very difficult decision to wind down the LFE program.

The program will continue exactly as is for the remainder of the 2015-2016 LFE program year. There will be changes for next year's program starting August 1, 2016. That means there's still time to utilize bonus offers, participate in Book Bonanza and continue to clip and submit UPCs and Beverage/Sauce Caps. Remember, all participating products listed on LabelsForEducation.com are still accepted.

In the upcoming school year, Campbell will continue to support American kids through the Grand Stand for Schools. Sweepstakes where last year, Campbell contributed more than \$1 million to schools. More information on this program will be coming.

For additional details around program changes, please visit the FAQ section on LabelsForEducation.com.

Thank you for all of your help and for being a part of the Labels For Education program! Sincerely

Campbells

Campbell Soup Company



To view the Education Plus, visit www.lakeofthewoodsschool.org



the online payment processing system, PaySchools.

Through this system, parents can access PaySchools through Items that may currently be purchased online include: the school's web site at www.lakeofthewoodsschool.org and pay for school-related fees and products online, either by e-check or MasterCard, Visa or Discover cards. The parent will immediately receive an e-mail receipt confirming their purchase(s). PaySchools does not save or store bank or credit card information to ensure privacy and security for users.

PaySchools offers parents the ease of being able to make purchases 24 hours a day/7 days a week, the security of knowing the school has received payments, the protection of sensitive account and click the "Pay Online" link on the left side of the page. information [credit card and bank account numbers are not stored in the database], and the convenience of having records of purchases

It's the mark of our times: the merging of the Internet with our and payments available online. Schools save significant labor costs day-to-day business. The Lake of the Woods School District offers by reducing manual processing of payments and handling fewer checks.

- Athletic Fees
- Community Education Fees
- ECFE
- School Meal Account
- School Fees
- Weight Room Fees

To make payments log onto www.lakeofthewoodsschool.org





2016-2017 Meal Prices

Lunch cost for an elementary student is \$2.10 and the lunch cost for a high school student is \$2.50.

Breakfast cost for both elementary and high school students has not increased and the cost is \$1.00. Students approved for reduced meals receive free breakfasts.

A student that qualifies for reduced meals will pay \$.40 for lunch and breakfast is free.

Adult prices are: \$1.80 breakfast and \$3.60 lunch.



Summer Food Program

Lake of the Woods School participated in the Minnesota State Summer Food Program again this year. Meals were provided to all children under the age of 18 without charge. Meals met the nutritional standards established by the U.S. Department of Agriculture (USDA.) Meals were served Monday thru Friday the weeks of June 6-10, July 25-29, August 1-5, . Meals were served in the Lake of the Woods Commons to 90-120 children per day depending on the activities that were scheduled

Acceptance and participation requirements for the program and all activities are the same for all regardless of race, color, national origin, gender, age or disability.



"Healthy Hunger-Free Kids

The "Healthy Hunger-Free Kids Act" went into effect July 1, 2012. This is changing how Vegetables: school lunch is planned and what students must take as they go through the line. The pre- $K-8^{th}-3/4$ cup per day (3 3/4 cup per week) vious combined fruit and vegetables group has been divided into a separate fruit group 9-12th-1 cup per day (5 cups per week) and a separate vegetable group. Changes in the meat/meat alternate and grains have also Additional vegetable requirements: taken place. The minimum following must be offered each day:

Milk:

Must be skim or 1 %.

Meat/Meat Alternate:

K-5th- 1oz equiv per day, (8-10 oz per week) 6-8th – 1 oz equiv per day, (9-10 oz per week) 9-12th-2 oz equiv per day, (10-12 oz per week)

Grains: (> 50% must be whole grain-rich)

K-5th-1 equiv per day, (8-9 per week)=(a decrease of 2 equiv) $6-8^{th}$ - 1 equiv per day, (8-10 per week) = (a decrease of 2 equiv) 9-12th-2 equiv per day, (10-12 per week) = (a decrease of 3 equiv)

K-8th-1/2 cup per day 9-12th- 1 cup per day

Dark green- ½ cup per week

Red Orange-3/4 cup per week for K-8 and 1 1/4 cup for 9-12th

Legumes (Beans/Peas)-1/2 cup per week

Starchy: (corn, potatoes, green peas) 1/2 cup per week

Other Vegetables-(cabbage, celery, green beans, etc.) 1/2 cup per week for K-8th, 3/4 cup per week for $9-\overline{12}^{th}$

Calories averaged over a week must be within the following ranges:

 $K-5^{th} - 550-650$ daily

6-8th-600-700 daily

9-12th-750-850 daily

STUDENTS MAY STILL TAKE ONLY THREE ITEMS FOR LUNCH BUT ONE

OF THE ITEMS MUST BE A FRUIT OR VEGETABLE!

To view the breakfast and lunch menus, visit www.lakeofthewoodsschool.org

Lake of the Woods School Food Service

Brenda Wahl, Food Service Director & Cece Charlton Food Service Coordinator

that qualify for reduced meals will receive breakfast and lunch free.

sent home monthly with elementary stu- state does not allow the district to make any Box 310, Baudette, MN 56623. The Lake place it in an envelope with the students dents and are available in the district, ele- other substitutions, such as juice to lactose of the Woods School District also offers the name on it. Staff and students are required mentary and high school offices. Menus are intolerant students. Milk may be purchased online also available online on the school's website for 25 cents a carton for students bringing PaySchools. www.lakeofthewoodsschool.org. Parents/ lunch from home. If your child has any anytime during the school year.

As per government regulations, Lake of Shaw. the Woods School incorporates a feature

payment processing

guardians are invited to have lunch at school food allergies, please contact, Brenda Wahl bility for parents/guardians to look up their in the school meal programs. Balances are in Food Service and our school nurse, Tierra meal account balance on our school website: rolled over from one year to the next. www.lakeofthewoodsschool.org.. Click on The district uses an Individual Meal Ac- Food Services, "account lookup" enter pin for checking their meal balances. Stucalled "Offer vs. Serve." This program re- counting System NOT FAMILY AC- number, your account information is now dents receiving free/reduced meals must quires the student to select a minimum of COUNTS where each student has their own available. Each student knows his/her pin have money in their account for a milk if three of the five food components included account which records all meal payments number. Please call 634-2735 ext. 1501 if they bring a lunch from home. Milk is in the lunch program and three of the four and purchases. Meal accounts must have you need your student's pin number. not free. food items on the breakfast menu. The por- money in the account in order for the stu- Payments can be sent with the individual tions of all the food items will be the same dent to use it. We encourage parents/ student. If sending a check, please include

All Kindergarten students will receive and the price of the meal will not be low- guardians to pay in advance of the first day the students name and PIN#. If you have free breakfast again this year. Families ered when taking less than the entire meal. of school to alleviate the constraints stu- more than one student in school, you may State law specifies the responsibility of a dents experience those first few days of the send one check and in the memo area write school to provide a lactose-free milk with a school year. Please make checks payable to each students name and how you want the Menus for breakfast and lunch will be written request from a parent/guardian. The Lake of the Woods School, and mail to P.O. money divided. If sending cash, please system, to PREPAY for breakfast/lunch and extra milks. A positive balance must be estab-Lake of the Woods School has the capa- lished in the account to allow participation

Students and parents are responsible



meals. To determine if you identified in any way. qualify, please complete the free/reduced priced meals are

plication must be submitted each year. A student transferring from another school dur- rolled in the free and reduced meal program is kept confidential. ing the school year must fill out an application for this district. The family must have money in the student's account in order for the student to eat while the application process information on our food service program, call Cece at 634-2735 ext. 1501.

Your children may qualify takes place. Please fill out the form and return the application to the Food Services defor free or reduced-price school partment. The information is confidential, and students who receive the benefits are not

The district Food Service Office will review applications on a timely basis, however, it Application for Educational may take 7-10 days for an application to be reviewed and a response sent to the parents/ Benefits and return the complet- guardian. You will be notified by mail when your application is approved. Benefits from ed form to the Food Service the previous school year will be carried over until October 20, 2016. Any family that has department. Applications for not reapplied by October 17, 2016 will be changed to full priced meals.

Applications may be completed at any time throughout the year. You may reapmailed to every household in the ply at any time during the school year, whenever your situation changes (income, district in August and are available in the district, elementary and high school offices, on family size.) Funding for several educational programs is based on the number of the school web site or call 634-2735 ext. 1501 and one will be mailed to you. A new ap-students who qualify for free and reduced meals. Information regarding who is en-

If you have any questions about free and reduced applications or would like additional

Nondiscrimination statement: In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the agency (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) Fax: (202) 690-7442; or (3) Email: program.intake@usda.gov. This institution is an equal opportunity provider.

Breakfast at School

Mornings can be really crazy! The alarm doesn't go off, the kids don't want to get up, that qualify for reduced meals will receive breakfast and lunch free. there's no time to eat breakfast before the bus comes or they're just not ready to eat. Or maybe your teenager grabs a can of soda and a candy bar on the way to school. If this sounds like your house, we have good news for you.

Breakfast is available at school! Take advantage of this option to ensure your child eats a nutritious breakfast. Recent studies show a link between nutrition and learning. A nutritious breakfast helps students be more alert so they can actively participate in class. Breakfast has vitamins and nutrients for a strong and healthy body.

Breakfast at school is affordable, too. A full breakfast costs less than convenience store items.

All Kindergarten students will receive free breakfast again this year. Families

Breakfast at Lake of the Woods School cost \$1.00 for both elementary and high school students. If you qualify for free and reduced price meals, you also qualify for the breakfast program, with no additional paperwork. If you qualify for reduced meals, breakfast is free. Nowhere else will you find a balanced breakfast at such a low cost.

So take advantage of this opportunity to start the day on the right foot. Your child will find breakfast at school provides not only a nutritious meal but also a relaxed atmosphere for socializing with friends and siblings.

2016-17 Elementary Supply List

Ziploc bags (any size).

The following items that are often used in our rooms. Do- your child will be able to do their homework nate if you wish! Mrs. Stanton: Play-Doh, washable marksnacks), old magazines, plain napkins for snack, Play-Doh. appropriate for gym, School bag or backpack

please), 1 bottle white school glue, 4 glue sticks,

shoes, school bag or backpack, 1 large box of facial tissues. glue, 2 glue sticks, 1 pair of scissors, 1 box of crayons, 1

Kindergarten – 3 boxes of eight count crayons 1 dozen Grade Two – 36 Dixon Ticonderoga pencils, 24 count box box of markers, 1 box of colored pencils, 1 protractor, 1 pencils (Dixon-Ticonderoga works best), 1 Fiskar brand of crayons (no larger), 6 large composition notebooks (not small manual pencil sharpener (to keep in desk), 1 pencil children's scissors; 2 bottles of Elmer's Glue (glue-all spiral), white school glue, 4 large glue sticks, 2 sets of 3 box, 2 large boxes of facial tissue, tennis shoes for phy-ed, works best); 1 large eraser, 1 dozen glue sticks (only 3-4 if highlighters-yellow-pink-blue, 12" wooden ruler with inch-backpack, ear buds or headphones (just inexpensive pair is they are the jumbo sticks,) 3 plastic folders, 1 plastic es and centimeters, 4 plastic folders, $1 - 1\frac{1}{2}$ 3 ring plastic fine.) school box, 1 backpack...this needs to be large enough to cover, plain binder (no larger, no Trapper Keepers), large pink *Optional Items* 1 container of Clorox wipes, 1 roll of allow a child's folder to fit in w/o bending. 1 beach/bath erasers and pencil top erasers, 1-2 pocket pencil pouch, 1 tape (to keep in desk) towel for rest time, 1 complete change of clothing to be large plastic pencil container, scissors, colored pencils, *** Please note: If you do not have a ruler at home, please kept in their locker; 1 pair of tennis shoes that can easily be watercolor paint set, wide tipped markers, headphones (not purchase two, so one can be left home (it will be needed for taken off and on (Velcro is great!), these can be the same earbuds), 1 large box of facial tissue, school bag or back- math homework). shoes they wear everyday, box of facial tissues, 1 box of pack (no wheels, they do not fit in lockers), gym shoes. It is a good idea to have a few of these supplies at home so Grade Five - 4 spiral notebooks, 2 packages wide ruled

seasonal stickers, liquid hand soap, themed paper, wood pack of markers, 1-box of color crayons, Scissors, 2 bottles of facial tissue, 1 box of crayons, 1 highlighter marker, 1 puzzles, puzzles (100 pc or less), wipes, gift bags/cards, school glue, 1 glue stick, pencil box, 4 two pack of markers or colored pencils, gym shoes, 1 pair of paper products (class parties). Ms. Beckman: 2" masking pocket folders, 2 wide ruled composition notebooks, 2 earbuds (headphones.) tape, bags of dried peas, beans, or rice, cheap paper plates wide ruled spiral notebooks, 1 package wide ruled loose ((for crafts), dixie cups, plastic spoons (often used for leaf notebook paper, 2 large box of facial tissues, Shoes Grade Six - One 3 inch ring binder, 1 pack highlighters

Grade One - 24 pencils (not plastic coated), plastic pencil Grade Four - 6 spiral-bound notebooks (wide-ruled), 2 paper, Calculator with square root function, 48 pencils, 1 box, scissors, eraser, 2 boxes of 24 crayons (no markers pkgs. loose leaf paper (wide-ruled), 6 folders (preferably large eraser, 1 pack colored pencils, 1 scissor, 1 pack asplastic), 1 three-ringed binder, 1 composition notebook, sorted colored markers, 2 boxes Kleenex tissue, 1 pack of 2 folders (one needs to be strong plastic type); 1 wide ruled Several packages of pencils (enough to last all year), 1 ruler index cards, 3 folders, 1 pencil box. spiral notebook, 1 wide ruled composition notebook, gym (please be sure it has inches and centimeters), 1 bottle of

loose leaf notebook paper, 4 plastic pocket folders, 1 - 1.5 3 ring binder, 2 composition book, 2 boxes regular lead ers, watercolor paints, colored pencils, seasonal erasers, Grade Three – 48 pencils, 1 pack of colored pencils, 1 jumbo glue stick, 1 pencil box, scissors, 2 boxes

> (any color), 3 college ruled notebooks, 1 spiral notebook- 3 subject, 2 glue bottles, 300 sheet three hole punched lined

Donate school supplies for those in need

Being prepared for school with a backpack and school supplies may come easy pencil sharpeners, rulers, backpacks. for some, but not for others. Last year we again raised over \$3000 in school supplies donated to the area schools! Here's an opportunity to help a child in need when employees will be delivering all supplies to the schools. All donations reby participating in Border State Bank's OPERATION: School Supplies and give a child the tools he or she needs to excel in school this year.

The 4th annual Border State Bank Operation: School Supplies will collect school supplies all to be donated to your local elementary school. Specific supplies are needed such as pencils, glue sticks, box of 8, 16, and 64 Crayola crayons, pencil boxes, washable markers (box of 8), Fiskar for Kids scissors, wide

As school nears; many families are planning for their children's supply needs. lined notebooks, folders, erasers, highlighters, blue & black pens, colored pencils,

Donations are welcome until Friday, August 19th at any Border State Bank, ceived locally will support and be donated to the school where the Border State Bank is located (Badger, Baudette, Greenbush/Middle River, and Roseau). All donations will be distributed by the local schools. Open to everyone; need not be a Border State Bank customer to donate or participate. If you have questions, please contact any local Border State Bank.

Baudette Public Library & Media Center

110 1st Avenue SW P.O. Box 739 Baudette, MN 56623 218-634-2329

Mon Tues Thurs Fri - 10:00 a.m.-5:30 p.m. Wednesday - 10:00 a.m.-7:30 p.m. Saturday - 10:00 a.m.-2:00 p.m.

"Like" us on Facebook

Computers/24 hour access to WI-FI

Wireless printer (print from smart phone), color copier

Book Club 3rd Wednesday of the month

Watch for more programs at your local library!



Williams **Public Library**

350 Main Street Williams, MN 56686 218-783-7211

Monday through Thursday, 1:00-4:30 p.m.



To view your student's lunch account balance, visit www.lakeofthewoodsschool.org

Smart Snacks in School USDA's "All Foods Sold in Schools"

USDA recently published practical, science-based nutrition standards for snack foods and beverages sold to children at school during the school day. The standards, required by the Healthy, Hunger-Free Kids Act of 2010, will allow schools to offer healthier snack foods to children, while limiting junk food.

The health of today's school environment continues to improve. Students across the country are now offered healthier school lunches with more fruits, vegetables and whole grains. The Smart Snacks in School standards will build on those healthy advancements and ensure that kids are only offered tasty and nutritious foods during no added sweeteners. the school day.

Smart Snacks in School also support efforts by school food service staff, school administrators, teachers, parents and the school community, all working hard to instill healthy habits in students.

Nutrition Standards for Foods

Any food sold in schools must:

- Be a "whole grain-rich" grain product; or
- Have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food;
- Be a combination food that contains at least 1/4 cup of fruit and/or vegetable; or
- Contain 10% of the Daily Value (DV) of one of the nutrients of public health concern in the 2010 Dietary Guidelines for Americans (calcium, potassium, vitamin D, or dietary fiber).*

• Foods must also meet several nutrient requirements: Calorie limits:

- ° Snack items: ≤ 200 calories
- ° Entrée items: ≤ 350 calories

Sodium limits:

- ° Snack items: ≤ 230 mg**
- ° Entrée items: ≤ 480 mg

Fat limits:

- ° Total fat: ≤35% of calories
- ° Saturated fat: < 10% of calories
- $^{\circ}$ Trans fat: zero grams

Sugar limit:

 $^{\circ}$ \leq 35% of weight from total sugars in foods

Toys ~ School Office

Housewares ~ Craft/Fabric Carpet Cleaner Rentals Plexiglass/Glass Cutting Pipe Threading ~Window & Screen Repair - Bike Repair Hunting & Fishing Licenses **Custom Color Paint** Chain Saw & Skate Sharpening 804 West Main Street ~ Baudette, MN



• 24 Hour Pay at the Pump -Gas & Diesel, Premium Available

- ATM
- LP Gas Bottle Fill
- Feed Full Service Shop
 - C-Store
- **Electronic Licensing**
 - Country Store
 - Bulk Fuel
 - LP Delivery

Andy's Convenient one-stop shopping and gas! LP TANK EXCHANGE · GAS · DIESEL

Coffee Bar, Groceries & Snacks, Cleaning Products, Greeting Cards, and Lottery Retailer

Vehicle Repair Shop - Cars & Semis!

Mon-Fri 7:30 am-6 pm Sat 7:30 am-3 pm Sun Closed

*On July 1, 2016, foods may not qualify using the 10% DV criteria. **On July 1, 2016, snack items must contain ≤ 200 mg sodium per item

Smart Snacks in School: USDA's "All Foods Sold in Schools" Standards

Nutrition Standards for Beverages

- All schools may sell:
- Plain water (with or without carbonation)
- Unflavored low fat milk
- Unflavored or flavored fat free milk and milk alternatives permitted by NSLP/SBP
- 100% fruit or vegetable juice and
- 100% fruit or vegetable juice diluted with water (with or without carbonation), and
- Elementary schools may sell up to 8-ounce portions, while middle schools and high schools may sell up to 12-ounce portions of milk and juice. There is no portion size limit for plain water.
- Beyond this, the standards allow additional "no calorie" and "lower calorie" beverage options for high school students.
- No more than 20-ounce portions of
- Calorie-free, flavored water (with or without carbonation); and
- Other flavored and/or carbonated beverages that are labeled to contain < 5 calo- ries per 8 fluid ounces or ≤ 10 calories per 20 fluid ounces.
- No more than 12-ounce portions of
- Beverages with ≤ 40 calories per 8 fluid ounces, or ≤ 60 calories per 12 fluid ounces.

Other Requirements

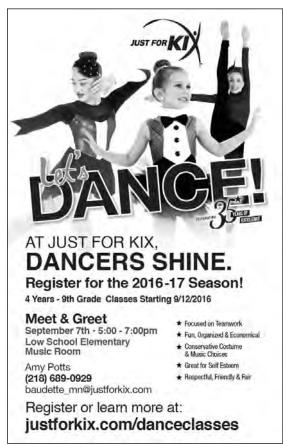
Fundraisers

- The sale of food items that meet nutrition requirements at fundraisers are not limited in any way under the standards.
- The standards do not apply during non-school hours, on weekends and at offcampus fundraising events.
- The standards provide a special exemption for infrequent fundraisers that do not meet the nutrition standards. State agencies may determine the frequency with which fundraising activities take place that allow the sale of food and beverage items that do not meet the nutrition standards.

Accompaniments

- · Accompaniments such as cream cheese, salad dressing and butter must be included in the nutrient profile as part of the food item sold.
- This helps control the amount of calories, fat, sugar and sodium added to foods by accompaniments, which can be significant.





Lake of the Woods School 2016-2017

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March (22) W

Th

November 19, 2016

Save the Date

Community

Education

Holiday

Extravaganza

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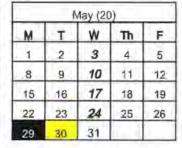
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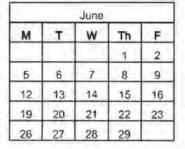
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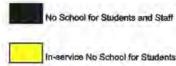
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	- 4	April (18	3)	_
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10	11	12	13	14
17	18	19	20	21
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31	100			1









Welcome To Our School

Sept 5th - Labor Day Sept 6th - First Day of Classes Oct 20th & 21th - MEA Nov 7th - Deer Day Nov 11th - Veteran's Day Nov 24th & 25th - Thanksgiving Day Dec 25 - Christmas Jan 2- New Year's Day Observed Jan 16- MLK Day / Teacher In-service

Feb 20th - Presidents' Day March 13th Spring Break April 14th - Good Friday April 16th - Easter Sunday April 17th - Easter Monday May 26th - HS Graduation May 26th - Last Day for Students May 29th - Memorial Day May 30th - Teacher In-service

Open Enrollment at L/W School...

Have you thought about enrolling your student at Lake of the Woods School? Do expanded electronic science curriculum you have questions about transportation or questions about the school? If so, please contact Superintendent Jeff Nelson at 218/634-2510 ext. 1501 or Brian Novak, High School Principal at 218/634-2735 ext. 1420 with your questions. They will be happy ed students. to discuss the transportation options we have available for those who live in the sur-Lake of the Woods School was named one of the top schools in the nation in U.S. to technology, and numerous co-curricular and extracurricular activities. News & World Report?

elementary/high school classrooms to promote digital teaching and learning and an ment for a child to learn and grow.

Wednesdays in bold indicate a 2:30 dismissal for students

Lake of the Woods School has an excellent enrichment program to enhance and supplement classroom activities and provide challenging experiences for gifted and talent-

The High School offers College in the Classroom, AP classes, curriculum supported rounding area and answer any of your questions about our school. Did you know that by Project Lead the Way, on-line classes to meet individual needs, tremendous access

If you are interested in enrolling your student at Lake of the Woods School and have At Lake of the Woods school we offer All Day Every Day Kindergarten, instruction questions about the school or would like to schedule a tour please call today for more and curriculum geared to meet the needs of individual students, "SMART boards in information. Lake of the Woods School provides a purposeful and enriching environ-

Lake of the Woods School Early Childhood Family Education

Nicole Gate-School Readiness Instructor ~ Jeni Krause Parent Educator

Muriel Crandall Paraprofessional

218-634-2510 ext. 1564

nicole_g@lakeofthewoodsschool.org



"Open House for parents & students" will be held on August 31, 2016 from 4:00 - 5:00 pm in the ECFE classroom (E164). Parent meeting at 4:30. p.m.

What is the difference between School Readiness and ECFE classes?

School Readiness is our weekly school classes for 3-5 year olds. The number of days a week for classes are determined by enrollment numbers, and funds. Each school year schedule can vary depending on these two factors.

ECFE (Early Childhood Family Education) classes are offered a couple nights a month in our regular classroom and are generally about an hour and half. These classes are **open to all** parents and their children ages birth to 5 years old. There is always a parent topic discussed at each class. A couple of examples may be birth order, sibling rivalry, and discipline topics.

Who can attend the ECFE events?

ECFE events are open to all parents and their children ages birth-5 years old. Events are offered many times through the school year. Some examples from this past year are as follows: Fall Spook Walk, Carnival, Swim Night, and Preschool Prom/Sock Hop Dance.

Do we have fundraisers to help benefit our classes?

If our program classes are in need of extra funds we may have parents assist with a fund-raiser event. This past year we did the Holiday Extravaganza Event in the fall and raised money for our classroom. We were able to purchase class materials, and 4 electronic tablets for the kids to utilize in the classroom.

The begin date for classes and the schedule for the threes and fours will be decided and announced at our Open House. It depends on enrollment numbers, and we don't have that final number yet.

ECFE School Readiness School Supplies

- 2 boxes of crayons (eight pack-standard size)
- 1 set of water colors
- 2 Elmer's jumbo glue sticks
- 2 Elmer's glue bottles
- 1 set of Crayola Markers (any colors, size, 8 or 10 pack)
- 1 box of Kleenex

Please bring supplies with you to the Open House.

Please send registration form to: Nicole Gate

3008 24th St. NW, Baudette, MN 56623

*A copy of your child's updated immunization records is required with your

|--|

Child's name:		
Address:		
City:		
State, Zip:		
Phone:		
Child Birth Date:		
Classes registering for		
c c <u>=</u>		



New Baby? New to the Area?

It is important for our future planning to have all children in our census files. Census numbers help determine the amount of levy funding that our Early Childhood Program receives from the State of Minnesota. When you are listed on our census, you will receive updates from our Early Childhood program and pre-school information for kindergarten. Please call Deb at 634-2056 ext. 1518.



reedrealtymn.com



For the pool schedule visit www.lakeofthewoodsschool.org

INFORMATION FOR PARENTS



IF YOUR FAMILY LIVES IN ANY OF THE FOLLOWING SITUATIONS:

In a shelter

In a motel or campground due to the lack of an alternative adequate accommodation

In a car, park, abandoned building, or bus or train station

Doubled up with other people due to loss of housing or economic hardship

Your school-age children may qualify for certain rights and protections under the federal McKinney-Vento Act.

Your eligible children have the right to:

- Receive a free, appropriate public education.
- Enroll in school immediately, even if lacking documents normally required for enrollment.
- Enroll in school and attend classes while the school gathers needed documents.
- Enroll in the local school; or continue attending their school of origin (the school they attended when permanently housed or the school in which they were last enrolled), if that is your preference and is feasible.
 - * If the school district believes that the school you select is not in the best interest of your children, then the district must provide you with a written explanation of its position and inform you of your right to appeal its decision.
- · Receive transportation to and from the school of origin, if you request this.
- Receive educational services comparable to those provided to other students, according to your children's needs.

If you believe your children may be eligible, contact the local liaison to find out what services and supports may be available. There also may be supports available for your preschool-age children.





Local Liaison
Joyce Beckel, LSSW
218-634-2510 ext, 1554

State Coordinator Roberto Reyes 651-582-8302

If you need further assistance with your children's educational needs, contact the National Center for Homeless Education:

1-800-308-2145 * homeless@serve.org * www.serve.org/nche



HELP WANTED

Lake of the Woods School is looking for para professional substitutes. Applicants may pick up an application in the District Office or found on district website at: http://lakeofthewoodsschool.org click on Job Opportunities to download and complete an Employment Application. Please send application to Doug Sell, Human Resources, Lake of the Woods Schools ISD #390, PO Box 310, Baudette, MN 56623. L/W ISD #390 is an E.O.E.

Lake of the Woods School has an opening for a full time bus driver and sub drivers. Must be able to obtain a Class B license with school bus, passenger and air brake endorsement. The school district will assist with paid training and physicals. Applications may be picked up in the District Office or at the school website, lakeofthewoodsschool.org. Please apply to Lake of the Woods School, Douglas Sell, Business Manager/HR. PO box 310, Baudette, MN 56623. If you have questions, call Reed McFarlane / Transportation Supervisor at 218-634-2735 ext. 1302 or 218-766-3814. Sub pay is \$40.00 per route. L/W School is an E.O.E.

POSITION OPEN: Lake of the Woods Elementary School has a part-time Enrichment Coordinator opening for the 2016-2017 School Year. This is a 15-20 hour per week position with a flexible schedule with some evening, weekend hours possible. Salary is negotiable, but will range from \$18/hour to \$25/hour based on credentials and experience. For additional information contact Mr. Jeff Nelson, Elementary Principal/ Superintendent at 218-634-2510 ext. 1514 or ieff_n@lakeofthewoodsschool.org If interested please submit: Letter of Application, resume, transcript, copy of MN Licensure, 3 current letter of reference. Visit district website at: http://lakeofthewoodsschool.org click on Job Opportunities to download and complete an Employment Applica-

reference. Visit district website at: http://lakeofthewoodsschool.org click on Job Opportunities to download and complete an Employment Application. You may also contact Nancy Olson @218-634-2735 ext. 1501 or email at nancy_olson@lakeofthewoodsschool.org to request an application. Send the above information to: Doug Sell, Human Resources, L/W School ISD #390, PO Box 310, Baudette, MN 56623. Position open until filled. Lake of the Woods ISD #350 is an Equal Opportunity Employer.

EVER BEEN INTERESTED IN CURLING?



Well now is your chance. Anyone can curl from as young as 5 to over 80. The Baudette Curling Club is looking to see if there would be interest in a Junior Curling league which consists of kids from 7th through 12th grade. There is also a youth

league from 2nd to 6th grade. This league uses a lighter rock (21lb instead of 42lb). The club currently does not have any of the lighter rocks but if there was enough interest, it could be something we would look at. If a 5th or 6th grader could handle the heavier rock they would be encouraged to give it a try. We are looking at this as an after school activity on Wednesdays starting in December and running until the first part of March. There has been a team or two of H. S. students that have competed with the adult league on Wednesday night, and two years ago took top honors. We feel with an after school junior league, we can give students more attention/coaching. There will be more information coming out when we get closer to the start of the curling season. If you have questions, you can contact Stuart Noble at 634-1236 or Rick Blodgett 218-766-1057. The club also has a web site at www.baudettecurlingclub.org and Facebook page. If you are looking for more information about curling you can check out the web site of USA Curling at www.usacurling.org.

To view the breakfast and lunch menus, visit www.lakeofthewoodsschool.org

19th Annual Take a Kid Fishing

The 19th Annual Take a Kid Fishing event was held on Wednesday, June 22, 2016. There were 100 kids that we able to go out fishing with area guides and 1st mates. We had 36 boats go out with anxious fisherman! The weather cooperated for most of the day and many fish were caught! The cookout was enjoyed by all participants and many family members. Sportsman's Lodge is very generous in letting us host our event at their resort! We are so thankful to the many guides, 1st mates, volunteers and businesses that make this successful event happen for our area youth!



Alayna Nordlof isn't too sure about handling the fish she caught at the Take a Kid Fishing event .



Ella Nordlof with her catch, along with her guide and dad-Buck Nordlof



Amber Quo was a successful fisherman at the recent Take a Kid Fishing event



Trey Canfield and Jaynie Ferrier were the winners of the kayaks that were given away at the recent Take a Kid Fishing event



Volunteers of the Year were honored at the recent Take a Kid Fishing supper, winners were Rocky Thompson, Bob Peterson, Diana Hennum, Brad Abbey, Cherie Abbey. Also honored, but unable to attend was Barb Larso

Food Program Policy-July 21, 2016

Lake of the Woods Schools serves breakfast and lunch each school day. All breakfasts and lunches are to be "pre-paid". Money for breakfast and/or lunch purchases may be sent with your child/children to school or mailed to the school. Your child/children may pay each day, weekly or monthly, whichever works out best for you. A computerized system is used for keeping track of each student's meal account (our food account program handles individual accounts not family accounts).

Lake of the Woods School has the capability for parents/guardians/students to look up their meal account balances on our school website www.lakeofthewoodsschool.org Click on Homework, "account lookup" enter pin number, your account information is now available. Parents/guardians should regularly check their student's meal account. Please call me if you need your student's pin number. You can view all activity including payments. Payment may be made in the form of a check or cash or "Payschools". Checks are to be made payable to Lake of the Woods School. Students account balance at the end of each school year will follow them into the next school year. When the student graduates the balance is refunded to the parent/guardian.

Lake of the Woods School has a policy for free and reduced price meals for families that are eligible. K-12 students that qualify for reduced meals are served breakfast and lunch at "no charge". ALL kindergarten students will receive free breakfasts. A free and reduced application is sent to every family that has a child at the Lake of the Woods school in August. Applications may also be picked up in the District Office, High School Office and Elementary Office and are available on our schools website.

Delinquent School Lunch Accounts

The District is moving forward with specific collection actions when school lunch accounts go delinquent.

Step 1: A letter is provided to the parents/guardians of the student whose account is in arrears. The letter provides information regarding the delinquent amount; where deposits can be made (on-line at PaySchool or in person); an application form for the Free or www.lakeofthewoodsschool.org Menus are sent to both the Baudette Region and North-Reduced Lunch Program; and other information regarding accessing the student's lunch account. The letter encourages parents/guardians to bring the account current in the next 15-20 days or make arrangements to do so within the 15-20 day window.

These initial letters will be provided monthly for delinquent account holders.

Step 2: If there is no response to the initial letter regarding the delinquent account as noted above, a second letter is provided to parents/guardians of the student whose account continues to be in arrears. This letter provides the same information regarding the account as the initial letter. However, it also includes specific language regarding specific collection action that me be taken should they fail to respond by bringing the account current. The action proposed may include filing of a claim in Conciliation Court. Parents/ guardians will be informed that any costs incurred for the collection through the Conciliation Court process will be added to the account balance that is forwarded for collection.

The parents/guardians will be advised that they have 30 days from the date of the letter to bring the account current or additional collection action will be taken.

Step 3: If there is no response to the second letter regarding the delinquent account as noted above in Step 2, a third letter will be provided to the parents/guardians of the student whose account continues to be in arrears. This letter will be sent registered, return receipt required. The letter will clearly identify the delinquent account balance and the collection costs to be added to the account balance. It will clearly state that unless the account balance is brought current within 10 days of the date of the letter, the matter will be referred to Conciliation Court for action. It will include the advice that once filed with the Court, the District cannot accept payment that does not include all costs including the delinguent account balance and all court related costs.

If your child has any food allergies, please contact, Brenda Wahl in Food Service or our school nurse. Upon written request from a parent, Lake of the Woods School must provide lactose reduced milk or milk fortified with lactase or milk with lactobacillus acidophilus. In keeping with the intent of Lake of the Woods School Wellness Policy, elementary students will not be able to purchase items from the Bear's Den. The Lake of the Woods School's lunch program must offer 5 components to students in order to receive reimbursements from the state and federal government. Students can choose to take 3, 4, or 5 of the components that are offered.

Menus will be sent home with your elementary child each month and, are available in the District Office, Elementary Office, High School Office and on our website, ern Light and to the local radio stations, KQ92 and KJ102.

If you have any questions or concerns, please call Cece in the District Office at 634-2735 ext. 1501 or <u>cece_c@lakeofthewoodsschool.org</u>

150 Minnesota educators tackle tough education issues at NEA national convention

ST. PAUL, Minn., July 14, 2016 - Cynthia Hanson joined more than 150 Minnesota teachers and education support professionals attending the National Education Association Representative Assembly July 2-7 in Washington, D.C. As members of Education Minnesota, they were among nearly 8,000 delegates from around the country to set policy for the NEA for the coming year.

The Representative Assembly is the top decision-making body for the nearly 3 millionmember National Education Association and is considered the world's largest democratic deliberative body. Delegates, who are elected by their peers on the local level, debate public education policy and establish priorities to improve teaching and learning conditions in public schools. The delegates also tackle complex issues with far-reaching implications for education professionals, from the future of testing to equity in education.

Delegates took part in a wide range of activities, from sessions focusing on professional issues to deliberations on issues that impact public education and to set NEA policies for the year ahead.

More information about the convention can be found at http://ra.nea.org/.

The National Education Association is the nation's largest professional employee organization, representing more than 3 million elementary and secondary teachers, higher education faculty, education support professionals, school administrators, retired educators and students preparing to become teachers.

Education Minnesota, which represents more than 86,000 Minnesota educator statewide, is affiliated with the NEA, the American Federation of Teachers and the AFL-



NO HUNTING

"Under M.S. 609.66 Subd. 1d., it is a felony to hunt on school owned land when students are present for school related activities."

To view your student's lunch account balance, visit www.lakeofthewoodsschool