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"In pursuit of excellence and opportunities"

September, October, November & December 2015



# Welcome to the 2015 - 2016 School Year

### Welcome Back,

All of us at Lake of the Woods School District would like to welcome everyone back to the new school year. <u>Lake of the Woods Open House/Meet Your Teacher Night</u> on Wednesday, September 2nd.

Open House/Meet Your Teacher Night

have an open house for students and parents from 4:00 to quarterly basis. 6:00 p.m. on Wednesday, September 2nd. This is a good Parent Experience/Student Experience time for students and parents to meet their teachers, find their lockers, and check out their classrooms before the beginning of the year that will allow viewing of individual first day of school.

7<sup>th</sup> Grade/New Student Orientation

There will be a special orientation meeting for all stu- www.lakeofthewoodsschool.org/ under the "Synergy" tab, dents entering 7th grade or new to the district. The orienta- parents and students can activate their accounts in the partion session will also be held on Wednesday, September ent experience/student experience drop down menu. 2nd from 6:00-7:00 p.m. in the school auditorium. Stu- Grades will be posted following assignment evaluation by dents will become familiar with the high school layout and the instructor. Please be aware that in some courses where their schedules by completing a mock walkthrough. They there are large projects or term papers assigned, grading will also have time to try out their new locker combina- will take additional time. district are also encouraged to attend. First Day of School

**Academic Progress** 

weeks). The instructor will average the grades from the their homeroom classroom. first and second quarters and the resulting semester grade **Early-out Wednesdays** 

Parents and students will be given a password at the student grades in each course in which a student is enrolled. On the school website http://

School will begin on Tuesday, September 8th, 2015. schedules and answers to other questions they may have. We will also conduct elections for class officers and Parents will receive report cards every "quarter" (9 student council. Elementary students will report directly to

will be recorded on the permanent transcript. The same Lake of the Woods is making a significant change in how process will take place for 3<sup>rd</sup> and 4<sup>th</sup> "quarters" and sec- we conduct our Early-outs for the 2015-2016 School Year. Lake of the Woods Elementary and High School will ond semester. Honor Roll status will be determined on a Every Wednesday (with the exception of Sept. 9th, Nov. 11th and Jan. 20th) students will be released at 2:35 p.m. In previous years, we scheduled 5 Early-out days during the course of the school year where students were dismissed at 12:30 to allow staff to engage in various staff development programs and activities. In an effort to provide more effective professional development that is directly tied to the learning taking place in the classroom each week, we have elected to go with the weekly early dismissal. It is also our hope that these shorter, regularly scheduled early dismissals will be less disruptive for students and easier for parents to plan for.

### No Child Left Behind and Adequate Yearly Progress

Adequate Yearly Progress Results (AYP) to meet the tion. Students and parents are encouraged to attend. Stu- All students in grades 7-12 will meet in the auditorium at requirements of federal No Child Left Behind (NCLB) dents who are not entering 7th grade but are new to the 8:15 p.m. where they will receive instructions for the remandates will not be released until August of this year. mainder of the day. This meeting will be followed by Please look for further information on our website and in grade level meetings where students will receive their final our local papers in late August or September. (cont. p. 3)



### Be Alert! School's Open Watch for school buses and children.

**District Wide Open House** K-12 September 2, 2015 4:00-7:00 p.m.

7<sup>th</sup> grade orientation or students new to the district

September 2, 2015

**L/W School Auditorium** 6:00-7:00 p.m.

### Thank you!

To all the area businesses that support the Lake of the Woods School and the Education Plus.



- Free & Reduced Meal Information
- Classroom Supplies List
- Open Enrollment Information

2015 - 2016 District Calendar

- Community Ed Activities
- Pool Schedule
- **ECFE Information**
- **Enrichment Information**
- Sports Schedules & Fees

### **Superintendent's Corner...**

### We need your feedback....

In 2013, Minnesota legislators approved the World's Best Workforce (WBWF) legislation, which aims to ensure every school district is making strides to increase student performance. Under the law, each district must develop a plan that addresses the following five goals:

- All children are ready for school
- All third graders can read at grade level
- All racial and economic achievement gaps between students are closed
- All students are ready for career and college
- All students graduate from high school

This comprehensive plan will help to align a number of school district educational initiatives. Once established, the WBWF Plan is designed to ensure that the district is meeting student outcome goals from pre-kindergarten to post-high school graduation. It will serve as a blueprint to ensure that resources are allocated and aimed at providing our students

with the necessary skills for being successful in the 21st century.

Lake of the Woods School is currently working on developing WBWF goals for the 2015-2016 School Year. As part of the process, we need your input and help to ensure that we are meeting the needs of your student. Please take a few minutes to complete our electronic Parent Survey at <a href="https://www.surveymonkey.com/r/KBRVBJR">https://www.surveymonkey.com/r/KBRVBJR</a>. The information you provide will help us assess our effectiveness in serving our students and help us in developing goals for improvement. We are also looking for parents to serve on the district's advisory committee. We are in the process of developing a Stakeholders Survey for community members that will be available later this year.

If you have any questions regarding the World's Best Workforce Plan, would like to be a member of the district's advisory committee, or would prefer to complete the parent survey in paper form, please contact me.

Enjoy the rest of the summer!

Jeff Nelson, Superintendent/Elementary Principal jeff\_n@lakeofthewoodsschool.org 218-634-2510, extension 1506.

Triple A Booster Club

meets the

2nd Wednesday of each month

in the

L/W School Commons

at 5:30 p.m.

Everyone is welcome to attend.

### LAKE OF THE WOODS SCHOOL **COMMUNITY EDUCATION**

Invites you to their

**Holiday Craft &** Vendor Extravaganza



From 9:00 a.m. - 3:00 p.m.

In the Commons/Big Gym Bingo, kids activities, entertainment **Just For Kix Performance** and Santa Visit.

Lady Laker's JO Volleyball Teams will provide the food

Come see what makes Lake of the Woods School

### A GREAT CHOICE!

- **Nurturing & Caring Environment** Elementary & High School Computer labs
- Library, art, computer, music, & gym classes
- Math & Reading Programs
- **Quality Education**
- College in the Classroom

For more information call:

(218) 634-2735 ext. 1506 Or visit us on the web at:

\* \* 5

# www.lakeofthewoodsschool.org

The Education Plus publication is a production of Lake of the Woods School and Lake of the Woods Community Education. The Education Plus newspaper will be printed 3 times during the 2015-2016 school year and distributed to postal patrons in Lake of the Woods County. It is also available on our school's website www.lakeofthewoodsschool.org For more information on how to place an

ad Cece Charlton contact at 218/634-2735 ext. 1504 or email

cece\_c@lakeofthewoodsschool.org

### L/W School Administration:

Jeff Nelson, Superintendent/Elem. Principal Brian Novak, High School Principal

#### Lake of the Woods School Board **Members:**

Tim Lyon, Chair (District #5) Lynette Ellis (District #1) Jeff Birchem, (District #6) Sharon Feldman, (District #4) Doug Nosan, (District #2) Tim Pelach, (District #3) School board meetings are held the fourth Monday of each month

### **Community Education Meeting Dates:**

November 10, 2015 ITV Room 4:30 p.m. January 12, 2016 ITV Room 4:30 p.m. March 15, 2016 ITV Room 4:30 p.m. June 7, 2016 ITV Room 4:30 p.m.

### **Community Education Advisory Council:**

Jeff Nelson, Ken Moorman, Sharon Feld-Jeff Birchem, Terri Marken, Lisa Beckstrand, Kristi Bowman, Darlene Jenson, Amber Zemke, Heather Hanson, Jaimie Boretski-Lavalla, Nancy Jewell, Cece Charlton, Jeremiah Kramer and Brian

### **Community Education Staff:**

Cece Charlton - Coordinator Lisa Beckstrand - Pool Coordinator Nicole Gate - ECFE Coordinator Muriel Crandall - ECFE Paraprofessional Rose Anderson - Adult Basic Education

### School Reach

Whenever you change phone numbers at home, work, cell phone or email address, remember to update these changes with Diane in the high school office or Deb in the elementary office.





Lake of the Woods School ISD #390 P.O. Box 310 Baudette, MN 56623 218.634.2735 (phone) 218.634.2467(fax) www.lakeofthewoodsschool.org

### Fall School hours:

Monday/Wednesday/Friday: 5:00 a.m. -10:00 p.m.

Tuesday/Thursday: 7:00 a.m. – 10:00 p.m. Weekend hours: Saturday 1:00 - 4:00 p.m. & Sunday 1:00 - 4:00 p.m. and for scheduled events. The building is locked down when school is in session.

Hours are subject to change.

THE SCHOOL FACILITY WILL BE CLOSED AND LOCKED ON HOLIDAYS AND WHEN SCHOOL IS CANCELLED.

### Census Information

Lake of the Woods School is updating school census information. Census numbers help determine the amount of levy funding that our Early Childhood Program receives from the State of Minnesota. When you are listed on our census, you will be notified of Early Childhood Screening dates and will receive important Early Childhood and Kindergarten information. If you have a child born on or after August 31, 2010 (children 0-4 year old), please call Deb Anderson at 634-2056, ext. 1518.

For the 2015-2016 classroom supply lists, visit www.lakeofthewoodsschool.org

#### **Dress Code**

The dress code will remain unchanged. Please consider the following when doing your school shopping for the privileges through the Lake of the Woods School network, Attendance upcoming year.

- 1. Clothing must not be hazardous to health or safety.
- 2. Clothing must be decent by reasonable standards:
- a. Straps on shoulders must be AT LEAST one inch in **Electronic Devices** width. No spaghetti straps are to be worn.
- long and must fully cover your back side.
- c. When wearing skirts they must reach your mid-thigh. When standing with hands at your side, skirts may be no shorter than the end of pointer finger when your arms are tor before student may access our school network. placed at your sides.
- cover up over it that covers your shoulders.
- showing.
- g. No stomachs showing.
- h. When wearing a sheer shirt you need to wear a tank top or some type of clothing that will cover up your undergar-
- 3. Appearance must not be disruptive to the normal operation of a classroom.
- 4. Clothing or shoes must not be such as to cause damage to school property.
- 5. Buttons or insignia on clothing which displays obscenity, advertises alcohol, drugs or smoking or promotes its use, may not be worn.
- 6. Hats, caps, scarves, hoods, or "rags" are not to be worn 7:45 a.m. and 3:10 p.m. in the school building during the school day.
- 7. Any clothing with derogatory, offensive, or suggestive pictures or slogans is not allowed.

The Internet is a collection of many worldwide networks that support the open exchange of information. The Inter- from his/her child's cell phone during the school day, the net provides immediate access to information anywhere in child is in direct violation of this policy. the world, participation in distance learning activities, awareness of global diversity and the promotion of intellec- child during the school day, they should contact the ele- 2510, extension 1421 or elementary secretary Deb Andertual inquiry. High school students will have access to the mentary office. Additionally, should a child need to contact son at extension 1518. to leave a voicemail message excus-Internet through our network. The Lake of the Woods his/her parent or guardian during the school day, he/she ing your child's absence. We encourage you to call early in High School wants to provide a stimulating educational will be allowed reasonable use of a school phone. environment, yet protect students from information that is not appropriate in an educational setting. With access to tary. It is highly recommended that cell phones and eleccomputers and people all over the world also comes the tronic devices be turned into the elementary office each day industrious user may soon discover inappropriate infor- school day. mation. Lake of the Woods School does use content filtering to censor sites deemed inappropriate to the philosophy, school building for two reasons: goals, and objectives of the school district.

Each high school student will be trained on the proper the cell phone on for a specific purpose, or, use of the Internet. Each student will also sign a statement. They have been directed by a school employee to turn it on to our school teaching and support staff: stating they agree to follow the guidelines set up by the for a specific reason (crisis, critical incident, etc.). school district. In the event a student does not follow the

cell phones, etc. are not allowed on the school network.

In the event you do not wish your child to have Internet the elementary school student handbook. you must submit in writing a statement to this effect. Please send this statement to Lake of the Woods more important than it is today. Colleges, vocational School, P.O. Box 310, Baudette, MN 56623.

b. The inseam on shorts must be at minimum of 3 inches educational purposes. Their use shall be at the discretion of rates. Our job as educators is to prepare your child for the the teachers and the school administration. Laptop comput- rigors of the workplace as well as those of post-secondary ers may be brought to school, but permissions and pass- education, but we need your help. words must be secured by the school technology coordina-

d. When wearing shirts like V-necks, tank tops, etc. Shirts on campus before school begins, in the passing between cause of absenteeism; therefore, the eleventh (11) absence must be no lower than your hand width from the base of the classes, during noon lunch break, and after school will place the student in failure status for one or more clasends. Students may not use electronic devices during aca- ses in which the absences occur. Extended absences such as e. No strapless shirts or dresses UNLESS you are wearing a demic class periods unless the classroom teacher gives the vacations will count against the 10 absence maximum. The student permission to use their devices. Students are en- complete absenteeism policy is included in the high school f. Whether sitting or standing no undergarments may be couraged to turn all sounds off and leave their electronic student handbook. devices in their locker during the school day.

> Unauthorized use of these devices, and or having the device Team to help improve the attendance of students. Once noise sounding off in the classroom disrupts the instruc- your child reaches 5 days of absence in a quarter, excused tional day and detracts from the classroom learning envi- or unexcused your child will be referred to the Attendance ronment. Therefore, unauthorized use of electronic devices Review Team. The Team will also receive referrals of stuis grounds for confiscation of the device by any school staff dents with habitual tardiness, excused or unexcused. Once member. Disciplinary actions are included in the high your child reaches 5 days tardy to school, a referral will be school student handbook.

#### **Elementary Electronic Device Policy is as follows:**

turned off and remain off once they have entered the school cluded in the elementary student handbook. building. Phones are to be turned off between the hours of

phones may be used with staff approval. Students will be dren of the importance not only of graduating from high directed to the elementary office or a designated area to school, but of being well prepared for the next stage of their make their call.

There are no locks on student lockers in the elemen-

They have been authorized by a school employee to turn New School Staff

guidelines, technology network privileges will be revoked. other electronic devices by students will result in confisca- High Vocal Music Students who wish to use their personal laptops to connect tion and may result in a search of the cell phone/electronic to the school network must see Mr. Chambers to secure a device, as such action is a direct violation of Lake of the Nicole Gate - ECFE Teacher. temporary password. The school has anti-virus software Woods Elementary School procedures. Please remember William Moeller - custodian. installed on our network, but assumes no liability for virus- that cell phones and electronic devices, like all other per- Please find more information in this edition on each of our es that may contracted by student use of personal laptops. sonal items brought into school by a student, may be sub-new staff members. (Student must have anti-virus software installed on their ject to search. The outcome of this search may result in personal computers). Systems other than laptops or; tablets, school sanction and/or a criminal investigation by law en- (cont. p. 4)

forcement. Additional disciplinary actions are included in

At no time in our history has school attendance been schools, and the workplace continue to require accelerated academic skills. The number of jobs requiring specialized Electronic devices brought to school are to be used for skills and higher degrees continue to grow at unprecedented

In the high school each student is allowed to have a total of ten (10) absences in a semester, including excused and Students in grades 7<sup>th</sup> – 12<sup>th</sup> may use electronic devices unexcused. A lack of academic performance can result be-

In the elementary school there is an Attendance Review made. This Team will review your child's attendance and work with parents and students as needed to help improve All students' cell phones and electronic devices must be their attendance. The complete absenteeism policy is in-

Please make every effort to have your child in school every day. Schedule appointments and trips outside the Before 8:00 a.m. and between 3:00 and 3:10 p.m., school schedule whenever possible, and remind your chillives. By working together as parents and educators we can If a parent or guardian receives a call or text message assure our children of a bright and promising future.

In the event your child needs to be absent from school for any reason other than school sponsored events, parents Should a parent or guardian need to speak to his/her may call our high school secretary Diane Laine at 634the morning if your child is ill and will be absent from school that day.

The vast majority of students registered via computer availability of material that may not be considered to be of for safe storage.\_Students should not have cell phones and/ and developed their preliminary schedules before they left educational value in a school setting. It is impossible to or electronic devices on their person, nor should cell school in the spring of last year. Students will be able to control all materials or access on a global network and an phones and electronic devices be visible at all during the access their schedules via internet by the middle of August. If there are conflicts in student's schedules, Mr. Nelson or Students may only have their cell phones on inside the Mr. Novak will be in contact with the student either before the school year begins or on the first day of school.

We are excited to welcome the following new members

Brian Sell - Junior High and High School Mathematics.

Unauthorized activation of and/or use of cell phones and Kathy Nordine - Elementary Music and Junior & Senior

Bobby Jo Castle - 6th grade

#### Website

Please check our new and improved website at <a href="http://">http://</a> www.lakeofthewoodsschool.org. On the site you will find numerous items of interest including: upcoming events, testing dates and resources, school policies and rules, menus, staff directories, etc. There are two features that you may want to take advantage of: Pay School allows you to pay school fees such as lunch accounts and athletic fees online via e-check, or credit card. SchoolMessanger allows school staff to deliver a single, clear message to students, parents or guardians by telephone, cell phone, e-mail, pager or PDA in any combination. School Messanger will also be used to notify you of a school closing due to inclement weather. Both Pay School and Instant Alert can be found on the homepage of our web site. This site is currently under construction we are continuing to work to make improvements. If you have trouble finding something or have suggestions, please email web-

#### site@lakeofthewoodsschool.org.

#### **Parent Contact**

September 8

The Lake of the Woods High School has implemented internet-based access to student information. With the use of a computer, parents and guardians may access their child's attendance, grades, lunch account and more. This is a great opportunity for parents/guardians to stay involved in their child's education. They will be able to contact and communicate with their child's teacher through their personal email address. This effort is by no means a replacement for parent/teacher conferences or phone calls to teachers. To access your child's account simply register with an account password issued by the school. Then you may access your child's account through our website atwww.lakeofthewoodsschool.org

#### **Emergency Notification**

for Emergency notification services. We will be working who have been designated to monitor reports with SchoolMessanger. This company can provide us with These officials have the ability to reply to text messages expanded services such as notification of student absences and start a two-way chat. during the school day and if your student's lunch account The Lake of the Woods Tip Line is monitored by staff on be of greater benefit to the constituents of the school discan be made 24 hours, 7 days-a-week)

#### **Lake of the Woods Tip Line**

In an effort to encourage students that may be experi- Calls may be placed on land lines, but staff will be unable encing bullying, harassment or intimidation and are too to respond back. Therefore, it is critical that specific and fearful or not quite ready to come forward face-to-face to adequate information is shared when giving a report. report the matter, Lake of the Woods School is implementing Lake of the Woods Tip Line, an anonymous reporting coming forward, either face-to-face or anonymously. Enprogram from CyberBullyingHotline.

encouraging students to report such issues directly to a that they may face. We are here to help, but we can't help teacher, School Social Worker, coach, or school adminis- if we don't know. As a parent, you are also welcome to trator. However, in some cases, a student can be overcome report issues. Anything you think we should know to enwith fear and worry about who to talk to, or what to say. sure the health and safety of our students should be report-They may also fear retaliation, or losing the respect of their ed. peers by being labeled a "tattle" or "narc." Students with such fears need a reporting path and the Lake of the Woods please contact: Tip Line is designed to be just that.

Here are a few important details:

September 10

How it works

Lake of the Woods School has published the following hotline number: 218-416-1417

Students or parents can send a text message to this number, or call and leave a voice message

The caller ID is masked, ensuring the report is completely

September 11

French toast sticks

**Breakfast** 

Fruit juice

Milk

Lunch

Sloppy Joes

**Baked Beans** 

Cauliflower

Peaches

Kiwi

Milk

Fruit cocktail

#### anonymous

Our school district has contracted with a new provider The messages are forwarded to one or more school officials

reaches a low funding point. We believe this service will days that school is held from 8:00 AM to 3:00 PM (reports

The goal is to engage the student and begin a dialog towards a resolution process

Our goal is to ensure that each student feels comfortable courage your student to use all the avenues that are offered Our desire and efforts are, first and foremost, focused on by Lake of the Woods School to help resolve any issues

If you have any questions or require further information,

Superintendent/ Elementary Principal Jeff Nelson at 634-2510, extension 1506 or

High School Principal Brian Novak at extension 1420.

You may also visit www.cyberbullyhotline.com to learn

# Breakfast & Lunch Menu September 8-11, 2015

**Breakfast Breakfast Breakfast Breakfast Bites** Cereal Cereal Yogurt Peaches Toast Apples Fruit juice Applesauce Fruit juice Fruit juice Milk Milk Milk Lunch Lunch Lunch Hamburger/cheeseburger Chicken nuggets Quesadillas Romaine lettuce Sweet potato fries Mashed potatoes Romaine Lettuce Gravy Broccoli Tomatoes Carrots Pears Dinner Roll Applesauce Bananas Cantaloupe Mixed Fruit Milk Milk Apples Milk

September 9

### Free & Reduced Meals

If your financial circumstances or household size change during the school year and you find that you qualify for free/ reduced meal prices, you may submit an application to Lake of the Woods School at any time during the school year. Free & Reduced applications may be picked up in the District Office, Elementary Office or High School Office.

If you have questions regarding the free/ reduced application, please call 634-2735 1504 cece\_c@lakeofthewoodsschool.org student's eligibility status is confidential.

### **Your Ad Here**

for more information contact Cece Charlton 218/634-2735 ext. 1504 or email cece c@lakeofthewoodsschool.org

### SAVE THE DATE

Community Education's Holiday Craft & Vendor Extravaganza Lake of the Woods School Commons November 21, 2015 - 9:00 a.m. – 3:00 p.m.

High School Yearbooks Contact yearbook staff to order 634-2510 ext. 1404

To view the breakfast and lunch menus, visit www.lakeofthewoodsschool.org

### NEW STAFF AT LAKE OF THE WOODS SCHOOL



**ECFE Teacher - Nicole Gate** -- Nicole is another local that many of you know. She has been working with the Head Start program for the past six years. She is fully licensed to teach children in an Early Childhood program with a BA degree in Elementary Education and a Pre-k and Kindergarten licensure.



**Elementary Teacher - Bobby Jo Castle --**Many of you know Bobby Jo. She has served in a number of roles, most recently as Enrichment Coordinator where she has done a great job. She will be teaching 6th grade this coming school year.

Math Teacher - Brian Sell -- Brian has both a Mathematics and Social Studies Licensures and has been teaching at Irondale High School since 2005. He has been active as a Basketball coach and official. He is currently finishing his Master's in Applied Statistics. Brian also has family in the area and is excited to have the opportunity to come to Lake of the Woods.

K-12 Music Teacher - Katheryn Nordine -- Katheryn is a 17 year veteran music teacher from Goodridge School District. Kathryn and her husband have family in the Roosevelt area and are very excited to be moving into the

We are very fortunate to have all of these positions filled with highly qualified and wonderful people. Please welcome these individuals to our school and community.

### **Baudette Public Library & Media Center**

110 1st Avenue SW P.O. Box 739 Baudette, MN 56623 218-634-2329



Mon Tues Thurs Fri - 10:00 a.m.-5:30 p.m. Wednesday - 10:00 a.m.-7:30 p.m. Saturday - 10:00 a.m.-2:00 p.m. "Like" us on Facebook

Computers/24 hour access to WI-FI

Wireless printer (print from smart phone), color copier

Book Club 3rd Wednesday of the month

Watch for more programs at your local library!



# Williams **Public Library**

350 Main Street Williams, MN 56686 218-783-7211

Monday through Thursday, 1:00-4:30 p.m.





### The Grand Theater...

Movie Hotline 634-1784

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Locally owned and operated Serving you for over 80 years.



**Bottling Company, Inc.** 

1300 Industrial Avenue Int'l Falls, Minnesota

218-283-3221



**vitamin**water



### The Enrichment Program

By Bobby Castle

The Lake of the Woods Enrichment Program is launching its fifteenth year of offering Academic Competitions fun and exciting programs for students of high potential. The Enrichment Program (EP) offers specialized classes, academic competitions, and inclusion opportunities for all stu-

Students who participate in the program receive services in many areas: pullout classes in creative problem solving, mathematics, and writing; individual classes in reading and three students are taken to the competition hosted by the Roseau Historical Society. independent studies; and special events and competitions such as the Spelling Bee, National Geography Bee, the MN History Contest, the Creativity Festival, and the Young are invited to the district spelling bee. The winner advances to the regional bee. Author's Conference. The program also offers coaching for special competitions, such as Grades 4-8 the Fifth and Sixth Grade Math Masters.

and coordinates the Bergeron Memorial visits from the Science Museum of Minnesota.

This program's current funding is secured in three ways:

- The Lake of the Woods School District allocates an annual award
- The State of Minnesota, Dept of Education allocates a per student dollar amount
- Business sponsorships of specific classes or events

Your donations, memorials, and grant awards make up the remaining dollars

This year's target goal for the Lake of the Woods Enrichment Program is \$21,000 and we need your help to accomplish this goal! Check out the great programs you can support!

#### ENRICHMENT PROGRAM OFFERINGS

#### Pull-out classes and recess clubs

Writer's Workshop - Grades 4-6 Advanced Readers - K, 1st, and 3rd Math Club - Grade 5 Chess Club - Grades 3-6 Broadcasting Bonanza - Grades 4-6

Young Scientists - Grades 3-6 Kaleidoscope - Grades 4-6 Math Club - Grade 6 Second Grade Explorers

Math Masters Grade 5 and 6 - Classroom teachers select the top math students to form teams coached by the EP Coordinator

MN History Contest - Interested 6th graders are given a selection test. The top

Spelling Bee - Classroom teachers submit the top spellers from each grade who

National Geography Bee - Classroom teachers submit contestants from each In addition to these services, the EP also sponsors school-wide Enrichment activities grade level to compete in our district Geo Bee. The winner has a chance to advance to state. Grades 4-8.

#### **Events**

Young Author's Conference - a one day trip for young writers in grades 5-8. Creativity Festival - a one day trip offering a wide range of workshops for all students in Grades 5-8

Science Museum of Minnesota - K-6 classrooms are invited to take part in a residency from the SMM in the spring of the year.

End of the Year Field Trip - This trip varies from year to year and is available to EP students in grades 3-6. Past trips have included The Big Bog and Zippel Bay.

The Enrichment Program Provides the challenges and opportunities our gifted and talented students need and deserve. If you would like to make a donation to our Enrichment Program, please fill out this form, clip it and mail it in with a check to: The Enrichment Program, Lake of the Woods School, District #390, PO Box 310, Baudette, MN 56623

mail it in with	ke to make a donation to our Enrichment Program, please fill out this form, clip it and a check to: The Enrichment Program, Lake of the Woods School, P.O. Box 310, Baudet
MN 56623	
Name:	
Address:	
Street or P.O.:	
City:	
State:	
Phone number	:
Comments:	



As the name implies, SchoolReach is a parent notification system. SchoolReach has a process called EX Data Synch that allows us to build the automated transfer of parent contact information from Synergy, our student information system, to the SchoolReach hosted location. It simply saves time and provides more up to date, accurate parent contact information.

Once we make a parent contact change in Synergy, it will update in SchoolReach every day. The most current parent contact information in Synergy will now be in our parent notification system. Our staff should no longer have to change parent contact information in multiple systems.

### **NO HUNTING**

"Under M.S. 609.66 Subd. 1d., it is a felony to hunt on school owned land when students are present for school related activities."





Serving breakfast, lunch & dinner								
Alice's								
Family	Open at 5am Everyday!							
Restaurant	Daily Lunch							
	ne of the Dinner ast Special! Specials!							

To view your student's lunch account balance, visit www.lakeofthewoodsschool.org



Tiarra Shaw, L.P.N., School Nurse School Nursing Office: 218-634-2510 ext.1522 CHI LakeWood Health, Public Health Office: 218-634-1795

### Important reminders from the school nurse...

#### Sports physicals

A sports qualifying physical exam is required at least once every three years for student athletes. Sports physicals are offered at CHI LakeWood Health Clinic by appointment, 218-634-1655. For more information about sports physicals, visit the Minnesota State High School League website at www.mshsl.org, click on Resources at the top and then click on Medical/Physical.

#### **Immunizations**

Children entering kindergarten, seventh grade, and post-secondary institutions have immunization requirements that must be met before classes start. These requirements are part of Minnesota's School Immunization Law. To get a copy of your child's immunization record or if you have questions regarding what vaccines your child needs, please call the public health office at 218-634-1795.

#### Medication

If your child needs to have medication administered during the school day, an authorization form needs to be signed by you and your medical provider. Medication needs to be in its original container. If you have questions or concerns, contact the Lake of the Woods School Nursing Office during the school year, Monday through Friday between the hours of 8:00 a.m. and 3:00 p.m. or call the public health office at 218-634-1795.

### When is my child too ill to attend



as the parent, get to

reminder about medication administration Tierra Shaw, RN, at 634-2510 ext 1522.

at Lake of the Woods School. You can When your child is access this information on the school's not feeling well, you, website, www.lakeofthewoodsschool.org.

Always bring a copy of a physician's make the decision as note to school and/or notify the school if to what to do next. A your child will have an extended absence handout will be sent due to a health condition for 10 days or home with elementary longer. If you have any questions, please students with tips to call your personal health care provider or help make that decision. It also provides a the Lake of the Woods School Nurse,



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Email: ourcountrypantrymn@gmail.com Website: ourcountrypantry.com





After Hours: **Electrical: 634-2603** 1-888-668-8243

#### Save the date for these CHI LakeWood Health events:

Thursday, September 10, 2015: The CHI LakeWood Health Community Dinner is scheduled for Thursday, September 10 from 5 to 7 p.m. Join LakeWood at 600 Main Avenue South in Baudette for a meal of roast pork and all of the fixings. Entertainment will also be provided.

**Thursday, September 24, 2015**: This is your invitation to participate in a Community Health Needs Assessment. Meet with community members to talk about healthcare services and your vision for a healthier community. Findings from this assessment will guide the development of a community action plan. Please join CHI LakeWood Health on Thursday, September 24 at the First Lutheran Church located on 3rd Street SW in Baudette. A meal will be served at 5 p.m. and the program will begin at 5:30 p.m. For more information, please contact Kay M. Schell at 218-634-3434

# YOUR VISION STARTS HERE.



Thursday, Sept. 24 5:00 Dinner | 5:30 Program First Lutheran Church, **Baudette** 



COMMUNITY HEALTH NEEDS ASSESSMENT

Imagine better health.<sup>™</sup>

www.chilakewoodhealth.com

### Donate school supplies for those in need

As school nears; many families are planning for their children's supply needs. Being prepared for school with a backpack and school supplies may come easy for some, but not for others. Last year we again raised over \$3000 in school supplies donated to the area schools! Here's an opportunity to help a child in need by participating in Border State Bank's OPERATION: School Supplies and give a child the tools he or she needs to excel in school this year.

The 3<sup>rd</sup> annual Border State Bank Operation: School Supplies will collect school supplies all to be donated to your local elementary school. Specific supplies are needed such as pencils, glue sticks, box of 8, 16, and 64 Crayola crayons, pencil boxes, washable markers (box of 8), Fiskar for Kids scissors, wide lined notebooks, folders, erasers, highlighters, blue & black pens, colored pencils, pencil sharpeners, rulers, backpacks.

Donations are welcome until Friday, August 21st at any Border State Bank, when employees will be delivering all supplies to the schools. All donations received locally will support and be donated to the school where the Border State Bank is located (Badger, Baudette, Greenbush/Middle River, and Roseau). All donations will be distributed by the local schools. Open to everyone; need not be a Border State Bank customer to donate or participate. If you have questions, please contact any local Border State Bank.

For the pool schedule visit www.lakeofthewoodsschool.org

# Community Education/Pool Classes/Activities

#### **Community Ed Class Registration**

Registration forms may be picked up in the Elementary, High School, Pool and Community Ed offices. A registration form is also included in this paper and is available online on www.lakeofthewoodsschool.org Class registration is required. Many classes have a minimum number of people needed to offer the class, and if enough people have Dates: Saturdays, Sept. 12, 19, 26, Oct. 3 & 10, 2015 not registered one week prior to a class, the class will be cancelled. All checks are to be made payable to Lake of the Woods School.

#### **Piano Lessons Just For Me!**

This course is geared toward students who would like to learn how to play piano. Instructed by Heidi Olson, these piano lessons will instruct the beginning student in basic piano knowledge, note reading, technique, and music theory. As



the student progresses, the course will become more specialized to meet individual needs. Come learn to play the piano, sharpen musical skills, and have a great time in the process! Individual sessions of 1/2 hour each. Session length varies. Students will need to have a piano or keyboard available to practice on a regular basis. Students will need to purchase piano instruction books from the instruc-

Cost: \$16.00 per lesson payable in advance. Sorry, no refunds for missed lessons.

Teacher: Heidi Olson

Location: Elementary music room or choir room

#### **Elementary Volleyball**

Join the fun! First, second and third grades will work on passing, target, setting, serving (over and underhand) & footwork. Fourth, fifth and sixth grades will work on passing, setting, serving, footwork and hitting. Emphasis will be on learning proper technique. Wear t-shirt, shorts, tennis shoes and bring a water bottle.

**Grades 1-3** - Sept. 14, Oct. 6, 13- 3-4:15 pm Oct. 3, 17, 31 - 9:00 a.m. - 10:00 a.m. Grades 4 -6 - Oct. 20, 26 -3-4:15 p.m. Oct. 3, 10, 17, 31 - 10-11:30 a.m.

Tentative Scrimmage: October 10 - Grades 4-6

Fee: \$25.00/resident; \$30.00/non-resident (Fee includes a t-shirt) Location: Multi-purpose gym Coach: Chrissy Draper



### **Elementary Cross Country-Run with the Bears!**

Boys and girls in grades 3-6 are encouraged to join us for a five week introduction to cross country running. Fun runs, basic stretching and flexibility, tips for nutritious snacking, and more. Wear comfortable running clothes, tennis shoes, bring a sweatshirt and water bottle. Wednesdays right after

Coach: Coaches Dyana Fish and Bob Youso & the Cross

County High School Runners Location: Elementary Playground

Dates: Mondays, Sept. 21, 28 October 5, 12, 26, 2015

(No class on October 19th)

Time: 3:00-4:00 p.m.

Fee: \$15.00/resident; \$20.00/non-resident

(Fee includes a t-shirt)

#### **Elementary Football**

clothing, tennis shoes and bring a water bottle. own fabrics. Grades 3-6. Coach: Bob Laine, Football Coaches

and Varsity Football Players

Time: 10:00 a.m. - 12 noon

Locations: L/W School practice football field Fee: \$15.00/resident; \$20.00/non-resident

(Fee includes a T-shirt)

#### Elementary Basketball

5<sup>th</sup> and 6<sup>th</sup> grade boy's and girl's basketball will start the end of November, 2015. Registration forms with practice Beginners Mosaics Class dates and times will be sent home with the students. Kin- Make a beautiful mosaic mirror frame, dergarten-4<sup>th</sup> grade boy's and girl's basketball will start in garden gazing ball or flower pot. I have a January 2016. Registration forms with practice dates and times will be sent home with the students.

#### L/W Outdoor Club

The "L/W Outdoor Club" is a club dedicated to students (5th grade-12th grade) interested in careers in the natural resource field. Students will be involved in numerous outdoor activities including making maple syrup, mushroom I.D., hunting, fishing, trapping, and the science behind these activities. Students will also be assisting in fish and wildlife surveys, tagging sturgeon, and working with local DNR employees. Students will meet twice a month or as outdoor activities dictate. Parents and guardians are encouraged to attend and participate as well if they wish.

Students must register with Cece in the Community Education Office. You do not have to register if you registered last year. You will not be allowed to participate unless you are registered in Community Education. Please supply an e-mail address where you can be contacted. The instructors would like to contact you and your child regarding club activities, meeting dates, etc. through email. For more information contact Jeff Birchem at 783-2521 or jebirchem@icloud.com. There is no cost at this time as a donation has been made to cover registration.

### Adult Volleyball League

Adult volleyball will start on Wednesday, October 7, 2015 and go through April 2016. If you have questions, please call Cece at 634-2735 ext. 1504.

Dates: Wednesday nights Time: 7:00 p.m. in the small gym.

### **Adult Basic Education**

<u>GED</u> – Preparation for the high school equivalency diploma. Set of 5 tests: math, reading, writing, social studies, and science

Instructor: Contact Rose Anderson @ 634-1563 for more information.

Must be 16 years old or older and not enrolled in secondary school.

### Adult Weight Room Membership

For information on how to join the Lake of the Woods School weight room, call 634-2735 ext. 1504.

October Quilting Class - A fussy cut center diamond log Learn football skills and drills. Wear suitable cabin tree skirt. Size is approx. 68x68. You supply your

Class dates: first class Tuesday Oct. 6 from 5-6 p.m. for

fussy cutting and yardage.

Other classes: Tuesdays, Oct. 20 & 27 Time: 4:30 - 8:00 p.m.

Maximum students: 12 Minimum students: 5 Class fee: \$15.00/resident; \$20.00/non-resident Location: Lifeskills Room

Instructor: Audrey Olson

base for those who do the mirror frame. If you are creating a gazing ball, bring an old bowling ball. If you want to do a flower pot, bring a terracotta pot of your choos-



ing. Bring old china or glass you would like to use on the project. A limited supply of glass tiles and china will be provided for cost of the material. Tools for crafting the project will be provided for use.

Dates: M-W August 17-19, 2015

Time: 6:00-9:00 PM

Locations: High School Art Room

Ages: 9th grade through adult Cost: \$25 (payable to Lake of the Woods School) Payment must accompany the registration in order to hold your spot

Material fee is payable to the instructor, Sue Hopkins. This fee will vary depending on the choice of project.

Class is limited to 15 participants.

If you have questions, call Sue Hopkins at 218-766-5671 If you are not sure about a project, please call Sue and she will discuss ideas with you and what you will need.

#### "Holiday Craft & Vendor Extravaganza" November 21, 2015- 9 am-3 p.m..

Lake of the Woods Community Education will be sponsoring a "Holiday Extravaganza" again this year. We had over 80 booths last year. with about 800 people registering for door prizes. Vendors or crafters who are interested a booth, please call Cece at 634-2735 ext. 1504 or Lisa at 634-2735 ext. 1101 for more information.



### Facility Use, Policies, and Procedures

The Community Education Department coordinates use of all school facilities and equipment beyond the regular school day. School functions take priority. School activities may be scheduled subsequent to approval and the affected party will be notified if that situation occurs. The use of facilities is governed by policies and regulations approved by the Board of Education. No activities will be scheduled on legal and/or school holidays. For more information contact the Community Education Office at 634-2735 ext. 1504.

For Community Ed activities visit www.lakeofthewoodsschool.org

# Community Education/Pool Classes/Activities

### Fall Pool Schedule Beginning Tuesday, September 1, 2015 Schedule subject to change

Monday	Tuesday	Wednes- day	Thursday	Friday	Saturday	Sunday
5-8 a.m.		5-8 a.m.		5-8 a.m.		
Adult Swim		Adult Swim		Adult Swim		
	3:30 - 8 p.m.			3:30– 8 p.m.	1-4 p.m.	1-4 p.m.
	Open Swim			Open Swim	Open Swim	Open Swim

For information about exercise classes, swimming lessons, (private & group), open swim/adult swim times call Lisa at Pool Office, 218-634-2735 ext. 1101 or email lisa\_b@lakeofthewoodsschool. org

The pool will be closed August 17-23, 2015 for maintenance and Saturday, Sept. 5th, Sunday, Sept. 6th, Monday, Sept. 7th for Labor Day Observance

#### **Costs for Open Swim**

.75 - Preschool, \$1.50 - Student, \$2.50 - Adult, \$10.00 - Family Max Punch Card prices - \$5.00 - Pre-school, \$10.00 - Student, \$22.50 - Adult

#### Family Fridays -

Every Friday from 3:30-8:00

-Cost \$5.00 per family (maximum 2 adults/4 children)

A great time to enjoy family time at the pool at a great price!!!





Birthday Parties at the Pool The pool is a wonderful place to hold birthday parties! Parties can be held during open swim hours and the observation area overlooking the pool is a great place to have games and lunch as part of your celebration. If you have any questions or would like to book the pool and observation area for your next party, call the Pool Office at 634-2735 ext. 1101.

#### **Water Exercise Class**

September: Mondays/Wednesdays/Thursdays - 4:15-5:15 p.m There are many benefits of water exercise, here are just a few:

- Water exercise decreases stress, blood pressure, tension, weight, pain, body fat, impact on joints, risk of injury and prescription drug requirements. It increases strength, flexibility, energy, range of motion, muscle tone, oxygen/circulation, endurance, balance, coordination, fun, self esteem, safety and enjoyment of life.
- It enhances feelings of well-being; sleep patterns, recovery from injuries, social pleasures and reversing or slowing of ageing, both mentally and physically.

Remember you don't have to be a swimmer to do water exercise and if you are uncomfortable wearing a swim suit...you can wear a t-shirt and shorts. Pre-registration is not required. You can start classes at any time...and the first time is **FREE**. For more information call the pool office 634-2735 ext. 1101.

If you are interested in being a lifeguard, or WSI (Water Safety) Instructor, please contact Lisa Beckstrand at 634-2735 ext. 1101.

### Walking Track The walking tra

The walking track is open Mon/Wed/Fri 5:00 a.m.-9:00 p.m., Tues/Thurs 8:00 a.m.-9:00 p.m., Sat/Sun 1:00-4:00 p.m. (during pool hours). For our records, please sign in one time at either the Pool Office or the District Office.



All of our elementary students have swimming throughout the school year as part of their physical education class.

P.O. Box 310						
Baudette, MN 56623			LAKE OF THE WOODS			
634-2735 ext. 1504			School			
Name (adult):						
Name (student):						
Age: Grade: Teacher:	T-:	Shirt Size: (If	applicable):			
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Address City/State/Zip Phone (Day)	Phone (Eve)	C	ell			
Address City/State/Zip Phone (Day) Email <u>:</u>	Phone (Eve)adequately covered by insuran	C	ell			

# FREE FAMILY POOL PASS!!!

Bring this coupon in to the Lake of the Woods School Pool for a one time admittance for a day of free swimming for the family!

Offer Expires September 30,



For the pool schedule visit www.lakeofthewoodsschool.org



### Early Childhood Family Education

### Lake of the Woods School~2015-2016 Schedule

Nicole Gate-School Readiness Instructor ~ Jeni Krause Parent Educator ~ Muriel Crandall Paraprofessional 218-634-2510 ext. 1564

nicole\_g@lakeofthewoodsschool.org

"Open House for parents & students" will be held on September 2, 2015 from 6:00 - 7:00 pm in the ECFE classroom (E164). Parent meeting at 6:30. p.m.



#### **School Readiness**

from school via the school bus. This class is for children ages three to five years old. Chil- adult. dren must be potty trained. The class focuses on socialization, problem solving, sharing, turn taking, and various school readiness skills. Conferences will be held throughout the school year to discuss the progress made by the children. There is currently no tuition for this class. School Breakfast and Lunch is available for the students. Breakfast will cost \$1.00 and lunch will be \$2.10. Please look at the free and reduced applications to see if your family qualifies.

#### Parent and Infant/Toddler Class: "Adventures of Parenting"

Parent and Infant/Toddler Class will be held every first and third Tuesday of the month from 5:30 p.m. to 7:00 p.m. beginning the month of October 2015. The topic of the October class will be "how to manage a hectic schedule and still stay sane". Parents are required to attend with their child/children. The class is for children ages' birth to 4 years old. Snacks will be provided. There will be guest speakers from the community as well as opportunities to discuss issues of concern. There is currently no fee for this class. \*Minimum of 4 registered families required.

### Please send registration form by August 15, 2015 to:

**Nicole Gate** 

3008 24th St. NW, Baudette, MN 56623

\*A copy of your child's updated immunization records is required with your registration.

ECFE REGISTRATION INFORMAT	<u> 10N:</u>
Child's name:	
Address:	
City:	
State, Zip:	
Phone:	
Child Birth Date:	
Classes registering for	_

### For Sale **Old Elementary** Yearbooks

Some \$1.00 Some \$5.00 Some \$10.00 2014-15 \$12.95

See Mrs. Cynthia Hanson at the Open House

Her room is the Old Community Education Room



Lodging Ice Fishing Summer Fishing Baudette, MN 218-634-3084

www.RiverBendsResorts.com

### **Event Nights**

School Readiness will be held every Monday through Wednesday of the month beginning Events will be held throughout the school year beginning with the Open House on Sep-Monday, September 14, 2015. The schedule may change due to enrollment numbers. tember 2, 2015. Examples of other events may include a gym night, swim night, carnival, Class will run from 8:15 am until 3:00 pm. Transportation will be available both to and etc. These events are open to the community for ages birth to 5 years accompanied by an

### **ECFE School Readiness School Supplies**

- 2 boxes of crayons (eight pack-standard size)
- 1 set of water colors
- 2 Elmer's jumbo glue sticks
- 2 Elmer's glue bottles
- 1 set of Crayola Markers (any colors, size, 8 or 10 pack)
- 1 box of Kleenex

Please bring supplies with you to the Open House on **September 2, 2016.** 



### **New Baby?** New to the Area?

It is important for our future planning to have all children in our census files. Census numbers help determine the amount of levy funding that our Early Childhood Program receives from the State of Minnesota. When you are listed on our census, you will receive updates from our Early Childhood program and pre-school information for kindergarten. Please call Deb at 634-2056 ext. 1518.



For the pool schedule visit www.lakeofthewoodsschool.org

### **Pesticide General Notice for Parents or Guardians**

Dear Parent or Guardian:

A Minnesota state law went into effect in year 2000 that requires schools to inform parents and guardians if they apply certain pesticides on school property.

Specifically, this law requires schools that apply these pesticides to maintain an estimated schedule of pesticide applications and to make the schedule available to parents and guardians for review or copying at each school office.

State law also requires that you be told that the long-term health effects on children from the application of such pesticides or the class of chemicals to which they belong may not be fully understood.

If you would like to be notified prior to pesticide applications made on days other than those specified in the estimated schedule (excluding emergency applications), please complete and return the form below and mail it to: Superintendent, Lake of the Woods Public School, P.O. Box 310, Baudette, MN 56623. If you have any questions regarding this notice, please contact Superintendent at 218/634-2735.

Sincerely,

Jeff Nelson, Superintendent jeff n@lakeofthewoodsschool.org 218-634-2510, extension 1506.

### Request for Pesticide Notification Lake of the Woods Public School

I understand that the school will make available an estimated schedule of pesticide applications for review and copying at the school office. Should a pesticide application be scheduled on a day different from the day(s) specified in the original schedule, I would like to be notified. I understand that the school may ask me for reimbursement for the costs of notification.

I would prefer to be notified by (circle): US Mail E-mail

Please print neatly:	
Name of Parent/ Guardian:	Date:
Address:	
Day Phone:()	Evening Phone:()
Email:	

Return to: Jeff Nelson, Acting Superintendent Lake of the Woods Public School P.O. 310 Baudette, MN 56623

### **Asbestos Hazard Emergency Response Act** (AHERA) Notice

This is to inform you that the Lake of the students and our employees. Woods Public School District #390 is in compliance with regulations established by sent school buildings were built in 1992 and Asbestos Hazard Emergency Response Act 1998 and were built asbestos free. (AHERA) requiring that all schools serving each primary and secondary school in the Office of the Superintendent. A copy of the nation to complete a stringent inspection for management plan is also located in this asbestos and to develop a plan of manage- office. ment for all asbestos-containing building materials. As a matter of policy, the district THIS ANNUAL NOTICE IS PRESENTED IN COMshall continue to maintain a safe and healthful environment for our community, our

In keeping with this legislation, the pre-

If you have questions, please contact the

PLIANCE WITH REGULATIONS ESTABLISHED BY

### **Crisis Management**

The community, school board members drills were conducted last spring. and school staff worked together to develop a comprehensive crisis management plan, CRISIS which was approved on May 25, 2000.

The plan provided an egress map posted office. in each occupied room, and emergency

A copy of the "LAKE OF THE WOODS MANAGEMENT POLICY/ PLAN" is on file in the Superintendent's

### **Notice of Nondiscrimination**

The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal and, where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http:// www.ascr.usda.gov/complaint\_filing\_cust.html, or at any USDA office, or call (866) 632 -9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing, or have speech disabilities and wish to file either an EEO or program complaint please contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (in Spanish). Persons with disabilities who wish to file a program complaint, please see information above on how to contact us by mail directly or by email. If you require alternative means of communication for program information (e.g., Braille, large print, audiotape, etc.)

### School Reach Instant Alert/Storm Days

Whenever you change phone numbers at home, work, cell phone or email address, remember to update these changes at 634-2735, with Diane in the high school office, ext. 1421 or Deb in the elementary office, ext. 1518.

As the name implies, SchoolReach is a parent notification system. SchoolReach has a process called EX Data Synch that allows us to build the automated transfer of parent contact information from Synergy, our student information system, to the SchoolReach hosted location. It simply saves time and provides more up to date, accurate parent contact information.

Once we make a parent contact change in Synergy, it will update in SchoolReach every day. The most current parent contact information in Synergy will now be in our parent notification system. Our staff should no longer have to change parent contact information in multiple systems.

To view the Education Plus, visit www.lakeofthewoodsschool.org

### Lake of the Woods Activity Fees

Lake of the Woods Bears 2015 - 2016 School Year

#### **Athletic / Activity Gate Fees** and Game Passes

Gate Fees:	
Adult:	\$ 5.00
Student (7-12)	FREE
College Student (w/ college ID)	\$ 3.00
Student (K-6)	FREE
Senior Citizen (65+)	\$ 1.00
Game Passes:	
Adult (all games 2015-16 school year)	\$ 75.00
College Student (w/college ID-all games)	\$ 45.00
Senior Citizen (65+ all games 2015-16 sch	nool year)
	\$ 30.00
*Family Maximum	\$ 200.00
*Consists of individual passes	
*Daggag will be beyond	1 -4 -1

### \*Passes will be honored at all home games EXCEPT Minnesota School League tournaments...

- \*Game Passes will be sold at regular season games and through the District Office...
- \*College students must have a current college/university identification to purchase Make checks payable to: "student game passes"...
- \*Individual "game passes" must be presented to ticket taker's) for entry into games...

For more information please call Jeremiah Kramer, Activities Director at 634 - 2735 ext. 1423.

Lake of the Woods School District **Student Athletic and Activity Fees 2015-2016 School Year** 

	Activity	<u>Grade</u>	
	High School Football	9-12	\$150.00
	Junior High Football	7-8	\$ 75.00
	High School Volleyball	9-12	\$150.00
	Junior High Volleyball	7-8	\$ 75.00
	HS Cross Country	9-12	\$125.00
	Jr. High Cross Country	7-8	\$ 75.00
	High School Basketball	9-12	\$150.00
	Junior High Basketball	7-8	\$ 75.00
	High School Hockey	9-12	\$150.00
	High School Track	9-12	\$125.00
	Junior High Track	7-8	\$ 75.00
	High School Baseball	9-12	\$125.00
	Junior High Baseball	7-8	\$ 75.00
	High School Softball	9-12	\$125.00
	Junior High Softball	7-8	\$ 75.00
ı	High School Golf	9-12	\$125.00
	Junior High Golf	7-8	\$ 75.00
Į.	Sr. High Knowledge Bowl	9-12	\$ 75.00
	Jr. High Knowledge Bowl	7-8	\$ 37.50
	One Act Play	9-12	\$ 37.50
	One Act Play	7-8	\$ 25.00

Maximum Per Family Per Season - \$250.00 Family Maximum Paid Per Year - \$500.00

Lake of the Woods School

Checks or Money Orders may be mailed to: Lake of the Woods School

Attention: Diane Laine P.O. Box 310

Baudette, MN 56623

Cash, Checks, or Money Orders may also be dropped off in the District Office and given to Mrs. Nancy Olson.

**VACANCIES:** Athletic/Activities Coaching 2015/2016 School Year at Lake of the Woods School. No closing date, positions open until filled.

Football Coach (Junior High) **Girls Hockey (Head Coach) Girls Hockey (Assistant Coach)** Girls Basketball (Junior High Coach) **Boys Hockey (Assistant Coach) Baseball (Assistant Coach) Baseball (Junior High Coach)** Track (Junior High Coach) Please contact Brian Novak for more information. Letter/email of application/interest may be sent to: Brian Novak, Activities Director. brian n@lakeofthewoodsschool.org), Lake of the Woods School, P.O. Box 310, Baudette, MN 56623, Fax: 218-634-2750, Phone: 218-634-2735 ext.

L/W Schools is an E.O.E.

**VOLLEYBALL TRYOUTS** August 17, 2015 9:00 a.m.

**High School** Grades 7-12 **CROSS COUNTRY Starts** August 17, 2015 6:00 p.m.

### Lake of the Woods Upcoming Events

August 15	Lake of the Woods Relay for Life
August.24	School Board Meeting
Sept. 8	1st Day of School
Sept. 10	Lakewood Community Dinner
Sept. 28	School Board Meeting
Oct. 15 & 16	MEA - No School
Oct. 26	School Board Meeting
Nov. 9	Deer Day No School
Nov. 10	Community Ed Advisory Council Meeting
Nov. 11	Veteran's Day
Nov. 12 & 19	Parent/Teacher Conferences
Nov. 20	Baudette Chamber Tree Lighting
Nov. 21	L/W Community Education "Holiday Extravaganza"
Nov. 21	Baudette Chamber "Frost Fest"
Nov. 23	School Board Meeting
Nov. 26 & 27	Thanksgiving - No School
Dec. 21	School Board Meeting
Dec. 24 - Jan. 1	Holiday Break

### Lake of the Woods School

### Bears Den

"Best Concession in Northern Minnesota"

### **Open Game Nights**



Menu Items Include Hamburger Cheeseburger Chicken Burger Taco in a Bag French Fries

> Shakes & Much More...



Lake of the Woods School has three Automatic External Defibrillators (AED). The three AED's are located in the cafeteria/commons area, by the multi-purpose gym/pool area and in the east hall of the elementary/high school area.

### **High School Yearbooks**

Contact yearbook staff to order

634-2510 ext. 1404

### Thank you

To all of the area businesses that support Lake of the Woods School and the Education Plus.

For athletics/activities schedule visit www.lakeofthewoodsschool.org

### Fifth grade students should join band

Submitted by Liz Tange

If you have a fifth grade student, this fall they can have their first chance to learn how to play a band instrument. Band instruments include: flute, oboe, clarinet, saxophone, trumpet, trombone, baritone, and percussion. French horn and tuba are also possible.

Students join band because it's fun, they like playing music together, or their parents make them join. Students in band create different brain connections than those who do not play an instrument. These students have shown to score higher on standardized tests, can recall information quicker, and have an easier time thinking critically and creatively.

Mrs. Tange is hosting an instrument showcase in her elementary music room during the school open house Wednesday, September 2nd, at 5:30pm. Information and registration will be available, and students can "try out" some of the instruments!







### Summer Camp Extravaganza!

Submitted by Brenda Nelson

Summer camp has been busy each Tuesday and Wednesday this summer. The students have "traveled" across Europe, South America, and the Middle East learning about many countries. They have been able to experience the geography, culture, art, and write about their studies. Cooking has been popular as students make and eat foods from each country. Computer time has also been popular as students hone their reading and math skills through technology. The library has also been open during summer camp allowing the students access to a variety of books to read over the hot summer days. Each day the children also get to play games from the countries studied, play typical gym days, and have been introduced to the benefits of yoga.

Our "travel in your backyard" portion of summer camp has allowed students to explore our great outdoors and our excellent school forest and pond areas. Students have pulled invasive reeds in the pond and planted bulrushes in their place, studied site plots and the changes in their small piece of land, and found that there were still frog eggs in the pond in the hot days of late July. The children were able to go to Blueberry Hill just before the Williams Wildflower Route to explore that area and the flowers, fauna, and wildlife that make it special. Shooting off rockets, creating animal tracks from plaster, and making paper from pulp have been some of the highlights with our outdoor education piece of our studies.

The summer camp will culminate with an Olympic Games day with an awards ceremony plus a day of fun in the pool.

We would like to thank the many volunteers who have helped make our outdoor education successful. A big shout out to the DNR staff from both Williams and Baudette and Lake of the Woods Soil and Water for all they do for our summer programming.



### NO HUNTING

"Under M.S. 609.66 Subd. 1d., it is a felony to hunt on school owned land when students are present for school related activities."

For Community Ed activities visit www.lakeofthewoodsschool.org

# Lake of the Woods Community Education "Koliday Craft & Vendor Extravaganza" November 21, 2015

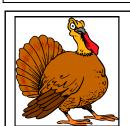
Lake of the Woods Community Education and The Baudette-Lake of the Woods Chamber of Commerce are teaming up again this year to kick off the holiday season in grand style. The Holiday Craft and Vendor Extravaganza hosted by Community Education and the Chamber, will hold its Frost Fest kick-off celebration on the same day. Both organizations are excited to be working together to bring the area a great way to kick off the holiday

The Holiday Craft and Vendor Extravaganza will be held in the Lake of the Woods School Commons and Main Gym on Sat, Nov 21, 2015 from 9am-3pm. Last year over 80 vendors were on hand with about 800 people registering for door prizes. Each year, the Holiday Extravaganza has grown, so this year promises to be bigger and better than ever. In addition to craft and vendor booths, the event will feature a visit from Santa, children's activities (sponsored by 4-H), a "Just for Kix" performance, Turkey Bingo (sponsored by Lake of the Woods Women of Today), door prizes, and a food booth operated by the Lady Laker Junior Volleyball Teams.

If you are interested in a booth or for more information on this event, contact Cece Charlton at 218/634-2735, ext 1504, 218/766-3242, cell or email her at cece c@lakeofthewoodsschool.org or Lisa Beckstrand at 218/634-2735, ext 1101 or email her at lisa b@lakeofthewoodsschool.org.

The fun will continue on November 21st but the action will shift to downtown Baudette as the Chamber of Commerce hosts their Frost Fest 2015 kick-off. Merchants will be offering special deals all day. In addition, several activities are planned including another visit from Santa, sleigh rides, the annual Holiday Light and Fish House Parade, Community Dinner and Dance, Silent Auction, caroling, a Downtown Window Walk, the Community Tree

The Northern Light Region will have more information closer to the event and check www.lakeofthewoodsmn.com for more details. Questions and inquiries can also be directed to committee chairpersons, Mike Hovde at 218-434-0273 or Karoline Ketchum at 218-929-7160.



**TURKEY BINGO** Sponsored by Women of Today "Holiday Craft & Vendor Extravaganza November 21, 2015 ITV Room—1:30-3:00 p.m.



Frost Fest 2015

Kicks off Saturday, November 21, 2015

Holiday Craft & Vendor Extravaganza ~ Lake of the Woods School Commons **Downtown Window Walk!** Holiday Light & Fish House Parade! **Promotions & Sales at Area Businesses!** Community Dinner! Dance! Silent Auction!

Caroling! Annual Tree Lighting! **VISITS WITH SANTA!** 

Horse-Drawn Sleigh Rides! And More! And the fun continues through the season with

FREE MOVIE SATURDAYS AT THE GRAND THEATER! CHAMBER OF COMMERCE **OPEN HOUSE! CHAMBER BUCKS GIVEAWAYS!** 

More details and information will be coming soon...watch for it in the local papers and www.lakeofthewoodsmn.com!





### Holiday Craft & Vendor Extravaganza" **Schedule of Events (Tentative)**

**Craft & Vender Sale** 9 a.m.-3 p.m.

Commons & Main Gym

**Concession - Commons** Lady Laker JO Volleyball

"Just for Kix" 1 p.m.

Dance Performance - Gym

1:30-3 p.m. **Turkey Bingo ITV Room** 

2 p.m. Santa Visits & Kids

Crafts (4-H)

Door prizes drawn throughout the day.







To view your student's lunch account balance, visit www.lakeofthewoodsschool

### **Triple A Booster Club Has Spirit!**

and Athletics.

Established as a 501© (3) non-profit orthe financial manager for the funds raised by each of its Group Accounts and also conducts its own fundraising to help support those groups and to sponsor other events and activi-Currently, the organization manages funds for and helps supplement the funding needs of over thirty Group Account holders, such as Choir, Hockey, Knowledge Bowl, and Special Olympics. Requests by individuals or August. other organizations for contributions to support Academics, Arts, or Athletics are consid-

Triple A Boosters also sponsor events and School and the communities it serves.

Triple A Booster Club provided the sign year. on Highway 11 and the banner in the gym

Over the years Triple A Booster Club has celebrating the success of our State Volleyball shown its school spirit by supporting the edu- championship team. Working with Dollars cation and development of students in grades for Scholars, the Boosters have been able to 7 through 12, in the areas of Academics, Arts, provide scholarships to graduating seniors. They have also worked with National Honor Society students to create a school calendar of ganization, Triple A Booster Club serves as events, including the dates of sporting events, choir and band concerts, dates of parent/ teacher conferences, and school testing dates. Although a large portion of the Club's general fund comes from the sale of advertising space in the events program used at athletic and other school-related events, sales of the calendars serve as another source of revenue. The 2015-2016 calendar will be available in late

Being active with the Triple A Booster Club is a great way for parents and community members to become involved in more aspects of student activities. New ideas are activities that benefit Lake of the Woods always welcome! Meetings are held the second Wednesday of each month throughout the



### A message from Amy Potts, your Box Tops Coordinator.

Welcome back to school! My name is Amy Potts and I'm thrilled to be the Box Tops for Education<sup>TM</sup> Coordinator for Lake of the Woods School. Clipping Box Tops is an easy way for you to help our school earn cash. Last school year, we earned \$1,200 and used the money to purchase a variety of school supplies and educational materials as well as incentives for students. This school year, our school's earnings goal is \$1,500. Are you a Box Tops member? Sign up at www.BTFE.com to stay updated on our school's earnings and find a full list of hundreds of participating products. Members also receive exclusive coupon offers and recipes and can learn about extra ways for our school to earn more

If you have any questions, please don't hesitate to contact me at amy p@lakeofthewoodsschool.org or 218-634-2056 ext 1553. I'm here to make our school's Box Tops for Education program a huge success this year. Thanks for your help

### "Save the UPC Bar Codes"

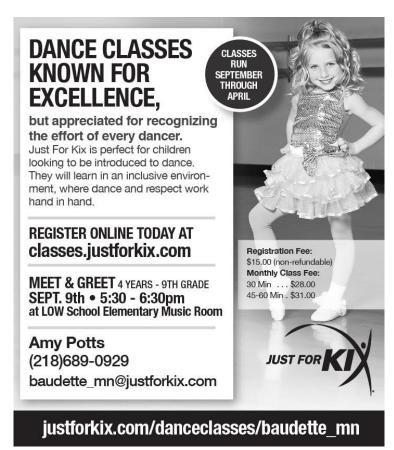
Lake of the Woods School continues to collect UPC bar codes from both 'Campbell's Labels for Education" products and "Our Family Labels for Learning" products. These are two separate programs that both benefit the school in many different ways.

"Campbell's Labels for Education" UPC bar codes are worth points for each bar code are turned in, and the school is allowed to order numerous items with different point values from a catalog that the company provides. All items in the catalog are school related, from band instruments to gym equipment.

"Our Family Labels for Learning" UPC bar codes are worth 5 cents a piece. A bundle of 500 will earn the school \$25.00 in cash. Often they will run a promotion where each bar code is worth 10 cents a piece.

The main thing to remember is save the "UPC bar code" on both programs. We no longer save the front of the label for either program. If everyone in the surrounding area would do this, it would help provide many different products and items for our students that attend Lake of the Woods School. Simply cut, save and turn the "UPC bar codes" into the school, L/W Foods or the Brink Center.





To view the Education Plus, visit www.lakeofthewoodsschool.org



the online payment processing system, PaySchools.

the school's web site at www.lakeofthewoodsschool.org and pay for school-related fees and products online, either by e-check or MasterCard, Visa or Discover cards. The parent will immediately receive an e-mail receipt confirming their purchase(s). PaySchools does not save or store bank or credit card information to ensure privacy and security for users.

PaySchools offers parents the ease of being able to make purchases 24 hours a day/7 days a week, the security of knowing the school has received payments, the protection of sensitive account and click the "Pay Online" link on the left side of the page. If you information [credit card and bank account numbers are not stored in have any questions please call 634-2510 ext. 1505. the database], and the convenience of having records of purchases

It's the mark of our times: the merging of the Internet with our and payments available online. Schools save significant labor costs day-to-day business. The Lake of the Woods School District offers by reducing manual processing of payments and handling fewer checks.

Through this system, parents can access PaySchools through Items that may currently be purchased online include:

- Athletic Fees
- Community Education Fees
- ECFE
- School Meal Account
- School Fees
- Weight Room Fees

To make payments log onto www.lakeofthewoodsschool.org





### **2015-2016** Meal Prices

Lunch cost for an elementary student is \$2.10 and the lunch cost for a high school student is \$2.50.

Breakfast cost for both elementary and high school students has not increased and the cost is \$1.00. Students approved for reduced meals receive free breakfasts.

A student that qualifies for reduced meals will pay \$.40 for lunch and breakfast is free.

Adult prices are: \$1.80 breakfast and \$3.60 lunch.



### **Summer Food Program**

Lake of the Woods School participated in the Minnesota State Summer Food Program again this year. Meals were provided to all children under the age of 18 without charge. Meals met the nutritional standards established by the U.S. Department of Agriculture (USDA.) Meals were served on Tuesdays and Wednesdays starting on June 2 and will end on August 12. Meals were served in the Lake of the Woods Commons to about 70-90 children per day depending on the activities that were scheduled

Acceptance and participation requirements for the program and all activities are the same for all regardless of race, color, national origin, gender, age or disability.







### "Healthy Hunger-Free Kids

The "Healthy Hunger-Free Kids Act" went into effect July 1, 2012. This is changing how Vegetables: school lunch is planned and what students must take as they go through the line. The pre- K-8<sup>th</sup>- <sup>3</sup>/<sub>4</sub> cup per day (3 <sup>3</sup>/<sub>4</sub> cup per week) vious combined fruit and vegetables group has been divided into a separate fruit group 9-12<sup>th</sup>-1 cup per day (5 cups per week) and a separate vegetable group. Changes in the meat/meat alternate and grains have also Additional vegetable requirements: taken place. The minimum following must be offered each day:

### Milk:

Must be skim or 1 %.

### **Meat/Meat Alternate:**

K-5<sup>th</sup>- 1oz equiv per day, (8-10 oz per week)  $6-8^{th} - 1$  oz equiv per day, (9-10 oz per week)9-12<sup>th</sup>-2 oz equiv per day, (10-12 oz per week)

### Grains: (> 50% must be whole grain-rich)

K-5<sup>th</sup>-1 equiv per day,( 8-9 per week)=(a decrease of 2 equiv ) 6-8<sup>th</sup>- 1 equiv per day, (8-10 per week) = (a decrease of 2 equiv) 9-12<sup>th</sup>-2 equiv per day, (10-12 per week) = (a decrease of 3 equiv)

K-8<sup>th</sup>-1/2 cup per day 9-12<sup>th</sup>- 1 cup per day

Dark green - ½ cup per week

Red Orange-3/4 cup per week for K-8 and 1 ½ cup for 9-12<sup>th</sup>

Legumes (Beans/Peas)-1/2 cup per week

**Starchy**:(corn,potatoes,green peas)1/2 cup per week

Other Vegetables-(cabbage, celery, green beans, etc.) 1/2 cup per week for K-8<sup>th</sup>, 3/4 cup per week for 9-12<sup>th</sup>

Calories averaged over a week must be within the following ranges:

 $K-5^{th} - 550-650$  daily

6-8<sup>th</sup>-600-700 daily

9-12th-750-850 daily

STUDENTS MAY STILL TAKE ONLY THREE ITEMS FOR LUNCH BUT ONE

**OF THE ITEMS MUST BE A FRUIT OR VEGETABLE!** 

To view the breakfast and lunch menus, visit www.lakeofthewoodsschool.org

### Lake of the Woods School Food Service

Brenda Wahl, Food Service Director & Cece Charlton Food Service Coordinator

that qualify for reduced meals will receive breakfast and lunch free.

sent home monthly with elementary stu- state does not allow the district to make any Box 310, Baudette, MN 56623. The Lake place it in an envelope with the students dents and are available in the district, ele- other substitutions, such as juice to lactose of the Woods School District also offers the name on it. Staff and students are required mentary and high school offices. Menus are intolerant students. Milk may be purchased online also available online on the school's website for 25 cents a carton for students bringing PaySchools. www.lakeofthewoodsschool.org. Parents/ lunch from home. If your child has any anytime during the school year.

As per government regulations, Lake of Shaw. the Woods School incorporates a feature

school to provide a lactose-free milk with a school year. Please make checks payable to each students name and how you want the Menus for breakfast and lunch will be written request from a parent/guardian. The Lake of the Woods School, and mail to P.O. money divided. If sending cash, please

free breakfast again this year. Families ered when taking less than the entire meal. of school to alleviate the constraints stu- more than one student in school, you may State law specifies the responsibility of a dents experience those first few days of the send one check and in the memo area write payment processing

guardians are invited to have lunch at school food allergies, please contact, Brenda Wahl bility for parents/guardians to look up their in the school meal programs. Balances are in Food Service and our school nurse, Tierra meal account balance on our school website: rolled over from one year to the next. www.lakeofthewoodsschool.org.. Click on The district uses an Individual Meal Ac- Food Services, "account lookup" enter pin for checking their meal balances. Stucalled "Offer vs. Serve." This program re- counting System NOT FAMILY AC- number, your account information is now dents receiving free/reduced meals must quires the student to select a minimum of COUNTS where each student has their own available. Each student knows his/her pin have money in their account for a milk if three of the five food components included account which records all meal payments number. Please call 634-2735 ext. 1504 if they bring a lunch from home. Milk is in the lunch program and three of the four and purchases. Meal accounts must have you need your student's pin number. not free. food items on the breakfast menu. The por- money in the account in order for the stu- Payments can be sent with the individual tions of all the food items will be the same dent to use it. We encourage parents/ student. If sending a check, please include

All Kindergarten students will receive and the price of the meal will not be low- guardians to pay in advance of the first day the students name and PIN#. If you have system, to PREPAY for breakfast/lunch and extra milks. A positive balance must be estab-Lake of the Woods School has the capa- lished in the account to allow participation

Students and parents are responsible



meals. To determine if you identified in any way. qualify, please complete the free/reduced priced meals are

plication must be submitted each year. A student transferring from another school dur- rolled in the free and reduced meal program is kept confidential. ing the school year must fill out an application for this district. The family must have money in the student's account in order for the student to eat while the application process information on our food service program, call Cece at 634-2735 ext. 1504.

Your children may qualify takes place. Please fill out the form and return the application to the Food Services defor free or reduced-price school partment. The information is confidential, and students who receive the benefits are not

The district Food Service Office will review applications on a timely basis, however, it Application for Educational may take 7-10 days for an application to be reviewed and a response sent to the parents/ Benefits and return the complet- guardian. You will be notified by mail when your application is approved. Benefits from ed form to the Food Service the previous school year will be carried over until October 20, 2015. Any family Applications for that has not reapplied by October 19, 2015 will be changed to full priced meals.

Applications may be completed at any time throughout the year. You may reapmailed to every household in the ply at any time during the school year, whenever your situation changes (income, district in August and are available in the district, elementary and high school offices, on family size.) Funding for several educational programs is based on the number of the school web site or call 634-2735 ext. 1504 and one will be mailed to you. A new ap- students who qualify for free and reduced meals. Information regarding who is en-

If you have any questions about free and reduced applications or would like additional

Nondiscrimination statement: The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal and, where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint\_filing\_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing, or have speech disabilities and wish to file either an EEO or program complaint please contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (in Spanish). Persons with disabilities who wish to file a program complaint, please see information above on how to contact us by mail directly or by email. If you require alternative means of communication for program information (e.g., Braille, large print, audiotape, etc.) please contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). USDA is an equal opportunity provider and employer.

### **Breakfast at School**

Mornings can be really crazy! The alarm doesn't go off, the kids don't want to get up, the Woods School cost \$1.00 for both elementary and high school students. If you qualify sounds like your house, we have good news for you.

Breakfast is available at school! Take advantage of this option to ensure your child eats a nutritious breakfast. Recent studies show a link between nutrition and learning. A nutritious breakfast helps students be more alert so they can actively participate in class. Breakfast has vitamins and nutrients for a strong and healthy body.

Breakfast at school is affordable, too. A full breakfast costs less than convenience store items. All Kindergarten students will receive free breakfast again this year. Families that qualify for reduced meals will receive breakfast and lunch free. Breakfast at Lake of

there's no time to eat breakfast before the bus comes or they're just not ready to eat. Or for free and reduced price meals, you also qualify for the breakfast program, with no addimaybe your teenager grabs a can of soda and a candy bar on the way to school. If this tional paperwork. If you qualify for reduced meals, breakfast is free. Nowhere else will you find a balanced breakfast at such a low cost.

So take advantage of this opportunity to start the day on the right foot. Your child will find breakfast at school provides not only a nutritious meal but also a relaxed atmosphere for socializing with friends and siblings.

### 2015-16 Elementary Supply List

year); 2 bottles of Elmer's Glue (glue-all works best); 1 homework dozen glue sticks (Dollar Store brands do not work well); 1 (Velcro is great!).

box (5 in. x8 in.), scissors, eraser, 2 boxes of 24 crayons (no books, 1 package wide ruled loose leaf notebook paper, 1 earbuds (headphones.) markers please), 1 bottle white school glue, 2 glue sticks, 2 folders (one needs to be strong plastic type); 1 wide ruled School bag or backpack spiral notebook, 1 wide ruled composition notebook, gym shoes, school bag or backpack, 1 large box of facial tissues.

(only) box of crayons, 4 large composition notebooks (not Several packages of pencils (enough to last all year),1 ruler cils, 1 scissors, 1 pack assorted colored markers, 1 box spiral), white school glue, 4 large glue sticks, 3 yellow (please be sure it has inches and centimeters), 2 glue sticks, Kleenex tissue, 1 pack of index cards, 1 protractor highlighters, 12" wooden ruler with inches and centimeters. I pair of scissors, 1 box of crayons, 1 box of markers, 1 box 4 plastic folders (1 red, 1 green, 1 blue, 1 black),  $1 - 1\frac{1}{2}$ " 3 of colored pencils, 1 small manual pencil sharpener (to

Kindergarten – 3 boxes of eight count crayons; 1 dozen ring plastic covered binder (no larger, no Trapper Keepers), keep in desk), 2 large boxes of facial tissue pencils (Dixon-Ticonderoga works best); 1 Fiskar brand large pink erasers and pencil top erasers, 1-2 pocket pencil \*Optional Items\* 1 container of Clorox wipes, 1 roll of tape children's scissors; 1 plastic school box (large enough for 1 pouch, 1 large plastic pencil container, scissors, colored (to keep in desk) box crayons, 1 glue bottle, several pencils, a glue stick, 1 pencils, wide tipped markers, 1 large box of facial tissue, And last but not least, a smile to start out the school year! large eraser, and a pair of scissors); 2 plastic folders; 1 school bag or backpack (no wheels, they do not fit in lock- \*\*\* Please note: If you do not have a ruler at home, please backpack that accommodates folders and winter gear; 1 ers), gym shoes. It is a good idea to have a few of these purchase two, so one can be left home (it will be needed for beach/bath towel for rest time (no mats will be allowed this supplies at home so your child will be able to do their math homework).

complete change of clothing to be kept in their locker; 1 Grade Three - 48 pencils, Small pencil sharpener loose leaf notebook paper, 4 plastic pocket folders, 1 - 1/2"pair of tennis shoes that can easily be taken off and on (inexpensive type), 1 pack of colored pencils, 1 pack of 1" 3 ring binder, 2 composition book, 2 boxes regular lead markers, 1box of color crayons, Scissors, 2 bottles school pencils, 1 jumbo glue stick, 1 pencil box, scissors, 2 boxes glue, 1 glue stick, pencil box, 4 two pocket folders, 2 wide of facial tissue, 1 box of crayons, 1 highlighter marker, 1 Grade One - 24 pencils (not plastic coated), plastic pencil ruled composition notebooks, 2 wide ruled spiral note- pack of markers or colored pencils, gym shoes, 1 pair of large box of facial tissues, Shoes appropriate for gym,

Grade Four - 6 spiral-bound notebooks (wide-ruled), 2 ruled notebooks- 3 subject, 2 glue bottles, 500 sheet three pkgs. loose leaf paper (wide-ruled), 6 folders (preferably hole punched lined paper, Calculator with square root func-Grade Two - 36 Dixon Ticonderoga pencils, 24 count plastic), 1 three-ringed binder, 1 composition notebook, tion, 2 boxes of pencils, 1 large eraser, 1 pack colored pen-

Grade Five – 4 spiral notebooks,2 packages wide ruled

**Grade Six** – 1 plastic folder, One 2 inch ring binder, 1 pack highlighters, 3 college ruled notebooks, 1 spiral college

### 7-12 Mathematics Students

All students in 7-12 mathematics classes will need a scientific calculator. While it does not have to be a graphing calculator but it should be capable of operations with fractions and negatives







**High School Yearbooks** Are on sale now! Contact yearbook staff to order 634-2510 ext. 1404

### **Elementary Yearbooks** for sale \$12.95

Contact Mrs. Cynthia Hanson at ext. 1552

Past yearbooks are also available-prices vary due to age of yearbooks.

### Thank you!

To all the area businesses that support the Lake of the Woods School and the Education Plus.

### Triple A Booster Club

meets the 2nd Wednesday of each month in the L/W School Commons at 5:30 p.m. Everyone is welcome to attend.



AND NEED A RIDE TO GET TO THEM?

- **BOYS & GIRLS CLUB** 
  - SWIMMING
- SUMMER SCHOOL
- MUSIC LESSONS
  - LIBRARY
    - WORK
  - SPORTS

Paul Bunyan Transit will be providing rides from June thru August

AT NO COST

to students K thru 12 from 7:30AM-4:30PM. Radius of 4 miles of the city of Baudette.

Call 218-463-3238 or 844-452-0407 Ext. 1 then 1 to see if you are in our service area and book your ride!

Lake of the Woods School has three Automatic External Defibrillators (AED). The three AED's are located in the cafeteria/commons area, by the multi-purpose gym/pool area and in the east hall of the elementary/high school area.

To view your student's lunch account balance, visit www.lakeofthewoodsschool.org

### Smart Snacks in Schoolusda's "All Foods Sold in Schools"

USDA recently published practical, science-based nutrition standards for snack foods and beverages sold to children at school during the school day. The standards, required by the Healthy, Hunger-Free Kids Act of 2010, will allow schools to offer healthier snack foods to children, while limiting junk food.

The health of today's school environment continues to improve. Students across the country are now offered healthier school lunches with more fruits, vegetables and whole grains. The Smart Snacks in School standards will build on those healthy advancements and ensure that kids are only offered tasty and nutritious foods during no added sweeteners.

Smart Snacks in School also support efforts by school food service staff, school administrators, teachers, parents and the school community, all working hard to instill healthy habits in students.

**Nutrition Standards for Foods** 

- Any food sold in schools must:
- Be a "whole grain-rich" grain product; or
- Have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food;
- Be a combination food that contains at least ½ cup of fruit and/or vegetable; or
- Contain 10% of the Daily Value (DV) of one of the nutrients of public health concern in the 2010 Dietary Guidelines for Americans (calcium, potassium, vitamin D, or dietary fiber).\*

### Foods must also meet several nutrient requirements:

Calorie limits:

- ° Snack items: ≤ 200 calories
- ° Entrée items: ≤ 350 calories

Sodium limits:

- ° Snack items: ≤ 230 mg\*\*
- ° Entrée items: ≤ 480 mg

Fat limits:

- ° Total fat: ≤35% of calories
- ° Saturated fat: < 10% of calories
- ° Trans fat: zero grams

Sugar limit:

° ≤ 35% of weight from total sugars in foods

\*On July 1, 2016, foods may not qualify using the 10% DV criteria. \*\*On July 1, 2016, snack items must contain ≤ 200 mg sodium per item

Smart Snacks in School: USDA's "All Foods Sold in Schools" Standards

**Nutrition Standards for Beverages** 

- All schools may sell:
- Plain water (with or without carbonation)
- · Unflavored low fat milk
- Unflavored or flavored fat free milk and milk alternatives permitted by NSLP/SBP
- 100% fruit or vegetable juice and
- 100% fruit or vegetable juice diluted with water (with or without carbonation), and
- Elementary schools may sell up to 8-ounce portions, while middle schools and high schools may sell up to 12-ounce portions of milk and juice. There is no portion size limit for plain water.
- Beyond this, the standards allow additional "no calorie" and "lower calorie" beverage options for high school students.
- No more than 20-ounce portions of
- · Calorie-free, flavored water (with or without carbonation); and
- Other flavored and/or carbonated beverages that are labeled to contain < 5 calories per 8 fluid ounces or ≤ 10 calories per 20 fluid ounces.
- · No more than 12-ounce portions of
- Beverages with ≤ 40 calories per 8 fluid ounces, or ≤ 60 calories per 12 fluid ounces.

#### Other Requirements

Fundraisers

- The sale of food items that meet nutrition requirements at fundraisers are not limited in any way under the standards.
- The standards do not apply during non-school hours, on weekends and at offcampus fundraising events.
- The standards provide a special exemption for infrequent fundraisers that do not meet the nutrition standards. State agencies may determine the frequency with which fundraising activities take place that allow the sale of food and beverage items that do not meet the nutrition standards.

Accompaniments

- · Accompaniments such as cream cheese, salad dressing and butter must be included in the nutrient profile as part of the food item sold.
- · This helps control the amount of calories, fat, sugar and sodium added to foods by accompaniments, which can be significant.



Frohreich & Molberg Construction Company has been your trusted custom homes and remodeling authority for over 35 year.

Contact us today at 218) 368-2785 for quality and dependable home improvement, remodeling and other related services.

3515 16<sup>th</sup> Street NW Baudette, MN 56623 (218) 368-2785

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Lake of the Woods Relay for Life August 15, 2015 2:00 p.m. - Midnight Baudette Fairgrounds

One of the activities that the Lake of the Woods School team will have at the event is the "bouncy horse". Hot dogs are on the menu!



1																					
		2015-2016																			
		8)	August         September (17)         October (20)         November (18)																		
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Sept. 7th - Labor Day

Sept. 8th - First Day of Classes

Oct. 15th & 16th - MEA Nov. 9th - Deer Day

Nov. 11th - Veteran's Day

Nov. 26th & 27th - Thanksgiving

Dec. 25th - Christmas

Jan. 1st - New Year's Day

Jan. 18th - MLK Day (DATA RETREAT)

Feb. 15th - Presidents' Day March 25th - Good Friday

March 28th - Easter Monday

May 27th - HS Graduation

May 30th - Memorial Day

Fall Parent/Teacher Conferences - November 12th & 19th from 3:30-7:00 p.m. Spring Parent/Teacher Conferences—April 7th & 14th from 3:30-7:00 p.m

Quarter 1 ends November 6th - 42 days Quarter 3 ends March 24th - 43 days

Quarter 2 ends January 22nd - 44 days Quarter 4 ends May 27th - 43 days

Calendar needs to be 172 student contact days and 8 teacher in-service days (4P/T

Conferences, 2 inservice



# Open Enrollment at L/W School...

Have you thought about enrolling your student at Lake of the Woods School? Do expanded electronic science curriculum you have questions about transportation or questions about the school? If so, please contact Superintendent Jeff Nelson at 218/634-2510 ext. 1501 or Brian Novak, High plement classroom activities and provide challenging experiences for gifted and talent-School Principal at 218/634-2735 ext. 1420 with your questions. They will be happy ed students. to discuss the transportation options we have available for those who live in the sur-Lake of the Woods School was named one of the top schools in the nation in U.S. to technology, and numerous co-curricular and extracurricular activities. News & World Report?

elementary/high school classrooms to promote digital teaching and learning and an ment for a child to learn and grow.

Lake of the Woods School has an excellent enrichment program to enhance and sup-

The High School offers College in the Classroom, AP classes, curriculum supported rounding area and answer any of your questions about our school. Did you know that by Project Lead the Way, on-line classes to meet individual needs, tremendous access

If you are interested in enrolling your student at Lake of the Woods School and have At Lake of the Woods school we offer All Day Every Day Kindergarten, instruction questions about the school or would like to schedule a tour please call today for more and curriculum geared to meet the needs of individual students, "SMART boards in information. Lake of the Woods School provides a purposeful and enriching environ-



# Reasons to Join S.T.U.D.s

- \* Fun Activities!
- \* Doing Good things for the Community and/or School
- \* It looks Great on a College Application!
- \* Have the Chance to Work With Younger Kids who Look Up to You
- \* Learn about and Practice Being a Good Leader
- \* Hang out with Friends
- \* Plan Interesting Activities (Like the "Lock-In" or a Black Light Dance)
- \* It is a FREE ACTIVITY
- \* You get to go on a Trip(s)
- \* It looks Great on a Job Application!
- \* Because You Believe that Having Fun Doesn't Have to Involve Alcohol, Tobacco or Other Drugs.
- \* Your Parents might be Proud of You.
- \* You Could be in a Radio or Newspaper Ad
- \* You Could get to be on a Poster or a Billboard
- \* Because S.T.U.Ds is a Cool Name
- \* To Learn about New Career Opportunities
- \* Help Create New Posters or Ads
- \* Why Not???
- Get to Play Sumo Basketball or Slip-N-Slide
- \* Help with Frost Fest or Willie Walleye Day, or 4<sup>th</sup> of July Activities
- \* And Sooooo Much More!!!!







For the pool schedule visit www.lakeofthewoodsschool.org

# INFORMATION FOR PARENTS



# IF YOUR FAMILY LIVES IN ANY OF THE FOLLOWING SITUATIONS:

In a shelter

In a motel or campground due to the lack of an alternative adequate accommodation

In a car, park, abandoned building, or bus or train station

Doubled up with other people due to loss of housing or economic hardship

Your school-age children may qualify for certain rights and protections under the federal McKinney-Vento Act.

#### Your eligible children have the right to:

- Receive a free, appropriate public education.
- Enroll in school immediately, even if lacking documents normally required for enrollment.
- Enroll in school and attend classes while the school gathers needed documents.
- Enroll in the local school; or continue attending their school of origin (the school they attended when permanently housed or the school in which they were last enrolled), if that is your preference and is feasible.
  - \* If the school district believes that the school you select is not in the best interest of your children, then the district must provide you with a written explanation of its position and inform you of your right to appeal its decision.
- Receive transportation to and from the school of origin, if you request this.
- Receive educational services comparable to those provided to other students, according to your children's needs.

If you believe your children may be eligible, contact the local liaison to find out what services and supports may be available. There also may be supports available for your preschool-age children.





Local Liaison
Joyce Beckel, LSSW
218-634-2510 ext, 1554

State Coordinator Roberto Reyes 651-582-8302

If you need further assistance with your children's educational needs,
contact the National Center for Homeless Education:

1-800-308-2145 \* homeless@serve.org \* www.serve.org/nche

### **HELP WANTED**

#### Lake of the Woods is looking for lifeguards.

Lifeguard Job Requirements A minimum of 15 years old. Have or obtain Lifeguarding, CPR/AED and First Aid certifications. As a lifeguard, your primary responsibility is to maintain a safe swimming environment by enforcing all rules and regulations of the pool and surrounding area. In addition to rule enforcement, a pool lifeguard may be responsible for chemical maintenance and record-keeping. A lifeguard is also responsible for inspecting the facility on a daily basis and reporting any unsafe conditions or faulty equipment to the office. Certification training will be provided Must pass a criminal background check. A lifeguard is a fun and flexible position that can be the perfect job for high school students, college students and adults with flexible schedules. Applicants may pick up an application in the District Office or found on district website at: http:// lakeofthewoodsschool.org click on Job Opportunities to download and complete an Employment Application. Please send application to Nancy Olson, Human Resources, Lake of the Woods Schools ISD #390, PO Box 310, Baudette, MN 56623. If you have any questions, call Lisa Beckstrand at 218/634-2735 ext. 1101. L/W ISD #390 is an E.O.E.

Lake of the Woods School is looking for para professional substitutes. This position is 6.75 hrs/day, wage is \$9.25/hour. Applicants may pick up an application in the District Office or found on district website at: http://lakeofthewoodsschool.org click on Job Opportunities to download and

complete an Employment Application. Please send application to Nancy Olson, Human Resources, Lake of the Woods Schools ISD #390, PO Box 310, Baudette, MN 56623. L/W ISD #390 is an E.O.E.

**Lake of the Woods School has openings for a full time bus driver and substitute drivers.** The school district will assist with paid training and physicals. Applications may be picked up in the District Office or at the school website: www.lakeofthewoodsschool.org Please apply to Lake of the Woods School, Nancy Olson, Administrative Assistant, P.O. Box 310, Baudette, MN 56623. If you have any questions, call Reed McFarlane/Transportation Supervisor at 218/634-2735 ext. 1302 or 218/766-3814. Sub pay is \$40.00/route. L/W #390 is an E.O.E.

**POSITION OPEN**: Lake of the Woods Elementary School has a part -time Enrichment Coordinator opening for the 2015-2016 School Year. This is a 15-20 hour per week position with a flexible schedule with some evening, weekend hours possible. Salary is negotiable, but will range from \$18/hour to \$25/hour based on credentials and experience. For additional information contact Mr. Jeff Nelson, Elementary Principal/ Superintendent at 218-634-2510 ext. 1514 or

jeff\_n@lakeofthewoodsschool.org If interested please submit: Letter of Application, resume, transcript, copy of MN Licensure, 3 current letter of reference. Visit district website at: <a href="http://lakeofthewoodsschool.org">http://lakeofthewoodsschool.org</a> click on Job Opportunities to download and complete an Employment Application. You may also contact Nancy Olson @218-634-2735 ext. 1501 or email at <a href="mailto:nancy\_olson@lakeofthewoodsschool.org">nancy\_olson@lakeofthewoodsschool.org</a> to request an application. Send the above information to: Nancy Olson, Human Resources, L/W School ISD #390, PO Box 310, Baudette, MN 56623. Position open until filled. Lake of the Woods ISD #350 is an Equal Opportunity Employer.

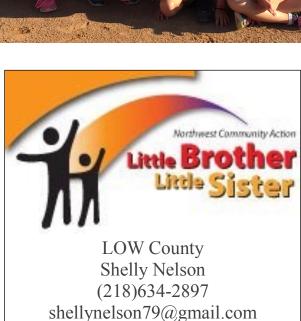
POSITION OPEN: Lake of the Woods Elementary School has 6.75 hours/day Title 1 Mathematics/Special Education Paraprofessional opening. Qualifications: Candidates must meet "highly qualified" standards set by Minnesota Department of Education. For additional information contact Mr. Jeff Nelson, Elementary Principal/Superintendent at 218-634-2510 ext. 1514 or <a href="mailto:jeff\_n@lakeofthewoodsschool.org">jeff\_n@lakeofthewoodsschool.org</a> If interested please submit: Letter of Application, resume, transcript, copy of MN Licensure, 3 current letter of reference. Visit district website at: <a href="http://lakeofthewoodsschool.org">http://lakeofthewoodsschool.org</a> click on Job Opportunities to download and complete an Employment Application. You may also contact Nancy Olson @218-634-2735 ext. 1501 or email at <a href="mailto:nancy\_olson@lakeofthewoodsschool.org">nancy\_olson@lakeofthewoodsschool.org</a> to request an application. Send the above information to: Nancy Olson, Human Resources, L/W School ISD #390, PO Box 310, Baudette, MN 56623. Position open until filled. Lake of the Woods ISD #350 is an Equal Opportunity Employer.

To view the breakfast and lunch menus, visit www.lakeofthewoodsschool.org

# Lake of the Woods School Community Ed Summer Ball











Cooperative Exchange

Fertilizer Sales
Chemical Sales
Seed Sales

Seed Cleaning
 Fertilizer Application
 Grain Marketing
 275 State Highway 11 East Williams, MN 56686
 218/783-2215

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# Andy's

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LP TANK EXCHANGE • GAS • DIESEL

Vehicle Repair Shop - Cars & Semis!

Coffee Bar, Groceries & Snacks, Cleaning Products, Greeting Cards, and Lottery Retailer

Hours:

Mon-Fri 7:30 am-6 pm Sat 7:30 am-3 pm Sun Closed

### Trap Shooting Club

Submitted by Bob Laine

The Lake of the Woods High School Trap Team competed in the Annual Trap Shoot- er than our score from a year ago. ing Championships in Alexandria on Friday, June 12th. We moved up a class this year shoot about a 440 or an average of 22 for each round. At the end of our shooting we shot thank you to all the people who help sponsor our team. a 238 and all 7 shooters shot their season bests. I don't think you can ask much more than that. We finished 24th in the varsity division for our class and the 438 was 24 birds high-

Eighth grader McKale Risser set a team record breaking 94 of 100 clays for the tourdue to our size but we expected to compete well. I was hoping for a top 20 finish at state nament which breaks Kyle Hanson's record of 93. As I said before, we brought a very this year. We had a young team head down this year with only two seniors and only 2 young team down and I think we have the chance to be even better next season. Matt shooters who had competed before at the state meet. Going down I thought we could Grover and I would like to thank all the participants this season for a great year and a big



# Colorado Youth Hunt Essay Contest Elk~Mule Deer~Antelope Sponsored by Elkhorn Outfitters and the Lake of the Woods Take a Kid Fishing



Open to all past and present participants in the Lake of the Woods Take a Kid Fishing Event, ages 12-17 Must possess a Firearms Safety Certification

Hunts available Mon-Fri, October 20-December 7, 2014

Hunt includes: 5-day horseback hunt, Colorado hunting license, room and board for youth and chaperone. Does not include: Transportation to and from Craig, CO., game processing and guide gratuity.

In your own words tell us.....

\*What you liked about the Take a Kid Fishing event,

\*Why you would like to go on the Elk Hunt.

\*What you have done to make your community a better place. (this will count for 50% of the winning essay)

Please mail essays to: The Rotary Club, Attn: Mike Larson, P O Box 411, Baudette, MN 56623 no later than September 5, 2014 Winner will be chosen on September 15, 2014 Questions can be directed to Reed McFarlane at 218-766-3814 Mike Larson at 218-434-0822 or Tim Lyon at 218-556-0220

### Take a Kid Fishing - 2015

The 2015 Lake of the Woods Take a Kid Fishing event took place on Wednesday, June 17, 2015 at Sportsman's Lodge on beautiful Lake of the Woods! This will marked the 18th year that the Lake of the Woods Chapter has hosted this event. We entertained approximately 120 kids between 9 - 14 years of age. This program is designed to teach kids the joy of fishing - a lifelong activity! The day began with all participants meeting out at Sportsman's Lodge at 9 a.m. and meeting up with their guides for the day. Each young fisherman or fisherwoman received a bag of goodies, which includes pop, snack and a variety of prizes. All boats returned to shore by 4 p.m. where everyone enjoyed a delicious cookout, which included family members. Everyone enjoyed listening to all the wonderful fish stories. Each child received a prize for participating. We are already planning and looking forward to next year's Take a Kid Fishing!





To view your student's lunch account balance, visit www.lakeofthewoodsschool